

Apex Sports Chiltern League Division Two 2011/2012 Round 4

Held at Slough (Upton Court Park) on 14 January 2012

Senior/Junior/Veteran Men

1	A. CRACKNELL (DACORUM).....	28.02	M	1	30	D. ROSE (BANBURY).....	34.14	M	17	60	R. CLAESSENS (WYCOMBE).....	38.29	M50	7
2	W. LANGLEY (WYCOMBE).....	28.30	M	2	31	A. AUSTIN-GLEN (Q.P.H.).....	34.33	M	18	61	T. WILLIAMS (WATFORD).....	38.39	M	27
3	C. HILTON (STEVENAGE).....	28.42	M20	1	32	S. NORTH (WYCOMBE).....	34.34	M50	1	62	P. EAMES (STEVENAGE).....	38.50	M50	8
4	M. SALT (DACORUM).....	29.07	M20	2	33	W. GANLEY (MAIDENHEAD).....	34.36	M	19	63	S. WEBSTER (STAL).....	39.06	M	28
5	J. HILLIER (WYCOMBE).....	29.54	M20	3	34	D. O'CONNOR (Q.P.H.).....	34.37	M60	1	64	G. MAYOH (WATFORD).....	39.09	M40	19
6	T. WRIGHT (BANBURY).....	30.09	M	3	35	C. ELLIS (WATFORD).....	34.58	M	20	65	R. DAVIES (Q.P.H.).....	39.20	M40	20
7	F. FULCHER (HANDY CROSS).....	30.10	M40	1	36	S. BARTLETT (TBAL).....	35.30	M40	10	66	N. FRAPE (BANBURY).....	39.22	M40	21
8	R. LARSEN (BRACKNELL).....	30.29	M	4	37	I. NEEDLEMAN (DACORUM).....	35.31	M50	2	67	G. SMITH (BANBURY).....	39.49	M60	4
9	A. MOURIDIAN (BRACKNELL).....	30.33	M	5	38	S. DEARMAN (WATFORD).....	35.33	M40	11	68	A. PATTISON (STAL).....	39.50	M40	22
10	A. BYERLEY (THAME).....	30.36	M40	2	39	F. NOLAN (Q.P.H.).....	35.33	M50	3	69	A. ALLEN (DACORUM).....	40.15	M60	5
11	P. RICE (ABINGDON).....	31.11	M	6	40	D. RANDALL (WYCOMBE).....	35.52	M40	12	70	D. GIBSON (TEAM BALANCISE).....	40.40	M40	23
12	T. OFFORD (BANBURY).....	31.20	M	7	41	J. COOMBS (MAIDENHEAD).....	35.55	M	21	71	J. TOLPUTT (THAME).....	40.42	M	29
13	D. MARTIN (WATFORD).....	32.07	M	8	42	A. ANGUS (Q.P.H.).....	36.08	M50	4	72	C. HULL (ST. ALBANS STR).....	41.22	M50	9
14	O. GLYN (DACORUM).....	32.09	M20	4	43	M. HILL (MAIDENHEAD).....	36.13	M50	5	73	D. STRINGFELLOW (WHH).....	41.29	M50	10
15	D. DOHERTY (TBAL).....	32.12	M	9	44	V. NEBOLSIN (WYCOMBE).....	36.20	M	22	74	J. PEERLESS (HANDY CROSS).....	41.34	M50	11
16	P. JONES (WYCOMBE).....	32.17	M40	3	45	M. ORTON (WATFORD).....	36.21	M50	6		C. ALLEN (BURNHAM J.) N/S.....	41.39	M50	
17	D. HOBBS (ST. ALBANS STR).....	32.21	M40	4	46	C. HOBBS (THAME).....	36.27	M40	13	75	R. GALE (THAME).....	41.45	M60	6
18	J. MARLOW (DACORUM).....	32.37	M	10	47	P. DINEEN (HANDY CROSS).....	36.29	M40	14	76	A. BARTLETT (BANBURY).....	41.56	M50	12
19	S. ROBERTS (HANDY CROSS).....	32.41	M40	5	48	M. TOMKINS (MAIDENHEAD).....	36.30	M	23	77	S. DANIEL (WATFORD).....	41.59	M50	13
20	R. MCEWAN (MAIDENHEAD).....	32.45	M	11	49	I. MARKWELL (STAL).....	36.42	M40	15	78	J. COOPER (DACORUM).....	42.44	M60	7
21	F. HALE (TEAM BALANCISE).....	32.54	M40	6	50	T. BIRKETT (WATFORD).....	36.45	M40	16	79	NO. 966 (?).....	43.02	M	30
22	N. HARRIS (WATFORD).....	33.12	M	12	51	J. QUORELL (DACORUM).....	36.46	M20	5	80	J. WHITE (HANDY CROSS).....	43.22	M	31
23	B. GILBERT (HANDY CROSS).....	33.20	M	13	52	I. ROBINSON (BANBURY).....	37.06	M40	17	81	J. GULLIVER (THAME).....	43.28	M40	24
24	G. WEST (ST. ALBANS STR).....	33.23	M40	7	53	A. GALLIGAN (Q.P.H.).....	37.22	M	24	82	G. NEAL (WATFORD).....	44.45	M50	14
25	R. SLATER (THAME).....	33.28	M	14	54	M. REIDY (WATFORD).....	37.25	M	25	83	G. GILFEDDER (WYCOMBE).....	45.08	M40	25
26	M. ADCOCK (WATFORD).....	33.41	M40	8	55	J. HITCHIN (BIGGLESWADE).....	37.30	M20	6	84	M. HICKMAN (HANDY CROSS).....	45.19	M60	8
27	B. LAWTON (THAME).....	33.44	M	15	56	M. HOLLIS (HANDY CROSS).....	37.43	M60	2	85	S. GRAHAM (THAME).....	45.45	M60	9
28	M. HAMILTON (TBAL).....	34.07	M40	9	57	P. ILLING (WATFORD).....	37.49	M40	18	86	M. DEAN (HANDY CROSS).....	48.09	M60	10
29	Z. MCDONOUGH (WATFORD).....	34.08	M	16	58	B. HENDRIE (BANBURY).....	38.20	M60	3	87	M. SARGENT (DACORUM).....	49.24	M60	11
					59	N. BARLOW (THAME).....	38.23	M	26	88	F. MILLS (DACORUM).....	49.55	M60	12

