

Results Base Chiltern League 2016/17 - Division 1 - Match 5 - Milton Keynes - 11 February 2017

| Overall Team Result | |
|---------------------------------------|------|
| 1 Marshall Milton Keynes AC | 2962 |
| 2 Chiltern Harriers | 2779 |
| 3 Leighton Buzzard AC | 2282 |
| 4 Bedford and County AC | 2150 |
| 5 St Albans Striders | 2130 |
| 6 Oxford City AC | 2002 |
| 7 Vale of Aylesbury AC | 1882 |
| 8 Redway Runners | 1885 |
| 9 Dacorum & Tring AC | 1657 |
| 10 Windsor, Slough Eton & Hounslow AC | 1600 |
| 11 Tring Running Club | 1517 |
| 12 Harrow AC | 1514 |
| 13 Gade Valley Harriers | 1454 |
| 14 Luton AC | 607 |

| Overall Male Team | |
|---------------------------------------|------|
| 1 Marshall Milton Keynes AC | 2112 |
| 2 Oxford City AC | 1882 |
| 3 Chiltern Harriers | 1853 |
| 4 Leighton Buzzard AC | 1764 |
| 5 Harrow AC | 1491 |
| 6 St Albans Striders | 1459 |
| 7 Vale of Aylesbury AC | 1325 |
| 8 Redway Runners | 1272 |
| 9 Bedford and County AC | 1255 |
| 10 Gade Valley Harriers | 1099 |
| 11 Tring Running Club | 1044 |
| 12 Dacorum & Tring AC | 945 |
| 13 Windsor, Slough Eton & Hounslow AC | 827 |
| 14 Luton AC | 206 |

| Overall Female Team | |
|--------------------------------------|-----|
| 1 Chiltern Harriers | 926 |
| 2 Bedford and County AC | 895 |
| 3 Marshall Milton Keynes AC | 850 |
| 4 Windsor, Slough Eton & Hounslow AC | 773 |
| 5 Dacorum & Tring AC | 712 |
| 6 St Albans Striders | 671 |
| 7 Vale of Aylesbury AC | 557 |
| 8 Leighton Buzzard AC | 518 |
| 9 Tring Running Club | 473 |
| 10 Redway Runners | 413 |
| 11 Luton AC | 401 |
| 12 Gade Valley Harriers | 355 |
| 13 Oxford City AC | 120 |
| 14 Harrow AC | 23 |

| Overall Seniors | |
|---------------------------------------|------|
| 1 Marshall Milton Keynes AC | 2294 |
| 2 Leighton Buzzard AC | 2153 |
| 3 Chiltern Harriers | 2086 |
| 4 Oxford City AC | 1930 |
| 5 St Albans Striders | 1722 |
| 6 Redway Runners | 1685 |
| 7 Tring Running Club | 1516 |
| 8 Bedford and County AC | 1484 |
| 9 Vale of Aylesbury AC | 1486 |
| 10 Harrow AC | 1470 |
| 11 Gade Valley Harriers | 1454 |
| 12 Windsor, Slough Eton & Hounslow AC | 1410 |
| 13 Dacorum & Tring AC | 1412 |
| 14 Luton AC | 502 |

| Overall Juniors | |
|--------------------------------------|-----|
| 1 Chiltern Harriers | 693 |
| 2 Marshall Milton Keynes AC | 668 |
| 3 Bedford and County AC | 666 |
| 4 St Albans Striders | 408 |
| 5 Vale of Aylesbury AC | 396 |
| 6 Dacorum & Tring AC | 245 |
| 7 Windsor, Slough Eton & Hounslow AC | 190 |
| 8 Leighton Buzzard AC | 129 |
| 9 Luton AC | 105 |
| 10 Oxford City AC | 72 |
| 11 Harrow AC | 44 |
| 12 Tring Running Club | 1 |
| 13 Gade Valley Harriers | |
| 14 Redway Runners | |

| Senior Men | | Cat | | M/F | | Pts | | Seniors overall after 5 matches | | | | | Senior Men Overall | | | | | | | | |
|------------|-----|-----|---------------------|------|-------|-----|------------------------------------|---------------------------------|----|---|-----|-------|--------------------|------------------------------------|-----|-----|-----|-----|-----|-----|---|
| Race | Pos | D1 | Name | No. | Time | Div | Club | Cat | M | F | Pts | Total | 1 | 2 | 3 | 4 | 5 | | | | |
| SM | 1 | | James McMurray | 579 | 26:59 | Dv1 | St Albans Striders | MS | 1 | M | 207 | 10408 | 1 | Oxford City | 195 | 204 | 203 | 196 | 195 | 189 | 1 |
| SM | 2 | | Elliot Hind | 907 | 27:10 | Dv1 | Leighton Buzzard AC | MS | 2 | M | 206 | 10270 | 2 | Marshall Milton Keynes AC | 187 | 184 | 181 | 178 | 175 | 172 | 1 |
| SM | 3 | | Michael Harrison | 533 | 27:21 | Dv1 | Bedford and County AC | MS | 3 | M | 205 | 9649 | 3 | Leighton Buzzard AC | 186 | 180 | 170 | 170 | 166 | 160 | 1 |
| SM | 4 | | Jon Holman | 204 | 27:23 | Dv1 | Oxford City AC | MS | 4 | M | 204 | 8913 | 4 | Chiltern Harriers | 197 | 194 | 185 | 180 | 155 | 1 | |
| SM | 5 | | Maxwell Robinson | 2036 | 27:28 | Dv1 | Oxford City AC | MS | 5 | M | 203 | 8678 | 5 | Harrow AC | 145 | 142 | 142 | 142 | 142 | 1 | |
| SM | 6 | | Damian Nevins | 1463 | 27:41 | Dv1 | Harrow AC | MS | 6 | M | 202 | 8539 | 6 | St Albans Striders | 178 | 157 | 143 | 134 | 131 | 1 | |
| SM | 7 | | Jordan Clay | 886 | 27:44 | Dv1 | Leighton Buzzard AC | MS | 7 | M | 201 | 8218 | 7 | Redway Runners | 177 | 162 | 128 | 124 | 121 | 1 | |
| SM | 8 | | Simon Millett | 1125 | 27:57 | Dv1 | Windsor, Slough Eton & Hounslow AC | MS | 8 | M | 200 | 7348 | 8 | Vale of Aylesbury AC | 147 | 138 | 132 | 117 | 116 | 1 | |
| SM | 9 | | Adam Moore | 1122 | 28:04 | Dv1 | Windsor, Slough Eton & Hounslow AC | M20 | 1 | M | 199 | 6955 | 9 | Gade Valley Harriers | 149 | 118 | 115 | 107 | 107 | 1 | |
| SM | 10 | | Conrad Webber | 15 | 28:11 | Dv1 | Marshall Milton Keynes AC | M20 | 2 | M | 198 | 6766 | 10 | Tring Running Club | 145 | 144 | 119 | 110 | 110 | 1 | |
