

# Apex Sports Chiltern League Division Two 2011/2012 Round 2

Held at Watford (Cassiobury Park) on 12 November 2011

## Senior/Junior/Veteran Men

1	M. SALT (DACORUM)	32.29	M20	1	38	P. MCDERMOTT (STAL)	40.11	M40	5	76	J. KENNEDY (BRACKNELL)	44.49	M40	19
2	A. CRACKNELL (DACORUM)	32.40	M	1	39	R. SLATER (THAME)	40.27	M	26	77	M. DONOVAN (STAL)	44.52	M50	8
3	R. LARSEN (BRACKNELL)	33.25	M	2	40	S. CRAGGS (WATFORD)	40.34	M	27	78	L. THOMAS (Q.P.H.)	44.58	M50	9
4	J. HUGHES (BRACKNELL)	33.36	M	3	41	C. MCEWEN (MAIDENHEAD)	40.37	M	28	79	A. BENJAMIN (HANDY CROSS)	45.10	M50	10
5	C. HILTON (STEVENAGE)	33.52	M20	2	42	T. BIRKETT (WATFORD)	40.39	M40	6	80	A. PARRY (THAME)	45.13	M40	20
6	J. PARSLOW (DACORUM)	33.53	M	4	43	P. SPICER (STEVENAGE)	41.05	M20	8	81	S. WEBSTER (STAL)	45.15	M	40
7	L. NEWELL (ABINGDON)	34.24	M	5	44	P. RUTLEY (WATFORD)	41.06	M	29	82	P. EAMES (STEVENAGE)	45.29	M50	11
8	T. WRIGHT (BANBURY)	34.36	M	6	45	S. BARTLETT (TBAL)	41.19	M40	7	83	P. ILLING (WATFORD)	45.42	M40	21
9	J. MCGINN (WATFORD)	35.01	M	7	46	F. NOLAN (Q.P.H.)	41.27	M50	2	84	G. COMBOY (Q.P.H.)	45.55	M	41
10	A. BYERLEY (THAME)	35.18	M40	1	47	Z. MCDONOUGH (WATFORD)	41.33	M	30	85	R. GALE (THAME)	45.58	M60	2
11	J. COUSINS (WYCOMBE)	35.21	M	8	48	S. BROTHERTON (Q.P.H.)	41.35	M40	8	86	S. DEARMAN (WATFORD)	46.15	M40	22
12	I. NAHOOR (WYCOMBE)	35.27	M20	3	49	M. ORTON (WATFORD)	41.35	M50	3	87	A. MASKELL (THAME)	46.40	M	42
13	D. MARTIN (WATFORD)	35.40	M	9	50	J. COOMBS (MAIDENHEAD)	41.37	M	31	88	D. STRINGFELLOW (WHH)	46.43	M50	12
14	F. FULCHER (HANDY CROSS)	35.44	M40	2	51	P. DIENEN (HANDY CROSS)	41.51	M40	9	89	S. DANIEL (WATFORD)	46.58	M50	13
15	J. PABLO GARCIA LOPEZ (PUR)	35.46	M	10	52	T. WILLIAMS (WATFORD)	41.58	M	32	90	G. SMITH (BANBURY)	47.00	M60	3
16	T. OFFORD (BANBURY)	35.49	M	11	53	S. NORTH (WYCOMBE)	41.59	M50	4	91	A. ALLEN (DACORUM)	47.36	M60	4
17	T. CHISNALL (WYCOMBE)	35.58	M	12	54	D. WALKER (WATFORD)	42.02	M50	5	92	K. PERRY (DACORUM)	47.40	M60	5
18	D. POULTON (STEVENAGE)	37.00	M	13	55	W. SMITH (ST. ALBANS STR)	42.03	M40	10	93	C. HULL (ST. ALBANS STR)	47.48	M50	14
19	O. GLYN (DACORUM)	37.05	M20	4	56	L. KEEBLE (STEVENAGE)	42.06	M20	9	94	N. HENSON (PURPLE PATCH)	47.51	M50	15
20	M. BOOTH (WYCOMBE)	37.05	M	14	57	J. WHITE (PURPLE PATCH)	42.22	M40	11	95	M. ARNOLD (DACORUM)	48.19	M40	23
21	R. MCEWAN (MAIDENHEAD)	37.11	M	15	58	M. DEWEY (HANDY CROSS)	42.25	M	33	96	P. ASTLES (HANDY CROSS)	48.20	M50	16
22	J. RICE (ABINGDON)	37.31	M	16	59	I. MARKWELL (STAL)	42.31	M40	12	97	J. MORRISEY (WATFORD)	48.26	M	43
23	M. CASTLETON (WATFORD)	37.37	M	17	60	C. HOBBS (THAME)	42.33	M40	13	98	NO. 506 (WATFORD)	48.54	M	44
24	S. ROBERTS (HANDY CROSS)	37.57	M40	3	61	L. RICHARDSON (MAIDENHEAD)	42.55	M40	14	99	A. BARTLETT (BANBURY)	49.51	M50	17
25	P. JONES (WYCOMBE)	38.03	M40	4	62	M. TOMKINS (MAIDENHEAD)	43.10	M	34	100	A. ANGUS (Q.P.H.)	50.01	M50	18
26	D. HILTON (THAME)	38.06	M	18	63	C. HAYNES (HANDY CROSS)	43.11	M	35	101	J. GULLIVER (THAME)	50.42	M40	24
27	J. BIONDI (STEVENAGE)	38.09	M20	5	64	B. SKOV (ST. ALBANS STR)	43.18	M	36	102	S. GRAHAM (THAME)	50.47	M60	6
28	A. GARDNER (DACORUM)	38.10	M	19	65	A. GALLIGAN (Q.P.H.)	43.20	M	37	103	A. COLLIN (METROS) N/S	50.56	M40	
29	M. BRADLEY (WATFORD)	38.25	M50	1	66	M. EMMETT (THAME)	43.21	M40	15	104	R. KOSTER (THAME)	51.30	M50	19
30	J. HUMPHREYS (RADLEY)	38.39	M20	6	67	S. BUCKINGHAM (WATFORD)	43.29	M20	10	105	J. SLACK (DACORUM)	51.33	M60	7
31	W. BURKIT (MAIDENHEAD)	38.40	M	20	68	B. HENDRIE (BANBURY)	43.49	M60	1	106	G. NEAL (WATFORD)	51.46	M50	20
32	N. HARRIS (WATFORD)	38.43	M	21	69	S. HILLS (TEAM BALANCISE)	43.52	M40	16	107	M. DEAN (HANDY CROSS)	51.49	M60	8
33	B. LAWTON (THAME)	38.54	M	22	70	M. REIDY (WATFORD)	44.19	M	38	108	J. COOPER (DACORUM)	52.11	M60	9
34	J. MITCHEL (BRACKNELL)	39.12	M20	7	71	J. PEERLESS (HANDY CROSS)	44.25	M50	6	109	D. WALKER (DACORUM)	52.18	M60	10
35	J. MARLOW (DACORUM)	39.39	M	23	72	G. MAYOH (WATFORD)	44.29	M40	17	110	H. LISK (Q.P.H.)	54.14	M60	11
36	B. GILBERT (HANDY CROSS)	39.50	M	24	73	W. EL SINGABY (THAME)	44.31	M	39	111	S. GOLDFINCH (MAIDENHEAD)	55.50	M40	25
37	C. ELLIS (WATFORD)	39.53	M	25	74	R. DAVIES (Q.P.H.)	44.32	M40	18	112	F. MILLS (DACORUM)	59.19	M60	12
					75	M. HILL (MAIDENHEAD)	44.47	M50	7					