TEAM RESULT non scorers excluded

1	WATFORD	454	13	22	26	29	35	38	45	50
2	DACORUM & TRING	440	1	4	14	18	37	51	69	78
3	WYCOMBE PHOENIX	430	2	5	16	32	40	44	60	83
4	BANBURY	345	6	12	30	52	58	66	67	76
5	HANDY CROSS	322	7	19	23	47	56	74	80	84
6	THAME RUNNERS	318	10	25	27	46	59	71	75	81
7	TEAM BALANCISE	275	15	21	28	36	70			
8	QUEENS PARK H.	270	31	34	39	42	53	65		
9	MAIDENHEAD	260	20	33	41	43	48			
10	ST. ALBANS STRIDERS	241	17	24	49	63	68	72		
11	BRACKNELL	161	8	9						
12	STEVENAGE & NH	113	3	62						
13	ABINGDON AMBLERS	78	11							
14	BIGGLESWADE	34	55							
15	WHITE HORSE	16	73							

DIVISION RESULT

1	DACORUM & TRING	2239	614	630	555	440
2	WATFORD	2110	450	679	527	454
3	WYCOMBE PHOENIX	1937	473	540	494	430
4	THAME RUNNERS	1471	298	517	338	318
5	ST. ALBANS STRIDERS	1468	206	324	697	241
6	HANDY CROSS	1453	278	508	345	322
7	MAIDENHEAD	1171	388	453	70	260
8	BRACKNELL	1122	447	335	179	161
9	STEVENAGE & NH	1114	306	447	248	113
10	BANBURY	1109	323	284	157	345
11	QUEENS PARK H.	1104	336	300	198	270
12	TEAM BALANCISE	1086	432	112	267	275
13	ABINGDON AMBLERS	368	93	197		78
14	PURPLE PATCH RUNNERS	237	21	173	43	
15	RADLEY A.C.	234	71	83	80	
16	BIGGLESWADE	148	43		71	34
17	AMPTHILL & FLITWICK	95	95			
18	WHITE HORSE	75	13	25	21	16

Veteran Mens Race

1	HANDY CROSS	227	7	19	47	56
2	WYCOMBE PHOENIX	208	16	32	40	60
3	TEAM BALANCISE	201	21	28	36	70
4	ST. ALBANS STRIDERS	198	17	24	49	68
5	WATFORD	197	26	38	45	50
6	QUEENS PARK H.	176	34	39	42	65
7	THAME RUNNERS	144	10	46	75	81
8	BANBURY	113	52	58	66	67
9	DACORUM & TRING	85	37	69	78	87
10	MAIDENHEAD	46	43			
11	STEVENAGE & NH	27	62			
12	WHITE HORSE	16	73			