| SM | 11 | | Allan Stewart | 357 | 28:12 | Dv1 | Chiltern Harriers | MS | 9 | M | 197 | 6559 | 11 | Bedford and County AC | 171 | 137 | 126 | 126 | 126 | 1 | |
| SM | 12 | | Dan Blake | 2026 | 28:12 | Dv1 | Oxford City AC | MS | 10 | M | 196 | 6066 | 12 | Dacorum & Tring AC | 133 | 116 | 92 | 84 | 84 | 1 | |
| SM | 13 | | Aaron Burgess | 2014 | 28:15 | Dv1 | Oxford City AC | MS | 11 | M | 195 | 5317 | 13 | Windsor, Slough Eton & Hounslow AC | 133 | 116 | 102 | 92 | 84 | 1 | |
| SM | 14 | | Nick Hughes | 366 | 28:19 | Dv1 | Chiltern Harriers | M40 | 1 | M | 194 | 2002 | 14 | Luton AC | 166 | 141 | 20 | 5 | 5 | 1 | |
| SM | 15 | | Blake Moore | 1123 | 28:24 | Dv1 | Windsor, Slough Eton & Hounslow AC | M20 | 3 | M | 193 | 3028 | 15 | Under 20 Men | 2 | 3 | | | | | 1 |
| SM | 16 | | Jim Cooper | 1474 | 28:25 | Dv1 | Harrow AC | M40 | 2 | M | 192 | 3028 | 16 | Marshall Milton Keynes AC | 185 | 175 | 175 | 175 | 175 | 1 | |
| SM | 17 | | Steve Tuttle | 1 | 28:26 | Dv1 | Marshall Milton Keynes AC | MS | 12 | M | 191 | 3017 | 17 | Chiltern Harriers | 185 | 155 | 151 | 151 | 151 | 1 | |
| SM | 18 | | Graham Jones | 19 | 28:32 | Dv1 | Marshall Milton Keynes AC | MS | 13 | M | 190 | 2360 | 18 | Bedford and County AC | 173 | 126 | 126 | 126 | 126 | 1 | |
| SM | 19 | | Les Newell | 2048 | 28:35 | Dv1 | Oxford City AC | M40 | 3 | M | 189 | 1806 | 19 | Windsor, Slough Eton & Hounslow AC | 181 | 181 | 181 | 181 | 181 | 1 | |
| SM | 20 | | Simon Fisher | 2037 | 28:36 | Dv1 | Oxford City AC | MS | 14 | M | 188 | 1009 | 20 | Vale of Aylesbury AC | 187 | 187 | 187 | 187 | 187 | 1 | |
| SM | 21 | | George Wheeler | 9 | 28:39 | Dv1 | Marshall Milton Keynes AC | M20 | 4 | M | 187 | 818 | 21 | Dacorum & Tring AC | 118 | 115 | 96 | 96 | 96 | 1 | |
| SM | 22 | | Rob Elmore | 936 | 28:40 | Dv1 | Leighton Buzzard AC | MS | 15 | M | 186 | 592 | 22 | Gade Valley Harriers | 118 | 115 | 96 | 96 | 96 | 1 | |
| SM | 24 | | Richard Slade | 377 | 28:44 | Dv1 | Chiltern Harriers | M20 | 5 | M | 185 | 385 | 24 | Harrow AC | 118 | 115 | 96 | 96 | 96 | 1 | |
| SM | 25 | | Liam Smith | 3 | 28:47 | Dv1 | Marshall Milton Keynes AC | MS | 16 | M | 184 | 199 | 25 | Leighton Buzzard AC | 128 | 128 | 128 | 128 | 128 | 1 | |
| SM | 26 | | Matt Bray | 531 | 28:48 | Dv1 | Bedford and County AC | MS | 17 | M | 183 | 128 | 26 | Leighton Buzzard AC | 128 | 128 | 128 | 128 | 128 | 1 | |
| SM | 27 | | James Todd | 1127 | 28:49 | Dv1 | Windsor, Slough Eton & Hounslow AC | MS | 18 | M | 182 | 111 | 27 | Gade Valley Harriers | 128 | 128 | 128 | 128 | 128 | 1 | |
| SM | 29 | | Mark Crabtree | 1911 | 28:51 | Dv1 | Gade Valley Harriers | MS | 19 | M | 181 | 121 | 29 | Leighton Buzzard AC | 128 | 128 | 128 | 128 | 128 | 1 | |
| SM | 30 | | Glen Turner | 917 | 28:52 | Dv1 | Leighton Buzzard AC | MS | 20 | M | 180 | 130 | 30 | Oxford City AC | 128 | 128 | 128 | 128 | 128 | 1 | |
| SM | 31 | | Ben Fairhall | 1533 | 28:52 | Dv1 | Redway Runners | MS | 21 | M | 179 | 144 | 31 | Redway Runners | 128 | 128 | 128 | 128 | 128 | 1 | |
| SM | 32 | | Ben Clarke | 614 | 28:54 | Dv1 | St Albans Striders | M20 | 6 | M | 178 | 178 | 32 | St Albans Striders | 128 | 128 | 128 | 128 | 128 | 1 | |
| SM | 33 | | Genci Pepaj | 1486 | 28:57 | Dv1 | Redway Runners | MS | 22 | M | 177 | 3454 | 33 | Harrow AC | 128 | 128 | 128 | 128 | 128 | 1 | |
| SM | 34 | | Jamie Seddon | 12 | 28:59 | Dv1 | Marshall Milton Keynes AC | MS | 23 | M | 176 | 2401 | 34 | Vale of Aylesbury AC | 128 | 128 | 128 | 128 | 128 | 1 | |
| SM | 35 | | Charles Wheeler | 8 | 29:02 | Dv1 | Marshall Milton Keynes AC | M20 | 7 | M | 175 | 3295 | 35 | Chiltern Harriers | 128 | 128 | 128 | 128 | 128 | 1 | |
| SM | 36 | | Ewan Gault | 2038 | 29:03 | Dv1 | Oxford City AC | MS | 24 | M | 174 | 3008 | 36 | Oxford City AC | 128 | 128 | 128 | 128 | 128 | 1 | |
| SM | 38 | | Matthew Rallison | 2016 | 29:06 | Dv1 | Oxford City AC | MS | 25 | M | 173 | 2933 | 38 | Gade Valley Harriers | 128 | 128 | 128 | 128 | 128 | 1 | |
| SM | 39 | | Ben Upjohn | 2831 | 29:06 | Dv1 | Oxford City AC | MS | 26 | M | 172 | 2922 | 39 | Marshall Milton Keynes AC | 128 | 128 | 128 | 128 | 128 | 1 | |
| SM | 40 | | Tom Angell | 554 | 29:15 | Dv1 | Bedford and County AC | M20 | 8 | M | 171 | 2688 | 40 | Leighton Buzzard AC | 128 | 128 | 128 | 128 | 128 | 1 | |
| SM | 41 | | Billy Mead | 912 | 29:19 | Dv1 | Leighton Buzzard AC | MS | 27 | M | 170 | 2401 | 41 | Redway Runners | 128 | 128 | 128 | 128 | 128 | 1 | |
| SM | 42 | | Andy Inckley | 925 | 29:28 | Dv1 | Leighton Buzzard AC | M40 | 4 | M | 169 | 2312 | 42 | St Albans Striders | 128 | 128 | 128 | 128 | 128 | 1 | |
| SM | 44 | | Jonathan Peters | 43 | 29:31 | Dv1 | Marshall Milton Keynes AC | MS | 28 | M | 168 | 1841 | 44 | Bedford and County AC | 128 | 128 | 128 | 128 | 128 | 1 | |
