

Chiltern League Division 1, Match 2 - Teardrop Lakes, Milton Keynes - 7 November 2015

Overall				After 2 Matches								
1	Marshall Milton Keynes	3564		1	Bedford & County	6983						
2	Bedford & County	3531		2	Marshall Milton Keynes	6806						
3	Chiltern Harriers	3049		3	Chiltern Harriers	5902						
4	Windsor, S, E&H	2733		4	St Albans Striders	5039						
5	St Albans Striders	2653		5	Vale of Aylesbury	4689						
6	Harrow	2470		6	Windsor, S, E&H	4689						
7	Vale of Aylesbury	2311		7	Harrow	4480						
8	Leighton Buzzard	2308		8	Leighton Buzzard	4471						
9	Oxford City	2290		9	Luton	3448						
10	Tring	1844		10	Tring	3424						
11	Luton	1629		11	Silson Joggers	3105						
12	Silson Joggers	1589		12	Gade Valley Harriers	2985						
13	Headington RR	1513		13	Oxford City	2982						
14	Gade Valley Harriers	1493		14	Headington RR	2576						
Male Overall				After 2 Matches								
1	Bedford & County	2711		1	Bedford & County	5185						
2	Marshall Milton Keynes	2644		2	Marshall Milton Keynes	5020						
3	Chiltern Harriers	2182		3	Chiltern Harriers	4217						
4	Harrow	2096		4	Harrow	3787						
5	St Albans Striders	1920		5	Leighton Buzzard	3649						
6	Leighton Buzzard	1887		6	Vale of Aylesbury	3541						
7	Windsor, S, E&H	1811		7	St Albans Striders	3480						
8	Oxford City	1761		8	Windsor, S, E&H	3144						
9	Vale of Aylesbury	1729		9	Tring	2799						
10	Tring	1467		10	Silson Joggers	2461						
11	Silson Joggers	1310		11	Gade Valley Harriers	2302						
12	Gade Valley Harriers	1126		12	Oxford City	2260						
13	Headington RR	1111		13	Luton	2249						
14	Luton	1027		14	Headington RR	1883						
Female Overall				After 2 Matches								
1	Windsor, S, E&H	922		1	Bedford & County	1798						
2	Marshall Milton Keynes	920		2	Marshall Milton Keynes	1786						
3	Chiltern Harriers	867		3	Chiltern Harriers	1685						
4	Bedford & County	820		4	St Albans Striders	1559						
5	St Albans Striders	733		5	Windsor, S, E&H	1545						
6	Luton	602		6	Luton	1199						
7	Vale of Aylesbury	582		7	Vale of Aylesbury	1148						
8	Oxford City	529		8	Leighton Buzzard	822						
9	Leighton Buzzard	421		9	Oxford City	722						
10	Headington RR	402		10	Harrow	693						
11	Tring	377		11	Headington RR	693						
12	Harrow	374		12	Gade Valley Harriers	683						
13	Gade Valley Harriers	367		13	Silson Joggers	644						
14	Silson Joggers	279		14	Tring	625						
Seniors Only				After 2 Matches								
1	Bedford & County	2612		1	Bedford & County	4935						
2	Marshall Milton Keynes	2585		2	Marshall Milton Keynes	4915						
3	Chiltern Harriers	2168		3	Chiltern Harriers	4041						
4	St Albans Striders	2101		4	Leighton Buzzard	3942						
5	Leighton Buzzard	2040		5	St Albans Striders	3823						
6	Harrow	1955		6	Vale of Aylesbury	3653						
7	Oxford City	1932		7	Windsor, S, E&H	3534						
8	Vale of Aylesbury	1873		8	Tring	3419						
9	Windsor, S, E&H	1852		9	Harrow	3394						
10	Tring	1842		10	Gade Valley Harriers	2985						
11	Headington RR	1513		11	Silson Joggers	2691						
12	Gade Valley Harriers	1493		12	Headington RR	2576						
13	Silson Joggers	1407		13	Luton	2559						
14	Luton	1181		14	Oxford City	2495						
Young Athletes				After 2 Matches								
1	Marshall Milton Keynes	979		1	Bedford & County	2048						
2	Bedford & County	919		2	Marshall Milton Keynes	1891						
3	Chiltern Harriers	881		3	Chiltern Harriers	1861						
4	Windsor, S, E&H	881		4	St Albans Striders	1216						
5	St Albans Striders	552		5	Windsor, S, E&H	1155						
6	Harrow	515		6	Harrow	1086						
7	Luton	448		7	Vale of Aylesbury	1036						
8	Vale of Aylesbury	438		8	Luton	889						
9	Oxford City	358		9	Leighton Buzzard	529						
10	Leighton Buzzard	268		10	Oxford City	487						
11	Silson Joggers	182		11	Silson Joggers	414						
12	Tring	2		12	Tring	5						
13	Gade Valley Harriers	0		13	Gade Valley Harriers	0						
14	Headington RR	0		14	Headington RR	0						
Senior Men				Senior Men Team				After 2 Matches				
MS	6	1 Adam Bowden	2346	Harrow	31:06	MS	1	238	1 Bedford & County	2164	1 Bedford & County	4086
MS	11	2 John McDonnell	3351	Luton	31:33	MS	2	237	2 Marshall Milton Keynes	2112	2 Marshall Milton Keynes	4052
MS	26	3 James McMurray	516	St Albans Striders	32:38	MS	3	236	3 Harrow	1825	3 Leighton Buzzard	3334
MS	31	4 Daniel Woodgate	928	Luton	32:57	MS	4	235	4 Oxford City	1761	4 Chiltern Harriers	3274
MS	32	5 Steve Tuttle	2	Marshall Milton Keynes	32:58	MS	5	234	5 Leighton Buzzard	1721	5 Harrow	3242
MS	34	6 Luke Humphreys	360	Bedford & County	33:09	MS	6	233	6 Chiltern Harriers	1716	6 St Albans Striders	3011
MS	35	7 Michael Harrison	349	Bedford & County	33:22	MS	7	232	7 St Albans Striders	1653	7 Vale of Aylesbury	2940
MS	39	8 Damian Nevins	825	Harrow	33:35	MS	8	231	8 Vale of Aylesbury	1471	8 Tring	2794
MS	40	9 Liam Smith	10	Marshall Milton Keynes	33:39	MS	9	230	9 Tring	1465	9 Windsor, S, E&H	2674
MS	42	10 Ricky Harvie	3337	Windsor, S, E&H	33:44	MS	10	229	10 Windsor, S, E&H	1371	10 Gade Valley Harriers	2302
MS	47	11 Ryan Parker	335	Bedford & County	34:06	MS	11	228	11 Silson Joggers	1170	11 Oxford City	2260
MS	49	12 Paul Adams	481	St Albans Striders	34:17	MS	12	227	12 Gade Valley Harriers	1126	12 Silson Joggers	2222
MS	51	13 Jim Cooper	824	Harrow	34:24	M40	1	226	13 Headington RR	1111	13 Headington RR	1883
MS	52	14 Simon Millett	3353	Windsor, S, E&H	34:27	MS	13	225	14 Luton	733	14 Luton	1730
MS	56	15 James McCarthy	326	Chiltern Harriers	34:49	M20	1	224	Veteran Men Team		After 2 Matches	
MS	57	16 Luke Delderfield	1276	Tring	34:54	MS	14	223	1 Harrow	717	1 Harrow	1382
MS	58	17 Sean Still	334	Bedford & County	34:56	MS	15	222	2 Chiltern Harriers	684	2 Vale of Aylesbury	1321

