

Apex Sports Chiltern League Division Two 2012/2013 Round 1

Held at Oxford (Shotover Hill) on 20 October 2012

Senior/Junior/Veteran Men

1 J. MCMURRAY (STAL).....	30.22	M20	1
2 T. CROUCH (ST. ALBANS STR).....	31.34	M	1
3 P. ADAMS (ST. ALBANS STR).....	32.16	M	2
4 H. MITCHELL (BRACKNELL).....	32.44	M	3
5 D. POULTON (STEVENAGE).....	32.47	M	4
6 M. JUBB (ST. ALBANS STR).....	33.01	M40	1
7 M. RANDALL (BRACKNELL).....	33.57	M20	2
8 T. WRIGHT (BANBURY).....	34.07	M	5
9 R. MICHAELSON-YEATES (BEAR).....	34.09	M	6
D. JORDAN (CHELTENHAM) N/S.....	34.13	M40	
10 J. DEL AZOR (BRACKNELL).....	34.16	M20	3
11 S. FERGUSON (RADLEY).....	34.36	M20	4
12 T. OFFORD (BANBURY).....	34.43	M	7
13 S. MARSHALL (WHITE HORSE).....	34.45	M20	5
14 S. BUCKLE (ST. ALBANS STR).....	34.54	M	8
15 F. FULCHER (HANDY CROSS).....	35.08	M40	2
16 J. CODY (RADLEY).....	35.24	M20	6
17 S. COCKRELL (STAL).....	35.31	M	9
18 A. BYERLEY (THAME).....	35.51	M40	3
19 G. WARREN (ST. ALBANS STR).....	36.04	M40	4
20 G. WOOLLETT (GADE VALLEY).....	36.11	M40	5
21 D. MARTIN (WATFORD).....	36.25	M	10
22 S. PRITCHARD (BANBURY).....	36.26	M	11
23 C. BRAYBROOK (STAL).....	36.42	M50	1
24 B. HAWES (GADE VALLEY).....	36.46	M40	6
25 Z. MCDONOUGH (WATFORD).....	36.48	M	12
26 M. LODDY (GADE VALLEY).....	36.57	M40	7
27 D. HILTON (THAME).....	37.15	M	13
28 P. GURR (ST. ALBANS STR).....	37.18	M50	2
29 N. HARRIS (WATFORD).....	37.19	M	14
30 E. BLAKE (ST. ALBANS STR).....	37.31	M	15
31 B. LAWTON (THAME).....	37.32	M	16
32 J. MCGOWAN (MAIDENHEAD).....	37.41	M	17
33 O. BYRNE (BEARBROOK).....	37.47	M40	8
34 A. AULD (ST. ALBANS STR).....	37.48	M40	9
35 B. GILBERT (HANDY CROSS).....	37.53	M	18
36 R. SLATER (THAME).....	38.14	M40	10
37 G. SMITH (BEARBROOK).....	38.18	M50	3
38 J. COWELL (LEIGHTON B TRI).....	38.29	M40	11
39 B. WISE (GADE VALLEY).....	38.33	M	19
40 T. NORTH (GADE VALLEY).....	38.36	M40	12
41 J. REDSHAW (STAL).....	38.41	M	20
42 R. DEAN (THAME).....	38.47	M	21
43 S. BROTHERTSON (Q.P.H.).....	38.51	M40	13
44 M. WILKINS (WATFORD).....	39.02	M40	14
45 R. PALMER (BEARBROOK).....	39.04	M	22
46 M. WESTALL (BEARBROOK).....	39.38	M	23
47 J. RUDGE (BEARBROOK).....	39.43	M	24
48 T. BEALE (MAIDENHEAD).....	39.53	M	25
49 R. CURTIS (LEIGHTON B TRI).....	39.56	M40	15
50 P. WILLIAMSON (LBTR).....	40.07	M40	16
51 A. BUTTON (GADE VALLEY).....	40.12	M	26
52 J. DIOGO (Q.P.H.).....	40.29	M40	17
53 D. HUTCHINGS (TBAL).....	40.30	M40	18
54 T. BIRKETT (WATFORD).....	40.32	M40	19
55 S. SMITH (ST. ALBANS STR).....	40.56	M50	4
56 A. GALLIGAN (Q.P.H.).....	41.00	M40	20
57 N. EDWARDS (BEARBROOK).....	41.01	M50	5
58 M. ORTON (WATFORD).....	41.04	M50	6
59 P. DINEEN (HANDY CROSS).....	41.06	M40	21
60 J. ROBERTS (GADE VALLEY).....	41.15	M40	22
61 A. FORD (BIGGLESWADE).....	41.18	M40	23
62 B. STONE (LEIGHTON B TRI).....	41.22	M	27