| SM | 46 | | Ross Langley | 1583 | 29:37 | Dv1 | Tring Running Club | MS | 29 | M | 167 | 1891 | 46 | Tring Running Club | 128 | 128 | 128 | 128 | 128 | 1 | |
| SM | 47 | | Rob Taylor | 1236 | 29:45 | Dv1 | Vale of Aylesbury AC | M40 | 5 | M | 166 | 1017 | 47 | Dacorum & Tring AC | 128 | 128 | 128 | 128 | 128 | 1 | |
| SM | 48 | | Chris Jones | 1461 | 29:48 | Dv1 | Harrow AC | MS | 30 | M | 165 | 622 | 48 | Luton AC | 128 | 128 | 128 | 128 | 128 | 1 | |
| SM | 49 | | Mark Tyrrell | 2019 | 29:54 | Dv1 | Oxford City AC | MS | 31 | M | 164 | 146 | 49 | Windsor, Slough Eton & Hounslow AC | 128 | 128 | 128 | 128 | 128 | 1 | |
| SM | 52 | | Chris George | 905 | 29:58 | Dv1 | Leighton Buzzard AC | MS | 32 | M | 163 | 163 | 52 | Leighton Buzzard AC | 128 | 128 | 128 | 128 | 128 | 1 | |
| SM | 53 | | Jamie Farmer | 1483 | 30:00 | Dv1 | Redway Runners | MS | 33 | M | 162 | 162 | 53 | Redway Runners | 128 | 128 | 128 | 128 | 128 | 1 | |
| SM | 54 | | Ian Wood | 24 | 30:02 | Dv1 | Marshall Milton Keynes AC | MS | 34 | M | 161 | 161 | 54 | Marshall Milton Keynes AC | 128 | 128 | 128 | 128 | 128 | 1 | |
| SM | 55 | | James Repper | 370 | 30:03 | Dv1 | Chiltern Harriers | M40 | 6 | M | 160 | 160 | 55 | Chiltern Harriers | 128 | 128 | 128 | 128 | 128 | 1 | |
| SM | 56 | | Dan Anderson | 2013 | 30:05 | Dv1 | Oxford City AC | MS | 35 | M | 159 | 159 | 56 | Oxford City AC | 128 | 128 | 128 | 128 | 128 | 1 | |
| SM | 57 | | Nathan Hoggett | 1066 | 30:07 | Dv1 | Dacorum & Tring AC | MS | 36 | M | 158 | 158 | 57 | Dacorum & Tring AC | 128 | 128 | 128 | 128 | 128 | 1 | |
| SM | 58 | | Jamie Abbiss | 615 | 30:09 | Dv1 | St Albans Striders | MS | 37 | M | 157 | 157 | 58 | St Albans Striders | 128 | 128 | 128 | 128 | 128 | 1 | |
| SM | 60 | | Ed Nicholas | 2005 | 30:19 | Dv1 | Oxford City AC | MS | 38 | M | 156 | 156 | 60 | Oxford City AC | 128 | 128 | 128 | 128 | 128 | 1 | |
| SM | 63 | | Samuel Howell | 379 | 30:29 | Dv1 | Chiltern Harriers | M20 | 9 | M | 155 | 155 | 63 | Chiltern Harriers | 128 | 128 | 128 | 128 | 128 | 1 | |
| SM | 65 | | Aaron Simpson | 2021 | 30:32 | Dv1 | Oxford City AC | MS | 39 | M | 154 | 154 | 65 | Oxford City AC | 128 | 128 | 128 | 128 | 128 | 1 | |
| SM | 66 | | Steve Herring | 11 | 30:34 | Dv1 | Marshall Milton Keynes AC | M40 | 7 | M | 153 | 153 | 66 | Marshall Milton Keynes AC | 128 | 128 | 128 | 128 | 128 | 1 | |
| SM | 69 | | Tom Kimber | 909 | 30:42 | Dv1 | Leighton Buzzard AC | MS | 40 | M | 152 | 152 | 69 | Leighton Buzzard AC | 128 | 128 | 128 | 128 | 128 | 1 | |
| SM | 70 | | Robert Hall | 380 | 30:42 | Dv1 | Chiltern Harriers | M20 | 10 | M | 151 | 151 | 70 | Chiltern Harriers | 128 | 128 | 128 | 128 | 128 | 1 | |
| SM | 71 | | George Gillingwater | 351 | 30:44 | Dv1 | Chiltern Harriers | MS | 41 | M | 150 | 150 | 71 | Chiltern Harriers | 128 | 128 | 128 | 128 | 128 | 1 | |
| SM | 72 | | Richard Coles | 1917 | 30:46 | Dv1 | Gade Valley Harriers | M40 | 8 | M | 149 | 149 | 72 | Gade Valley Harriers | 128 | 128 | 128 | 128 | 128 | 1 | |
| SM | 74 | | Luke Hunt | 1464 | 30:55 | Dv1 | Harrow AC | MS | 42 | M | 148 | 148 | 74 | Harrow AC | 128 | 128 | 128 | 128 | 128 | 1 | |
| SM | 75 | | Thomas Dell | 1266 | 30:56 | Dv1 | Vale of Aylesbury AC | MS | 43 | M | 147 | 147 | 75 | Vale of Aylesbury AC | 128 | 128 | 128 | 128 | 128 | 1 | |
| SM | 76 | | Charlie Mead | 914 | 30:57 | Dv1 | Leighton Buzzard AC | MS | | | | | | | | | | | | | |

| | | | | | | | | |
|----|-----|--------------------------|------|------------|---------------------------|-----|------|-----|
| SM | 80 | 65 Joe Dunn | 565 | 31:09 Div1 | St Albans Striders | MS | 47 M | 143 |
| SM | 81 | 66 Mark Cursons | 1465 | 31:13 Div1 | Harrow AC | M50 | 1 M | 142 |
| SM | 82 | 67 Dan Winfield | 1708 | 31:16 Div1 | Luton AC | M40 | 9 M | 141 |
| SM | 83 | 68 Graeme Jones | 1467 | 31:18 Div1 | Harrow AC | M40 | 10 M | 140 |
| SM | 84 | 69 Tom Inchley | 937 | 31:19 Div1 | Leighton Buzzard AC | MS | 48 M | 139 |
| SM | 87 | 70 Martyn Summerfield | 1273 | 31:21 Div1 | Vale of Aylesbury AC | M40 | 11 M | 138 |
| SM | 88 | 71 Dom Menzies | 522 | 31:24 Div1 | Bedford and County AC | M20 | 11 M | 137 |
| SM | 89 | 72 Stephen Young | 73 | 31:25 Div1 | Marshall Milton Keynes AC | MS | 49 M | 136 |
| SM | 90 | 73 Peter Adams | 27 | 31:26 Div1 | Marshall Milton Keynes AC | M40 | 12 M | 135 |
| SM | 92 | 74 Graham Smith | 578 | 31:36 Div1 | St Albans Striders | M40 | 13 M | 134 |
| SM | 94 | 75 Mike Carpenter | 2655 | 31:38 Div1 | Dacorum & Tring AC | MS | 50 M | 133 |
| SM | 96 | 76 David Maisey | 1275 | 31:40 Div1 | Vale of Aylesbury AC | M40 | 14 M | 132 |
| SM | 97 | 77 Declan Traynor | 1473 | 31:47 Div1 | Harrow AC | MS | 51 M | 131 |