MS	61	18 Ian Grimshaw	817 Leighton Buzzard	35:07 M40	2	221	3 Vale of Aylesbury	673	3 Chiltern Harriers	1310
MS	62	19 Maxwell Robinson	1327 Oxford City	35:11 MS	16	220	4 Gade Valley Harriers	623	4 Leighton Buzzard	1193
MS	63	20 Chris Hearn	5 Marshall Milton Keynes	35:14 MS	17	219	5 Oxford City	612	5 Bedford & County	1143
MS	65	21 Steve Horton	359 Bedford & County	35:17 MS	18	218	6 Leighton Buzzard	609	6 Gade Valley Harriers	1127
MS	66	22 George Wheeler	18 Marshall Milton Keynes	35:22 M20	2	217	7 Bedford & County	566	7 St Albans Striders	1030
MS	69	23 Andy McMulklin	361 Bedford & County	35:32 MS	19	216	8 Tring	550	8 Tring	1017
MS	70	24 Andy Govus	364 Bedford & County	35:37 MS	20	215	9 St Albans Striders	545	9 Marshall Milton Keynes	1007
MS	71	25 Jonty Wager-Leigh	307 Chiltern Harriers	35:38 M20	3	214	10 Silson Joggers	544	10 Headington RR	995
MS	72	26 Graham Jones	25 Marshall Milton Keynes	35:39 MS	21	213	11 Marshall Milton Keynes	515	11 Silson Joggers	962
MS	74	27 Rory Graham-Watson	1076 Windsor, S, E&H	35:41 MS	22	212	12 Headington RR	476	12 Oxford City	940
MS	75	28 Sean Ledger	839 Harrow	35:43 MS	23	211	13 Windsor, S, E&H	142	13 Luton	204
MS	76	29 Stephen Green	47 Marshall Milton Keynes	35:44 MS	24	210	14 Luton	59	14 Windsor, S, E&H	142
MS	77	30 Aaron Burgess	1326 Oxford City	35:46 MS	25	209	Under 20 Men Team		After 2 Matches	
MS	78	31 Nick Hughes	302 Chiltern Harriers	35:46 M40	3	208	1 Marshall Milton Keynes	594	1 Marshall Milton Keynes	1114
MS	81	32 Simon Kerr	1372 Headington RR	35:57 MS	26	207	2 Chiltern Harriers	568	2 Chiltern Harriers	923
MS	83	33 Charlie May	1155 Vale of Aylesbury	36:01 MS	27	206	3 Windsor, S, E&H	378	3 Windsor, S, E&H	739
MS	85	34 Matt Judson	828 Harrow	36:06 MS	28	205	4 St Albans Striders	274	4 Luton	642
MS	89	35 Josh Lunn	332 Bedford & County	36:13 MS	29	204	5 Tring	239	5 Bedford & County	616
MS	91	36 Charles Wheeler	17 Marshall Milton Keynes	36:17 M20	4	203	6 Luton	202	6 St Albans Striders	561
MS	92	37 Harry Wells	927 Luton	36:19 M20	5	202	7 Leighton Buzzard	141	7 Tring	456
MS	94	38 Alan Turnbull	340 Bedford & County	36:23 M40	4	201	8 Vale of Aylesbury	133	8 Vale of Aylesbury	399
MS	95	39 Nigel Marley	1348 Oxford City	36:26 MS	30	200	9 Silson Joggers	88	9 Leighton Buzzard	282
MS	96	40 Mark Palsler	8 Marshall Milton Keynes	36:29 MS	31	199	10 Bedford & County	0	10 Silson Joggers	163
MS	98	41 Martyn Summerfield	1152 Vale of Aylesbury	36:35 M40	5	198	11 Gade Valley Harriers	0	11 Gade Valley Harriers	0
MS	101	42 Andy Inchley	810 Leighton Buzzard	36:40 MS	32	197	12 Harrow	0	12 Harrow	0
MS	102	43 John Atyeo	1329 Oxford City	36:41 M40	6	196	13 Headington RR	0	13 Headington RR	0
MS	106	44 Massi Dendani	337 Bedford & County	36:47 MS	33	195	14 Oxford City	0	14 Oxford City	0
MS	107	45 Jamie Seddon	24 Marshall Milton Keynes	36:48 MS	34	194				
MS	111	46 Jeremy Boxberger	20 Marshall Milton Keynes	36:55 MS	35	193				
MS	113	47 Fergus Campbell	1367 Headington RR	36:58 M40	7	192				
MS	115	48 Adam Moore	1074 Windsor, S, E&H	37:05 M20	6	191				
MS	116	49 Eliot Hind	2382 Leighton Buzzard	37:08 MS	36	190				
MS	117	50 Mark Tryrell	1330 Oxford City	37:10 MS	37	189				
MS	118	51 Mark Cursons	827 Harrow	37:12 M50	1	188				
MS	120	52 Joe Spicer	1025 Windsor, S, E&H	37:15 M20	7	187				
MS	121	53 James Repper	312 Chiltern Harriers	37:19 M40	8	186				
MS	122	54 Daniel Morgan	1022 Windsor, S, E&H	37:23 MS	38	185				
MS	123	55 Chris Wood	650 Silson Joggers	37:26 MS	39	184				
MS	126	56 Alan Wray	822 Harrow	37:34 M40	9	183				
MS	127	57 Ben Corfield	2381 Leighton Buzzard	37:37 MS	40	182				
MS	129	58 Steve Herring	19 Marshall Milton Keynes	37:45 M40	10	181				
MS	130	59 Ross Threlfall	6 Marshall Milton Keynes	37:54 MS	41	180				
MS	131	60 Richard Coles	1228 Gade Valley Harriers	37:56 M40	11	179				
MS	134	61 Stuart Still	342 Bedford & County	38:00 M40	12	178				
MS	136	62 Aaron Simpson	1322 Oxford City	38:01 MS	42	177				
MS	143	63 Alistair Melville-Smith	308 Chiltern Harriers	38:14 M40	13	176				
MS	146	64 David Maisey	1158 Vale of Aylesbury	38:18 M40	14	175				
MS	148	65 Oliver Lum	16 Marshall Milton Keynes	38:23 M20	8	174				
MS	149	66 Peter Mackrell	804 Leighton Buzzard	38:25 MS	43	173				
MS	150	67 Ross Langley	1266 Tring	38:30 MS	44	172				
MS	152	68 Nick Williams	1272 Tring	38:33 MS	45	171				
MS	153	69 Anthony James	1206 Gade Valley Harriers	38:33 MS	46	170				
MS	155	70 Jacob Hine	494 St Albans Striders	38:35 M20	9	169				
MS	156	71 Ashley Holmes	2376 Chiltern Harriers	38:35 MS	47	168				
MS	157	72 Adam Haylock	807 Leighton Buzzard	38:37 MS	48	167				
MS	158	73 Joe Dunn	508 St Albans Striders	38:38 MS	49	166				
MS	159	74 Mike Bridge	502 St Albans Striders	38:38 MS	50	165				
MS	160	75 Tom Dixon	316 Chiltern Harriers	38:41 MS	51	164				
MS	161	76 Steve Lincoln	643 Silson Joggers	38:43 M40	15	163				
MS	162	77 Michael Pearce	1373 Headington RR	38:44 MS	52	162				
MS	164	78 Jeremy Vick	21 Marshall Milton Keynes	38:50 MS	53	161				
MS	165	79 Sam O'Neill	1369 Headington RR	38:54 MS	54	160				
MS	167	80 Tim Inchley	811 Leighton Buzzard	39:01 M40	16	159				
MS	168	81 Sean Wilson	1134 Vale of Aylesbury	39:04 MS	55	158				
MS	170	82 Chris Norman	805 Leighton Buzzard	39:09 MS	56	157				
MS	173	83 Edward Price	1213 Gade Valley Harriers	39:16 M40	17	156				
MS	174	84 Craig Emmerson	333 Bedford & County	39:19 MS	57	155				
MS	177	85 Dan Anderton	1323 Oxford City	39:23 MS	58	154				
MS	179	86 Paul Allen	1280 Tring	39:25 M50	2	153				
MS	180	87 Graham Foster	490 St Albans Striders	39:27 M50	3	152				
MS	181	88 Mark Richards	1157 Vale of Aylesbury	39:29 M40	18	151				
MS	182	89 Guy Woollett	1214 Gade Valley Harriers	39:31 M40	19	150				
MS	183	90 Tim Jones	1160 Vale of Aylesbury	39:33 M50	4	149				
MS	186	91 Andy Byerley	1153 Vale of Aylesbury	39:44 M40	20	148				
MS	187	92 Heine van Zyl	1328 Oxford City	39:46 M50	5	147				
MS	188	93 Jim Darcy	652 Silson Joggers	39:46 M50	6	146				
MS	189	94 Jamie Abbiss	515 St Albans Striders	39:49 MS	59	145				
MS	190	95 Steve Long	1308 Tring	39:52 M50	7	144				
MS	192	96 Nick Pacey	661 Silson Joggers	39:59 M50	8	143				
MS	194	97 Ryan Brookling	1075 Windsor, S, E&H	40:03 M40	21	142				
MS	197	98 Charlie Mead	816 Leighton Buzzard	40:10 M20	10	141				
MS	200	99 Richard Grant	1350 Oxford City	40:19 M60	1	140				
MS	201	100 Michael Martin	499 St Albans Striders	40:20 M40	22	139				
MS	203	101 Jon Roberts	1219 Gade Valley Harriers	40:25 M40	23	138				
MS	204	102 Michael Burgess	1262 Tring	40:26 M50	9	137				
MS	206	103 Matt Child	33 Marshall Milton Keynes	40:27 MS	60	136				
MS	207	104 Martin Whitworth	510 St Albans Striders	40:29 M40	24	135				
MS	209	105 Sam Dear	806 Leighton Buzzard	40:29 MS	61	134				
MS	211	106 James Davis	1156 Vale of Aylesbury	40:32 M20	11	133				
MS	214	107 Jon Taylor	305 Chiltern Harriers	40:39 MS	62	132				
MS	216	108 Antonio Franco	36 Marshall Milton Keynes	40:44 MS	63	131				
MS	217	109 Toby Smith	323 Chiltern Harriers	40:47 M20	12	130				
MS	220	110 Stewart Thorp	1351 Oxford City	40:50 M60	2	129				
MS	221	111 Mark Dowson	13 Marshall Milton Keynes	40:53 M40	25	128				
MS	222	112 Roger Thetford	1365 Headington RR	40:53 M50	10	127				

