



|    |     |                           |      |                                       |     |      |     |                                    |    |              |            |            |            |            |
|----|-----|---------------------------|------|---------------------------------------|-----|------|-----|------------------------------------|----|--------------|------------|------------|------------|------------|
| SM | 121 | 22 Steve Roberts          | 2392 | 34:39 Handy Cross RC                  | M50 | 2 M  | 115 | Purple Patch Running               | MS |              |            |            |            |            |
| SM | 122 | 23 Owen Byrne             | 2112 | 34:40 Bearbrook Running Club          | M50 | 3 M  | 114 | Bicester AC                        | MS |              |            |            |            |            |
| SM | 128 | 24 Francis Hale           | 2574 | 34:44 Higham Harriers                 | M40 | 4 M  | 113 | Biggleswade AC                     | MS |              |            |            |            |            |
| SM | 129 | 25 Brendon Gilbert        | 2393 | 34:45 Handy Cross RC                  | M40 | 5 M  | 112 | <b>Under 20 Men Team</b>           |    | <b>Total</b> | <b>1</b>   | <b>2</b>   | <b>3</b>   |            |
| SM | 130 | 26 Michael Greener        | 2614 | 34:46 MK Distance Project             | MS  | 13 M | 111 | 1 MK Distance Project              |    | <b>402</b>   | <b>135</b> | <b>134</b> | <b>133</b> |            |
| SM | 133 | 27 Simon Woodward         | 1704 | 34:54 Silson AC                       | M40 | 6 M  | 110 | 2 Radley AC                        |    | <b>130</b>   | <b>130</b> |            |            |            |
| SM | 144 | 28 Jon Kemp               | 2302 | 35:09 Wellingborough & District AC    | M40 | 7 M  | 109 | 3 Stevenage & North Herts          |    | <b>96</b>    | <b>63</b>  | <b>33</b>  |            |            |
| SM | 146 | 29 Nic Stewart            | 2178 | 35:22 Buckingham & Stowe              | MS  | 14 M | 108 | 4 Watford Harriers                 |    | <b>75</b>    | <b>75</b>  |            |            |            |
| SM | 147 | 30 Nick Harris            | 2105 | 35:25 Watford Harriers                | M40 | 8 M  | 107 | Tring Running Club                 |    |              |            |            |            |            |
| SM | 149 | 31 Trevor Hunter          | 2391 | 35:31 Handy Cross RC                  | M40 | 9 M  | 106 | Bicester AC                        |    |              |            |            |            |            |
| SM | 154 | 32 Tom Hill               | 1880 | 35:41 Tring Running Club              | MS  | 15 M | 105 | Luton AC                           |    |              |            |            |            |            |
| SM | 159 | 33 Kevin Tustain          | 2488 | 35:51 Brackley & District RC          | MS  | 16 M | 104 | Silson AC                          |    |              |            |            |            |            |
| SM | 160 | 34 Charlie Pughe          | 2361 | 35:53 Thame Runners                   | MS  | 17 M | 103 | Bearbrook Running Club             |    |              |            |            |            |            |
| SM | 161 | 35 Jim Darcy              | 1705 | 35:54 Silson AC                       | M50 | 4 M  | 102 | Thame Runners                      |    |              |            |            |            |            |
| SM | 162 | 36 Dominic Reed           | 2395 | 35:56 Handy Cross RC                  | MS  | 18 M | 101 | Bracknell AC                       |    |              |            |            |            |            |
| SM | 178 | 37 Frank Ryan             | 2093 | 36:22 Watford Harriers                | M50 | 5 M  | 100 | Buckingham & Stowe                 |    |              |            |            |            |            |
| SM | 180 | 38 Aman Uppal             | 2406 | 36:26 Handy Cross RC                  | MS  | 19 M | 99  | Banbury Harriers                   |    |              |            |            |            |            |
| SM | 181 | 39 Nigel Bunn             | 1859 | 36:26 Tring Running Club              | M50 | 6 M  | 98  | Handy Cross RC                     |    |              |            |            |            |            |
| SM | 183 | 40 Hill Andrew            | 1834 | 36:33 Tring Running Club              | MS  | 20 M | 97  | Wellingborough & District AC       |    |              |            |            |            |            |
| SM | 187 | 41 Keith Preedy           | 1870 | 36:50 Tring Running Club              | M50 | 7 M  | 96  | Maidenhead AC                      |    |              |            |            |            |            |