| SM | 98 | 78 Matt Clarke | 31 | 31:48 Div1 | Marshall Milton Keynes AC | MS | 52 M | 130 |
| SM | 100 | 79 Ben Corfield | 902 | 31:49 Div1 | Leighton Buzzard AC | MS | 53 M | 129 |
| SM | 101 | 80 Simon Read | 1537 | 31:51 Div1 | Redway Runners | M40 | 15 M | 128 |
| SM | 103 | 81 John Atyeo | 2025 | 31:57 Div1 | Oxford City AC | M50 | 2 M | 127 |
| SM | 104 | 82 Sam Barton | 538 | 32:01 Div1 | Bedford and County AC | M20 | 12 M | 126 |
| SM | 105 | 83 Cathal Gallagher | 569 | 32:05 Div1 | St Albans Striders | MS | 54 M | 125 |
| SM | 106 | 84 Campbell Noon | 1568 | 32:09 Div1 | Redway Runners | M40 | 16 M | 124 |
| SM | 107 | 85 Chris Finill | 1475 | 32:10 Div1 | Harrow AC | M50 | 3 M | 123 |
| SM | 108 | 86 Andrew Kirschner | 63 | 32:13 Div1 | Marshall Milton Keynes AC | MS | 55 M | 122 |
| SM | 109 | 87 Nigel Marley | 2045 | 32:14 Div1 | Oxford City AC | MS | 56 M | 121 |
| SM | 111 | 88 Adam Bayliss | 2015 | 32:21 Div1 | Oxford City AC | MS | 57 M | 120 |
| SM | 112 | 89 Nigel Bunn | 1593 | 32:21 Div1 | Tring Running Club | M50 | 4 M | 119 |
| SM | 113 | 90 Jon Roberts | 1910 | 32:24 Div1 | Gade Valley Harriers | M40 | 17 M | 118 |
| SM | 114 | 91 Andrew Rott | 1273 | 32:26 Div1 | Vale of Aylesbury AC | M40 | 18 M | 117 |
| SM | 116 | 92 Manuel Lefebvre | 2660 | 32:28 Div1 | Dacorum & Tring AC | MS | 58 M | 116 |
| SM | 118 | 93 James Birnie | 1909 | 32:39 Div1 | Gade Valley Harriers | M40 | 19 M | 115 |
| SM | 119 | 94 Tim Inchley | 926 | 32:43 Div1 | Leighton Buzzard AC | M40 | 20 M | 114 |
| SM | 120 | 95 Dan Hippey | 1497 | 32:43 Div1 | Redway Runners | M40 | 21 M | 113 |
| SM | 121 | 96 Andrew Wiseall | 348 | 32:44 Div1 | Chiltern Harriers | MS | 59 M | 112 |
| SM | 123 | 97 Peter Norris | 1460 | 32:45 Div1 | Harrow AC | MS | 60 M | 111 |
| SM | 125 | 98 Matthew Wade | 1617 | 32:47 Div1 | Tring Running Club | MS | 61 M | 110 |
| SM | 126 | 99 James Bell | 918 | 32:50 Div1 | Leighton Buzzard AC | M40 | 22 M | 109 |
| SM | 129 | 100 Andy Gardner | 1487 | 32:53 Div1 | Redway Runners | MS | 62 M | 108 |
| SM | 130 | 101 Anthony Wilcox | 1698 | 32:55 Div1 | Gade Valley Harriers | MS | 63 M | 107 |
| SM | 132 | 102 Michael Martin | 567 | 32:59 Div1 | St Albans Striders | MS | 64 M | 106 |
| SM | 135 | 103 James Davis | 1201 | 33:05 Div1 | Vale of Aylesbury AC | MS | 65 M | 105 |
| SM | 136 | 104 Andrew Dodds | 1570 | 33:06 Div1 | Redway Runners | MS | 66 M | 104 |
| SM | 138 | 105 Adam Haylock | 906 | 33:17 Div1 | Leighton Buzzard AC | MS | 67 M | 103 |
| SM | 140 | 106 Neil Brown | 350 | 33:20 Div1 | Chiltern Harriers | MS | 68 M | 102 |
| SM | 141 | 107 Tim Jones | 1239 | 33:21 Div1 | Vale of Aylesbury AC | M50 | 5 M | 101 |
| SM | 143 | 108 Nick Andrews | 1468 | 33:22 Div1 | Harrow AC | M40 | 23 M | 100 |
| SM | 144 | 109 Andy Blair | 542 | 33:24 Div1 | Bedford and County AC | M50 | 6 M | 99 |
| SM | 145 | 110 James Down | 1482 | 33:25 Div1 | Redway Runners | MS | 69 M | 98 |
| SM | 146 | 111 Richard Clark | 339 | 33:25 Div1 | Chiltern Harriers | MS | 70 M | 97 |
| SM | 148 | 112 Edward Price | 1907 | 33:34 Div1 | Gade Valley Harriers | M40 | 24 M | 96 |
| SM | 149 | 113 Andy Hickman | 362 | 33:37 Div1 | Chiltern Harriers | M40 | 25 M | 95 |
| SM | 151 | 114 David Thomas | 374 | 33:39 Div1 | Chiltern Harriers | M20 | 13 M | 94 |
| SM | 153 | 115 Anthony James | 1897 | 33:41 Div1 | Gade Valley Harriers | M40 | 26 M | 93 |
| SM | 155 | 116 Matt Hamilton | 978 | 33:43 Div1 | Dacorum & Tring AC | MS | 71 M | 92 |
| SM | 156 | 117 Bill Hawes | 1900 | 33:45 Div1 | Gade Valley Harriers | M40 | 27 M | 91 |
| SM | 157 | 118 Robin Barrett | 1248 | 33:49 Div1 | Vale of Aylesbury AC | MS | 72 M | 90 |
| SM | 159 | 119 Warren Rose | 929 | 33:51 Div1 | Leighton Buzzard AC | M40 | 28 M | 89 |
| SM | 160 | 120 Nick Clay | 931 | 33:54 Div1 | Leighton Buzzard AC | M50 | 7 M | 88 |
| SM | 163 | 121 Michael Burgess | 1619 | 34:06 Div1 | Tring Running Club | M50 | 8 M | 87 |
| SM | 164 | 122 Jon Taylor | 341 | 34:06 Div1 | Chiltern Harriers | MS | 73 M | 86 |
| SM | 166 | 123 Mark Dowson | 45 | 34:11 Div1 | Marshall Milton Keynes AC | M40 | 29 M | 85 |
| SM | 167 | 124 Timothy Churchill | 972 | 34:12 Div1 | Dacorum & Tring AC | MS | 74 M | 84 |
| SM | 169 | 125 Seb Rowe | 586 | 34:18 Div1 | St Albans Striders | M40 | 30 M | 83 |
| SM | 170 | 126 Thomas North | 1923 | 34:23 Div1 | Gade Valley Harriers | M40 | 31 M | 82 |
| SM | 172 | 127 Chris Dunn | 32 | 34:27 Div1 | Marshall Milton Keynes AC | MS | 75 M | 81 |
| SM | 173 | 128 Craig Dowie | 564 | 34:37 Div1 | St Albans Striders | M40 | 32 M | 80 |
| SM | 176 | 129 Martyn Douglas | 1540 | 34:43 Div1 | Redway Runners | MS | 76 M | 79 |
| SM | 178 | 130 Michael Furness | 922 | 34:44 Div1 | Leighton Buzzard AC | M40 | 33 M | 78 |