DIVISION RESULT

1	HANDY CROSS	960	221	292	220	227
2	WATFORD	886	159	278	252	197
3	ST. ALBANS STRIDERS	849	129	223	299	198
4	TEAM BALANCISE	765	227	112	225	201
5	THAME RUNNERS	753	161	236	212	144
6	QUEENS PARK H.	711	131	206	198	176
7	WYCOMBE PHOENIX	666	210	148	100	208
8	DACORUM & TRING	470	138	70	177	85
9	BANBURY	365	101	82	69	113
10	BRACKNELL	220	183	37		
11	MAIDENHEAD	185	35	93	11	46
12	PURPLE PATCH RUNNERS	118	75		43	
13	STEVENAGE & NH	110	24	31	28	27
14	WHITE HORSE	75	13	25	21	16

Under 17 Men

1	J. MCMURRAY (ST. ALBANS).....	18.24	M17	1	4	M. SLIWINSKI (WYCOMBE).....	20.20	M17	4	8	L. BARTHOLOMEW (BRACKNELL).....	22.10	M17	8
2	M. AXE (WYCOMBE).....	18.52	M17	2	5	K. GILFEDDER (WYCOMBE).....	20.25	M17	5	9	J. SIMPSON (ST. ALBANS).....	22.51	M17	9
3	C. HEWITT (RADLEY).....	20.10	M17	3	6	J. ROBERTS (WYCOMBE).....	20.31	M17	6	10	L. DORMAN (BANBURY).....	23.46	M17	10
					7	A. VESSEY (ABINGDON).....	20.36	M17	7					

TEAM RESULT

1	WYCOMBE PHOENIX	22	2	4	5
2	ST. ALBANS A.C.	12	1	9	
3	RADLEY A.C.	8	3		
4	ABINGDON AMBLERS	4	7		
5	BRACKNELL	3	8		
6	BANBURY	1	10		

DIVISION RESULT

1	WYCOMBE PHOENIX	166	56	51	37	22
2	BRACKNELL	150	49	59	39	3
3	ST. ALBANS A.C.	122	40	38	32	12
4	ABINGDON AMBLERS	62	23	23	12	4
5	WATFORD	52	17	20	15	
6	BANBURY	50	33	11	5	1
7	RADLEY A.C.	38		17	13	8
8	WHITE HORSE	25	13	12		
9	DACORUM & TRING	19	7	7	5	
10	STEVENAGE & NH	13	3	6	4	
11	MAIDENHEAD	10	3	7		

Under 15 Boys

1 T. BURNS (BRACKNELL).....	13.38	M15	1	9 B. SENDALL (WYCOMBE).....	14.08	M15	9	17 R. BOLTON (STEVENAGE).....	15.13	M15	17
2 B. LAWRENCE (WYCOMBE).....	13.42	M15	2	10 J. WAGERLEIGH (DACORUM).....	14.16	M15	10	18 R. SHAW-HAWKINS (S&NH).....	15.15	M15	18
3 H. O'BRART (WATFORD).....	13.49	M15	3	11 J. THOMAS (BIGGLESWADE).....	14.18	M15	11	19 M. LIVESEY (STEVENAGE).....	15.23	M15	19
4 S. JONES (ST. ALBANS).....	13.58	M15	4	12 J. THRUSH (WYCOMBE).....	14.22	M15	12	20 J. KINGSTON (WYCOMBE).....	15.38	M15	20
5 J. DOWN (ST. ALBANS).....	14.00	M15	5	13 W. COOPER (BRACKNELL).....	14.32	M15	13	21 C. ROONEY (WYCOMBE).....	15.59	M15	21
6 C. TRUDGILL (BIGGLESWADE).....	14.00	M15	6	14 C. HEALEY (Q.P.H.).....	14.45	M15	14	22 J. NORTH (WYCOMBE).....	16.05	M15	22
7 NO. 498 (WATFORD).....	14.03	M15	7	15 N. 653 (?).....	14.52	M15	15	23 J. GLADMAN (STEVENAGE).....	16.30	M15	23
8 M. SIMPSON (DACORUM).....	14.05	M15	8	16 M. LITCHFIELD-WILLIAMS (BK).....	15.10	M15	16	24 D. EVANS (DACORUM).....	17.49	M15	24

TEAM RESULT

1 WYCOMBE PHOENIX	52	2	9	12
2 BRACKNELL	45	1	13	16
3 ST. ALBANS A.C.	41	4	5	
4 WATFORD	40	3	7	
5 BIGGLESWADE	33	6	11	
6 DACORUM & TRING	33	8	10	24
7 STEVENAGE & NH	21	17	18	19
8 QUEENS PARK H.	11	14		