MS 224	113 Rob Webster	1325 Oxford City	40:55 M50	11	126
MS 225	114 Tom Powell	358 Bedford & County	40:56 MS	64	125
MS 226	115 Peter Norris	832 Harrow	40:56 MS	65	124
MS 227	116 Tom May	800 Leighton Buzzard	40:58 M40	26	123
MS 228	117 Steve Boyd	1234 Gade Valley Harriers	40:59 M40	27	122
MS 229	118 Dom Evans	1277 Tring	41:00 M20	13	121
MS 230	119 Nick Andrews	829 Harrow	41:11 M40	28	120
MS 231	120 Colin Braybrook	483 St Albans Striders	41:16 M50	12	119
MS 233	121 Stephen Burgess	1297 Tring	41:27 M20	14	118
MS 235	122 Richard Francis	647 Silson Joggers	41:29 MS	66	117
MS 237	123 Keith Preedy	1273 Tring	41:34 M50	13	116
MS 238	124 Daniel Langton	519 St Albans Striders	41:38 MS	67	115
MS 239	125 Paul Mailey	322 Chiltern Harriers	41:39 M40	29	114
MS 240	126 Andrew Wasdell	38 Marshall Milton Keynes	41:39 M40	30	113
MS 242	127 John Ockenden	518 St Albans Striders	41:43 MS	68	112
MS 245	128 Nick Marsh	325 Chiltern Harriers	41:59 MS	69	111
MS 246	129 Tom Raftery	2326 Tring	42:02 MS	70	110
MS 247	130 Craig Dowie	487 St Albans Striders	42:03 M40	31	109
MS 249	131 Seb Rowe	509 St Albans Striders	42:10 M40	32	108
MS 250	132 Derek Fowler	513 St Albans Striders	42:13 MS	71	107
MS 251	133 Warren Rose	808 Leighton Buzzard	42:14 M40	33	106
MS 252	134 Edward Anders	482 St Albans Striders	42:20 M20	15	105
MS 253	135 Alan Whelan	1307 Tring	42:21 M50	14	104
MS 255	136 Stuart Blofeld	797 Leighton Buzzard	42:26 MS	72	103
MS 258	137 Chris Dunn	37 Marshall Milton Keynes	42:31 MS	73	102
MS 259	138 Jim Black	341 Bedford & County	42:34 M40	34	101
MS 260	139 Anthony Nicolson	503 St Albans Striders	42:35 M40	35	100
MS 263	140 Jason Kabel	833 Harrow	42:43 M40	36	99
MS 265	141 Pablo Plaza Lastras	504 St Albans Striders	42:48 MS	74	98
MS 266	142 Stuart Read	799 Leighton Buzzard	42:49 MS	75	97
MS 267	143 Nick Clay	815 Leighton Buzzard	42:49 M50	15	96
MS 268	144 Alex Douglas	651 Silson Joggers	42:50 MS	76	95
MS 269	145 Tom Roberts	336 Bedford & County	42:52 MS	77	94
MS 270	146 Chris Finister	22 Marshall Milton Keynes	42:57 M40	37	93
MS 272	147 Kevin Reboul	663 Silson Joggers	43:05 M50	16	92
MS 275	148 Mike Worsfold	315 Chiltern Harriers	43:10 M40	38	91
MS 276	149 Asghar Ali	1321 Oxford City	43:11 M50	17	90
MS 277	150 Kevin Fielding	1278 Tring	43:13 M40	39	89
MS 279	151 Ali Ferrie	657 Silson Joggers	43:17 M20	16	88
MS 280	152 Stephen Newing	1233 Gade Valley Harriers	43:19 MS	78	87
MS 285	153 Martyn Blackwell	345 Bedford & County	43:33 M50	18	86
MS 286	154 Jonathan Redshaw	524 St Albans Striders	43:33 M40	40	85
MS 289	155 Henry Edwardes-Evans	1150 Vale of Aylesbury	43:38 M50	19	84
MS 293	156 Simon Barnett	1268 Tring	43:44 MS	79	83
MS 294	157 Martin Halling	492 St Albans Striders	43:45 M50	20	82
MS 295	158 Michael Spencer	646 Silson Joggers	43:45 M50	21	81
MS 296	159 Michael Prest	45 Marshall Milton Keynes	43:47 MS	80	80
MS 297	160 John Griffiths	1361 Headington RR	43:48 M50	22	79
MS 298	161 Neville Baker	1364 Headington RR	43:53 M60	3	78
MS 300	162 Geoff New	2396 Marshall Milton Keynes	43:59 M50	23	77
MS 304	163 Martin Brent	42 Marshall Milton Keynes	44:15 M50	24	76
MS 305	164 Gareth Beavis	514 St Albans Striders	44:15 MS	81	75
MS 306	165 Ian Gower	2324 Tring	44:22 M40	41	74
MS 310	166 Jon Salmon	2323 Tring	44:34 M50	25	73
MS 312	167 Matt Kingston	2328 Tring	44:38 MS	82	72
MS 315	168 Stuart Dimmock	819 Leighton Buzzard	44:50 M40	42	71
MS 316	169 Howard Waller	1324 Oxford City	44:52 M50	26	70
MS 319	170 Alan Roberts	1125 Vale of Aylesbury	44:57 M50	27	69
MS 320	171 Simon Geary	1231 Gade Valley Harriers	45:02 M40	43	68
MS 321	172 Lawrie Hurman	1363 Headington RR	45:02 M60	4	67
MS 324	173 Clive Cohen	1275 Tring	45:24 M50	28	66
MS 327	174 Roy Treadwell	1354 Oxford City	45:27 M60	5	65
MS 328	175 Gareth Bird	803 Leighton Buzzard	45:30 M40	44	64
MS 329	176 John O'Keeffe	1300 Tring	45:30 MS	83	63
MS 330	177 Nick Perry	1132 Vale of Aylesbury	45:31 M40	45	62
MS 331	178 Dan Taylor	662 Silson Joggers	45:35 MS	84	61
MS 333	179 Ben Hurford	2333 Tring	45:39 MS	85	60
MS 336	180 Kelvin Smith	31 Marshall Milton Keynes	45:42 M60	6	59
MS 337	181 Paul King	653 Silson Joggers	45:47 MS	86	58
MS 341	182 Rick Ansell	1264 Tring	45:57 M50	29	57
MS 343	183 Martin Erasmus	41 Marshall Milton Keynes	45:58 M50	30	56
MS 345	184 John Exley	1352 Oxford City	46:01 M60	7	55
MS 349	185 Adrian Jelley	659 Silson Joggers	46:05 M40	46	54
MS 350	186 Trevor Lark	2332 Tring	46:07 M50	31	53
MS 353	187 John Manning	1263 Tring	46:11 M60	8	52
MS 354	188 David Killick	818 Leighton Buzzard	46:15 M40	47	51
MS 356	189 Marco Adurno	35 Marshall Milton Keynes	46:20 MS	87	50
MS 357	190 Andy Hoare	642 Silson Joggers	46:24 M50	32	49
MS 358	191 Tony Fitzpatrick	344 Bedford & County	46:26 M40	48	48
MS 359	192 Mervyn Phillips	50 Marshall Milton Keynes	46:33 M50	33	47
MS 362	193 Paul Mason	48 Marshall Milton Keynes	46:42 M60	9	46
MS 364	194 Paul Cowan	2331 Tring	46:45 M50	34	45
MS 366	195 Paul Durbin	488 St Albans Striders	46:48 M50	35	44
MS 369	196 Joe Edwardes-Evans	1129 Vale of Aylesbury	47:08 MS	88	43
MS 370	197 Chris Dimmock	820 Leighton Buzzard	47:10 M40	49	42
MS 371	198 Dave Findel-Hawkins	32 Marshall Milton Keynes	47:13 M60	10	41
MS 378	199 Richard Popiel	660 Silson Joggers	47:46 M50	36	40
MS 380	200 Nick Washington	28 Marshall Milton Keynes	47:55 MS	89	39
MS 382	201 Wayne McCorkell	2330 Tring	48:02 SM	90	38
MS 385	202 Lemuel Dickie-Johnson	821 Harrow	48:14 MS	91	37
MS 386	203 Scott Clarke	304 Chiltern Harriers	48:16 M40	50	36
MS 391	204 Richard Harvey	986 Luton	48:43 M60	11	35
MS 392	205 Douglas Yabsley	46 Marshall Milton Keynes	48:44 M40	51	34
MS 394	206 Sean Westrope	814 Leighton Buzzard	48:58 M50	37	33
MS 395	207 Greg Williamson	30 Marshall Milton Keynes	48:59 MS	92	32