63 J. MCCLUSKEY (GADE VALLEY).....	41.23	M	28
64 C. DOWIE (ST. ALBANS STR).....	41.48	M40	24
65 A. NICHOLSON (STAL).....	41.55	M40	25
66 A. PARRY (THAME).....	42.09	M40	26
67 A. ANGUS (Q.P.H.).....	42.10	M50	7
68 C. HOBBS (THAME).....	42.13	M40	27
69 A. HALL (TEAM BALANCISE).....	42.28	M	29
70 S. PEARSON (WATFORD).....	42.38	M	30
71 M. EMMETT (THAME).....	42.52	M50	8
72 R. BENTLEY (STAL).....	43.03	M40	28
73 A. BISHOP (GADE VALLEY).....	43.10	M	31
74 P. CAIRNIE (BEARBROOK).....	43.11	M40	29
75 N. RAFFERTY (LBTR).....	43.17	M40	30
76 I. MARKWELL (STAL).....	43.28	M40	31
77 H. TAYLOR (HANDY CROSS).....	43.35	M50	9
78 M. JUFFKINS (ABINGDON).....	44.05	M40	32
79 R. DAVIES (Q.P.H.).....	44.09	M40	33
80 S. DEARMAN (WATFORD).....	44.15	M40	34
81 J. JACKSON (BEARBROOK).....	44.24	M50	10
82 A. MAHER (ST. ALBANS STR).....	44.25	M40	35
83 S. NEWING (GADE VALLEY).....	44.27	M	32
84 D. WISE (GADE VALLEY).....	44.31	M40	36
85 J. RACKHAM (STEVENAGE).....	44.32	M40	37
86 N. FRAPE (BANBURY).....	44.32	M40	38
87 S. HASSALL (BEARBROOK).....	44.36	M40	39
88 G. COMBOY (Q.P.H.).....	44.40	M	33
89 T. HEDGE (WATFORD).....	44.41	M50	11
90 M. DEWEY (HANDY CROSS).....	44.42	M	34
91 A. MASKELL (THAME).....	44.54	M	35
92 R. DERRICK (STAL).....	44.58	M50	12
93 G. HART (BEARBROOK).....	45.01	M	36
94 T. BARROWS (BEARBROOK).....	45.05	M50	13
95 R. GALE (THAME).....	45.08	M60	1
96 P. DEVEREUX (TBAL).....	45.20	M40	40
97 T. BRAMPTON (BEARBROOK).....	45.23	M	37
98 J. KENNEDY (BRACKNELL).....	45.35	M40	41
99 G. SMITH (BANBURY).....	45.54	M60	2
100 P. LAWSON (BIGGLESWADE).....	46.22	M	38
101 J. OLIVER (MAIDENHEAD).....	47.19	M	39
102 M. WARD (WHITE HORSE).....	47.28	M40	42
103 G. SPARKES (BEARBROOK).....	48.15	M40	43
104 J. SCAIFE (MAIDENHEAD).....	48.25	M50	14
105 G. TURNER (THAME).....	48.29	M50	15
106 C. METCALFE (BEARBROOK).....	48.59	M50	16
107 A. NEWING (GADE VALLEY).....	49.00	M40	44
108 G. NEAL (WATFORD).....	51.03	M50	17
109 J. BROOKS (ST. ALBANS STR).....	51.18	M60	3
110 D. BRESSINGTON (MAID).....	51.37	M40	45
111 P. MIDDLETON (TBAL).....	51.45	M	40
112 M. JOHNSON (BEARBROOK).....	52.42	M40	46
113 S. GOLDFINCH (MAIDENHEAD).....	53.09	M40	47
114 S. GRAHAM (THAME).....	53.16	M60	4
115 A. MELLOR (ST. ALBANS STR).....	53.31	M40	48
116 G. SANDERS (BEARBROOK).....	54.02	M60	5
117 P. RANCE (BEARBROOK).....	54.20	M60	6
118 R. KOSTER (THAME).....	55.05	M50	18
119 T. WILLIAMS (MAIDENHEAD).....	55.33	M	41
120 L. HART (ST. ALBANS STR).....	55.39	M	42
121 C. DOWNS (THAME).....	56.04	M	43
122 M. BLOWING (HANDY CROSS).....	56.26	M40	49
123 P. COOK (GADE VALLEY).....	56.52	M60	7
124 C. LANSDOWN (HANDY CROSS).....	57.05	M50	19
125 M. DEAN (HANDY CROSS).....	58.40	M60	8
126 J. O'CONNELL (BEARBROOK).....	59.26	M40	50
127 A. HEADLEY (BIGGLESWADE).....	60.30	M40	51