DIVISION RESULT

1 BRACKNELL	220	72	46	57	45
2 ST. ALBANS A.C.	214	81	53	39	41
3 WYCOMBE PHOENIX	205	73	45	35	52
4 WATFORD	182	18	63	61	40
5 DACORUM & TRING	141	42	38	28	33
6 BIGGLESWADE	135	28	31	43	33
7 STEVENAGE & NH	81	27	1	32	21
8 RADLEY A.C.	57	30		27	
9 QUEENS PARK H.	51	20		20	11
10 ABINGDON AMBLERS	44	23	21		
11 MAIDENHEAD	8	4		4	

Under 13 Boys

1 B. ENGLISH (Q.P.H.).....	10.08	M13	1	9 D. DUKE (STEVENAGE).....	11.06	M13	9	18 J. TAYLOR (WYCOMBE).....	11.58	M13	18
2 S. BARTON (BIGGLESWADE).....	10.28	M13	2	10 B. MITCHELL (ST. ALBANS).....	11.14	M13	10	19 D. JOHAL (WATFORD).....	12.02	M13	19
3 A. CLAYTON (BRACKNELL).....	10.29	M13	3	11 A. MASON (STEVENAGE).....	11.16	M13	11	20 A. READ (BRACKNELL).....	12.05	M13	20
4 B. CLARKE (ST. ALBANS).....	10.33	M13	4	12 E. DUNCOMBE (DACORUM).....	11.27	M13	12	21 A. SHAW (ST. ALBANS).....	12.09	M13	21
5 A. WILMSHURST (ST. ALBANS).....	10.35	M13	5	13 T. RAYNER (DACORUM).....	11.28	M13	13	22 O. TRUDGILL (BIGGLESWADE).....	12.23	M13	22
6 S. HOWELL (DACORUM).....	10.37	M13	6	14 R. WARD (AMPTHILL & F).....	11.31	M13	14	23 S. TAYLOR (WYCOMBE).....	12.42	M13	23
7 D. WEATHERS (WYCOMBE).....	10.51	M13	7	15 J. ANDERSON (ST. ALBANS).....	11.36	M13	15	24 D. VERBANA (WATFORD).....	12.55	M13	24
8 R. JAMES (ST. ALBANS).....	10.52	M13	8	16 E. TATTERSALL (BRACKNELL).....	11.43	M13	16	25 S. PHILPOTT (WYCOMBE).....	13.00	M13	25
				17 J. ALDERSON (DACORUM).....	11.50	M13	17	26 O. DEARMAN (WATFORD).....	13.49	M13	26

TEAM RESULT

1 ST. ALBANS A.C.	64	4	5	8
2 DACORUM & TRING	50	6	12	13
3 BRACKNELL	42	3	16	20
4 STEVENAGE & NH	34	9	11	
5 WYCOMBE PHOENIX	33	7	18	23
6 BIGGLESWADE	30	2	22	
7 QUEENS PARK H.	26	1		
8 AMPHILL & FLITWICK	13	14		
9 WATFORD	12	19	24	26

DIVISION RESULT

1 ST. ALBANS A.C.	292	74	84	70	64
2 DACORUM & TRING	242	77	73	42	50
3 STEVENAGE & NH	170	40	55	41	34
4 WYCOMBE PHOENIX	143	26	36	48	33
5 BRACKNELL	133	55	13	23	42
6 BIGGLESWADE	127	35	31	31	30
7 WATFORD	95	15	35	33	12
8 AMPHILL & FLITWICK	75	39	14	9	13
9 BANBURY	39	17	22		
10 QUEENS PARK H.	26				26
11 MAIDENHEAD	5		5		