## TEAM RESULT non scorers excluded

1	WATFORD	679	9	13	23	29	32	37	40	42
2	DACORUM & TRING	630	1	2	6	19	28	35	91	92
3	WYCOMBE PHOENIX	540	11	12	17	20	25	53		
4	THAME RUNNERS	517	10	26	33	39	60	66	73	80
5	HANDY CROSS	508	14	24	36	51	58	63	71	79
6	MAIDENHEAD	453	21	31	41	50	61	62	75	110
7	STEVENAGE & NH	447	5	18	27	43	56	82		
8	BRACKNELL	335	3	4	34	76				
9	ST. ALBANS STRIDERS	324	38	55	59	64	77	81	93	
10	QUEENS PARK H.	300	46	48	65	74	78	84	100	109
11	BANBURY	284	8	16	68	90	99			
12	ABINGDON AMBLERS	197	7	22						
13	PURPLE PATCH RUNNERS	173	15	57	94					
14	TEAM BALANCISE	112	45	69						
15	RADLEY A.C.	83	30							
16	WHITE HORSE	25	88							

## DIVISION RESULT

1	DACORUM & TRING	1244	614	630
2	WATFORD	1129	450	679
3	WYCOMBE PHOENIX	1013	473	540
4	MAIDENHEAD	841	388	453
5	THAME RUNNERS	815	298	517
6	HANDY CROSS	786	278	508
7	BRACKNELL	782	447	335
8	STEVENAGE & NH	753	306	447
9	QUEENS PARK H.	636	336	300
10	BANBURY	607	323	284
11	TEAM BALANCISE	544	432	112
12	ST. ALBANS STRIDERS	530	206	324
13	ABINGDON AMBLERS	290	93	197
14	PURPLE PATCH RUNNERS	194	21	173
15	RADLEY A.C.	154	71	83
16	AMPTHILL & FLITWICK	95	95	
17	BIGGLESWADE	43	43	
18	WHITE HORSE	38	13	25