MS	397	208 Jim Simpson	506 St Albans Striders	49:20	M50	38	31		
MS	398	209 Dave Wise	1209 Gade Valley Harriers	49:28	M40	52	30		
MS	399	210 Philip Lissiter	1371 Headington RR	49:34	M60	12	29		
MS	401	211 Richard Olney	523 St Albans Striders	49:41	M40	53	28		
MS	402	212 Bob Kellam	655 Silson Joggers	49:45	MS	93	27		
MS	404	213 Dean Kidd	1210 Gade Valley Harriers	50:17	MS	94	26		
MS	406	214 John Broom	1217 Gade Valley Harriers	50:22	M40	54	25		
MS	407	215 Jeff Rycroft	654 Silson Joggers	50:23	M40	55	24		
MS	408	216 Glen Martin	319 Chiltern Harriers	50:23	M40	56	23		
MS	409	217 Andy Norton	1204 Gade Valley Harriers	50:27	M40	57	22		
MS	410	218 Brian Leyton	1270 Tring	50:34	M60	13	21		
MS	411	219 Tim Mitchell	934 Luton	50:39	M40	58	20		
MS	412	220 Mark Childs	34 Marshall Milton Keynes	50:39	M50	39	19		
MS	419	221 Michael Jack	496 St Albans Striders	51:54	M50	40	18		
MS	425	222 Andrew Terry	1205 Gade Valley Harriers	52:33	MS	95	17		
MS	428	223 Andrew Maher	522 St Albans Striders	52:58	M40	59	16		
MS	432	224 Bob Thompson	363 Bedford & County	53:36	M60	14	15		
MS	433	225 Mark Haynes	798 Leighton Buzzard	53:47	M40	60	14		
MS	434	226 Richard Vaughan	511 St Albans Striders	53:49	MS	96	13		
MS	436	227 Simon Murray	346 Bedford & County	54:18	M50	41	12		
MS	439	228 Roger Ellerby	324 Chiltern Harriers	54:46	M50	42	11		
MS	441	229 Graham Norris	1374 Headington RR	55:17	M60	15	10		
MS	442	230 Peter Tye	49 Marshall Milton Keynes	55:22	M40	61	9		
MS	444	231 Trevor Brawn	311 Chiltern Harriers	55:47	M60	16	8		
MS	451	232 Soong-Kong Aveyong	525 St Albans Striders	56:53	MS	97	7		
MS	452	233 John Brodie	485 St Albans Striders	57:26	M40	62	6		
MS	455	234 Jonathan Milne	501 St Albans Striders	58:14	M40	63	5		
MS	460	235 Paul Brooks	929 Luton	59:09	M50	43	4		
MS	463	236 Andy Evans	2327 Tring	01:45	M40	64	3		
MS	465	237 Tim Hullett	645 Silson Joggers	07:22	M60	17	2		
MS	466	238 Duncan Jenkerson	1353 Oxford City	09:23	M60	18	1		
Under 17 Men Team									
M17	19	1 Benjamin Davies	3251 Bedford & County	20:01	M17	44		1 Bedford & County	154
M17	27	2 William Mullins	3270 Bedford & County	20:19	M17	43		2 Chiltern Harriers	138
M17	33	3 Jack Goddard	1064 Windsor, S, E&H	20:41	M17	42		3 Windsor, S, E&H	138
M17	34	4 Will Perkin	269 Chiltern Harriers	20:41	M17	41		4 Marshall Milton Keynes	131
M17	35	5 Alfred Yabsley	77 Marshall Milton Keynes	20:41	M17	40		5 Vale of Aylesbury	51
M17	39	6 Niall Unger	1066 Windsor, S, E&H	20:50	M17	39		6 St Albans Striders	43
M17	40	7 Ben Clarke	532 St Albans Striders	20:52	M17	38		7 Luton	34
M17	41	8 Thomas Rayner	277 Chiltern Harriers	20:54	M17	37		8 Leighton Buzzard	18
M17	45	9 Conrad Webber	2393 Marshall Milton Keynes	21:05	M17	36		9 Harrow	7
M17	46	10 Callum Mullins	3271 Bedford & County	21:07	M17	35		10 Tring	2
M17	47	11 Matthew Bradly	3374 Windsor, S, E&H	21:09	M17	34		11 Gade Valley Harriers	0
M17	50	12 Harri Kane	1159 Vale of Aylesbury	21:17	M17	33		12 Headington RR	0
M17	57	13 Dom Menzies	392 Bedford & County	21:35	M17	32		13 Oxford City	0
M17	60	14 William Brown	272 Chiltern Harriers	21:37	M17	31		14 Silson Joggers	0
M17	61	15 Ryan Ward	431 Bedford & County	21:41	M17	30			
M17	64	16 Richard Slade	270 Chiltern Harriers	21:45	M17	29			
M17	66	17 Daniel Hynes	105 Marshall Milton Keynes	21:48	M17	28			
M17	67	18 Ewan Forsythe	104 Marshall Milton Keynes	21:53	M17	27			
M17	68	19 Samuel Howell	271 Chiltern Harriers	22:05	M17	26			
M17	70	20 James Minter	2395 Marshall Milton Keynes	22:09	M17	25			
M17	72	21 Jamie Viney	391 Bedford & County	22:17	M17	24			
M17	76	22 Matt Hinde	1020 Windsor, S, E&H	22:25	M17	23			
M17	80	23 George Brown	273 Chiltern Harriers	22:34	M17	22			
M17	81	24 Robert Hall	278 Chiltern Harriers	22:42	M17	21			
M17	82	25 Martin Kopernicky	1065 Windsor, S, E&H	22:42	M17	20			
M17	83	26 Luke King	936 Luton	22:45	M17	19			
M17	87	27 Sam Nicholas	779 Leighton Buzzard	22:51	M17	18			
M17	88	28 Freddie Ayre	389 Bedford & County	22:55	M17	17			
M17	89	29 Jake Cox	2394 Marshall Milton Keynes	22:57	M17	16			
M17	90	30 Morgan Smith	115 Marshall Milton Keynes	23:00	M17	15			
M17	92	31 Harry Kettle	268 Chiltern Harriers	23:12	M17	14			
M17	93	32 Will Forster	393 Bedford & County	23:25	M17	13			
M17	94	33 Jake Alderson	276 Chiltern Harriers	23:26	M17	12			
M17	95	34 Seyi Obembe	938 Luton	23:30	M17	11			
M17	96	35 Tom Swindelhurst	1131 Vale of Aylesbury	23:40	M17	10			
M17	98	36 Paul Taplin	1067 Windsor, S, E&H	23:53	M17	9			
M17	101	37 William Ralston	1169 Vale of Aylesbury	24:02	M17	8			
M17	102	38 Tim Fenn	850 Harrow	24:12	M17	7			
M17	103	39 Harvey Green	2392 Marshall Milton Keynes	24:19	M17	6			
M17	104	40 Andrew Doherty	533 St Albans Striders	24:29	M17	5			
M17	107	41 Callum Gardner	937 Luton	24:44	M17	4			
M17	109	42 Sebastian Mills	275 Chiltern Harriers	25:30	M17	3			
M17	110	43 Samuel Fielding	1274 Tring	25:43	M17	2			
M17	114	44 Evan Bowers	1079 Windsor, S, E&H	26:40	M17	1			
Under 15 Boys									
M15	8	1 Shaun Hudson	3123 Windsor, S, E&H	15:46	M15	61		1 Windsor, S, E&H	236
M15	10	2 Dominic McDougall	1048 Windsor, S, E&H	15:50	M15	60		2 Marshall Milton Keynes	206
M15	11	3 Jack Meijer	90 Marshall Milton Keynes	15:51	M15	59		3 Bedford & County	198
M15	15	4 Daniel Brooking	3108 Windsor, S, E&H	16:04	M15	58		4 Luton	195
M15	26	5 Mark Stringer	3140 Windsor, S, E&H	16:38	M15	57		5 Harrow	98
M15	29	6 Laurance Edwards	869 Harrow	16:47	M15	56		6 Chiltern Harriers	86
M15	30	7 Evan Hosking	402 Bedford & County	16:47	M15	55		7 Silson Joggers	68
M15	31	8 Matthew Clutterbuck	1046 Windsor, S, E&H	16:49	M15	54		8 St Albans Striders	64
M15	35	9 Robert Hickman	3122 Marshall Milton Keynes	16:56	M15	53		9 Vale of Aylesbury	59
M15	36	10 Ed Blythman	396 Bedford & County	16:59	M15	52		10 Gade Valley Harriers	0
M15	37	11 Ben Warren	945 Luton	17:00	M15	51		11 Headington RR	0
M15	38	12 James Dowsett	75 Marshall Milton Keynes	17:00	M15	50		12 Leighton Buzzard	0
M15	39	13 Ben Winfield	941 Luton	17:00	M15	49		13 Oxford City	0
M15	41	14 Michael Moroney	940 Luton	17:09	M15	48		14 Tring	0
M15	42	15 Ryan Saint	943 Luton	17:11	M15	47			
M15	44	16 Cameron Gillies	406 Bedford & County	17:15	M15	46			
M15	47	17 Max Gilhespy	400 Bedford & County	17:25	M15	45			
M15	48	18 Marcus Lovell	120 Marshall Milton Keynes	17:29	M15	44			
After 2 Matches									
Under 17 Men Team									
After 2 Rounds									