TEAM RESULT non scorers excluded

1 ST. ALBANS STRIDERS	939	1	2	3	6	14	17	19	23
2 GADE VALLEY	701	20	24	26	39	40	51	60	63
3 BEARBROOK JOGGERS	676	9	33	37	45	46	47	57	74
4 THAME RUNNERS	665	18	27	31	36	42	66	68	71
5 WATFORD	643	21	25	29	44	54	58	70	80
6 BANBURY	413	8	12	22	86	99			
7 BRACKNELL	393	4	7	10	98				
8 QUEENS PARK H.	383	43	52	56	67	79	88		
9 HANDY CROSS	377	15	35	59	77	90	122	124	125
10 LEIGHTON BUZZ TRIATHLON	366	38	49	50	62	75			
11 MAIDENHEAD	269	32	48	101	104	110	113	119	
12 RADLEY A.C.	229	11	16						
13 TEAM BALANCISE	183	53	69	96	111				
14 STEVENAGE & NH	166	5	85						
15 WHITE HORSE	141	13	102						
16 BIGGLESWADE	96	61	100	127					
17 ABINGDON AMBLERS	50	78							

DIVISION RESULT

1 ST. ALBANS STRIDERS	939	939
2 GADE VALLEY	701	701
3 BEARBROOK JOGGERS	676	676
4 THAME RUNNERS	665	665
5 WATFORD	643	643
6 BANBURY	413	413
7 BRACKNELL	393	393
8 QUEENS PARK H.	383	383
9 HANDY CROSS	377	377
10 LEIGHTON BUZZ TRIATHLON	366	366
11 MAIDENHEAD	269	269
12 RADLEY A.C.	229	229
13 TEAM BALANCISE	183	183
14 STEVENAGE & NH	166	166
15 WHITE HORSE	141	141
16 BIGGLESWADE	96	96
17 ABINGDON AMBLERS	50	50

Veteran Mens Race

1 ST. ALBANS STRIDERS	436	6	19	23	28
2 GADE VALLEY	402	20	24	26	40
3 THAME RUNNERS	324	18	36	66	68
4 BEARBROOK JOGGERS	311	33	37	57	74
5 LEIGHTON BUZZ TRIATHLON	300	38	49	50	75
6 QUEENS PARK H.	294	43	52	56	67
7 WATFORD	276	44	54	58	80
8 HANDY CROSS	239	15	59	77	122
9 TEAM BALANCISE	107	53	96		
10 BANBURY	71	86	99		
11 BIGGLESWADE	68	61	127		
12 MAIDENHEAD	57	104	110	113	
13 ABINGDON AMBLERS	50	78			
14 STEVENAGE & NH	43	85			
15 BRACKNELL	30	98			
16 WHITE HORSE	26	102			

DIVISION RESULT

1 ST. ALBANS STRIDERS	436	436
2 GADE VALLEY	402	402
3 THAME RUNNERS	324	324
4 BEARBROOK JOGGERS	311	311
5 LEIGHTON BUZZ TRIATHLON	300	300
6 QUEENS PARK H.	294	294
7 WATFORD	276	276
8 HANDY CROSS	239	239
9 TEAM BALANCISE	107	107
10 BANBURY	71	71
11 BIGGLESWADE	68	68
12 MAIDENHEAD	57	57
13 ABINGDON AMBLERS	50	50
14 STEVENAGE & NH	43	43
15 BRACKNELL	30	30
16 WHITE HORSE	26	26

Under 17 Men

1 S. HALSTEAD (BRACKNELL).....	19.41	M17	1
2 M. SEDDON (BRACKNELL).....	21.13	M17	2
3 T. BURNS (BRACKNELL).....	21.25	M17	3
4 H. O'BART (WATFORD).....	21.51	M17	4
5 T. VERBENA (WATFORD).....	22.30	M17	5
6 S. PAYNE (BRACKNELL).....	22.38	M17	6
7 T. BIEGEL (BANBURY).....	22.43	M17	7
8 H. DAY (STEVENAGE).....	24.10	M17	8
9 M. TYLER (TEAM BALANCISE).....	24.14	M17	9
10 L. SILLS (WATFORD).....	24.24	M17	10
11 T. FABES (ABINGDON).....	24.37	M17	11
12 S. GOLDFINCH (MAIDENHEAD).....	26.17	M17	12
13 J. GLADMAN (STEVENAGE).....	29.16	M17	13
14 W. RIDGEWAY (STEVENAGE).....	29.37	M17	14