| SM | 189 | 42 Lee Adams              | 2669 | 36:52 MK Distance Project             | MS  | 21 M | 95  | Eynsham Road Runners               |    |              |            |            |            |            |
| SM | 193 | 43 Paul Ruttley           | 2104 | 36:57 Watford Harriers                | M40 | 10 M | 94  | Queens Park Harriers               |    |              |            |            |            |            |
| SM | 198 | 44 Michael Burgess        | 1861 | 37:05 Tring Running Club              | M50 | 8 M  | 93  | Purple Patch Running               |    |              |            |            |            |            |
| SM | 200 | 45 Simon Pritchard        | 2276 | 37:07 Banbury Harriers                | M40 | 11 M | 92  | Brackley & District RC             |    |              |            |            |            |            |
| SM | 205 | 46 Elliot Winter          | 2625 | 37:13 MK Distance Project             | MS  | 22 M | 91  | Leighton Buzzard Triathlon Club    |    |              |            |            |            |            |
| SM | 209 | 47 Alun Jones             | 2400 | 37:21 Handy Cross RC                  | M60 | 1 M  | 90  | Higham Harriers                    |    |              |            |            |            |            |
| SM | 211 | 48 Oliver Newell          | 2384 | 37:38 Thame Runners                   | MS  | 23 M | 89  | Olney Runners                      |    |              |            |            |            |            |
| SM | 212 | 49 Chris Noble            | 2481 | 37:41 Brackley & District RC          | M50 | 9 M  | 88  | Biggleswade AC                     |    |              |            |            |            |            |
| SM | 214 | 50 Thomas Roberts         | 2304 | 37:44 Wellingborough & District AC    | MS  | 24 M | 87  | <b>Veteran Men Team</b>            |    | <b>Total</b> | <b>1</b>   | <b>2</b>   | <b>3</b>   | <b>4</b>   |
| SM | 215 | 51 Gareth Bowden          | 2485 | 37:56 Brackley & District RC          | M40 | 12 M | 86  | 1 Watford Harriers                 |    | <b>471</b>   | <b>125</b> | <b>122</b> | <b>117</b> | <b>107</b> |
| SM | 220 | 52 Dan Wright             | 2183 | 38:05 Buckingham & Stowe              | MS  | 25 M | 85  | 2 Handy Cross RC                   |    | <b>423</b>   | <b>115</b> | <b>112</b> | <b>106</b> | <b>90</b>  |
| SM | 223 | 53 Philip Vincent         | 2269 | 38:10 Banbury Harriers                | M40 | 13 M | 84  | 3 Bearbrook Running Club           |    | <b>380</b>   | <b>116</b> | <b>114</b> | <b>83</b>  | <b>67</b>  |
| SM | 224 | 54 Liam Dawson            | 2113 | 38:17 Bearbrook Running Club          | M40 | 14 M | 83  | 4 Tring Running Club               |    | <b>369</b>   | <b>98</b>  | <b>96</b>  | <b>93</b>  | <b>82</b>  |
| SM | 229 | 55 Steve Long             | 1867 | 38:35 Tring Running Club              | M50 | 10 M | 82  | 5 Silson AC                        |    | <b>338</b>   | <b>110</b> | <b>102</b> | <b>69</b>  | <b>57</b>  |
| SM | 232 | 56 Chris Yoxall           | 2511 | 38:41 Leighton Buzzard Triathlon Club | MS  | 26 M | 81  | 6 Banbury Harriers                 |    | <b>256</b>   | <b>92</b>  | <b>84</b>  | <b>54</b>  | <b>26</b>  |
| SM | 237 | 57 Tom Broughton          | 2372 | 39:03 Thame Runners                   | MS  | 27 M | 80  | 7 Brackley & District RC           |    | <b>242</b>   | <b>88</b>  | <b>86</b>  | <b>38</b>  | <b>30</b>  |
| SM | 240 | 58 Neil Gray              | 2575 | 39:07 Higham Harriers                 | M40 | 15 M | 79  | 8 Higham Harriers                  |    | <b>192</b>   | <b>113</b> | <b>79</b>  |            |            |
| SM | 244 | 59 Chris Butler           | 2118 | 39:15 Bearbrook Running Club          | MS  | 28 M | 78  | 9 Thame Runners                    |    | <b>167</b>   | <b>72</b>  | <b>42</b>  | <b>40</b>  | <b>13</b>  |
| SM | 245 | 60 Paul Wright            | 2626 | 39:18 MK Distance Project             | MS  | 29 M | 77  | 10 Queens Park Harriers            |    | <b>167</b>   | <b>60</b>  | <b>41</b>  | <b>34</b>  | <b>32</b>  |
| SM | 246 | 61 Daniel Amsbury         | 2150 | 39:19 Bearbrook Running Club          | MS  | 30 M | 76  | 11 Wellingborough & District AC    |    | <b>133</b>   | <b>109</b> | <b>24</b>  |            |            |
| SM | 247 | 62 Simeon Beckford-Tongs  | 2092 | 39:21 Watford Harriers                | M20 | 6 M  | 75  | 12 Stevenage & North Herts         |    | <b>130</b>   | <b>71</b>  | <b>29</b>  | <b>16</b>  | <b>14</b>  |