| SM | 179 | 131 Ian Needleman | 1596 | 34:44 Div1 | Tring Running Club | M50 | 9 M | 77 |
| SM | 180 | 132 Hywel Thomas | 358 | 34:48 Div1 | Chiltern Harriers | M50 | 10 M | 76 |
| SM | 181 | 133 Shaun Fry | 343 | 34:53 Div1 | Chiltern Harriers | MS | 77 M | 75 |
| SM | 183 | 134 Mark Richards | 1252 | 34:57 Div1 | Vale of Aylesbury AC | M40 | 34 M | 74 |
| SM | 184 | 135 Jack Comerford | 81 | 35:02 Div1 | Marshall Milton Keynes AC | MS | 78 M | 73 |
| SM | 186 | 136 Anthony Nicolson | 573 | 35:06 Div1 | St Albans Striders | M50 | 11 M | 72 |
| SM | 188 | 137 Mike Worsfold | 367 | 35:16 Div1 | Chiltern Harriers | M40 | 35 M | 71 |
| SM | 189 | 138 Adrian Falls | 1634 | 35:22 Div1 | Tring Running Club | M40 | 36 M | 70 |
| SM | 190 | 139 Richard Grant | 2020 | 35:29 Div1 | Oxford City AC | M60 | 1 M | 69 |
| SM | 194 | 140 Graham Magill | 911 | 35:47 Div1 | Leighton Buzzard AC | MS | 79 M | 68 |
| SM | 196 | 141 Andy Norton | 1896 | 36:00 Div1 | Gade Valley Harriers | M40 | 37 M | 67 |
| SM | 197 | 142 Jason Carvalho | 33 | 36:02 Div1 | Marshall Milton Keynes AC | MS | 80 M | 66 |
| SM | 198 | 143 Neil Bates | 345 | 36:05 Div1 | Chiltern Harriers | MS | 81 M | 65 |
| SM | 200 | 144 John Stenbridge-King | 1244 | 36:10 Div1 | Vale of Aylesbury AC | M50 | 12 M | 64 |
| SM | 202 | 145 Ian Gower | 1594 | 36:19 Div1 | Tring Running Club | M50 | 13 M | 63 |
| SM | 203 | 146 Roy Treadwell | 2000 | 36:20 Div1 | Oxford City AC | M60 | 2 M | 62 |
| SM | 208 | 147 Matt Kingston | 1577 | 36:28 Div1 | Tring Running Club | MS | 82 M | 61 |
| SM | 209 | 148 Matthew Hallisey | 1062 | 36:35 Div1 | Dacorum & Tring AC | MS | 83 M | 60 |
| SM | 210 | 149 Stuart Dimmock | 921 | 36:37 Div1 | Leighton Buzzard AC | M40 | 38 M | 59 |
| SM | 212 | 150 David Breingan | 368 | 36:40 Div1 | Chiltern Harriers | M50 | 14 M | 58 |
| SM | 216 | 151 Martin Inshley | 1296 | 36:49 Div1 | Vale of Aylesbury AC | M40 | 39 M | 57 |
| SM | 217 | 152 Martin Hopcroft | 1605 | 36:51 Div1 | Tring Running Club | M50 | 15 M | 56 |
| SM | 218 | 153 Stephen Newing | 1922 | 36:58 Div1 | Gade Valley Harriers | MS | 84 M | 55 |
| SM | 219 | 154 Neville Rowles | 1518 | 37:01 Div1 | Redway Runners | M50 | 16 M | 54 |
| SM | 222 | 155 Gareth Bird | 919 | 37:07 Div1 | Leighton Buzzard AC | M40 | 40 M | 53 |
| SM | 223 | 156 Paul Durbin | 566 | 37:07 Div1 | St Albans Striders | M50 | 17 M | 52 |
| SM | 225 | 157 Martin Halling | 567 | 37:17 Div1 | St Albans Striders | M60 | 3 M | 51 |
| SM | 228 | 158 Gareth Snelson | 1498 | 37:26 Div1 | Redway Runners | M40 | 41 M | 50 |
| SM | 229 | 159 Martin Kerr | 981 | 37:29 Div1 | Dacorum & Tring AC | MS | 85 M | 49 |
| SM | 232 | 160 Robert Davies | 2653 | 37:36 Div1 | Dacorum & Tring AC | M40 | 42 M | 48 |
| SM | 234 | 161 Alan Roberts | 1270 | 37:42 Div1 | Vale of Aylesbury AC | M50 | 19 M | 47 |
| SM | 235 | 162 Andrew Stewart | 342 | 37:44 Div1 | Chiltern Harriers | M50 | 19 M | 46 |
| SM | 236 | 163 Matthew Renphrey | 996 | 37:45 Div1 | Dacorum & Tring AC | M20 | 14 M | 45 |
| SM | 237 | 164 Mark Peterkin | 71 | 37:47 Div1 | Marshall Milton Keynes AC | M40 | 43 M | 44 |
| SM | 239 | 165 Clive Cohen | 1582 | 37:49 Div1 | Tring Running Club | M60 | 4 M | 43 |
| SM | 241 | 166 Steve Martin | 16 | 37:50 Div1 | Marshall Milton Keynes AC | MS | 86 M | 42 |
| SM | 243 | 167 Rick Ansell | 1592 | 37:52 Div1 | Tring Running Club | M50 | 20 M | 41 |
| SM | 244 | 168 Keith Foley | 1470 | 37:53 Div1 | Harrow AC | M40 | 44 M | 40 |
| SM | 246 | 169 Kelvin Smith | 29 | 37:58 Div1 | Marshall Milton Keynes AC | M60 | 5 M | 39 |
| SM | 247 | 170 Paul Wilkerson | 539 | 37:59 Div1 | Bedford and County AC | M60 | 6 M | 38 |
| SM | 248 | 171 Mark Crowne | 607 | 38:03 Div1 | St Albans Striders | M50 | 21 M | 37 |
| SM | 252 | 172 Michael Lamb | 1007 | 38:31 Div1 | Dacorum & Tring AC | M40 | 45 M | 36 |
| SM | 253 | 173 Sean Gregory | 1635 | 38:47 Div1 | Tring Running Club | MS | 87 M | 35 |
| SM | 256 | 174 Sean Westrope | 932 | 38:57 Div1 | Leighton Buzzard AC | M50 | 22 M | 34 |
| SM | 259 | 175 Ric Blaxill | 2656 | 39:02 Div1 | Dacorum & Tring AC | M50 | 23 M | 33 |
| SM | 262 | 176 Michael Irvine | 2657 | 39:23 Div1 | Dacorum & Tring AC | M40 | 46 M | 32 |
| SM | 268 | 177 Nick Marsh | 347 | 39:49 Div1 | Chiltern Harriers | MS | 88 M | 31 |
| SM | 269 | 178 Paul Reilly | 1916 | 39:58 Div1 | Gade Valley Harriers | M40 | 47 M | 30 |
| SM | 270 | 179 Jonathon Clements | 1539 | 40:08 Div1 | Redway Runners | M40 | 48 M | 29 |
| SM | 271 | 180 Mervyn Phillips | 44 | 40:09 Div1 | Marshall Milton Keynes AC | M60 | 7 M | 28 |
| SM | 272 | 181 Dave Findel-Hawkins | 21 | 40:13 Div1 | Marshall Milton Keynes AC | M60 | 8 M | 27 |
| SM | 275 | 182 Robert Salt | 1020 | 40:24 Div1 | Dacorum & Tring AC | M50 | 24 M | 26 |