TEAM RESULT

1 BRACKNELL	39	1	2	3
2 WATFORD	26	4	5	10
3 STEVENAGE & NH	10	8	13	14
4 BANBURY	8	7		
5 TEAM BALANCISE	6	9		
6 ABINGDON AMBLERS	4	11		
7 MAIDENHEAD	3	12		

DIVISION RESULT

1 BRACKNELL	39	39
2 WATFORD	26	26
3 STEVENAGE & NH	10	10
4 BANBURY	8	8
5 TEAM BALANCISE	6	6
6 ABINGDON AMBLERS	4	4
7 MAIDENHEAD	3	3

Under 15 Boys

1	C. TRUDGILL (BIGGLESWADE).....	16.04	M15	1
2	B. CLARKE (ST. ALBANS STR).....	16.17	M15	2
3	M. FABES (ABINGDON).....	16.18	M15	3
4	S. BARTOIN (BIGGLESWADE).....	16.19	M15	4
5	B. CLARIDGE (WHITE HORSE).....	16.38	M15	5

6	A. WILMSHURST (STAL).....	16.57	M15	6
7	R. BOLTON (STEVENAGE).....	17.00	M15	7
8	M. LIVESEY (STEVENAGE).....	17.15	M15	8
9	J. HANCOX (RADLEY).....	17.38	M15	9
10	E. TATTERSALL (BRACKNELL).....	17.48	M15	10
11	E. ANDERS (ST. ALBANS STR).....	18.01	M15	11

12	O. TRUDGILL (BIGGLESWADE).....	18.22	M15	12
13	G. KELLING (BANBURY).....	18.23	M15	13
14	D. DUKE (STEVENAGE).....	18.36	M15	14
15	D. JOHAL (WATFORD).....	18.50	M15	15
16	J. ANDERSON (STAL).....	18.55	M15	16

TEAM RESULT

1	BIGGLESWADE	34	1	4	12
2	ST. ALBANS STRIDERS	32	2	6	11
3	STEVENAGE & NH	22	7	8	14
4	ABINGDON AMBLERS	14	3		
5	WHITE HORSE	12	5		
6	RADLEY A.C.	8	9		
7	BRACKNELL	7	10		
8	BANBURY	4	13		
9	WATFORD	2	15		

DIVISION RESULT

1	BIGGLESWADE	34	34
2	ST. ALBANS STRIDERS	32	32
3	STEVENAGE & NH	22	22
4	ABINGDON AMBLERS	14	14
5	WHITE HORSE	12	12
6	RADLEY A.C.	8	8
7	BRACKNELL	7	7
8	BANBURY	4	4
9	WATFORD	2	2

Under 13 Boys

1	S. HUDSON (BRACKNELL).....	11.22	M13	1
2	C. WALSH (ST. ALBANS STR).....	11.27	M13	2
3	J. LUMB (ST. ALBANS STR).....	11.34	M13	3
4	N. WILTSHIRE (ABINGDON).....	11.38	M13	4
5	T. ROBINSON (BRACKNELL).....	11.39	M13	5
6	M. LOPEZ DE LA CALLE (BK).....	11.44	M13	6

7	A. MASON (STEVENAGE).....	12.02	M13	7
8	M. KEANE (STEVENAGE).....	12.07	M13	8
9	H. BENTLEY (STAL).....	12.10	M13	9
10	F. STEWART (BRACKNELL).....	12.14	M13	10
11	B. JOHAL (WATFORD).....	12.16	M13	11
12	B. MITCHELL (STAL).....	12.28	M13	12
13	T. LIVESEY (STEVENAGE).....	12.44	M13	13

14	A. READ (BRACKNELL).....	12.49	M13	14
15	J. SANSEAW (WATFORD).....	12.51	M13	15
16	D. VERBANA (WATFORD).....	13.01	M13	16
17	L. JONES (ST. ALBANS STR).....	13.04	M13	17
18	L. MCINTYRE (WHITE HORSE).....	13.14	M13	18
19	L. GREGORY (STEVENAGE).....	13.17	M13	19
20	R. DALY (ST. ALBANS STR).....	14.01	M13	20

TEAM RESULT

1	BRACKNELL	51	1	5	6
2	ST. ALBANS STRIDERS	49	2	3	9
3	STEVENAGE & NH	35	7	8	13
4	WATFORD	21	11	15	16
5	ABINGDON AMBLERS	17	4		
6	WHITE HORSE	3	18		

