

Results Base Chiltern League 2018/19 - Division 1 - Match 4 - Keysoe - 12 January 2019

Overall Team Result		After 4 rounds	
1 Marshall Milton Keynes AC	3216	1 Marshall Milton Keynes AC	14148
2 Bedford and County AC	3141	2 Chiltern Harriers	12205
3 Chiltern Harriers	2725	3 Bedford and County AC	12158
4 St Albans Striders	2559	4 Wycombe Phoenix	11077
5 Leighton Buzzard AC	2377	5 St Albans Striders	10749
6 Wycombe Phoenix	2363	6 Dacorum & Tring AC	9375
7 Dacorum & Tring AC	2294	7 Leighton Buzzard AC	9371
8 Watford Harriers	2146	8 Watford Harriers	9257
9 MK Distance Project	1878	9 MK Distance Project	8430
10 Harrow AC	1740	10 Harrow AC	7786
11 Vale of Aylesbury AC	1718	11 Vale of Aylesbury AC	7757
12 Gade Valley Harriers	1696	12 Gade Valley Harriers	7111
13 Headington Road Runners	1397	13 Headington Road Runners	6888
14 Oxford City AC	434	14 Oxford City AC	4149

Overall Male Team		After 4 rounds	
1 Marshall Milton Keynes AC	2345	1 Marshall Milton Keynes AC	10273
2 Bedford and County AC	2181	2 Bedford and County AC	8971
3 Chiltern Harriers	1775	3 Chiltern Harriers	8306
4 Leighton Buzzard AC	1713	4 Wycombe Phoenix	7389
5 St Albans Striders	1638	5 St Albans Striders	7316
6 Watford Harriers	1569	6 Harrow AC	6906
7 Wycombe Phoenix	1537	7 Watford Harriers	6687
8 Vale of Aylesbury AC	1521	8 Leighton Buzzard AC	6685
9 MK Distance Project	1484	9 MK Distance Project	6267
10 Harrow AC	1471	10 Vale of Aylesbury AC	6093
11 Dacorum & Tring AC	1446	11 Dacorum & Tring AC	5794
12 Gade Valley Harriers	1225	12 Gade Valley Harriers	5172
13 Headington Road Runners	1037	13 Headington Road Runners	5055
14 Oxford City AC	401	14 Oxford City AC	3182

Overall Female Team		After 4 rounds	
1 Bedford and County AC	960	1 Chiltern Harriers	3899
2 Chiltern Harriers	950	2 Marshall Milton Keynes AC	3875
3 St Albans Striders	921	3 Wycombe Phoenix	3688
4 Marshall Milton Keynes AC	871	4 Dacorum & Tring AC	3581
5 Dacorum & Tring AC	848	5 St Albans Striders	3433
6 Wycombe Phoenix	826	6 Bedford and County AC	3187
7 Leighton Buzzard AC	664	7 Leighton Buzzard AC	2686
8 Watford Harriers	577	8 Watford Harriers	2570
9 Gade Valley Harriers	471	9 MK Distance Project	2163
10 MK Distance Project	394	10 Gade Valley Harriers	1939
11 Headington Road Runners	360	11 Headington Road Runners	1833
12 Harrow AC	269	12 Vale of Aylesbury AC	1664
13 Vale of Aylesbury AC	197	13 Oxford City AC	967
14 Oxford City AC	33	14 Harrow AC	880

Overall Seniors		After 4 rounds	
1 Marshall Milton Keynes AC	2631	1 Marshall Milton Keynes AC	11283
2 Bedford and County AC	2489	2 Bedford and County AC	9510
3 Leighton Buzzard AC	2153	3 Wycombe Phoenix	9171
4 Wycombe Phoenix	1944	4 Chiltern Harriers	8586
5 Watford Harriers	1941	5 Leighton Buzzard AC	8292
6 St Albans Striders	1931	6 Watford Harriers	8128
7 Chiltern Harriers	1904	7 St Albans Striders	8087
8 Dacorum & Tring AC	1884	8 Dacorum & Tring AC	7369
9 Gade Valley Harriers	1696	9 MK Distance Project	7121
10 MK Distance Project	1605	10 Gade Valley Harriers	7111
11 Harrow AC	1594	11 Headington Road Runners	6888
12 Headington Road Runners	1397	12 Harrow AC	6732
13 Vale of Aylesbury AC	1329	13 Vale of Aylesbury AC	5982
14 Oxford City AC	354	14 Oxford City AC	3238