| SM | 249 | 63 Simon Hull             | 2181 | 39:23 Buckingham & Stowe              | M40 | 16 M | 74  | 13 Leighton Buzzard Triathlon Club |    | <b>129</b>   | <b>65</b>  | <b>44</b>  | <b>20</b>  |            |
| SM | 250 | 64 Alex Johnston          | 2356 | 39:24 Queens Park Harriers            | MS  | 31 M | 73  | 14 Buckingham & Stowe              |    | <b>109</b>   | <b>74</b>  | <b>31</b>  | <b>4</b>   |            |
| SM | 252 | 65 Nicholas Barlow        | 2379 | 39:31 Thame Runners                   | M40 | 17 M | 72  | 15 Olney Runners                   |    | <b>79</b>    | <b>64</b>  | <b>15</b>  |            |            |
| SM | 254 | 66 Mark Grayson           | 1929 | 39:34 Stevenage & North Herts         | M40 | 18 M | 71  | 16 Luton AC                        |    | <b>12</b>    | <b>7</b>   | <b>5</b>   |            |            |
| SM | 256 | 67 Alex Penny             | 2161 | 39:36 Buckingham & Stowe              | MS  | 32 M | 70  | Eynsham Road Runners               |    |              |            |            |            |            |
| SM | 257 | 68 Stewart Shears         | 1691 | 39:39 Silson AC                       | M40 | 19 M | 69  | MK Distance Project                |    |              |            |            |            |            |
| SM | 258 | 69 Toby Cartwright        | 2483 | 39:41 Brackley & District RC          | MS  | 33 M | 68  | Maidenhead AC                      |    |              |            |            |            |            |
| SM | 261 | 70 Ian Higginson          | 2114 | 39:51 Bearbrook Running Club          | M40 | 20 M | 67  | Purple Patch Running               |    |              |            |            |            |            |
| SM | 262 | 71 Mantis Vilimas         | 2577 | 39:52 Higham Harriers                 | MS  | 34 M | 66  | Bracknell AC                       |    |              |            |            |            |            |
| SM | 266 | 72 Chris Leech            | 2506 | 39:57 Leighton Buzzard Triathlon Club | M60 | 2 M  | 65  | Bicester AC                        |    |              |            |            |            |            |
| SM | 269 | 73 Stephen Dicks          | 2602 | 40:10 Olney Runners                   | M40 | 21 M | 64  | Radley AC                          |    |              |            |            |            |            |
| SM | 273 | 74 Liam Gregory           | 1940 | 40:16 Stevenage & North Herts         | M20 | 7 M  | 63  | Biggleswade AC                     |    |              |            |            |            |            |
| SM | 275 | 75 Tom Baker              | 2522 | 40:21 Eynsham Road Runners            | MS  | 35 M | 62  |                                    |    |              |            |            |            |            |
| SM | 276 | 76 Gary Sparkes           | 2123 | 40:25 Bearbrook Running Club          | M50 | 11 M | 61  |                                    |    |              |            |            |            |            |
| SM | 280 | 77 Richard Byrne          | 2347 | 40:37 Queens Park Harriers            | M40 | 22 M | 60  |                                    |    |              |            |            |            |            |
| SM | 281 | 78 Liam White             | 2624 | 40:42 MK Distance Project             | MS  | 36 M | 59  |                                    |    |              |            |            |            |            |
| SM | 283 | 79 Dominic Veal           | 1856 | 40:56 Tring Running Club              | M40 | 23 M | 58  |                                    |    |              |            |            |            |            |
| SM | 286 | 80 Paul King              | 1693 | 41:05 Silson AC                       | M40 | 24 M | 57  |                                    |    |              |            |            |            |            |
| SM | 291 | 81 Michael Spencer        | 1694 | 41:15 Silson AC                       | M50 | 12 M | 56  |                                    |    |              |            |            |            |            |
| SM | 294 | 82 Graham Conquest        | 1698 | 41:23 Silson AC                       | M50 | 13 M | 55  |                                    |    |              |            |            |            |            |
| SM | 295 | 83 Phil Coy               | 2272 | 41:26 Banbury Harriers                | M60 | 3    | 54  |                                    |    |              |            |            |            |            |
| SM | 296 | 84 Greg Ball              | 1696 | 41:29 Silson AC                       | M40 | 25 M | 53  |                                    |    |              |            |            |            |            |