Senior/Veteran Ladies

1 L. ROGERS (WYCOMBE).....	21.35	F	1	17 W. PEARSON (DACORUM).....	26.27	F35	6	34 N. ECONOMU (WATFORD).....	29.10	F35	7
2 D. STEER (ST. ALBANS STR).....	22.15	F45	1	18 L. WALLS (ST. ALBANS STR).....	26.28	F45	8	35 J. TURNLEY (WATFORD).....	29.12	F45	12
3 V. TAYLOR (WYCOMBE).....	23.29	F35	1	19 M. MOODY (HANDY CROSS).....	26.57	F55	1	36 M. BOOTH (HANDY CROSS).....	29.22	F45	13
4 Z. LOWE (ST. ALBANS STR).....	23.35	F45	2	20 N. HANDLEY (RADLEY).....	26.59	F	5	37 L. ANSELL (BANBURY).....	29.24	F35	8
5 K. BURWOOD (MAIDENHEAD).....	23.42	F35	2	21 L. MCDERMOTT (WATFORD).....	27.12	F	6	38 S. CASTRO (THAME).....	29.31	F35	9
6 M. ALLEN (WYCOMBE).....	23.59	F35	3	22 K. CLARKE (BANBURY).....	27.15	F	7	39 A. WILKINSON (PUR).....	30.00	F35	10
7 H. JOHAL (WATFORD).....	24.20	F35	4	23 J. YOUNG (Q.P.H.).....	27.19	F	8	40 S. BENNETT (THAME).....	30.13	F45	14
8 J. PITT (MAIDENHEAD).....	24.26	F	2	24 S. DAVIDSON (PURPLE PATCH).....	27.43	F	9	41 H. NEEDLEMAN (DACORUM).....	30.14	F45	15
9 C. DAVIES (DACORUM).....	24.38	F45	3	25 S. BUX (HANDY CROSS).....	27.52	F	10	42 S. ROBERTS (HANDY CROSS).....	30.23	F45	16
10 L. CROXSON (MAIDENHEAD).....	24.43	F35	5	26 L. MCGREGOR (MAIDENHEAD).....	27.57	F	11	43 D. MISSELDINE (THAME).....	30.35	F	16
11 C. DONALD (PURPLE PATCH).....	25.04	F45	4	27 A. PUTKO (WATFORD).....	28.02	F	12	44 J. FASTIGGI (PURPLE PATCH).....	30.42	F35	11
12 E. ROBERTS (DACORUM).....	25.05	F	3	28 A. HALFORD (WATFORD).....	28.15	F	13	45 J. BAXTER (DACORUM).....	31.14	F45	17
13 J. COULCHER (THAME).....	25.23	F45	5	29 A. CROUGHTON (THAME).....	28.42	F45	9	46 S. SMITH (BANBURY).....	31.56	F55	2
W. WALSH (STAL) N/S.....	25.43	F35		30 E. COOMBS (MAIDENHEAD).....	28.45	F	14	47 C. DEARMAN (WATFORD).....	33.06	F45	18
14 R. CAVE (TEAM BALANCISE).....	26.00	F	4	31 L. MERCHANT (DACORUM).....	28.52	F	15	48 H. MOSELEY (HANDY CROSS).....	33.14	F35	12
15 M. ATTREE (ST. ALBANS STR).....	26.16	F45	6	32 M. PENNELL (THAME).....	28.53	F45	10	49 NO. 371 (TEAM BALANCISE).....	34.32	F	17
16 E. FULCHER (HANDY CROSS).....	26.17	F45	7	33 A. SPRINZ (THAME).....	28.55	F45	11	50 A. LOVEGROVE (THAME).....	35.27	F	18

TEAM RESULT non scorers excluded

1 ST. ALBANS STRIDERS	165	2	4	15	18
2 MAIDENHEAD	155	5	8	10	26
3 WYCOMBE PHOENIX	143	1	3	6	
4 DACORUM & TRING	135	9	12	17	31
5 WATFORD	121	7	21	27	28
6 HANDY CROSS	108	16	19	25	36
7 THAME RUNNERS	97	13	29	32	33
8 PURPLE PATCH RUNNERS	86	11	24	39	44
9 BANBURY	48	22	37	46	
10 TEAM BALANCISE	39	14	49		
11 RADLEY A.C.	31	20			
12 QUEENS PARK H.	28	23			

DIVISION RESULT

1 ST. ALBANS STRIDERS	616	106	165	180	165
2 WYCOMBE PHOENIX	523	99	144	137	143
3 HANDY CROSS	492	141	131	112	108
4 WATFORD	450	84	118	127	121
5 DACORUM & TRING	435	148	69	83	135
6 THAME RUNNERS	425	111	103	114	97
7 BANBURY	408	156	151	53	48
8 MAIDENHEAD	399	114	130		155
9 TEAM BALANCISE	269	108	76	46	39
10 PURPLE PATCH RUNNERS	165	9	70		86
11 QUEENS PARK H.	155	57	43	27	28
12 BRACKNELL	101	49	52		
13 RADLEY A.C.	67	25	11		31
14 STEVENAGE & NH	22			22	

Veteran Ladies Race

1 ST. ALBANS STRIDERS	165	2	4	15	18
2 THAME RUNNERS	97	13	29	32	33
3 WYCOMBE PHOENIX	93	3	6		
4 DACORUM & TRING	92	9	17	41	45
5 HANDY CROSS	91	16	19	36	42
6 MAIDENHEAD	87	5	10		
7 WATFORD	81	7	34	35	47
8 PURPLE PATCH RUNNERS	59	11	39	44	
9 BANBURY	19	37	46		