DIVISION RESULT

1	BRACKNELL	51	51
2	ST. ALBANS STRIDERS	49	49
3	STEVENAGE & NH	35	35
4	WATFORD	21	21
5	ABINGDON AMBLERS	17	17
6	WHITE HORSE	3	3

Senior/Veteran Ladies

1	E. CURTIS-SMITH (BEAR).....	24.14	F	1
2	R. KELLING (BANBURY).....	24.39	F45	1
3	V. BROADBENT (BEARBROOK).....	25.02	F	2
4	D. STEER (ST. ALBANS STR).....	25.06	F45	2
5	L. WATERLOW (STAL).....	25.09	F	3
6	H. MULHALL (BEARBROOK).....	25.55	F35	1
7	M. BARTLETT (BANBURY).....	26.08	F35	2
8	L. MAYER (BEARBROOK).....	26.30	F35	3
9	W. WEBSTER (STAL).....	26.33	F	4
10	V. CRAWLEY (GADE VALLEY).....	26.49	F	5
11	H. JOHAL (WATFORD).....	26.56	F35	4
12	S. EVERED (BEARBROOK).....	27.05	F	6
13	N. WICKINGS (WATFORD).....	27.09	F	7
14	J. WARGENT (TBAL).....	27.12	F35	5
15	J. COULCHER (THAME).....	28.10	F45	3
16	C. MCDONNELL (GADE VALLEY).....	28.19	F35	6

17	R. BIEGEL (BANBURY).....	28.24	F45	4
18	T. ENGLISH (GADE VALLEY).....	28.28	F35	7
19	L. OLIVER (MAIDENHEAD).....	29.06	F35	8
20	A. HALFORD (WATFORD).....	29.10	F35	9
21	E. FULCHER (HANDY CROSS).....	29.12	F45	5
22	W. WALSH (ST. ALBANS STR).....	29.28	F35	10
23	C. ING (HANDY CROSS).....	29.30	F	8
24	E. KEYS (HANDY CROSS).....	29.33	F45	6
25	E. WALLS (ST. ALBANS STR).....	29.46	F45	7
26	C. MATTHEWS (THAME).....	30.01	F	9
27	R. NEWPORT (BRACKNELL).....	30.10	F	10
28	K. PERREAULT (Q.P.H.).....	30.12	F	11
29	D. HEYDECKER (STAL).....	30.13	F55	1
30	L. ZABOKLICKA (HX).....	30.27	F	12
31	M. BOOTH (HANDY CROSS).....	30.41	F45	8
32	D. SANDOVER (LBTR).....	30.54	F55	2
33	L. POWELL (ST. ALBANS STR).....	31.13	F45	9

34	L. ANSELL (BANBURY).....	31.14	F35	11
35	C. FEELY (STEVENAGE).....	31.16	F45	10
36	S. BUX (HANDY CROSS).....	31.51	F	13
37	H. PARRY (THAME).....	32.04	F35	12
38	G. WEST (BEARBROOK).....	32.28	F	14
39	C. BRIGHTON (ABINGDON).....	32.46	F55	3
40	S. IVIN (GADE VALLEY).....	32.52	F	15
41	B. WARNER (LEIGHTON B TRI).....	33.18	F35	13
42	T. BRIGHT (THAME).....	33.25	F35	14
43	S. MCEWAN (MAIDENHEAD).....	33.54	F55	4
44	E. NASH (GADE VALLEY).....	34.43	F	16
45	L. RIPLEY (BEARBROOK).....	38.34	F35	15
46	C. DEARMAN (WATFORD).....	38.42	F45	11
47	K. WOODARD (BEARBROOK).....	39.35	F	17
48	T. BRAYFORD (TBAL).....	40.35	F	18
49	A. MCSLOY (ST. ALBANS STR).....	42.19	F	19
50	H. BESSANT (BEARBROOK).....	50.24	F	20

TEAM RESULT

1	BEARBROOK JOGGERS	186	1	3	6	8
2	ST. ALBANS STRIDERS	164	4	5	9	22
3	BANBURY	144	2	7	17	34
4	GADE VALLEY	120	10	16	18	40
5	WATFORD	114	11	13	20	46
6	HANDY CROSS	106	21	23	24	30
7	THAME RUNNERS	84	15	26	37	42
8	TEAM BALANCISE	40	14	48		
9	MAIDENHEAD	40	19	43		
10	LEIGHTON BUZZ TRIATHLON	29	32	41		
11	BRACKNELL	24	27			
12	QUEENS PARK H.	23	28			
13	STEVENAGE & NH	16	35			
14	ABINGDON AMBLERS	12	39			