M15	50	19 Finlay Gibbs	88 Marshall Milton Keynes	17:33	M15	43			
M15	52	20 Andrew Worrall	409 Bedford & County	17:35	M15	42			
M15	53	21 Oliver Davies	423 Bedford & County	17:36	M15	41			
M15	55	22 Aaron Wooton	106 Marshall Milton Keynes	17:37	M15	40			
M15	56	23 Reuben Williams	429 Bedford & County	17:42	M15	39			
M15	57	24 William Bowran	540 St Albans Striders	17:43	M15	38			
M15	59	25 Liam Bunn	874 Harrow	17:52	M15	37			
M15	60	26 Richard Laursen	404 Bedford & County	17:53	M15	36			
M15	61	27 Antonio Khan	939 Luton	17:57	M15	35			
M15	62	28 Peter Hickman	103 Marshall Milton Keynes	17:58	M15	34			
M15	63	29 Harry Brodie	397 Bedford & County	18:00	M15	33			
M15	64	30 Ben Howell	262 Chiltern Harriers	18:02	M15	32			
M15	65	31 Harry Ewing	109 Marshall Milton Keynes	18:03	M15	31			
M15	67	32 Charley Madgin	98 Marshall Milton Keynes	18:08	M15	30			
M15	68	33 Ben Lindars	1142 Vale of Aylesbury	18:11	M15	29			
M15	69	34 Archie Yabsley	78 Marshall Milton Keynes	18:12	M15	28			
M15	70	35 Oliver Jackson	260 Chiltern Harriers	18:14	M15	27			
M15	72	36 Adam Busby	591 St Albans Striders	18:22	M15	26			
M15	73	37 Jack Terrey	85 Marshall Milton Keynes	18:26	M15	25			
M15	74	38 Alfie Long	667 Silson Joggers	18:27	M15	24			
M15	76	39 Isaac Lunn	405 Bedford & County	18:32	M15	23			
M15	77	40 Owain Williams	80 Marshall Milton Keynes	18:32	M15	22			
M15	78	41 Jamie Webster	433 Bedford & County	18:32	M15	21			
M15	79	42 Jed Knoblett	942 Luton	18:35	M15	20			
M15	81	43 Jamie Pugh	1168 Vale of Aylesbury	18:39	M15	19			
M15	84	44 Brian Sayle	81 Marshall Milton Keynes	18:43	M15	18			
M15	85	45 Phoenix Everiss	264 Chiltern Harriers	18:48	M15	17			
M15	90	46 James Spencer	670 Silson Joggers	19:14	M15	16			
M15	91	47 Seth Rycroft	668 Silson Joggers	19:14	M15	15			
M15	93	48 Charlie Sanders	117 Marshall Milton Keynes	19:17	M15	14			
M15	94	49 Christopher Jones	669 Silson Joggers	19:21	M15	13			
M15	97	50 Kino Bakhcha	395 Bedford & County	19:26	M15	12			
M15	98	51 Jack Goodyear	401 Bedford & County	19:33	M15	11			
M15	100	52 Kristian Everiss	265 Chiltern Harriers	19:43	M15	10			
M15	101	53 Tim McElligott	26 Marshall Milton Keynes	19:45	M15	9			
M15	102	54 Ben Ratcliffe	1182 Vale of Aylesbury	20:07	M15	8			
M15	103	55 Thomas Ardron	86 Marshall Milton Keynes	20:11	M15	7			
M15	104	56 Joseph Clarke	1009 Windsor, S, E&H	20:16	M15	6			
M15	105	57 Christopher Morris	875 Harrow	20:25	M15	5			
M15	106	58 Jonathan Nash	407 Bedford & County	20:32	M15	4			
M15	109	59 Richard Chappell	1140 Vale of Aylesbury	20:38	M15	3			
M15	110	60 Monty McQuade	1174 Vale of Aylesbury	21:03	M15	2			
M15	114	61 Jack Goodwin	432 Bedford & County	21:33	M15	1			
		Under 13 Boys Team					After 2 Matches		
						1 Chiltern Harriers	242	1 Chiltern Harriers	468
						2 Bedford & County	195	2 Bedford & County	405
						3 Marshall Milton Keynes	195	3 Marshall Milton Keynes	357
						4 Harrow	166	4 Harrow	327
						5 St Albans Striders	160	5 Vale of Aylesbury	306
						6 Leighton Buzzard	148	6 Leighton Buzzard	283
						7 Vale of Aylesbury	148	7 St Albans Striders	240
						8 Silson Joggers	72	8 Silson Joggers	132
						9 Windsor, S, E&H	66	9 Luton	130
						10 Luton	65	10 Windsor, S, E&H	78
						11 Gade Valley Harriers	0	11 Gade Valley Harriers	0
						12 Headington RR	0	12 Headington RR	0
						13 Oxford City	0	13 Oxford City	0
						14 Tring	0	14 Tring	0
M13	3	1 Angus Williams	246 Chiltern Harriers	9:39	M13	62			
M13	7	2 Thomas Job	254 Chiltern Harriers	10:01	M13	61			
M13	9	3 Tom Hunter	247 Chiltern Harriers	10:05	M13	60			
M13	12	4 Nathan Hackley	249 Chiltern Harriers	10:06	M13	59			
M13	18	5 Alex Aldred	248 Chiltern Harriers	10:14	M13	58			
M13	19	6 Matthew Crow	2372 Harrow	10:15	M13	57			
M13	22	7 Ted McQuade	1179 Vale of Aylesbury	10:19	M13	56			
M13	23	8 Joseph Lawson	414 Bedford & County	10:20	M13	55			
M13	25	9 Jack Sharp	150 Marshall Milton Keynes	10:21	M13	54			
M13	26	10 Alex Brent	145 Marshall Milton Keynes	10:21	M13	53			
M13	30	11 Dominic Grimshaw	774 Leighton Buzzard	10:27	M13	52			
M13	33	12 Max Hanford	412 Bedford & County	10:30	M13	51			
M13	34	13 Jack Dickinson	545 St Albans Striders	10:33	M13	50			
M13	35	14 Alex Alston	410 Bedford & County	10:35	M13	49			
M13	36	15 Zach Rahaman	250 Chiltern Harriers	10:37	M13	48			
M13	41	16 Matthew Clifford	252 Chiltern Harriers	10:47	M13	47			
M13	42	17 Aidan Murphy	161 Marshall Milton Keynes	10:48	M13	46			
M13	43	18 Harry Stewart	1184 Vale of Aylesbury	10:51	M13	45			
M13	44	19 Sean Cooper	897 Harrow	10:52	M13	44			
M13	50	20 Daniel Bentham	946 Luton	10:56	M13	43			
M13	52	21 Ben Green	148 Marshall Milton Keynes	10:57	M13	42			
M13	53	22 Robert Quigley	549 St Albans Striders	10:59	M13	41			
M13	54	23 Aiden Brennan	411 Bedford & County	11:03	M13	40			
M13	56	24 Owen Lindars	775 Leighton Buzzard	11:07	M13	39			
M13	58	25 Jacob Rigby	572 St Albans Striders	11:08	M13	38			
M13	59	26 Kiylen Nurse	155 Marshall Milton Keynes	11:12	M13	37			
M13	60	27 Leo Freeland	149 Marshall Milton Keynes	11:14	M13	36			
M13	61	28 Louis Hunt	900 Harrow	11:18	M13	35			
M13	62	29 Luke Martin	256 Chiltern Harriers	11:19	M13	34			
M13	63	30 Scott Towell	778 Leighton Buzzard	11:20	M13	33			
M13	64	31 Jake Ward	3070 Windsor, S, E&H	11:20	M13	32			
M13	66	32 Morgan Hume	544 St Albans Striders	11:22	M13	31			
M13	67	33 Chris Hudson	896 Harrow	11:24	M13	30			
M13	70	34 Joe Black	677 Silson Joggers	11:29	M13	29			
M13	71	35 Joe Day	257 Chiltern Harriers	11:29	M13	28			
M13	72	36 Patrick Scarhill	1177 Vale of Aylesbury	11:30	M13	27			
M13	74	37 William Goddard	1010 Windsor, S, E&H	11:32	M13	26			
M13	77	38 Jake Leech	546 St Albans Striders	11:37	M13	25			
M13	78	39 Harry Bell	770 Leighton Buzzard	11:38	M13	24			
M13	81	40 Finn O'Brien	258 Chiltern Harriers	11:40	M13	23			
M13	82	41 Theo Winfield	947 Luton	11:43	M13	22			
M13	87	42 Jack Rose	167 Marshall Milton Keynes	11:49	M13	21			
M13	89	43 Nathan Jones	1190 Vale of Aylesbury	11:53	M13	20			
M13	90	44 Jake Morris	682 Silson Joggers	11:53	M13	19			
M13	91	45 Afraz Bahar	2343 Harrow	11:55	M13	18			
M13	92	46 Harry Legg	156 Marshall Milton Keynes	12:13	M13	17			
M13	93	47 William Ratcliffe	1191 Vale of Aylesbury	12:15	M13	16			
M13	94	48 Max Rose	777 Leighton Buzzard	12:20	M13	15			
M13	95	49 Sam Neill	673 Silson Joggers	12:20	M13	14			
M13	97	50 Oscar Azzuri	547 St Albans Striders	12:31	M13	13			
M13	98	51 Gabriel Baker	255 Chiltern Harriers	12:35	M13	12			