DIVISION RESULT

1 ST. ALBANS STRIDERS	601	106	165	165	165
2 THAME RUNNERS	425	111	103	114	97
3 BANBURY	379	156	151	53	19
4 HANDY CROSS	341	84	109	57	91
5 WYCOMBE PHOENIX	317	45	91	88	93
6 DACORUM & TRING	311	127	60	32	92
7 WATFORD	304	27	69	127	81
8 MAIDENHEAD	269	70	112		87
9 TEAM BALANCISE	155	68	43	44	
10 PURPLE PATCH RUNNERS	108		49		59
11 STEVENAGE & NH	22			22	

Junior/U17 Ladies

1 F. BRERETON (BRACKNELL).....	18.39	F17	1	4 C. MCMILLAN (BANBURY).....	19.21	F17	3	8 R. HARRIS (STEVENAGE).....	20.15	F17	6
2 R. MCCLAY (BRACKNELL).....	18.49	F20	1	5 H. DEWHURST (STEVENAGE).....	19.24	F20	2	9 S. NEEDLEMAN (DACORUM).....	20.37	F17	7
3 R. TURTON (BRACKNELL).....	19.20	F17	2	6 A. SMITH (ST. ALBANS).....	19.47	F17	4	10 E. HOOPER (BRACKNELL).....	21.28	F17	8
				7 G. RUSSELL (WYCOMBE).....	20.10	F17	5	11 S. GROVER (DACORUM).....	22.02	F17	9

TEAM RESULT

1 BRACKNELL	30	1	2	3
2 STEVENAGE & NH	11	5	8	
3 BANBURY	8	4		
4 ST. ALBANS A.C.	6	6		
5 WYCOMBE PHOENIX	5	7		
6 DACORUM & TRING	4	9	11	

DIVISION RESULT

1 BRACKNELL	168	57	45	36	30
2 STEVENAGE & NH	91	35	28	17	11
3 ST. ALBANS A.C.	76	36	19	15	6
4 WYCOMBE PHOENIX	30	12	6	7	5
5 WHITE HORSE	30	17	13		
6 DACORUM & TRING	25	9	8	4	4
7 BANBURY	23	15			8
8 WATFORD	9	9			

Under 15 Girls

1 M. HUMPHREYS (RADLEY).....10.45 F15 1	9 J. LATCHFORD (STEVENAGE).....11.35 F15 9	17 T. PETERS (WATFORD)..... 12.28 F15 17
2 H. RIDLEY (BIGGLESWADE).....10.51 F15 2	10 P. BAILEY (ST. ALBANS).....11.40 F15 10	18 P. SMITH (WATFORD)..... 12.29 F15 18
3 E. DELGADO (WYCOMBE).....10.57 F15 3	11 S. FEELY (STEVENAGE).....11.44 F15 11	19 P. CASSON-GREEN (BK)..... 12.39 F15 19
4 C. DEARMAN (WATFORD).....11.18 F15 4	12 S. MARAIS (BRACKNELL).....11.50 F15 12	20 C. FULLER (WATFORD)..... 12.54 F15 20
5 A. WEST (ST. ALBANS).....11.20 F15 5	13 L. EDWARDS (ST. ALBANS).....11.52 F15 13	21 A. CLARKE (WYCOMBE)..... 13.09 F15 21
6 H. MCCLAY (BRACKNELL).....11.23 F15 6	14 C. BAXTER (DACORUM).....11.53 F15 14	22 I. CHADWICK (DACORUM)..... 13.10 F15 22
7 L. ECONOMU (WATFORD).....11.29 F15 7	15 M. GEERS (ST. ALBANS).....11.58 F15 15	23 S. KEEBLE (STEVENAGE)..... 13.33 F15 23
8 L. ECKLEY (ST. ALBANS).....11.33 F15 8	16 N. BAKER (ST. ALBANS).....12.19 F15 16	24 R. CATTERALL (BRACKNELL)..... 13.48 F15 24

TEAM RESULT

1 ST. ALBANS A.C.	52	5	8	10
2 WATFORD	47	4	7	17
3 BRACKNELL	38	6	12	19
4 STEVENAGE & NH	32	9	11	23
5 WYCOMBE PHOENIX	26	3	21	
6 RADLEY A.C.	24	1		
7 BIGGLESWADE	23	2		
8 DACORUM & TRING	14	14	22	

DIVISION RESULT

1 ST. ALBANS A.C.	212	63	48	49	52
2 BRACKNELL	206	62	50	56	38
3 WATFORD	170	46	42	35	47
4 STEVENAGE & NH	169	48	52	37	32
5 BIGGLESWADE	92	25	23	21	23
6 RADLEY A.C.	73	27		22	24
7 WYCOMBE PHOENIX	68	31	8	3	26
8 DACORUM & TRING	55	10	23	8	14
9 QUEENS PARK H.	4	3	1		
10 AMPHILL & FLITWICK	2	2			