| SM | 276 | 183 David Howells | 373 | 40:27 Div1 | Chiltern Harriers | MS | 89 M | 25 |
| SM | 277 | 184 Chris Dimmock | 920 | 40:28 Div1 | Leighton Buzzard AC | M40 | 29 M | 24 |
| SM | 281 | 185 Richard Stevens | 1010 | 40:54 Div1 | Dacorum & Tring AC | M40 | 50 M | 23 |
| SM | 282 | 186 Richard Belsey | 1080 | 41:07 Div1 | Dacorum & Tring AC | M40 | 51 M | 22 |
| SM | 283 | 187 Rasmi Nanda | 1009 | 41:09 Div1 | Dacorum & Tring AC | M40 | 52 M | 21 |
| SM | 286 | 188 Richard Hardy | 1716 | 41:22 Div1 | Luton AC | M60 | 9 M | 20 |
| SM | 287 | 189 Roy Taylor | 1507 | 41:25 Div1 | Redway Runners | M40 | 53 M | 19 |
| SM | 292 | 190 Chris Large | 934 | 41:55 Div1 | Leighton Buzzard AC | MS | 90 M | 18 |
| SM | 295 | 191 Mark Haynes | 923 | 42:14 Div1 | Leighton Buzzard AC | M40 | 54 M | 17 |
| SM | 296 | 192 Michael Jack | 570 | 42:16 Div1 | St Albans Striders | M50 | 25 M | 16 |
| SM | 298 | 193 Glenn Dickinson | 1514 | 42:35 Div1 | Redway Runners | M50 | 26 M | 15 |
| SM | 300 | 194 Stephen Scott | 1520 | 42:47 Div1 | Redway Runners | M50 | 27 M | 14 |
| SM | 301 | 195 Phillip Pugh | 1026 | 42:55 Div1 | Dacorum & Tring AC | M60 | 10 M | 13 |
| SM | 302 | 196 Roger Hobbs | 1498 | 43:06 Div1 | Redway Runners | M50 | 28 M | 12 |
| SM | 304 | 197 Steve Field | 365 | 43:23 Div1 | Chiltern Harriers | M60 | 11 M | 11 |
| SM | 305 | 198 Stuart Page | 1631 | 43:36 Div1 | Tring Running Club | M50 | 29 M | 10 |
| SM | 306 | 199 Martin Lawrence | 1557 | 44:06 Div1 | Redway Runners | M50 | 30 M | 9 |
| SM | 308 | 200 Andrew Maher | 608 | 44:32 Div1 | St Albans Striders | M40 | 55 M | 8 |
| SM | 312 | 201 Trevor Brawn | 363 | 45:38 Div1 | Chiltern Harriers | M60 | 12 M | 7 |
| SM | 313 | 202 Philip Lister | 2086 | 45:42 Div1 | Headington Road Runners | M60 | 13 M | 6 |
| SM | 315 | 203 Paul Brooks | 1710 | 48:34 Div1 | Luton AC | M50 | 31 M | 5 |
| SM | 316 | 204 Charlie Costin | 1901 | 51:16 Div1 | Gade Valley Harriers | MS | 91 M | 4 |
| SM | 317 | 205 Alan Grover | 1018 | 53:23 Div1 | Dacorum & Tring AC | M50 | 32 M | 3 |
| SM | 319 | 206 Malcolm Sargeant | 1027 | 55:10 Div1 | Dacorum & Tring AC | M60 | 14 M | 2 |

| | | | | | | | | | | | | | | | | |
|----|-----|-----|-----------------------|------|-------|-----|------------------------------------|-----|----|---|----|--------------------------|------|------------------------------|----|--|
| SW | 43 | 26 | Amy Inchley | 951 | 24:53 | Dv1 | Leighton Buzzard AC | F35 | 7 | F | 94 | 11 Gade Valley Harriers | 1128 | 11 Marshall Milton Keynes AC | 12 | |
| SW | 44 | 27 | Sian Hibbs | 1881 | 25:02 | Dv1 | Gade Valley Harriers | F5 | 18 | F | 93 | 12 Oxford City AC | 633 | 12 Bedford and County AG2 | 31 | |
| SW | 45 | 28 | Lucy Farrind | 942 | 25:09 | Dv1 | Leighton Buzzard AC | F5 | 19 | F | 92 | 13 Harrow AC | 632 | 13 Oxford City AG2 | 72 | |
| SW | 46 | 29 | Claire McDonnell | 1872 | 25:10 | Dv1 | Gade Valley Harriers | F45 | 2 | F | 91 | 14 Bedford and County AC | 532 | 14 Harrow AC | 16 | |
| SW | 50 | 30 | Sarah Langer | 1638 | 25:14 | Dv1 | Tring Running Club | F35 | 8 | F | 90 | | | | | |
| SW | 52 | 31 | Rachel Edwards | 1505 | 25:16 | Dv1 | Redway Runners | F45 | 3 | F | 89 | | | | | |
| SW | 53 | 32 | Victoria Brookling | 1121 | 25:18 | Dv1 | Windsor, Slough Eton & Hounslow AC | F45 | 4 | F | 88 | | | | | |
| SW | 54 | 33 | Mary Ward | 1602 | 25:23 | Dv1 | Tring Running Club | F45 | 5 | F | 87 | | | | | |
| SW | 55 | 34 | Susan Jarman | 333 | 25:27 | Dv1 | Chiltern Harriers | F35 | 9 | F | 86 | | | | | |
| SW | 56 | 35 | Katie James | 54 | 25:27 | Dv1 | Marshall Milton Keynes AC | FS | 20 | F | 85 | | | | | |
| SW | 57 | 36 | Kate Loach | 311 | 25:30 | Dv1 | Chiltern Harriers | F55 | 2 | F | 84 | | | | | |
| SW | 58 | 37 | Melanie Wright | 61 | 25:32 | Dv1 | Marshall Milton Keynes AC | FS | 21 | F | 83 | | | | | |
| SW | 59 | 38 | Kirsty Thompson | 447 | 25:34 | Dv1 | Bedford and County AC | F5 | 22 | F | 82 | | | | | |
| SW | 61 | 39 | Samantha Sullivan | 1005 | 25:47 | Dv1 | Dacorum & Tring AC | F35 | 10 | F | 81 | | | | | |
| SW | 62 | 40 | Julie Martin | 1509 | 25:49 | Dv1 | Redway Runners | F45 | 6 | F | 80 | | | | | |
| SW | 63 | 41 | Zoe Lowe | 640 | 25:49 | Dv1 | St Albans Striders | F45 | 7 | F | 79 | | | | | |
| SW | 65 | 42 | Lisa Taylor | 336 | 26:04 | Dv1 | Chiltern Harriers | F35 | 11 | F | 78 | | | | | |
| SW | 66 | 43 | Tessa Passey | 321 | 26:06 | Dv1 | Chiltern Harriers | F35 | 12 | F | 77 | | | | | |
| SW | 67 | 44 | Elizabeth Walls | 637 | 26:12 | Dv1 | St Albans Striders | F55 | 3 | F | 76 | | | | | |
| SW | 68 | 45 | Louise Bentham | 1677 | 26:13 | Dv1 | Luton AC | F45 | 8 | F | 75 | | | | | |
| SW | 73 | 46 | Coralie Anderson | 946 | 26:19 | Dv1 | Leighton Buzzard AC | F35 | 13 | F | 74 | | | | | |