## Veteran Mens Race

1	HANDY CROSS	292	14	24	51	71
2	WATFORD	278	29	42	49	54
3	THAME RUNNERS	236	10	60	66	80
4	ST. ALBANS STRIDERS	223	38	55	59	77
5	QUEENS PARK H.	206	46	48	74	78
6	WYCOMBE PHOENIX	148	25	53		
7	TEAM BALANCISE	112	45	69		
8	MAIDENHEAD	93	61	75	110	
9	BANBURY	82	68	90	99	
10	PURPLE PATCH RUNNERS	75	57	94		
11	DACORUM & TRING	70	91	92	95	104
12	BRACKNELL	37	76			
13	STEVENAGE & NH	31	82			
14	WHITE HORSE	25	88			

## DIVISION RESULT

1	HANDY CROSS	513	221	292
2	WATFORD	437	159	278
3	THAME RUNNERS	397	161	236
4	WYCOMBE PHOENIX	358	210	148
5	ST. ALBANS STRIDERS	352	129	223
6	TEAM BALANCISE	339	227	112
7	QUEENS PARK H.	337	131	206
8	BRACKNELL	220	183	37
9	DACORUM & TRING	208	138	70
10	BANBURY	183	101	82
11	MAIDENHEAD	128	35	93
12	PURPLE PATCH RUNNERS	75	75	
13	STEVENAGE & NH	55	24	31
14	WHITE HORSE	38	13	25

## Under 17 Men

1	J. MCMURRAY (ST. ALBANS)	22.24	M17	1	8	B. SUTHERLAND (WYCOMBE)	24.34	M17	8	16	T. FABES (ABINGDON)	27.23	M17	16
2	M. SEDDON (BRACKNELL)	22.57	M17	2	9	A. VESSEY (ABINGDON)	24.40	M17	9	17	J. QUORELL (DACORUM)	27.42	M17	17
3	M. AXE (WYCOMBE)	23.08	M17	3	10	M. SLIWINSKI (WYCOMBE)	24.42	M17	10	18	P. D'ATH (STEVENAGE)	28.17	M17	18
4	B. ROCHFORD (WATFORD)	23.12	M17	4	11	K. GILFEDDER (WYCOMBE)	24.48	M17	11	19	R. ALLAN (ST. ALBANS)	28.44	M17	19
5	S. HALSTEAD (BRACKNELL)	23.17	M17	5	12	M. LOMAS (WHITE HORSE)	24.51	M17	12	20	R. AUTHUR (MAIDENHEAD)	28.47	M17	20
6	S. WYLLIE (BRACKNELL)	23.39	M17	6	13	T. BIEGAL (BANBURY)	25.28	M17	13	21	L. BARTHOLMEW (BRACKNELL)	28.54	M17	21
7	C. HEWITT (RADLEY)	23.47	M17	7	14	O. POULAIN (ST. ALBANS)	26.05	M17	14	22	S. GOLDFINCH (MAIDENHEAD)	31.49	M17	22
					15	J. BRANNAN (BRACKNELL)	26.20	M17	15	23	A. KEYS (MAIDENHEAD)	34.51	M17	23

## TEAM RESULT

1	BRACKNELL	59	2	5	6
2	WYCOMBE PHOENIX	51	3	8	10
3	ST. ALBANS A.C.	38	1	14	19
4	ABINGDON AMBLERS	23	9	16	
5	WATFORD	20	4		
6	RADLEY A.C.	17	7		
7	WHITE HORSE	12	12		
8	BANBURY	11	13		
9	DACORUM & TRING	7	17		
10	MAIDENHEAD	7	20	22	23
11	STEVENAGE & NH	6	18		

## DIVISION RESULT

1	BRACKNELL	108	49	59
2	WYCOMBE PHOENIX	107	56	51
3	ST. ALBANS A.C.	78	40	38
4	ABINGDON AMBLERS	46	23	23
5	BANBURY	44	33	11
6	WATFORD	37	17	20
7	WHITE HORSE	25	13	12
8	RADLEY A.C.	17	17	
9	DACORUM & TRING	14	7	7
10	MAIDENHEAD	10	3	7
11	STEVENAGE & NH	9	3	6

**Under 15 Boys**

1 J. GENTLE (ST. ALBANS).....17.18 M15 1	9 J. BLYTH (WYCOMBE).....19.14 M15 9	18 M. LITCHFIELD-WILLIAMS (BK).....20.27 M15 18
2 H. O'BRART (WATFORD).....18.23 M15 2	10 C. KEANE (WATFORD).....19.16 M15 10	19 L. SILLS (WATFORD).....21.26 M15 19
3 T. VERBENA (WATFORD).....18.25 M15 3	11 S. JONES (ST. ALBANS).....19.17 M15 11	20 C. ROONEY (WYCOMBE).....21.36 M15 20
4 B. LAWRENCE (WYCOMBE).....18.28 M15 4	12 J. TAYLOR (BIGGLESWADE).....19.25 M15 12	21 M. SELICK (BIGGLESWADE).....21.54 M15 21
5 M. FABLES (ABINGDON).....18.38 M15 5	13 J. DOWN (ST. ALBANS).....19.35 M15 13	22 M. LEWIS (WATFORD).....22.45 M15 22
6 D. RIDDINGTON (BRACKNELL).....18.41 M15 6	14 A. SHAW (ST. ALBANS).....19.40 M15 14	23 M. BELL (ST. ALBANS).....23.34 M15 23
7 J. WAGERLEIGH (DACORUM).....18.53 M15 7	15 J. DAVIES (WATFORD).....20.07 M15 15	24 D. EVANS (DACORUM).....24.31 M15 24
8 A. ROBINSON (BRACKNELL).....19.04 M15 8	16 M. SIMPSON (DACORUM).....20.10 M15 16	25 J. GLADMAN (STEVENAGE).....25.46 M15 25
	17 L. GLYN (DACORUM).....20.23 M15 17	