| SM | 298 | 85 Pete Chambers          | 1709 | 41:32 Silson AC                       | MS  | 37 M | 52  |                                    |    |              |            |            |            |            |
| SM | 299 | 86 Paul Erwood            | 2670 | 41:34 MK Distance Project             | MS  | 38 M | 51  |                                    |    |              |            |            |            |            |
| SM | 300 | 87 David Morris           | 1692 | 41:36 Silson AC                       | M50 | 14 M | 50  |                                    |    |              |            |            |            |            |
| SM | 301 | 88 Toby Heley             | 1697 | 41:38 Silson AC                       | M40 | 26 M | 49  |                                    |    |              |            |            |            |            |
| SM | 302 | 89 Jonathan Carruthers    | 2278 | 41:41 Banbury Harriers                | MS  | 39 M | 48  |                                    |    |              |            |            |            |            |
| SM | 303 | 90 Liam O'Hara            | 2510 | 41:42 Leighton Buzzard Triathlon Club | MS  | 40 M | 47  |                                    |    |              |            |            |            |            |
| SM | 305 | 91 Shaun Twelftree        | 2163 | 41:48 Buckingham & Stowe              | MS  | 41 M | 46  |                                    |    |              |            |            |            |            |
| SM | 309 | 92 Paul Dineen            | 2398 | 42:02 Handy Cross RC                  | M50 | 15 M | 45  |                                    |    |              |            |            |            |            |
| SM | 310 | 93 Rob Owen               | 2508 | 42:07 Leighton Buzzard Triathlon Club | M50 | 16 M | 44  |                                    |    |              |            |            |            |            |
| SM | 314 | 94 Jeff Rycroft           | 1699 | 42:22 Silson AC                       | M50 | 17 M | 43  |                                    |    |              |            |            |            |            |
| SM | 321 | 95 John Gulliver          | 2375 | 42:35 Thame Runners                   | M50 | 18 M | 42  |                                    |    |              |            |            |            |            |
| SM | 323 | 96 Patrick Brennan        | 2348 | 42:55 Queens Park Harriers            | M50 | 19 M | 41  |                                    |    |              |            |            |            |            |
| SM | 324 | 97 Berwyn Pritchard-Jones | 2364 | 43:02 Thame Runners                   | M40 | 27 M | 40  |                                    |    |              |            |            |            |            |
| SM | 325 | 98 Ben Hinton             | 1695 | 43:04 Silson AC                       | MS  | 42 M | 39  |                                    |    |              |            |            |            |            |
| SM | 326 | 99 Adrian Crookes         | 2482 | 43:08 Brackley & District RC          | M40 | 28 M | 38  |                                    |    |              |            |            |            |            |
| SM | 330 | 100 Michael Wilkinson     | 2338 | 43:24 Queens Park Harriers            | MS  | 43 M | 37  |                                    |    |              |            |            |            |            |
| SM | 337 | 101 Graham Mayoh          | 2096 | 43:45 Watford Harriers                | M50 | 20 M | 36  |                                    |    |              |            |            |            |            |
| SM | 338 | 102 Graham Foulkes        | 2120 | 43:46 Bearbrook Running Club          | M60 | 4 M  | 35  |                                    |    |              |            |            |            |            |
| SM | 339 | 103 Adrian Boylan         | 2355 | 43:47 Queens Park Harriers            | M60 | 5 M  | 34  |                                    |    |              |            |            |            |            |
| SM | 343 | 104 Harry Major           | 1931 | 44:09 Stevenage & North Herts         | M20 | 8 M  | 33  |                                    |    |              |            |            |            |            |
| SM | 345 | 105 Richard Davies        | 2353 | 44:14 Queens Park Harriers            | M50 | 21 M | 32  |                                    |    |              |            |            |            |            |
| SM | 346 | 106 Chris Herbert         | 2172 | 44:30 Buckingham & Stowe              | M50 | 22 M | 31  |                                    |    |              |            |            |            |            |