DIVISION RESULT

1	BEARBROOK JOGGERS	186	186
2	ST. ALBANS STRIDERS	164	164
3	BANBURY	144	144
4	GADE VALLEY	120	120
5	WATFORD	114	114
6	HANDY CROSS	106	106
7	THAME RUNNERS	84	84
8	TEAM BALANCISE	40	40
9	MAIDENHEAD	40	40
10	LEIGHTON BUZZ TRIATHLON	29	29
11	BRACKNELL	24	24
12	QUEENS PARK H.	23	23
13	STEVENAGE & NH	16	16
14	ABINGDON AMBLERS	12	12

Veteran Ladies Race

1	BANBURY	144	2	7	17	34
2	ST. ALBANS STRIDERS	124	4	22	25	29
3	BEARBROOK JOGGERS	94	6	8	45	
4	HANDY CROSS	77	21	24	31	
5	WATFORD	76	11	20	46	
6	GADE VALLEY	68	16	18		
7	THAME RUNNERS	59	15	37	42	
8	MAIDENHEAD	40	19	43		
9	TEAM BALANCISE	37	14			
10	LEIGHTON BUZZ TRIATHLON	29	32	41		
11	STEVENAGE & NH	16	35			
12	ABINGDON AMBLERS	12	39			

DIVISION RESULT

1	BANBURY	144	144
2	ST. ALBANS STRIDERS	124	124
3	BEARBROOK JOGGERS	94	94
4	HANDY CROSS	77	77
5	WATFORD	76	76
6	GADE VALLEY	68	68
7	THAME RUNNERS	59	59
8	MAIDENHEAD	40	40
9	TEAM BALANCISE	37	37
10	LEIGHTON BUZZ TRIATHLON	29	29
11	STEVENAGE & NH	16	16
12	ABINGDON AMBLERS	12	12

Junior/U17 Ladies

1	F. BRERETON (BRACKNELL).....	23.41	F20	1
2	H. RIDLEY (BIGGLESWADE).....	24.50	F17	1
3	P. BAILEY (ST. ALBANS STR).....	25.42	F17	2
4	R. HARRIS (STEVENAGE).....	25.47	F17	3

5	C. DEARMAN (WATFORD).....	26.21	F17	4
6	C. WILLIS (STEVENAGE).....	26.24	F17	5
7	B. PULL (BANBURY).....	27.35	F20	2
8	J. LATCHFORD (STEVENAGE).....	28.31	F17	6
9	P. SMITH (WATFORD).....	28.34	F17	7

10	S. KEEBLE (STEVENAGE).....	31.14	F17	8
11	E. CERVI (STEVENAGE).....	31.15	F17	9
12	S. FEELY (STEVENAGE).....	31.29	F17	10
13	C. FULLER (WATFORD).....	35.27	F17	11

TEAM RESULT

1	STEVENAGE & NH	24	4	6	8
2	WATFORD	15	5	9	13
3	BRACKNELL	13	1		
4	BIGGLESWADE	12	2		
5	ST. ALBANS STRIDERS	11	3		
6	BANBURY	7	7		

DIVISION RESULT

1	STEVENAGE & NH	24	24
2	WATFORD	15	15
3	BRACKNELL	13	13
4	BIGGLESWADE	12	12
5	ST. ALBANS STRIDERS	11	11
6	BANBURY	7	7

Under 15 Girls

1	G. GODDARD (BRACKNELL).....	16.14	F15	1
2	H. GODDARD (BRACKNELL).....	16.36	F15	2
3	H. WILLIS (BRACKNELL).....	17.18	F15	3
4	S. RAYMENT (BRACKNELL).....	17.29	F15	4
5	F. BUNN (ABINGDON).....	17.33	F15	5
6	E. READ (BRACKNELL).....	18.08	F15	6
7	C. DUKE (STEVENAGE).....	18.26	F15	7
8	A. BENTLEY (STAL).....	18.29	F15	8
9	V. TILLING (ABINGDON).....	18.40	F15	9
10	J. EDWARDS (STAL).....	18.59	F15	10
11	L. ECKLEY (ST. ALBANS STR).....	19.02	F15	11

12	J. BARNES (ST. ALBANS STR).....	19.16	F15	12
13	J. WELLS-GRAY (ABINGDON).....	19.19	F15	13
14	O. COLL (ST. ALBANS STR).....	19.19	F15	14
15	S. COLL (ST. ALBANS STR).....	19.32	F15	15
16	L. MARKWELL (STAL).....	19.35	F15	16
17	G. HARVEY (ABINGDON).....	19.38	F15	17
18	E. LIVERSEIDGE (BRACKNELL).....	19.39	F15	18
19	M. HERRIDGE (STEVENAGE).....	19.44	F15	19
20	H. MCCLAY (BRACKNELL).....	19.53	F15	20
21	L. EDWARDS (STAL).....	19.56	F15	21
22	S. MARAIS (BRACKNELL).....	19.57	F15	22