| SW | 74 | 47 | Harriette Purchas | 1580 | 26:23 | Dv1 | Tring Running Club | F45 | 9 | F | 73 | | | | | |
| SW | 75 | 48 | Gwyneth Hueter | 2009 | 26:24 | Dv1 | Oxford City AC | F55 | 4 | F | 72 | | | | | |
| SW | 76 | 49 | Celine Wilcock | 1590 | 26:25 | Dv1 | Tring Running Club | F35 | 14 | F | 71 | | | | | |
| SW | 79 | 50 | Debra Brent | 51 | 26:34 | Dv1 | Marshall Milton Keynes AC | F45 | 10 | F | 70 | | | | | |
| SW | 80 | 51 | Becky Farwell | 2659 | 26:39 | Dv1 | Dacorum & Tring AC | F5 | 23 | F | 69 | | | | | |
| SW | 81 | 52 | Wendy Pearson | 1004 | 26:40 | Dv1 | Dacorum & Tring AC | F35 | 15 | F | 68 | | | | | |
| SW | 83 | 53 | Ruth Kerr | 438 | 26:51 | Dv1 | Bedford and County AC | F45 | 11 | F | 67 | | | | | |
| SW | 86 | 54 | Tracey Cotton | 1883 | 27:02 | Dv1 | Gade Valley Harriers | F35 | 16 | F | 66 | | | | | |
| SW | 89 | 55 | Louise Flower | 991 | 27:04 | Dv1 | Dacorum & Tring AC | FS | 24 | F | 65 | | | | | |
| SW | 91 | 56 | Victoria Crawley-Wise | 1884 | 27:08 | Dv1 | Gade Valley Harriers | F35 | 17 | F | 64 | | | | | |
| SW | 93 | 57 | Liz Peters | 952 | 27:10 | Dv1 | Leighton Buzzard AC | F35 | 18 | F | 63 | | | | | |
| SW | 94 | 58 | Celia Findlay | 1086 | 27:13 | Dv1 | Dacorum & Tring AC | F45 | 12 | F | 62 | | | | | |
| SW | 95 | 59 | Judy Willis | 631 | 27:15 | Dv1 | St Albans Striders | F45 | 13 | F | 61 | | | | | |
| SW | 96 | 60 | Maria Williams | 953 | 27:17 | Dv1 | Leighton Buzzard AC | F35 | 19 | F | 60 | | | | | |
| SW | 97 | 61 | Mandy Attree | 632 | 27:19 | Dv1 | St Albans Striders | F45 | 14 | F | 59 | | | | | |
| SW | 98 | 62 | Lisa Bowyer | 940 | 27:20 | Dv1 | Leighton Buzzard AC | F5 | 25 | F | 58 | | | | | |
| SW | 99 | 63 | Julie Hall | 1484 | 27:32 | Dv1 | Redway Runners | F45 | 15 | F | 57 | | | | | |
| SW | 100 | 64 | Abigail Askey | 320 | 27:34 | Dv1 | Chiltern Harriers | F35 | 20 | F | 56 | | | | | |
| SW | 101 | 65 | Helen Tullie | 1576 | 27:34 | Dv1 | Tring Running Club | F35 | 21 | F | 55 | | | | | |
| SW | 103 | 66 | Hilary Needleman | 1598 | 27:39 | Dv1 | Tring Running Club | F55 | 5 | F | 54 | | | | | |
| SW | 104 | 67 | Allie Park | 633 | 27:47 | Dv1 | St Albans Striders | F35 | 22 | F | 53 | | | | | |
| SW | 105 | 68 | Natalie Chandler | 1284 | 27:54 | Dv1 | Vale of Aylesbury AC | FS | 26 | F | 52 | | | | | |
| SW | 106 | 69 | Christina Stevens | 1615 | 27:57 | Dv1 | Tring Running Club | FS | 27 | F | 51 | | | | | |
| SW | 107 | 70 | Leah Hartwell | 68 | 27:58 | Dv1 | Marshall Milton Keynes AC | F35 | 23 | F | 50 | | | | | |
| SW | 109 | 71 | Tina Le | 1003 | 28:07 | Dv1 | Dacorum & Tring AC | F35 | 24 | F | 49 | | | | | |
| SW | 111 | 72 | Victoria Thornley | 2658 | 28:24 | Dv1 | Dacorum & Tring AC | FS | 28 | F | 48 | | | | | |
| SW | 114 | 73 | Mary Winks | 1513 | 28:41 | Dv1 | Redway Runners | F45 | 16 | F | 47 | | | | | |
| SW | 115 | 74 | Jackie Jay | 1678 | 28:45 | Dv1 | Luton AC | F35 | 25 | F | 46 | | | | | |
| SW | 116 | 75 | Kassia Gardner | 949 | 28:47 | Dv1 | Leighton Buzzard AC | F35 | 26 | F | 45 | | | | | |
| SW | 117 | 76 | Hannah Connelly | 1519 | 28:49 | Dv1 | Redway Runners | F35 | 27 | F | 44 | | | | | |
| SW | 118 | 77 | Sarah Buck | 1491 | 28:51 | Dv1 | Redway Runners | F35 | 28 | F | 43 | | | | | |
| SW | 120 | 78 | Emma Coombes | 435 | 29:01 | Dv1 | Bedford and County AC | F35 | 29 | F | 42 | | | | | |
| SW | 121 | 79 | Victoria Shelton | 1285 | 29:02 | Dv1 | Vale of Aylesbury AC | F45 | 17 | F | 41 | | | | | |
| SW | 123 | 80 | Nikki Inchley | 958 | 29:04 | Dv1 | Leighton Buzzard AC | F35 | 30 | F | 40 | | | | | |
| SW | 124 | 81 | Daria Croker | 1489 | 29:04 | Dv1 | Redway Runners | F45 | 18 | F | 39 | | | | | |
| SW | 125 | 82 | Lucy Stern | 624 | 29:07 | Dv1 | St Albans Striders | F45 | 19 | F | 38 | | | | | |
| SW | 128 | 83 | Fiona Williams | 329 | 29:17 | Dv1 | Chiltern Harriers | F35 | 31 | F | 37 | | | | | |
| SW | 129 | 84 | Nicky Ford | 1506 | 29:21 | Dv1 | Redway Runners | F45 | 20 | F | 36 | | | | | |
| SW | 131 | 85 | Kate Johnson | 943 | 29:30 | Dv1 | Leighton Buzzard AC | FS | 29 | F | 35 | | | | | |
| SW | 134 | 86 | Hannah Whiffen | 1640 | 29:37 | Dv1 | Tring Running Club | FS | 30 | F | 34 | | | | | |
| SW | 135 | 87 | Jenny Moorhouse | 1531 | 29:39 | Dv1 | Redway Runners | F35 | 31 | F | 33 | | | | | |
| SW | 138 | 88 | Nicola Cowee | 1636 | 29:44 | Dv1 | Tring Running Club | F45 | 21 | F | 32 | | | | | |
| SW | 139 | 89 | Hayley Vinnicombe | 440 | 29:45 | Dv1 | Bedford and County AC | F45 | 22 | F | 31 | | | | | |
| SW | 141 | 90 | Barbara Ralph | 314 | 29:53 | Dv1 | Chiltern Harriers | F55 | 6 | F | 30 | | | | | |
| SW | 142 | 91 | Gillian Jubb | 645 | 29:55 | Dv1 | St Albans Striders | F35 | 33 | F | 29 | | | | | |
| SW | 143 | 92 | Mandie Fickling | 1260 | 29:59 | Dv1 | Vale of Aylesbury AC | F45 | 23 | F | 28 | | | | | |