Under 13 Girls

1 H. GODDARD (BRACKNELL).....8.19 F13 1	12 O. COLL (ST. ALBANS).....9.54 F13 12	23 B. HARLEY (STEVENAGE)..... 10.42 F13 23
2 G. GODDARD (BRACKNELL).....8.22 F13 2	13 A. JAMES (ST. ALBANS).....9.57 F13 13	24 E. ECONOMU (WATFORD)..... 10.48 F13 24
3 H. WILLIS (BRACKNELL).....8.50 F13 3	14 E. BANNISTER (DACORUM).....10.05 F13 14	25 R. HEALY (Q.P.H.)..... 10.59 F13 25
4 E. READ (BRACKNELL).....9.12 F13 4	15 L. MARKWELL (ST. ALBANS).....10.07 F13 15	26 E. BROOKES (ST. ALBANS)..... 11.09 F13 26
5 T. WEDDELL (ST. ALBANS).....9.25 F13 5	16 M. STYLES (WYCOMBE).....10.10 F13 16	27 R. LARSEN (BRACKNELL)..... 11.29 F13 27
6 E. HOBBS (ST. ALBANS).....9.27 F13 6	17 S. WAGER-LEIGH (DACORUM).....10.12 F13 17	28 N. SMITH (BIGGLESWADE)..... 11.29 F13 28
7 C. DUKE (STEVENAGE).....9.33 F13 7	18 S. COLL (ST. ALBANS).....10.25 F13 18	29 L. BARBER (STEVENAGE)..... 11.31 F13 29
8 A. FORREST (BRACKNELL).....9.34 F13 8	19 N. TAYLOR (WYCOMBE).....10.26 F13 19	30 G. HALEY (WYCOMBE)..... 11.32 F13 30
9 C. ECKLEY (ST. ALBANS).....9.36 F13 9	20 M. HERRIDGE (STEVENAGE).....10.29 F13 20	31 G. GOLDFINCH (MAIDENHEAD).... 11.53 F13 31
10 P. BATSTONE (MAIDENHEAD).....9.40 F13 10	21 NO. 485 (WATFORD).....10.30 F13 21	32 G. REID (STEVENAGE)..... 12.18 F13 32
11 J. EDWARDS (ST. ALBANS).....9.42 F13 11	22 E. CAREY (BRACKNELL).....10.35 F13 22	33 J. WILLIAMS (MAIDENHEAD)..... 12.32 F13 33

TEAM RESULT

1 BRACKNELL	96	1	2	3
2 ST. ALBANS A.C.	82	5	6	9
3 STEVENAGE & NH	52	7	20	23
4 DACORUM & TRING	37	14	17	
5 WYCOMBE PHOENIX	37	16	19	30
6 MAIDENHEAD	28	10	31	33
7 WATFORD	23	21	24	
8 QUEENS PARK H.	9	25		
9 BIGGLESWADE	6	28		

DIVISION RESULT

1 BRACKNELL	398	107	93	102	96
2 ST. ALBANS A.C.	337	97	74	84	82
3 STEVENAGE & NH	220	66	42	60	52
4 WYCOMBE PHOENIX	186	49	42	58	37
5 DACORUM & TRING	185	39	49	60	37
6 MAIDENHEAD	103	48	25	2	28
7 WATFORD	85	19	24	19	23
8 AMPHILL & FLITWICK	63	34	10	19	
9 QUEENS PARK H.	36	16	11		9
10 BIGGLESWADE	34	20		8	6

Total Overall Score

1 WYCOMBE PHOENIX	748	537	211
2 DACORUM & TRING	713	523	190
3 WATFORD	697	506	191
4 MAIDENHEAD	443	260	183
5 HANDY CROSS	430	322	108
6 THAME RUNNERS	415	318	97
7 BRACKNELL	415	251	164
8 ST. ALBANS STRIDERS	406	241	165
9 BANBURY	402	346	56
10 QUEENS PARK H.	344	307	37
11 TEAM BALANCISE	314	275	39
12 STEVENAGE & NH	263	168	95
13 ST. ALBANS A.C.	257	117	140
14 BIGGLESWADE	126	97	29
15 PURPLE PATCH RUNNERS	86		86
16 ABINGDON AMBLERS	82	82	
17 RADLEY A.C.	63	8	55
18 WHITE HORSE	16	16	
19 AMPHILL & FLITWICK	13	13	