23	P. CASSON-GREEN (BK).....	21.14	F15	23
24	E. ECONOMU (WATFORD).....	21.30	F15	24
25	K. MONKHOUSE (BRACKNELL).....	21.36	F15	25
26	R. CATTERALL (BRACKNELL).....	22.44	F15	26
27	O. MOFFATT (BRACKNELL).....	22.48	F15	27
28	A. CLARKE (ST. ALBANS STR).....	23.02	F15	28
29	B. HARLEY (STEVENAGE).....	23.21	F15	29
30	P. WOOLCOTT (STEVENAGE).....	23.47	F15	30
31	L. BARBER (STEVENAGE).....	23.67	F15	31
32	G. STANG (WATFORD).....	27.03	F15	32
33	E. MCINTYRE (WHITE HORSE).....	27.22	F15	33

TEAM RESULT

1	BRACKNELL	96	1	2	3
2	ABINGDON AMBLERS	75	5	9	13
3	ST. ALBANS STRIDERS	73	8	10	11
4	STEVENAGE & NH	47	7	19	29
5	WATFORD	12	24	32	
6	WHITE HORSE	1		33	

DIVISION RESULT

1	BRACKNELL	96	96
2	ABINGDON AMBLERS	75	75
3	ST. ALBANS STRIDERS	73	73
4	STEVENAGE & NH	47	47
5	WATFORD	12	12
6	WHITE HORSE	1	1

Under 13 Girls

1	M. TOMSETT (BRACKNELL).....	11.43	F13	1
2	E. CAREY (BRACKNELL).....	11.57	F13	2
3	E. ANDERS (ST. ALBANS STR).....	12.10	F13	3
4	N. HUDSON (BRACKNELL).....	12.25	F13	4
5	J. KENNEDY (BRACKNELL).....	12.36	F13	5
6	S. POOLE (BRACKNELL).....	12.44	F13	6
7	T. WILLIAMS (BANBURY).....	12.47	F13	7
8	C. ECKLEY (ST. ALBANS STR).....	12.49	F13	8
9	P. BATSTONE (MAIDENHEAD).....	12.54	F13	9

10	J. LAITNER (STAL).....	12.59	F13	10
11	T. COLE (BRACKNELL).....	13.12	F13	11
12	M. ASTILL (STEVENAGE).....	13.33	F13	12
13	P. ROBERTS (BRACKNELL).....	13.38	F13	13
14	M. JARVIS (WATFORD).....	13.44	F13	14
15	F. WEDDELL (STAL).....	13.52	F13	15
16	E. HARRIS (STEVENAGE).....	14.11	F13	16
17	Z. STEWART (BRACKNELL).....	14.15	F13	17
18	C. MCPHAIL (STEVENAGE).....	14.35	F13	18

19	N. SMITH (BIGGLESWADE).....	14.45	F13	19
20	S. IRVING (STEVENAGE).....	15.09	F13	20
21	G. GOLDFINCH (MAIDENHEAD).....	15.11	F13	21
22	J. ROSEWARN (WATFORD).....	15.58	F13	22
23	T. DIBLEY (MAIDENHEAD).....	16.06	F13	23
24	M. LYTHGOE (WATFORD).....	16.08	F13	24
25	J. WILLIAMS (MAIDENHEAD).....	16.12	F13	25
26	A. PICKARD (STEVENAGE).....	16.15	F13	26
27	G. REID (STEVENAGE).....	16.23	F13	27

TEAM RESULT

1	BRACKNELL	77	1	2	4
2	ST. ALBANS STRIDERS	63	3	8	10
3	STEVENAGE & NH	38	12	16	18
4	MAIDENHEAD	31	9	21	23
5	WATFORD	24	14	22	24
6	BANBURY	21	7		
7	BIGGLESWADE	9	19		

DIVISION RESULT

1	BRACKNELL	77	77
2	ST. ALBANS STRIDERS	63	63
3	STEVENAGE & NH	38	38
4	MAIDENHEAD	31	31
5	WATFORD	24	24
6	BANBURY	21	21
7	BIGGLESWADE	9	9