| SM | 352 | 107 Brad Hook             | 2489 | 45:12 Brackley & District RC          | M40 | 29 M | 30  |                                    |    |              |            |            |            |            |
| SM | 357 | 108 Paul Pickard          | 1936 | 45:28 Stevenage & North Herts         | M40 | 30 M | 29  |                                    |    |              |            |            |            |            |
| SM | 358 | 109 Simon Zacharzewski    | 2507 | 45:31 Leighton Buzzard Triathlon Club | MS  | 44 M | 28  |                                    |    |              |            |            |            |            |
| SM | 360 | 110 Kevin Clark           | 2087 | 45:52 Watford Harriers                | M50 | 23 M | 27  |                                    |    |              |            |            |            |            |
| SM | 361 | 111 Neil Frape            | 2275 | 46:01 Banbury Harriers                | M50 | 24 M | 26  |                                    |    |              |            |            |            |            |
| SM | 365 | 112 Glyn Pritchard        | 2274 | 46:30 Banbury Harriers                | M70 | 1 M  | 25  |                                    |    |              |            |            |            |            |
| SM | 367 | 113 Mark Cheadle          | 2306 | 47:47 Wellingborough & District AC    | M40 | 31 M | 24  |                                    |    |              |            |            |            |            |
| SM | 369 | 114 Adrian Harwood        | 2097 | 48:17 Watford Harriers                | M50 | 25 M | 23  |                                    |    |              |            |            |            |            |
| SM | 370 | 115 Julian Chronicle      | 2484 | 48:23 Brackley & District RC          | M40 | 32 M | 22  |                                    |    |              |            |            |            |            |
| SM | 371 | 116 Neil Forbes           | 2277 | 48:27 Banbury Harriers                | M60 | 6 M  | 21  |                                    |    |              |            |            |            |            |
| SM | 372 | 117 Kevin Moore           | 2509 | 48:33 Leighton Buzzard Triathlon Club | M50 | 26 M | 20  |                                    |    |              |            |            |            |            |
| SM | 373 | 118 John Piggott          | 1868 | 48:37 Tring Running Club              | M50 | 27 M | 19  |                                    |    |              |            |            |            |            |
| SM | 376 | 119 Nick Locke            | 2487 | 48:57 Brackley & District RC          | M40 | 33 M | 18  |                                    |    |              |            |            |            |            |
| SM | 377 | 120 Andy Collings         | 1862 | 49:17 Tring Running Club              | M50 | 28 M | 17  |                                    |    |              |            |            |            |            |
| SM | 379 | 121 Steve Feely           | 1937 | 50:26 Stevenage & North Herts         | M50 | 29 M | 16  |                                    |    |              |            |            |            |            |







|     |    |                         |      |                               |     |      |    |
|-----|----|-------------------------|------|-------------------------------|-----|------|----|
| F13 | 69 | 32 Violet Scarborough   | 2644 | 13:09 MK Distance Project     | F13 | 32 F | 12 |
| F13 | 72 | 33 Sienna Heape         | 2218 | 13:20 Maidenhead AC           | F13 | 33 F | 11 |
| F13 | 77 | 34 Olivia Winks         | 1690 | 13:37 Silson AC               | F13 | 34 F | 10 |
| F13 | 80 | 35 Rochelle Parker      | 1672 | 13:43 Silson AC               | F13 | 35 F | 9  |
| F13 | 85 | 36 Molly White          | 2591 | 14:03 Olney Runners           | F13 | 36 F | 8  |
| F13 | 86 | 37 Amy McCague          | 1923 | 14:15 Stevenage & North Herts | F13 | 37 F | 7  |
| F13 | 88 | 38 Claudia Duran        | 2240 | 14:33 Maidenhead AC           | F13 | 38 F | 6  |
| F13 | 90 | 39 Eve Lawson           | 1664 | 14:41 Silson AC               | F13 | 39 F | 5  |
| F13 | 91 | 40 Sophie King          | 1760 | 14:56 Bracknell AC            | F13 | 40 F | 4  |
| F13 | 94 | 41 Lauren Thomas        | 1687 | 15:23 Silson AC               | F13 | 41 F | 3  |
| F13 | 95 | 42 Lucy King            | 1662 | 15:45 Silson AC               | F13 | 42 F | 2  |
| F13 | 96 | 43 Sophia Fleck-McGrath | 2230 | 33:46 Maidenhead AC           | F13 | 43 F | 1  |