**TEAM RESULT**

1 WATFORD	63	2	3	10
2 ST. ALBANS A.C.	53	1	11	13
3 BRACKNELL	46	6	8	18
4 WYCOMBE PHOENIX	45	4	9	20
5 DACORUM & TRING	38	7	16	17
6 BIGGLESWADE	31	12	14	21
7 ABINGDON AMBLERS	21	5		
8 STEVENAGE & NH	1	25		

**DIVISION RESULT**

1 ST. ALBANS A.C.	134	81	53
2 WYCOMBE PHOENIX	118	73	45
3 BRACKNELL	118	72	46
4 WATFORD	81	18	63
5 DACORUM & TRING	80	42	38
6 BIGGLESWADE	59	28	31
7 ABINGDON AMBLERS	44	23	21
8 RADLEY A.C.	30	30	
9 STEVENAGE & NH	28	27	1
10 QUEENS PARK H.	20	20	
11 MAIDENHEAD	4	4	

**Under 13 Boys**

1 S. BARTON (BIGGLESWADE).....9.45 M13 1	11 D. DUKE (STEVENAGE).....10.48 M13 11	22 G. MARVEL (STEVENAGE).....11.24 M13 22
2 S. HOWELL (DACORUM).....9.50 M13 2	12 J. ALDERSON (DACORUM).....10.49 M13 12	23 M. ROBINS (WATFORD).....11.25 M13 23
3 A. WILMSHURST (ST. ALBANS).....9.52 M13 3	13 D. MACEY (DACORUM).....10.54 M13 13	24 H. THOMAS (ST. ALBANS).....11.30 M13 24
4 R. JAMES (ST. ALBANS).....9.54 M13 4	14 A. SHAW (ST. ALBANS).....10.54 M13 14	25 D. VERBANA (WATFORD).....11.35 M13 25
5 B. CLARKE (ST. ALBANS).....10.02 M13 5	15 J. BEVAN (ST. ALBANS).....11.01 M13 15	26 J. TAYLOR (WYCOMBE).....11.50 M13 26
6 D. WEATHERS (WYCOMBE).....10.08 M13 6	16 J. ANDERSON (ST. ALBANS).....11.03 M13 16	27 J. OTUN (MAIDENHEAD).....12.02 M13 27
7 B. MITCHELL (ST. ALBANS).....10.19 M13 7	17 D. JOHAL (WATFORD).....11.04 M13 17	28 S. TAYLOR (WYCOMBE).....12.03 M13 28
8 A. MASON (STEVENAGE).....10.20 M13 8	18 J. ROGERS (AMPHILL & F).....11.06 M13 18	29 S. PHILPOTT (WYCOMBE).....12.21 M13 29
9 E. DUNCOMBE (DACORUM).....10.25 M13 9	19 E. TATTERSALL (BRACKNELL).....11.11 M13 19	30 O. DEARMAN (WATFORD).....12.43 M13 30
10 G. KELLING (BANBURY).....10.30 M13 10	20 W. BUTLER (DACORUM).....11.17 M13 20	31 T. STUBBS (STEVENAGE).....16.40 M13 31
	21 L. FAMMONS (WATFORD).....11.18 M13 21	

**TEAM RESULT**

1 ST. ALBANS A.C.	84	3	4	5
2 DACORUM & TRING	73	2	9	12
3 STEVENAGE & NH	55	8	11	22
4 WYCOMBE PHOENIX	36	6	26	28
5 WATFORD	35	17	21	23
6 BIGGLESWADE	31	1		
7 BANBURY	22	10		
8 AMPHILL & FLITWICK	14	18		
9 BRACKNELL	13	19		
10 MAIDENHEAD	5	27		

**DIVISION RESULT**

1 ST. ALBANS A.C.	158	74	84
2 DACORUM & TRING	150	77	73
3 STEVENAGE & NH	95	40	55
4 BRACKNELL	68	55	13
5 BIGGLESWADE	66	35	31
6 WYCOMBE PHOENIX	62	26	36
7 AMPHILL & FLITWICK	53	39	14
8 WATFORD	50	15	35
9 BANBURY	39	17	22
10 MAIDENHEAD	5		5