Total Overall Score

1	ST. ALBANS STRIDERS	1331	1020	311
2	BEARBROOK JOGGERS	862	676	186
3	WATFORD	857	692	165
4	GADE VALLEY	821	701	120
5	THAME RUNNERS	749	665	84
6	BRACKNELL	700	490	210
7	BANBURY	597	425	172
8	HANDY CROSS	483	377	106
9	QUEENS PARK H.	406	383	23
10	LEIGHTON BUZZ TRIATHLON	395	366	29
11	STEVENAGE & NH	358	233	125
12	MAIDENHEAD	343	272	71
13	RADLEY A.C.	237	237	
14	TEAM BALANCISE	229	189	40
15	ABINGDON AMBLERS	172	85	87
16	WHITE HORSE	157	156	1
17	BIGGLESWADE	151	130	21

DIVISION RESULT

1	ST. ALBANS STRIDERS	1331	1331
2	BEARBROOK JOGGERS	862	862
3	WATFORD	857	857
4	GADE VALLEY	821	821
5	THAME RUNNERS	749	749
6	BRACKNELL	700	700
7	BANBURY	597	597
8	HANDY CROSS	483	483
9	QUEENS PARK H.	406	406
10	LEIGHTON BUZZ TRIATHLON	395	395
11	STEVENAGE & NH	358	358
12	MAIDENHEAD	343	343
13	RADLEY A.C.	237	237
14	TEAM BALANCISE	229	229
15	ABINGDON AMBLERS	172	172
16	WHITE HORSE	157	157
17	BIGGLESWADE	151	151

Male Overall Score

1	ST. ALBANS STRIDERS	1020	939		32	49
2	GADE VALLEY	701	701			
3	WATFORD	692	643	26	2	21
4	BEARBROOK JOGGERS	676	676			
5	THAME RUNNERS	665	665			
6	BRACKNELL	490	393	39	7	51
7	BANBURY	425	413	8	4	
8	QUEENS PARK H.	383	383			
9	HANDY CROSS	377	377			
10	LEIGHTON BUZZ TRIATHLON	366	366			
11	MAIDENHEAD	272	269	3		
12	RADLEY A.C.	237	229		8	
13	STEVENAGE & NH	233	166	10	22	35
14	TEAM BALANCISE	189	183	6		
15	WHITE HORSE	156	141		12	3
16	BIGGLESWADE	130	96		34	
17	ABINGDON AMBLERS	85	50	4	14	17

DIVISION RESULT

1	ST. ALBANS STRIDERS	1020	1020
2	GADE VALLEY	701	701
3	WATFORD	692	692
4	BEARBROOK JOGGERS	676	676
5	THAME RUNNERS	665	665
6	BRACKNELL	490	490
7	BANBURY	425	425
8	QUEENS PARK H.	383	383
9	HANDY CROSS	377	377
10	LEIGHTON BUZZ TRIATHLON	366	366
11	MAIDENHEAD	272	272
12	RADLEY A.C.	237	237
13	STEVENAGE & NH	233	233
14	TEAM BALANCISE	189	189
15	WHITE HORSE	156	156
16	BIGGLESWADE	130	130
17	ABINGDON AMBLERS	85	85

Female Overall Score

1	ST. ALBANS STRIDERS	311	164	11	73	63
2	BRACKNELL	210	24	13	96	77
3	BEARBROOK JOGGERS	186	186			
4	BANBURY	172	144	7		21
5	WATFORD	165	114	15	12	24
6	STEVENAGE & NH	125	16	24	47	38
7	GADE VALLEY	120	120			
8	HANDY CROSS	106	106			
9	ABINGDON AMBLERS	87	12		75	
10	THAME RUNNERS	84	84			
11	MAIDENHEAD	71	40			31
12	TEAM BALANCISE	40	40			
13	LEIGHTON BUZZ TRIATHLON	29	29			
14	QUEENS PARK H.	23	23			
15	BIGGLESWADE	21		12		9
16	WHITE HORSE	1			1	

DIVISION RESULT

1	ST. ALBANS STRIDERS	311	311
2	BRACKNELL	210	210
3	BEARBROOK JOGGERS	186	186
4	BANBURY	172	172
5	WATFORD	165	165
6	STEVENAGE & NH	125	125
7	GADE VALLEY	120	120
8	HANDY CROSS	106	106
9	ABINGDON AMBLERS	87	87
10	THAME RUNNERS	84	84
11	MAIDENHEAD	71	71
12	TEAM BALANCISE	40	40
13	LEIGHTON BUZZ TRIATHLON	29	29
14	QUEENS PARK H.	23	23
15	BIGGLESWADE	21	21
16	WHITE HORSE	1	1