| SW | 146 | 93 | Jaqui Sampson | 1876 | 30:12 | Dv1 | Gade Valley Harriers | F35 | 34 | F | 27 | | | | | |
| SW | 147 | 94 | Carole Jack | 644 | 30:12 | Dv1 | St Albans Striders | F45 | 24 | F | 26 | | | | | |
| SW | 149 | 95 | Gemma Moseley | 2805 | 30:15 | Dv1 | Dacorum & Tring AC | FS | 31 | F | 25 | | | | | |
| SW | 150 | 96 | Louise Quinn | 1637 | 30:22 | Dv1 | Tring Running Club | F45 | 25 | F | 24 | | | | | |
| SW | 152 | 97 | Heather Fallaize | 1259 | 30:27 | Dv1 | Vale of Aylesbury AC | F55 | 7 | F | 23 | | | | | |
| SW | 153 | 98 | Alex Leach | 645 | 30:38 | Dv1 | St Albans Striders | F35 | 32 | F | 22 | | | | | |
| SW | 155 | 99 | Voula Wheeler | 42 | 30:44 | Dv1 | Marshall Milton Keynes AC | F35 | 36 | F | 21 | | | | | |
| SW | 156 | 100 | Alison Bell | 954 | 30:51 | Dv1 | Leighton Buzzard AC | F45 | 26 | F | 20 | | | | | |
| SW | 157 | 101 | Kate Marston | 1632 | 30:55 | Dv1 | Tring Running Club | FS | 32 | F | 19 | | | | | |
| SW | 159 | 102 | Denise Burford | 1000 | 31:12 | Dv1 | Dacorum & Tring AC | F35 | 37 | F | 18 | | | | | |
| SW | 160 | 103 | Penny Walduck | 1016 | 31:12 | Dv1 | Dacorum & Tring AC | F45 | 27 | F | 17 | | | | | |
| SW | 161 | 104 | Katia Andrews | 1453 | 31:23 | Dv1 | Harrow AC | F35 | 38 | F | 16 | | | | | |
| SW | 167 | 105 | Tamsin Finch | 334 | 31:59 | Dv1 | Chiltern Harriers | F35 | 39 | F | 15 | | | | | |
| SW | 171 | 106 | Jacki Eskdale | 1880 | 32:13 | Dv1 | Gade Valley Harriers | F55 | 8 | F | 14 | | | | | |
| SW | 175 | 107 | Miriam Kempson | 337 | 32:57 | Dv1 | Chiltern Harriers | F45 | 28 | F | 13 | | | | | |
| SW | 177 | 108 | Karen Bugaj | 57 | 33:44 | Dv1 | Marshall Milton Keynes AC | F55 | 9 | F | 12 | | | | | |
| SW | 178 | 109 | Angela Mulligan | 1541 | 33:58 | Dv1 | Redway Runners | F5 | 33 | F | 11 | | | | | |
| SW | 180 | 110 | Helen Cook | 1887 | 34:23 | Dv1 | Gade Valley Harriers | F45 | 29 | F | 10 | | | | | |
| SW | 180 | 111 | Elizabeth Miller | 966 | 34:40 | Dv1 | Leighton Buzzard AC | F55 | 10 | F | 9 | | | | | |
| SW | 183 | 112 | Helen Reardon | 994 | 35:42 | Dv1 | Dacorum & Tring AC | FS | 34 | F | 8 | | | | | |
| SW | 184 | 113 | Annette Smyth | 1515 | 36:13 | Dv1 | Redway Runners | F45 | 30 | F | 7 | | | | | |
| SW | 185 | 114 | Charlotte Mogahern | 2804 | 36:14 | Dv1 | Dacorum & Tring AC | FS | 35 | F | 6 | | | | | |
| SW | 186 | 115 | Shirley White | 1639 | 37:10 | Dv1 | Tring Running Club | F55 | 11 | F | 5 | | | | | |
| SW | 189 | 116 | Helena Blucher-Altona | 1499 | 37:50 | Dv1 | Redway Runners | F45 | 31 | F | 4 | | | | | |
| SW | 190 | 117 | Pat Card | 1279 | 37:58 | Dv1 | Vale of Aylesbury AC | F55 | 12 | F | 3 | | | | | |
| SW | 192 | 118 | Caroline Mann | 967 | 38:31 | Dv1 | Leighton Buzzard AC | F35 | 40 | F | 2 | | | | | |
| SW | 193 | 119 | Jessica Jenkins | 895 | 39:35 | Dv1 | Leighton Buzzard AC | FS | 36 | F | 1 | | | | | |

Under 17/20 Women

| Race | Pos | D1 | Name | No. | Time | Div | Club | Cat | Cat | M/F | Pts | F17/20 overall after 5 matches | Total | Under 20 Women Team | Rank | |
|------|-----|----|-----------------|------|-------|-----|------------------------------------|-----|-----|-----|-----|--------------------------------------|-------|---------------------|--------------------------------------|----|
| F20 | 1 | | Emma Mearns | 142 | 18:35 | Dv1 | Marshall Milton Keynes AC | F17 | 1 | F | 32 | 1 Bedford and County AC | FJ | 588 | 1 Bedford and County AC | 28 |
| F20 | 2 | | Anna Vinnicombe | 387 | 18:38 | Dv1 | Bedford and County AC | F17 | 2 | F | 31 | 2 Marshall Milton Keynes AC | FJ | 523 | 2 Marshall Milton Keynes AC | 22 |
| F20 | 3 | | Robyn Watkins | 236 | 16:59 | Dv1 | Chiltern Harriers | F17 | 3 | F | 30 | 3 Chiltern Harriers | FJ | 438 | 3 Chiltern Harriers | 23 |
| F20 | 4 | | Lauren Nichols | 394 | 17:16 | Dv1 | Bedford and County AC | F17 | 4 | F | 29 | 4 St Albans Striders | FJ | 383 | 4 St Albans Striders | 11 |
| F20 | 5 | | Bonnie Murphy | 451 | 17:21 | Dv1 | Bedford and County AC | F20 | 1 | F | 28 | 5 Windsor, Slough Eton & Hounslow AC | FJ | 244 | 5 Windsor, Slough Eton & Hounslow AC | 16 |
| F20 | 6 | | Hannah Shelton | 392 | 17:25 | Dv1 | Bedford and County AC | F17 | 5 | F | 27 | 6 Dacorum & Tring AC | FJ | 192 | 6 Oxford City AC | 20 |
| F20 | 7 | | Diana Chalmers | 456 | 17:30 | Dv1 | Bedford and County AC | F20 | 2 | F | 26 | 7 Harrow AC | FJ | 180 | 7 Vale of Aylesbury AC | 20 |
| F20 | 8 | | Enya Deyssel | 136 | 17:32 | Dv1 | Marshall Milton Keynes AC | F17 | 6 | F | 25 | 8 Vale of Aylesbury AC | FJ | 150 | 8 Luton AC | 9 |
| F20 | 10 | | Juliet Soane | 1146 | 17:38 | Dv1 | Windsor, Slough Eton & Hounslow AC | F17 | 7 | F | 24 | 9 Oxford City AC | FJ | 130 | 9 Harrow AC | 7 |
| F20 | 11 | | Hannah Thear | | | | | | | | | | | | | |