**Senior/Veteran Ladies**

1 L. ROGERS (WYCOMBE).....26.38 F 1	18 M. ATTREE (ST. ALBANS STR).....31.44 F45 7	36 E. COOMBS (MAIDENHEAD).....35.48 F 12
2 H. HALL (BRACKNELL).....27.04 F 2	19 J. YOUNG (Q.P.H.).....31.51 F 4	37 S. CASTRO (THAME).....35.52 F35 11
3 R. KELLING (BANBURY).....27.13 F45 1	20 E. FULCHER (HANDY CROSS).....32.01 F45 8	38 L. MERCHANT (DACORUM).....36.06 F 13
4 D. STEER (ST. ALBANS STR).....27.59 F45 2	21 R. CAVE (TEAM BALANCISE).....32.06 F 5	39 R. MAHIL (DACORUM).....36.09 F35 12
5 C. DONALD (PURPLE PATCH).....28.32 F45 3	22 L. WALLS (ST. ALBANS STR).....32.07 F45 9	40 J. TURNLEY (WATFORD).....36.17 F45 12
6 K. BURWOOD (MAIDENHEAD).....28.44 F35 1	23 C. KERNER (ST. ALBANS STR).....32.25 F 6	41 S. ROBERTS (HANDY CROSS).....36.22 F45 13
7 Z. LOWE (ST. ALBANS STR).....29.01 F45 4	24 T. TRACEY (HANDY CROSS).....32.41 F 7	42 H. NEEDLEMAN (DACORUM).....36.27 F45 14
8 V. TAYLOR (WYCOMBE).....29.07 F35 2	25 C. ING (HANDY CROSS).....32.44 F 8	43 N. HANDLEY (RADLEY).....36.34 F 14
9 M. ALLEN (WYCOMBE).....29.10 F35 3	26 L. BENTHAM (STAL).....33.01 F35 7	44 N. ECONOMU (WATFORD).....37.01 F35 13
10 M. BARTLETT (BANBURY).....29.17 F35 4	27 A. CROUGHTON (THAME).....33.13 F45 10	45 A. PEERLESS (HANDY CROSS).....37.06 F55 4
11 E. O'SULLIVAN (TBAL).....29.28 F55 1	28 C. MURRAY (DACORUM).....33.32 F35 8	46 C. SENESE (Q.P.H.).....37.57 F 15
12 H. JOHAL (WATFORD).....29.38 F35 5	J. WILLIAMS (DLP) N/S.....33.53 F45 5	47 J. BAXTER (DACORUM).....38.36 F45 15
13 L. CROXSON (MAIDENHEAD).....29.50 F35 6	29 S. BUX (HANDY CROSS).....34.34 F 9	48 L. WEEDON (HANDY CROSS).....38.51 F55 5
14 N. WICKINGS (WATFORD).....29.59 F 3	30 M. BOOTH (HANDY CROSS).....34.41 F45 11	49 S. SMITH (BANBURY).....38.56 F55 6
15 J. COULCHER (THAME).....30.47 F45 5	31 S. MCEWAN (MAIDENHEAD).....34.51 F55 3	50 H. MOSELEY (HANDY CROSS).....39.47 F35 14
16 M. MOODY (HANDY CROSS).....30.49 F55 2	32 L. MCDERMOTT (WATFORD).....35.04 F 10	51 C. DEARMAN (WATFORD).....40.41 F45 16
17 R. BIEGEL (BANBURY).....31.38 F45 6	33 S. DAVIDSON (PURPLE PATCH).....35.09 F 11	52 D. BOLTON (HANDY CROSS).....43.08 F 16
	34 H. PARRY (THAME).....35.20 F35 9	53 J. RYAN (HANDY CROSS).....45.53 F45 17
	35 L. ANSELL (BANBURY).....35.45 F35 10	

**TEAM RESULT non scorers excluded**

1 ST. ALBANS STRIDERS	165	4	7	18	22
2 BANBURY	151	3	10	17	35
3 WYCOMBE PHOENIX	144	1	8	9	
4 HANDY CROSS	131	16	20	24	25
5 MAIDENHEAD	130	6	13	31	36
6 WATFORD	118	12	14	32	40
7 THAME RUNNERS	103	15	27	34	37
8 TEAM BALANCISE	76	11	21		
9 PURPLE PATCH RUNNERS	70	5	33		
10 DACORUM & TRING	69	28	38	39	42
11 BRACKNELL	52	2			
12 QUEENS PARK H.	43	19	46		
13 RADLEY A.C.	11	43			

**DIVISION RESULT**

1 BANBURY	307	156	151
2 HANDY CROSS	272	141	131
3 ST. ALBANS STRIDERS	271	106	165
4 MAIDENHEAD	244	114	130
5 WYCOMBE PHOENIX	243	99	144
6 DACORUM & TRING	217	148	69
7 THAME RUNNERS	214	111	103
8 WATFORD	202	84	118
9 TEAM BALANCISE	184	108	76
10 BRACKNELL	101	49	52
11 QUEENS PARK H.	100	57	43
12 PURPLE PATCH RUNNERS	79	9	70
13 RADLEY A.C.	36	25	11