M13	100	52 Jack Nuttall	141 Marshall Milton Keynes	12:47	M13	11					
M13	102	53 Archie Tattersall	675 Silson Joggers	12:49	M13	10					
M13	104	54 Benjamin Jackson	266 Chiltern Harriers	12:54	M13	9					
M13	105	55 Dominic Bowers	1080 Windsor, S, E&H	13:27	M13	8					
M13	106	56 Zak Freeland	144 Marshall Milton Keynes	13:35	M13	7					
M13	107	57 Abishek Shreeharen	895 Harrow	13:38	M13	6					
M13	108	58 Dominic Hayman	773 Leighton Buzzard	13:54	M13	5					
M13	109	59 Alex Rosewarm	901 Harrow	13:55	M13	4					
M13	110	60 Joseph Spencer	680 Silson Joggers	14:20	M13	3					
M13	111	61 Hayden Jelley	679 Silson Joggers	14:22	M13	2					
M13	112	62 Arran McWhirter	674 Silson Joggers	15:29	M13	1					
		Senior Women									
							Senior Women Team		After 2 Matches		
FS	11	1 Rosie Keane	3222 Luton	21:39	FS	1 132	1 Windsor, S, E&H	481	1 Marshall Milton Keynes	863	
FS	20	2 Natasha Peters	372 Bedford & County	22:28	FS	2 131	2 Marshall Milton Keynes	473	2 Windsor, S, E&H	860	
FS	22	3 Leigh Lattimore	3225 Harrow	22:36	FS	3 130	3 Chiltern Harriers	452	3 Bedford & County	849	
FS	23	4 Lara Bromilow	3206 Marshall Milton Keynes	22:37	FS	4 129	4 Bedford & County	448	4 Luton	829	
FS	25	5 Jo Wilkinson	375 Bedford & County	22:42	F35	1 128	5 Luton	448	5 St Albans Striders	812	
FS	27	6 Alice Burgin	368 Bedford & County	22:46	FS	5 127	6 St Albans Striders	448	6 Chiltern Harriers	767	
FS	29	7 Martha Lloyd	3227 Oxford City	23:11	FS	6 126	7 Headington RR	402	7 Vale of Aylesbury	713	
FS	30	8 Becky Atkinson	1018 Windsor, S, E&H	23:16	F35	2 125	8 Vale of Aylesbury	402	8 Headington RR	693	
FS	33	9 Sian Thomas	283 Chiltern Harriers	23:26	FS	7 124	9 Tring	377	9 Gade Valley Harriers	683	
FS	34	10 Nicole Swaffield	1083 Windsor, S, E&H	23:26	FS	8 123	10 Gade Valley Harriers	367	10 Tring	625	
FS	35	11 Becky Raffery	1305 Tring	23:31	FS	9 122	11 Leighton Buzzard	319	11 Leighton Buzzard	608	
FS	36	12 Elle Roche	53 Marshall Milton Keynes	23:33	FS	10 121	12 Silson Joggers	237	12 Silson Joggers	469	
FS	37	13 Carla Molinaro	1019 Windsor, S, E&H	23:42	FS	11 120	13 Oxford City	171	13 Oxford City	235	
FS	38	14 Wendy Webster	630 St Albans Striders	23:47	F35	3 119	14 Harrow	130	14 Harrow	152	
FS	40	15 Claire McMahon-Adie	3228 Luton	23:52	F35	4 118					
							Veteran Women Team		After 2 Matches		
FS	41	16 Nadine Lewycky	52 Marshall Milton Keynes	23:56	FS	12 117	1 St Albans Striders	409	1 St Albans Striders	747	
FS	43	17 Lucy Waterlow	625 St Albans Striders	24:15	F35	5 116	2 Chiltern Harriers	369	2 Chiltern Harriers	638	
FS	46	18 Louise Durman	296 Chiltern Harriers	24:26	FS	13 115	3 Windsor, S, E&H	364	3 Tring	585	
FS	47	19 Liz Barker	1390 Headington RR	24:30	F35	6 114	4 Headington RR	347	4 Leighton Buzzard	541	
FS	50	20 Dani Barnes	1014 Windsor, S, E&H	24:36	FS	14 113	5 Vale of Aylesbury	342	5 Vale of Aylesbury	522	
FS	51	21 Jodie Digby	1130 Vale of Aylesbury	24:40	FS	15 112	6 Luton	337	6 Windsor, S, E&H	519	
FS	53	22 Rachel Stedman	1100 Windsor, S, E&H	24:42	FS	16 111	7 Tring	337	7 Gade Valley Harriers	472	
FS	54	23 Bex Nkoane	287 Chiltern Harriers	24:43	F35	7 110	8 Leighton Buzzard	286	8 Luton	452	
FS	56	24 Jenny Evans	957 Luton	24:50	FS	17 109	9 Gade Valley Harriers	270	9 Silson Joggers	433	
FS	62	25 Wendy Walsh	640 St Albans Striders	25:09	F45	1 108	10 Silson Joggers	237	10 Headington RR	421	
FS	66	26 Gemma Bitaraf	1241 Gade Valley Harriers	25:21	FS	18 107	11 Marshall Milton Keynes	232	11 Marshall Milton Keynes	411	
FS	67	27 Gemma Childs	54 Marshall Milton Keynes	25:24	FS	19 106	12 Bedford & County	218	12 Bedford & County	337	
FS	71	28 Elaine Garvican	610 St Albans Striders	25:42	FS	20 105	13 Harrow	0	13 Oxford City	64	
FS	75	29 Rosanna Iannone	1164 Vale of Aylesbury	25:51	F35	8 104	14 Oxford City	0	14 Harrow	22	
FS	78	30 Ali Young	286 Chiltern Harriers	25:59	F35	9 103					
FS	79	31 Kirstie Elliot	284 Chiltern Harriers	25:59	F35	10 102					
FS	82	32 Natasha Baker	60 Marshall Milton Keynes	26:15	FS	21 101					
FS	84	33 Julia Austin	1163 Vale of Aylesbury	26:20	F45	2 100					
FS	85	34 Amy Johnson	1383 Headington RR	26:21	FS	22 99					
FS	86	35 Maddie Ding	1384 Headington RR	26:25	FS	23 98					
FS	87	36 Marina Stedman	1099 Windsor, S, E&H	26:26	F55	1 97					
FS	88	37 Sophie Gibbens	56 Marshall Milton Keynes	26:27	FS	24 96					
FS	91	38 Ellie Bates	290 Chiltern Harriers	26:35	FS	25 95					
FS	93	39 Laura Sharma	1249 Gade Valley Harriers	26:46	FS	26 94					
FS	95	40 Martinha Ferreira	55 Marshall Milton Keynes	26:51	FS	27 93					
FS	100	41 Amy Inchley	785 Leighton Buzzard	27:05	FS	28 92					
FS	103	42 Maria Frykfors	1385 Headington RR	27:16	FS	29 91					
FS	104	43 Nicky Smith	1389 Headington RR	27:18	F35	11 90					
FS	105	44 Jo Winfield	958 Luton	27:18	F35	12 89					
FS	109	45 Verna Burgess	1282 Tring	27:27	F45	3 88					
FS	112	46 Claire McDonnell	1237 Gade Valley Harriers	27:31	F45	4 87					
FS	113	47 Debbie Channer	1135 Vale of Aylesbury	27:34	F35	13 86					
FS	114	48 Katie Haylock	787 Leighton Buzzard	27:35	F35	14 85					
FS	115	49 Liz O'Keeffe	1302 Tring	27:37	F35	15 84					
FS	118	50 Alison Harding	1283 Tring	27:45	F55	2 83					
FS	121	51 Mary Ward	1296 Tring	27:55	F45	5 82					
FS	123	52 Charlotte Noakes	1392 Headington RR	27:56	FS	30 81					
FS	124	53 Amy Goss	2322 Tring	28:02	FS	31 80					
FS	128	54 Rossiana Mee	1254 Gade Valley Harriers	28:06	FS	32 79					
FS	130	55 Debra Brent	61 Marshall Milton Keynes	28:16	F45	6 78					
FS	131	56 Lynn Boddy	784 Leighton Buzzard	28:18	F35	16 77					
FS	135	57 Tracy Aldridge-Jones	1258 Gade Valley Harriers	28:26	F35	17 76					
FS	136	58 Susanna Ditton	1069 Windsor, S, E&H	28:26	FS	33 75					
FS	138	59 Paula Hing	1068 Windsor, S, E&H	28:36	F45	7 74					
FS	143	60 Helen Turley	1382 Headington RR	28:54	F55	3 73					
FS	144	61 Victoria Crawley-Wise	1259 Gade Valley Harriers	28:56	F35	18 72					
FS	146	62 Kathleen Courtier	1248 Gade Valley Harriers	29:00	FS	34 71					
FS	149	63 Catriona Scott	1394 Headington RR	29:10	F35	19 70					
FS	151	64 Rosie Canham	965 Luton	29:15	F35	20 69					
FS	152	65 Victoria Brookling	1017 Windsor, S, E&H	29:20	F45	8 68					
FS	153	66 Lorna Spenceley	692 Silson Joggers	29:23	F35	21 67					
FS	154	67 Gillian Jubb	624 St Albans Striders	29:26	F35	22 66					
FS	155	68 Liz Peters	789 Leighton Buzzard	29:30	F35	23 65					
FS	157	69 Sue Torrance	694 Silson Joggers	29:33	F45	9 64					
FS	158	70 Natasha King	695 Silson Joggers	29:34	F35	24 63					
FS	160	71 Ruth Kerr	370 Bedford & County	29:42	F45	10 62					
FS	168	72 Louise Bentham	960 Luton	30:00	F45	11 61					
FS	169	73 Rachael Scahill	1295 Tring	30:01	F45	12 60					
FS	171	74 Coralie Anderson	781 Leighton Buzzard	30:05	F35	25 59					
FS	173	75 Alison Barry	1395 Headington RR	30:11	F45	13 58					
FS	175	76 Lisa Yabsley	67 Marshall Milton Keynes	30:18	F35	26 57					
FS	176	77 Freya Vafadari	962 Luton	30:29	F20	56					
FS	179	78 Rachel Walsh	1387 Headington RR	30:44	F35	27 55					
FS	183	79 Barbara Ralph	285 Chiltern Harriers	30:58	F55	4 54					
FS	185	80 Philippa Walton	617 St Albans Striders	31:01	F35	28 53					
FS	187	81 Victoria Sheldon	1141 Vale of Aylesbury	31:09	F45	14 52					
FS	188	82 Lisa Watts	71 Marshall Milton Keynes	31:10	F45	15 51					
FS	191	83 Jo West	293 Chiltern Harriers	31:19	F35	29 50					

FS	193	84 Lorraine Hurford	2321 Tring	31:25	F35	30	49
FS	197	85 Lisa Bowyer	791 Leighton Buzzard	31:37	FS	35	48
FS	199	86 Celine Wilcock	1299 Tring	31:50	F35	31	47
FS	201	87 Leah Williams	62 Marshall Milton Keynes	31:51	F35	32	46
FS	203	88 Harriet Bowyer	1331 Oxford City	31:56	FS	36	45
FS	205	89 Hilary Needleman	1281 Tring	31:57	F55	5	44
FS	206	90 Madeleine Moutrie	699 Silson Joggers	31:58	F45	16	43
FS	210	91 Charlotte Holloway	634 St Albans Striders	32:08	F35	33	42
FS	212	92 Emma Nash	1239 Gade Valley Harriers	32:12	FS	37	41
FS	214	93 Jayne Cooper	693 Silson Joggers	32:17	F45	17	40
FS	215	94 Carole Jack	639 St Albans Striders	32:18	F45	18	39
FS	217	95 Melanie Bignell	700 Silson Joggers	32:22	F55	6	38
FS	219	96 Maria Cook	1291 Tring	32:35	F45	19	37
FS	220	97 Lorraine Daglish	954 Luton	32:37	F55	7	36
FS	221	98 Jaqui Sampson	1245 Gade Valley Harriers	32:40	F35	34	35
FS	223	99 Clair Drage	612 St Albans Striders	32:50	FS	38	34
FS	224	100 Donna Irwin	611 St Albans Striders	32:52	FS	39	33
FS	225	101 Tina Tremaine	615 St Albans Striders	33:04	F35	35	32
FS	227	102 Justine Verwey	697 Silson Joggers	33:19	F45	20	31
FS	230	103 Katie Bunting	521 St Albans Striders	33:29	F35	36	30
FS	231	104 Sue Fergusson	1293 Tring	33:33	F45	21	29
FS	232	105 Emma Coombes	378 Bedford & County	33:40	F35	37	28
FS	234	106 Rachael Spashett	69 Marshall Milton Keynes	33:50	FS	40	27
FS	236	107 Emma Carter	1381 Headington RR	33:57	F35	38	26
FS	239	108 Katie Haines	1289 Tring	34:14	F35	39	25
FS	242	109 Jacki Eskdale	1244 Gade Valley Harriers	34:18	F45	22	24
FS	243	110 Sandra Mogan	1306 Tring	34:23	F45	23	23
FS	244	111 Carolina Soliwoda	608 St Albans Striders	34:23	FS	41	22
FS	246	112 Paula Cook	1253 Gade Valley Harriers	34:30	F45	24	21
FS	247	113 Melanie Wright	63 Marshall Milton Keynes	34:32	FS	42	20
FS	248	114 Vanessa Stride	65 Marshall Milton Keynes	34:33	F45	25	19
FS	249	115 Kirsty Barnett	1309 Tring	34:41	F35	40	18
FS	251	116 Anna Stilton	607 St Albans Striders	34:45	FS	43	17
FS	252	117 Joanna Kidd	1246 Gade Valley Harriers	34:47	FS	44	16
FS	253	118 Lucy Welsby	1288 Tring	34:52	F35	41	15
FS	257	119 Tina Searle	1257 Gade Valley Harriers	35:15	F55	8	14
FS	258	120 Jo Baxter	1294 Tring	35:26	F45	26	13
FS	259	121 Gina Oliver	1242 Gade Valley Harriers	35:44	FS	45	12
FS	261	122 Carol MacDonald	1310 Tring	35:53	F35	42	11
FS	262	123 Angela Hughes	292 Chiltern Harriers	35:55	F45	27	10
FS	263	124 Caroline Skyrme	628 St Albans Striders	35:56	F45	28	9
FS	264	125 Judy Hopcroft	1285 Tring	36:14	F45	29	8
FS	268	126 Karen Bugaj	66 Marshall Milton Keynes	36:31	F55	9	7
FS	269	127 Danielle Cox	1287 Tring	36:40	FS	46	6
FS	277	128 Joanne Tang	609 St Albans Striders	39:05	FS	47	5
FS	281	129 Fiona Calder	297 Chiltern Harriers	39:50	F35	43	4
FS	283	130 Lisa Wain	1304 Tring	40:09	FS	48	3
FS	284	131 Deborah Bottomley	70 Marshall Milton Keynes	40:34	FS	49	2
FS	285	132 Caroline Mann	790 Leighton Buzzard	40:52	F35	44	1