DIVISION RESULT

1 DACORUM & TRING	3341	946	897	785	713
2 WYCOMBE PHOENIX	3258	819	872	819	748
3 WATFORD	3153	658	981	817	697
4 BRACKNELL	2498	898	693	492	415
5 ST. ALBANS STRIDERS	2084	312	489	877	406
6 HANDY CROSS	1945	419	639	457	430
7 THAME RUNNERS	1896	409	620	452	415
8 STEVENAGE & NH	1880	525	631	461	263
9 MAIDENHEAD	1696	557	620	76	443
10 BANBURY	1629	544	468	215	402
11 QUEENS PARK H.	1376	432	355	245	344
12 TEAM BALANCISE	1355	540	188	313	314
13 ST. ALBANS A.C.	1253	391	316	289	257
14 BIGGLESWADE	536	151	85	174	126
15 ABINGDON AMBLERS	474	139	241	12	82
16 RADLEY A.C.	469	153	111	142	63
17 PURPLE PATCH RUNNERS	402	30	243	43	86
18 AMPHILL & FLITWICK	235	170	24	28	13
19 WHITE HORSE	130	43	50	21	16

Male Overall Score

1 WYCOMBE PHOENIX	537	430	22	52	33
2 DACORUM & TRING	523	440		33	50
3 WATFORD	506	454		40	12
4 BANBURY	346	345	1		
5 HANDY CROSS	322	322			
6 THAME RUNNERS	318	318			
7 QUEENS PARK H.	307	270		11	26
8 TEAM BALANCISE	275	275			
9 MAIDENHEAD	260	260			
10 BRACKNELL	251	161	3	45	42
11 ST. ALBANS STRIDERS	241	241			
12 STEVENAGE & NH	168	113		21	34
13 ST. ALBANS A.C.	117		12	41	64
14 BIGGLESWADE	97	34		33	30
15 ABINGDON AMBLERS	82	78	4		
16 WHITE HORSE	16	16			
17 AMPHILL & FLITWICK	13				13
18 RADLEY A.C.	8		8		

DIVISION RESULT

1 DACORUM & TRING	2641	740	748	630	523
2 WYCOMBE PHOENIX	2451	628	672	614	537
3 WATFORD	2439	500	797	636	506
4 BRACKNELL	1625	623	453	298	251
5 THAME RUNNERS	1471	298	517	338	318
6 ST. ALBANS STRIDERS	1468	206	324	697	241
7 HANDY CROSS	1453	278	508	345	322
8 STEVENAGE & NH	1378	376	509	325	168
9 BANBURY	1198	373	317	162	346
10 MAIDENHEAD	1194	395	465	74	260
11 QUEENS PARK H.	1181	356	300	218	307
12 TEAM BALANCISE	1086	432	112	267	275
13 ST. ALBANS A.C.	628	195	175	141	117
14 ABINGDON AMBLERS	474	139	241	12	82
15 BIGGLESWADE	410	106	62	145	97
16 RADLEY A.C.	329	101	100	120	8
17 PURPLE PATCH RUNNERS	237	21	173	43	
18 AMPHILL & FLITWICK	170	134	14	9	13
19 WHITE HORSE	100	26	37	21	16

Female Overall Score

1 WYCOMBE PHOENIX	211	143	5	26	37
2 WATFORD	191	121		47	23
3 DACORUM & TRING	190	135	4	14	37
4 MAIDENHEAD	183	155			28
5 ST. ALBANS STRIDERS	165	165			
6 BRACKNELL	164		30	38	96
7 ST. ALBANS A.C.	140		6	52	82
8 HANDY CROSS	108	108			
9 THAME RUNNERS	97	97			
10 STEVENAGE & NH	95		11	32	52
11 PURPLE PATCH RUNNERS	86	86			
12 BANBURY	56	48	8		
13 RADLEY A.C.	55	31		24	
14 TEAM BALANCISE	39	39			
15 QUEENS PARK H.	37	28			9
16 BIGGLESWADE	29			23	6

DIVISION RESULT

1 BRACKNELL	873	275	240	194	164
2 WYCOMBE PHOENIX	807	191	200	205	211
3 WATFORD	714	158	184	181	191
4 DACORUM & TRING	700	206	149	155	190
5 ST. ALBANS A.C.	625	196	141	148	140
6 ST. ALBANS STRIDERS	616	106	165	180	165
7 MAIDENHEAD	502	162	155	2	183
8 STEVENAGE & NH	502	149	122	136	95
9 HANDY CROSS	492	141	131	112	108
10 BANBURY	431	171	151	53	56
11 THAME RUNNERS	425	111	103	114	97
12 TEAM BALANCISE	269	108	76	46	39
13 QUEENS PARK H.	195	76	55	27	37
14 PURPLE PATCH RUNNERS	165	9	70		86
15 RADLEY A.C.	140	52	11	22	55
16 BIGGLESWADE	126	45	23	29	29
17 AMPHILL & FLITWICK	65	36	10	19	
18 WHITE HORSE	30	17	13		