**Veteran Ladies Race**

1 ST. ALBANS STRIDERS	165	4	7	18	22
2 BANBURY	151	3	10	17	35
3 MAIDENHEAD	112	6	13	31	
4 HANDY CROSS	109	16	20	30	41
5 THAME RUNNERS	103	15	27	34	37
6 WYCOMBE PHOENIX	91	8	9		
7 WATFORD	69	12	40	44	51
8 DACORUM & TRING	60	28	39	42	47
9 PURPLE PATCH RUNNERS	49	5			
10 TEAM BALANCISE	43	11			

**DIVISION RESULT**

1 BANBURY	307	156	151
2 ST. ALBANS STRIDERS	271	106	165
3 THAME RUNNERS	214	111	103
4 HANDY CROSS	193	84	109
5 DACORUM & TRING	187	127	60
6 MAIDENHEAD	182	70	112
7 WYCOMBE PHOENIX	136	45	91
8 TEAM BALANCISE	111	68	43
9 WATFORD	96	27	69
10 PURPLE PATCH RUNNERS	49		49

**Junior/U17 Ladies**

1 F. BRERETON (BRACKNELL).....19.47 F17 1	6 H. DEWHURST (STEVENAGE).....21.09 F20 2	12 E. HOOPER (BRACKNELL).....22.35 F17 10
2 R. MCCLAY (BRACKNELL).....20.11 F20 1	7 E. WALTON (BRACKNELL).....21.37 F17 5	13 S. GROVER (DACORUM).....22.50 F17 11
3 R. TURTON (BRACKNELL).....20.22 F17 2	8 C. WILLIS (STEVENAGE).....21.46 F17 6	14 S. NEEDLEMAN (DACORUM).....23.29 F17 12
4 S. LLOYD (WHITE HORSE).....20.33 F17 3	9 R. HARRIS (STEVENAGE).....21.55 F17 7	15 S. PIKE (STEVENAGE).....25.04 F20 3
5 A. SMITH (ST. ALBANS).....20.52 F17 4	10 M. STEER (ST. ALBANS).....21.57 F17 8	16 S. MORRIS (DACORUM).....26.46 F17 13
	11 G. RUSSELL (WYCOMBE).....22.04 F17 9	

**TEAM RESULT**

1 BRACKNELL	45	1	2	3
2 STEVENAGE & NH	28	6	8	9
3 ST. ALBANS A.C.	19	5	10	
4 WHITE HORSE	13	4		
5 DACORUM & TRING	8	13	14	16
6 WYCOMBE PHOENIX	6	11		

**DIVISION RESULT**

1 BRACKNELL	102	57	45
2 STEVENAGE & NH	63	35	28
3 ST. ALBANS A.C.	55	36	19
4 WHITE HORSE	30	17	13
5 WYCOMBE PHOENIX	18	12	6
6 DACORUM & TRING	17	9	8
7 BANBURY	15	15	
8 WATFORD	9	9	

**Under 15 Girls**

1 H. RIDLEY (BIGGLESWADE).....	13.40	F15	1	8 C. BAXTER (DACORUM).....	14.45	F15	8	16 NO. 488 (WATFORD).....	16.37	F15	16
2 M. DORAN (STEVENAGE).....	13.58	F15	2	9 N. BAKER (ST. ALBANS).....	14.52	F15	9	17 M. HARLAND (WATFORD).....	16.45	F15	17
3 S. MARAIS (BRACKNELL).....	13.59	F15	3	10 L. EDWARDS (ST. ALBANS).....	15.00	F15	10	18 A. CLARKE (WYCOMBE).....	16.55	F15	18
4 C. DEARMAN (WATFORD).....	14.08	F15	4	11 S. FEELY (STEVENAGE).....	15.04	F15	11	19 E. CERVI (STEVENAGE).....	17.21	F15	19
5 L. ECKLEY (ST. ALBANS).....	14.26	F15	5	12 L. ECONOMU (WATFORD).....	15.05	F15	12	20 J. ATWILL (DACORUM).....	17.22	F15	20
6 H. MCCLAY (BRACKNELL).....	14.28	F15	6	13 P. CASSON-GREEN (BK).....	15.55	F15	13	21 L. PERKINS (DACORUM).....	17.41	F15	21
7 J. LATCHFORD (STEVENAGE).....	14.36	F15	7	14 P. SMITH (WATFORD).....	15.56	F15	14	22 E. ATKINSON (WYCOMBE).....	18.34	F15	22
				15 T. PETERS (WATFORD).....	16.14	F15	15	23 C. ILONWAH (Q.P.H.).....	18.52	F15	23