Under 17/20 Women

F20	5	1 Morven Goodrum	3150 Windsor, S, E&H	18:15	F17	1	54
F20	18	2 Alanah Harris	476 Bedford & County	19:16	F20	1	53
F20	21	3 Felicity Johnson	1057 Windsor, S, E&H	19:23	F20	2	52
F20	32	4 Megan Humphreys	1337 Oxford City	19:53	F20	3	51
F20	36	5 Emma Mears	95 Marshall Milton Keynes	20:05	F17	2	50
F20	37	6 Francesca Worrall	467 Bedford & County	20:06	F17	3	49
F20	40	7 Sarah Kerr	475 Bedford & County	20:15	F20	4	48
F20	42	8 Diana Chalmers	474 Bedford & County	20:17	F20	5	47
F20	44	9 Alexandra Barbour	3146 Windsor, S, E&H	20:28	F17	4	46
F20	45	10 Marella Whitfield	859 Harrow	20:29	F17	5	45
F20	46	11 Erin McCaffray	469 Bedford & County	20:34	F17	6	44
F20	52	12 Rachel Parlour	555 St Albans Striders	21:02	F20	6	43
F20	53	13 Eilish O'Grady	854 Harrow	21:09	F20	7	42
F20	55	14 Lauren Nichols	466 Bedford & County	21:18	F17	7	41
F20	56	15 Meg Ormonds	1054 Windsor, S, E&H	21:18	F17	8	40
F20	57	16 Maddy Lacey	225 Chiltern Harriers	21:21	F17	9	39
F20	60	17 Hannah Novakovic	1060 Windsor, S, E&H	21:38	F20	8	38
F20	61	18 Rhona Grant	110 Marshall Milton Keynes	21:40	F17	10	37
F20	63	19 Sophie Botham	100 Marshall Milton Keynes	21:53	F17	11	36
F20	64	20 Orla Fawcett	221 Chiltern Harriers	22:02	F17	12	35
F20	65	21 Alice Wright	1166 Vale of Aylesbury	22:09	F20	9	34
F20	66	22 Jessica Leane	864 Harrow	22:12	F17	13	33
F20	67	23 Lauren Russell	2363 Bedford & County	22:16	F20	10	32
F20	68	24 Kathryn Ditton	1059 Windsor, S, E&H	22:19	F20	11	31
F20	69	25 Charlotte Moyse	101 Marshall Milton Keynes	22:22	F17	14	30
F20	71	26 Eliza Taswell-Fryer	1167 Vale of Aylesbury	22:27	F17	15	29
F20	73	27 Sophie Olney	594 St Albans Striders	22:35	F17	16	28
F20	77	28 Scarlett Wager-Leigh	218 Chiltern Harriers	22:59	F17	17	27
F20	78	29 Lauren Eckley	554 St Albans Striders	23:07	F20	12	26
F20	79	30 Maisie Pritchard	473 Bedford & County	23:09	F17	18	25
F20	80	31 Josie Smith	470 Bedford & County	23:10	F17	19	24
F20	81	32 Rebecca Pope	1055 Windsor, S, E&H	23:11	F17	20	23
F20	83	33 Emma Barraclough	229 Chiltern Harriers	23:19	F20	13	22
F20	84	34 Alex Bentley	557 St Albans Striders	23:19	F17	21	21
F20	85	35 Natalie Nurse	89 Marshall Milton Keynes	23:31	F17	22	20
F20	86	36 Leonie Glasson	1176 Vale of Aylesbury	23:37	F17	23	19
F20	87	37 Caitlin Eckley	558 St Albans Striders	23:38	F17	24	18
F20	88	38 Naomi Baker	593 St Albans Striders	23:47	F20	14	17
F20	90	39 Rachel Ayrton	862 Harrow	24:12	F17	25	16
F20	91	40 Mimi Houlihan-Burne	222 Chiltern Harriers	24:22	F17	26	15
F20	92	41 Rachael Haddow	865 Harrow	24:23	F17	27	14
F20	93	42 Georgia Robin	560 St Albans Striders	24:28	F17	28	13
F20	94	43 Emma Kaye	224 Chiltern Harriers	24:31	F17	29	12
F20	95	44 Hannah Rayden	561 St Albans Striders	24:34	F17	30	11
F20	96	45 Jade Brown	114 Marshall Milton Keynes	24:43	F17	31	10

Under 20/17 Women

1	Windsor, S, E&H	152
2	Bedford & County	150
3	Marshall Milton Keynes	123
4	Harrow	120
5	Chiltern Harriers	101
6	St Albans Striders	97
7	Vale of Aylesbury	82
8	Oxford City	51
9	Silson Joggers	1
10	Gade Valley Harriers	0
11	Headington RR	0
12	Leighton Buzzard	0
13	Luton	0
14	Tring	0

After 2 Matches

1	Bedford & County	303
2	Marshall Milton Keynes	246
3	Chiltern Harriers	234
4	Windsor, S, E&H	233
5	Harrow	207
6	St Albans Striders	206
7	Vale of Aylesbury	149
8	Oxford City	79
9	Leighton Buzzard	10
10	Silson Joggers	4
11	Gade Valley Harriers	0
12	Headington RR	0
13	Luton	0
14	Tring	0