**TEAM RESULT**

1 STEVENAGE & NH	52	2	7	11
2 BRACKNELL	50	3	6	13
3 ST. ALBANS A.C.	48	5	9	10
4 WATFORD	42	4	12	14
5 BIGGLESWADE	23	1		
6 DACORUM & TRING	23	8	20	21
7 WYCOMBE PHOENIX	8	18	22	
8 QUEENS PARK H.	1	23		

**DIVISION RESULT**

1 BRACKNELL	112	62	50
2 ST. ALBANS A.C.	111	63	48
3 STEVENAGE & NH	100	48	52
4 WATFORD	88	46	42
5 BIGGLESWADE	48	25	23
6 WYCOMBE PHOENIX	39	31	8
7 DACORUM & TRING	33	10	23
8 RADLEY A.C.	27	27	
9 QUEENS PARK H.	4	3	1
10 AMPHILL & FLITWICK	2	2	

**Under 13 Girls**

1 H. GODDARD (BRACKNELL).....	9.27	F13	1	12 S. COLL (ST. ALBANS).....	11.30	F13	12	22 R. HEALY (Q.P.H.).....	12.29	F13	22
2 G. GODDARD (BRACKNELL).....	9.40	F13	2	13 C. ECKLEY (ST. ALBANS).....	11.31	F13	13	23 L. NICHOLS (AMPHILL & F).....	12.36	F13	23
3 A. BOWERS (BRACKNELL).....	10.05	F13	3	H. GILL (ST. ALBANS) N/S.....	11.41	F13		24 E. BROOKES (ST. ALBANS).....	12.37	F13	24
4 E. READ (BRACKNELL).....	10.29	F13	4	14 L. MARKWELL (ST. ALBANS).....	11.42	F13	14	25 S. MCCULLOUGH (ST. ALBANS)...	12.40	F13	25
5 J. KENNEDY (BRACKNELL).....	10.43	F13	5	15 E. BANNISTER (DACORUM).....	11.44	F13	15	26 S. HIGGS (WATFORD).....	13.06	F13	26
6 E. HOBBS (ST. ALBANS).....	10.44	F13	6	16 E. ECONOMU (WATFORD).....	11.52	F13	16	27 G. HALEY (WYCOMBE).....	13.11	F13	27
7 C. DUKE (STEVENAGE).....	10.45	F13	7	17 S. WAGER-LEIGH (DACORUM).....	11.53	F13	17	28 A. HUNT (DACORUM).....	13.13	F13	28
8 P. BATSTONE (MAIDENHEAD).....	10.50	F13	8	18 C. CELLA (DACORUM).....	12.01	F13	18	29 B. DEAN (STEVENAGE).....	13.28	F13	29
9 O. COLL (ST. ALBANS).....	10.50	F13	9	19 N. TAYLOR (WYCOMBE).....	12.07	F13	19	30 H. MADDOCKS (WYCOMBE).....	13.57	F13	30
10 T. WEDDELL (ST. ALBANS).....	10.52	F13	10	20 E. HACK (ST. ALBANS).....	12.25	F13	20	31 A. NORTH (WYCOMBE).....	14.07	F13	31
11 M. STYLES (WYCOMBE).....	11.12	F13	11	21 B. HARLEY (STEVENAGE).....	12.28	F13	21	32 G. REID (STEVENAGE).....	14.30	F13	32

**TEAM RESULT non scorers excluded**

1 BRACKNELL	93	1	2	3
2 ST. ALBANS A.C.	74	6	9	10
3 DACORUM & TRING	49	15	17	18
4 WYCOMBE PHOENIX	42	11	19	27
5 STEVENAGE & NH	42	7	21	29
6 MAIDENHEAD	25	8		
7 WATFORD	24	16	26	
8 QUEENS PARK H.	11	22		
9 AMPHILL & FLITWICK	10	23		

**DIVISION RESULT**

1 BRACKNELL	200	107	93
2 ST. ALBANS A.C.	171	97	74
3 STEVENAGE & NH	108	66	42
4 WYCOMBE PHOENIX	91	49	42
5 DACORUM & TRING	88	39	49
6 MAIDENHEAD	73	48	25
7 AMPHILL & FLITWICK	44	34	10
8 WATFORD	43	19	24
9 QUEENS PARK H.	27	16	11
10 BIGGLESWADE	20	20	

**Total Overall Score**

1 WATFORD	981	797	184
2 DACORUM & TRING	897	748	149
3 WYCOMBE PHOENIX	872	672	200
4 BRACKNELL	693	453	240
5 HANDY CROSS	639	508	131
6 STEVENAGE & NH	631	509	122
7 THAME RUNNERS	620	517	103
8 MAIDENHEAD	620	465	155
9 ST. ALBANS STRIDERS	489	324	165
10 BANBURY	468	317	151
11 QUEENS PARK H.	355	300	55
12 ST. ALBANS A.C.	316	175	141
13 PURPLE PATCH RUNNERS	243	173	70
14 ABINGDON AMBLERS	241	241	
15 TEAM BALANCISE	188	112	76
16 RADLEY A.C.	111	100	11
17 BIGGLESWADE	85	62	23
18 WHITE HORSE	50	37	13
19 AMPHILL & FLITWICK	24	14	10