F20	97	46 Lizzie Barraclough	227 Chiltern Harriers	24:51 F17	32	9			
F20	98	47 Jodie Wright	82 Marshall Milton Keynes	24:58 F17	33	8			
F20	100	48 Orla Schatzlein	586 St Albans Striders	25:00 F17	34	7			
F20	103	49 Jessica Barnes	559 St Albans Striders	25:31 F17	35	6			
F20	104	50 Sasha Oram	118 Marshall Milton Keynes	25:51 F17	36	5			
F20	105	51 Rosa Smart	852 Harrow	26:00 F20	15	4			
F20	106	52 Mima Marinkovic	2344 Harrow	26:19 F17	37	3			
F20	107	53 Rebecca Parlour	590 St Albans Striders	26:30 F17	38	2			
F20	108	54 Eleanor Rees	701 Silson Joggers	27:41 F17	39	1			
Under 15 Girls									
F15	2	1 Tia Wilson	460 Bedford & County	13:27 F15	43		Under 15 Girls Team	After 2 Matches	
F15	17	2 Robyn Watkins	211 Chiltern Harriers	14:39 F15	42		1 Marshall Milton Keynes	136	1 Chiltern Harriers 292
F15	18	3 Libby Jay	969 Luton	14:41 F15	41		2 Chiltern Harriers	133	2 Marshall Milton Keynes 281
F15	20	4 Sophie Morton	210 Chiltern Harriers	14:45 F15	40		3 Luton	120	3 Bedford & County 258
F15	23	5 Enya Deyssel	87 Marshall Milton Keynes	15:01 F15	39		4 Oxford City	84	4 Luton 224
F15	24	6 Jamie Garry	3084 Oxford City	15:03 F15	38		5 Windsor, S, E&H	78	5 St Albans Striders 223
F15	27	7 Grace Hooper	885 Harrow	15:08 F15	37		6 Harrow	71	6 Harrow 173
F15	28	8 Jemima Thompson	1082 Windsor, S, E&H	15:08 F15	36		7 Bedford & County	66	7 Windsor, S, E&H 116
F15	32	9 Montana Edghill	112 Marshall Milton Keynes	15:20 F15	35		8 Leighton Buzzard	61	8 Leighton Buzzard 111
F15	34	10 Natasha Hayman	963 Luton	15:25 F15	34		9 St Albans Striders	34	9 Oxford City 84
F15	35	11 Elizabeth Bentham	974 Luton	15:29 F15	33		10 Vale of Aylesbury	27	10 Silson Joggers 50
F15	39	12 Gemma Milne	84 Marshall Milton Keynes	15:32 F15	32		11 Silson Joggers	10	11 Vale of Aylesbury 32
F15	40	13 Emily Alderson	215 Chiltern Harriers	15:33 F15	31		12 Gade Valley Harriers	0	12 Gade Valley Harriers 0
F15	45	14 Jessica Nuttall	113 Marshall Milton Keynes	16:00 F15	30		13 Headington RR	0	13 Headington RR 0
F15	47	15 Libby Herdman-Smith	99 Marshall Milton Keynes	16:13 F15	29		14 Tring	0	14 Tring 0
F15	48	16 Anya Bromley	3075 Oxford City	16:17 F15	28				
F15	50	17 Rebecca Lee	1101 Vale of Aylesbury	16:19 F15	27				
F15	51	18 Holly Jamieson	79 Marshall Milton Keynes	16:21 F15	26				
F15	56	19 Sophie Peters	887 Harrow	16:41 F15	25				
F15	57	20 Ellie Rabbitts	754 Leighton Buzzard	16:43 F15	24				
F15	60	21 Emily Anders	565 St Albans Striders	16:51 F15	23				
F15	61	22 Charlotte Cooke	119 Marshall Milton Keynes	16:52 F15	22				
F15	62	23 Anna Ustaran-Anderegg	83 Marshall Milton Keynes	16:54 F15	21				
F15	63	24 Sandie Pohlman	212 Chiltern Harriers	16:55 F15	20				
F15	64	25 Sara Lopez-Fujimaki	1007 Windsor, S, E&H	16:57 F15	19				
F15	65	26 Amber Morris	1338 Oxford City	16:58 F15	18				
F15	67	27 Rosie Merrin	76 Marshall Milton Keynes	17:16 F15	17				
F15	69	28 Maya Hodgson	1042 Windsor, S, E&H	17:18 F15	16				
F15	72	29 Rosie Bailey	464 Bedford & County	17:55 F15	15				
F15	74	30 Dana Carter	751 Leighton Buzzard	18:04 F15	14				
F15	75	31 Evie Gilmour	752 Leighton Buzzard	18:06 F15	13				
F15	76	32 Naomi Holt	966 Luton	18:09 F15	12				
F15	78	33 Amber Bavister	587 St Albans Striders	18:12 F15	11				
F15	80	34 Caitlin Bell	750 Leighton Buzzard	18:40 F15	10				
F15	82	35 Jessica Rosewam	888 Harrow	18:54 F15	9				
F15	83	36 Alice Avey	480 Bedford & County	18:57 F15	8				
F15	84	37 Georgia Mead	1011 Windsor, S, E&H	19:00 F15	7				
F15	85	38 Zoe Shai	1073 Windsor, S, E&H	19:03 F15	6				
F15	87	39 Emma King	708 Silson Joggers	19:20 F15	5				
F15	88	40 Jade Storer	707 Silson Joggers	19:25 F15	4				
F15	90	41 Mckenna Keefe	753 Leighton Buzzard	20:40 F15	3				
F15	91	42 Sinead Armstrong-Sutherland	74 Marshall Milton Keynes	22:05 F15	2				
F15	92	43 Millie Rees	705 Silson Joggers	24:39 F15	1				
Under 13 Girls									
F13	4	1 Alex Scrivener	3042 Oxford City	10:26 F13	60		Under 13 Girls	After 2 Matches	
F13	5	2 Amy Young	1030 Windsor, S, E&H	10:27 F13	59		1 Oxford City	223	1 Marshall Milton Keynes 396
F13	7	3 Daisy Palmer	3033 Oxford City	10:38 F13	58		2 Windsor, S, E&H	211	2 Chiltern Harriers 392
F13	16	4 Barbara de Koning	162 Marshall Milton Keynes	10:54 F13	57		3 Marshall Milton Keynes	188	3 Bedford & County 388
F13	17	5 Lotti Knights	465 Bedford & County	10:55 F13	56		4 Chiltern Harriers	181	4 Windsor, S, E&H 336
F13	18	6 Alisha Williams	3048 Oxford City	10:56 F13	55		5 Bedford & County	156	5 Oxford City 324
F13	19	7 Orla Williams	199 Chiltern Harriers	10:58 F13	54		6 St Albans Striders	154	6 St Albans Striders 318
F13	20	8 Lily Rolfe	1032 Windsor, S, E&H	10:58 F13	53		7 Vale of Aylesbury	71	7 Vale of Aylesbury 254
F13	21	9 Charlotte Underwood	171 Marshall Milton Keynes	10:59 F13	52		8 Harrow	53	8 Harrow 161
F13	22	10 Jasmine Young	1031 Windsor, S, E&H	11:05 F13	51		9 Leighton Buzzard	41	9 Luton 146
F13	24	11 Libby Newhouse	3031 Oxford City	11:12 F13	50		10 Luton	34	10 Silson Joggers 121
F13	25	12 Niamh Gallagher	578 St Albans Striders	11:15 F13	49		11 Silson Joggers	31	11 Leighton Buzzard 93
F13	26	13 Kate Kennedy	1034 Windsor, S, E&H	11:17 F13	48		12 Gade Valley Harriers	0	12 Gade Valley Harriers 0
F13	28	14 Olivia Cameron	201 Chiltern Harriers	11:24 F13	47		13 Headington RR	0	13 Headington RR 0
F13	29	15 Imogen King	163 Marshall Milton Keynes	11:24 F13	46		14 Tring	0	14 Tring 0
F13	31	16 Katie Clutterbuck	1028 Windsor, S, E&H	11:26 F13	45				
F13	33	17 Emily Haines-Gray	3029 Oxford City	11:28 F13	44				
F13	35	18 Alice Moffat	209 Chiltern Harriers	11:30 F13	43				
F13	36	19 Grace Hudson	1072 Windsor, S, E&H	11:32 F13	42				
F13	37	20 Imogen Tattersall	1035 Windsor, S, E&H	11:33 F13	41				
F13	38	21 Anju Beradi	1037 Windsor, S, E&H	11:34 F13	40				
F13	40	22 Lucy Tapster	446 Bedford & County	11:35 F13	39				
F13	41	23 Anna Cuthbert	1187 Vale of Aylesbury	11:36 F13	38				
F13	43	24 Laura Williams	208 Chiltern Harriers	11:39 F13	37				
F13	47	25 Beatrice Towers	577 St Albans Striders	11:47 F13	36				
F13	49	26 Christina Durbin	575 St Albans Striders	11:48 F13	35				
F13	50	27 Lucy Evans	573 St Albans Striders	11:51 F13	34				
F13	51	28 Chloe Munroe	153 Marshall Milton Keynes	11:53 F13	33				
F13	53	29 Niamh Huxford	443 Bedford & County	11:55 F13	32				
F13	55	30 Nicole Whittle	169 Marshall Milton Keynes	11:57 F13	31				
F13	62	31 Madison Foxcroft	1003 Windsor, S, E&H	12:09 F13	30				
F13	63	32 Ruby Abbott	442 Bedford & County	12:10 F13	29				
F13	68	33 Antia Zilbeti	905 Harrow	12:16 F13	28				
F13	71	34 Holly Landon	1036 Windsor, S, E&H	12:24 F13	27				
F13	72	35 Violet McMullan	975 Luton	12:25 F13	26				
F13	73	36 Sarah Andrews	907 Harrow	12:26 F13	25				
F13	74	37 Louisa Sexton	448 Bedford & County	12:26 F13	24				
F13	75	38 Imogen Crafts	1180 Vale of Aylesbury	12:29 F13	23				
F13	76	39 Jodie Brogden	170 Marshall Milton Keynes	12:31 F13	22				
F13	78	40 Sophie Gawin	447 Bedford & County	12:35 F13	21				
F13	79	41 Zara Brooks	745 Leighton Buzzard	12:35 F13	20				

F13	80	42 Tia Sinclair-Linton	166 Marshall Milton Keynes	12:37	F13	19
F13	82	43 Gabriella Scotting	1342 Oxford City	12:45	F13	18
F13	83	44 Izzy Thompson	1081 Windsor, S, E&H	12:47	F13	17
F13	84	45 Sakia Bakhcha	444 Bedford & County	12:48	F13	16
F13	87	46 Niquole Carter	746 Leighton Buzzard	12:51	F13	15
F13	93	47 Neylik Nurse	154 Marshall Milton Keynes	13:04	F13	14
F13	94	48 Jessica Pullen	207 Chiltern Harriers	13:10	F13	13
F13	95	49 Rosie Hall	584 St Albans Striders	13:13	F11	12
F13	96	50 Caitln Neale	720 Silson Joggers	13:22	F13	11
F13	97	51 Heidi Biltcliffe-Gray	716 Silson Joggers	13:25	F13	10
F13	98	52 Rebecca Lytollis	717 Silson Joggers	13:40	F13	9
F13	100	53 Emily Boylan	970 Luton	13:50	F13	8
F13	103	54 Hannah Mabey	1188 Vale of Aylesbury	14:06	F13	7
F13	104	55 Jessica Weedon	788 Leighton Buzzard	14:14	F13	6
F13	107	56 Sophie Stockton	152 Marshall Milton Keynes	14:19	F13	5
F13	108	57 Maisy Godden	158 Marshall Milton Keynes	14:38	F13	4
F13	110	58 Zoe Armitage	1186 Vale of Aylesbury	14:58	F13	3
F13	112	59 Emma Stockton	151 Marshall Milton Keynes	15:06	F13	2
F13	113	60 Bella Taylor	714 Silson Joggers	15:24	F13	1