**DIVISION RESULT**

1 DACORUM & TRING	1843	946	897
2 WYCOMBE PHOENIX	1691	819	872
3 WATFORD	1639	658	981
4 BRACKNELL	1591	898	693
5 MAIDENHEAD	1177	557	620
6 STEVENAGE & NH	1156	525	631
7 HANDY CROSS	1058	419	639
8 THAME RUNNERS	1029	409	620
9 BANBURY	1012	544	468
10 ST. ALBANS STRIDERS	801	312	489
11 QUEENS PARK H.	787	432	355
12 TEAM BALANCISE	728	540	188
13 ST. ALBANS A.C.	707	391	316
14 ABINGDON AMBLERS	380	139	241
15 PURPLE PATCH RUNNERS	273	30	243
16 RADLEY A.C.	264	153	111
17 BIGGLESWADE	236	151	85
18 AMPHILL & FLITWICK	194	170	24
19 WHITE HORSE	93	43	50

**Male Overall Score**

1 WATFORD	797	679	20	63	35
2 DACORUM & TRING	748	630	7	38	73
3 WYCOMBE PHOENIX	672	540	51	45	36
4 THAME RUNNERS	517	517			
5 STEVENAGE & NH	509	447	6	1	55
6 HANDY CROSS	508	508			
7 MAIDENHEAD	465	453	7		5
8 BRACKNELL	453	335	59	46	13
9 ST. ALBANS STRIDERS	324	324			
10 BANBURY	317	284	11		22
11 QUEENS PARK H.	300	300			
12 ABINGDON AMBLERS	241	197	23	21	
13 ST. ALBANS A.C.	175		38	53	84
14 PURPLE PATCH RUNNERS	173	173			
15 TEAM BALANCISE	112	112			
16 RADLEY A.C.	100	83	17		
17 BIGGLESWADE	62			31	31
18 WHITE HORSE	37	25	12		
19 AMPHILL & FLITWICK	14				14

**DIVISION RESULT**

1 DACORUM & TRING	1488	740	748
2 WYCOMBE PHOENIX	1300	628	672
3 WATFORD	1297	500	797
4 BRACKNELL	1076	623	453
5 STEVENAGE & NH	885	376	509
6 MAIDENHEAD	860	395	465
7 THAME RUNNERS	815	298	517
8 HANDY CROSS	786	278	508
9 BANBURY	690	373	317
10 QUEENS PARK H.	656	356	300
11 TEAM BALANCISE	544	432	112
12 ST. ALBANS STRIDERS	530	206	324
13 ABINGDON AMBLERS	380	139	241
14 ST. ALBANS A.C.	370	195	175
15 RADLEY A.C.	201	101	100
16 PURPLE PATCH RUNNERS	194	21	173
17 BIGGLESWADE	168	106	62
18 AMPHILL & FLITWICK	148	134	14
19 WHITE HORSE	63	26	37

**Female Overall Score**

1 BRACKNELL	240	52	45	50	93
2 WYCOMBE PHOENIX	200	144	6	8	42
3 WATFORD	184	118		42	24
4 ST. ALBANS STRIDERS	165	165			
5 MAIDENHEAD	155	130			25
6 BANBURY	151	151			
7 DACORUM & TRING	149	69	8	23	49
8 ST. ALBANS A.C.	141		19	48	74
9 HANDY CROSS	131	131			
10 STEVENAGE & NH	122		28	52	42
11 THAME RUNNERS	103	103			
12 TEAM BALANCISE	76	76			
13 PURPLE PATCH RUNNERS	70	70			
14 QUEENS PARK H.	55	43		1	11
15 BIGGLESWADE	23			23	
16 WHITE HORSE	13		13		
17 RADLEY A.C.	11	11			
18 AMPHILL & FLITWICK	10				10

**DIVISION RESULT**

1 BRACKNELL	515	275	240
2 WYCOMBE PHOENIX	391	191	200
3 DACORUM & TRING	355	206	149
4 WATFORD	342	158	184
5 ST. ALBANS A.C.	337	196	141
6 BANBURY	322	171	151
7 MAIDENHEAD	317	162	155
8 HANDY CROSS	272	141	131
9 ST. ALBANS STRIDERS	271	106	165
10 STEVENAGE & NH	271	149	122
11 THAME RUNNERS	214	111	103
12 TEAM BALANCISE	184	108	76
13 QUEENS PARK H.	131	76	55
14 PURPLE PATCH RUNNERS	79	9	70
15 BIGGLESWADE	68	45	23
16 RADLEY A.C.	63	52	11
17 AMPHILL & FLITWICK	46	36	10
18 WHITE HORSE	30	17	13