Overall Juniors		After 4 rounds	
1 Chiltern Harriers	821	1 Chiltern Harriers	3619
2 Bedford and County AC	652	2 Marshall Milton Keynes AC	2865
3 St Albans Striders	628	3 St Albans Striders	2662
4 Marshall Milton Keynes AC	585	4 Bedford and County AC	2648
5 Wycombe Phoenix	419	5 Dacorum & Tring AC	2006
6 Dacorum & Tring AC	410	6 Wycombe Phoenix	1906
7 Vale of Aylesbury AC	389	7 Vale of Aylesbury AC	1775
8 MK Distance Project	273	8 MK Distance Project	1309
9 Leighton Buzzard AC	224	9 Watford Harriers	1129
10 Watford Harriers	205	10 Leighton Buzzard AC	1079
11 Harrow AC	146	11 Harrow AC	1054
12 Oxford City AC	80	12 Oxford City AC	911
13 Headington Road Runners		13 Headington Road Runners	
14 Gade Valley Harriers		14 Gade Valley Harriers	

Senior Men

Race	Mob	D1	Name	No.	Time	Div	Club	Cat	Pos	M/F	Pts	Seniors overall After 4 matches	Total	Senior Men Team	Total	1	2	3	4	5	6	7	8	9	10
SM	1		Matt Bergin	725	32:11	Div1	Bedford and County AC	MS	1	M	221	1 Marshall Milton Keynes AC	8662	1 Marshall Milton Keynes AC	2060	216	214	213	211	210	209	205	198	193	191
SM	4		Damian Nevins	1241	32:56	Div1	Harrow AC	MS	2	M	220	2 Bedford and County AC	7921	2 Bedford and County AC	1947	219	217	204	201	200	194	185	183	123	
SM	5		Benjamin Davies	709	33:16	Div1	Bedford and County AC	M20	1	M	219	3 Wycombe Phoenix	6447	3 Leighton Buzzard AC	1637	199	187	178	175	173	172	158	150	134	111
SM	6		Benjamin West	1130	33:26	Div1	MK Distance Project	M20	2	M	218	4 Chiltern Harriers	6370	4 St Albans Striders	1435	197	160	154	149	148	143	142	125	114	103
SM	7		Josh Lunn	728	33:33	Div1	Bedford and County AC	MS	3	M	217	5 Harrow AC	6301	5 Harrow AC	1427	220	202	179	146	141	128	120	112	102	77
SM	8		Daniel Woodgate	197	33:40	Div1	Marshall Milton Keynes AC	MS	4	M	216	6 Leighton Buzzard AC	6246	6 Watford Harriers	1424	196	188	161	153	145	132	131	116	107	95
SM	9		George Wheeler	1085	34:09	Div1	MK Distance Project	MS	5	M	215	7 St Albans Striders	6113	7 Chiltern Harriers	1399	207	206	203	166	165	129	98	76	75	74
SM	11		James Minter	3571	34:17	Div1	Marshall Milton Keynes AC	M20	3	M	214	8 Watford Harriers	5863	8 Wycombe Phoenix	1376	195	186	180	176	171	136	124	94	57	54
SM	12		Tom Comerford	229	34:18	Div1	Marshall Milton Keynes AC	MS	6	M	213	9 MK Distance Project	5615	9 MK Distance Project	5172	198	218	215	212	184	181	127	105	96	14
SM	13		Matthew Chronicle	1128	34:44	Div1	MK Distance Project	M20	4	M	212	10 Gade Valley Harriers	5172	10 Vale of Aylesbury AC	1328	208	168	167	162	139	130	115	109	90	40
SM	14		Sam Winters	236	34:47	Div1	Marshall Milton Keynes AC	MS	7	M	211	11 Vale of Aylesbury AC	5099	11 Dacorum & Tring AC	1288	189	177	174	157	155	135	117	104	42	38
SM	15		Elliot Hind	2917	34:51	Div1	Marshall Milton Keynes AC	MS	8	M	210	12 Headington Road Runners	5055	12 Gade Valley Harriers	1225	169	164	136	133	122	119	118	91	89	84
SM	16		Paul Mizon	223	34:59	Div1	Marshall Milton Keynes AC	MS	9	M	209	13 Dacorum & Tring AC	4842	13 Headington Road Runners	1037	192	170	140	126	100	92	88	79	46	4
SM	18		Charlie May	551	35:04	Div1	Vale of Aylesbury AC	MS	10	M	208	14 Oxford City AC	2598	14 Oxford City AC	354	152	80	70	39	13					
SM	19		Richard Slade	36	35:09	Div1	Chiltern Harriers	M20	5	M	207	Under 20 Men Team After 4 matches	Total	Under 20 Men Team	Total	1	2	3							
SM	21		Nick Hughes	1	35:24	Div1	Chiltern Harriers	M40	1	M	206	1 Bedford and County AC	2457	1 Bedford and County AC	614	219	201	194							
SM	22		Graham Jones	194	35:26	Div1	Marshall Milton Keynes AC	MS	11	M	205	2 Marshall Milton Keynes AC	1646	2 MK Distance Project	614	218	212	184							
SM	25		Craig Emmerson	712	35:36	Div1	Bedford and County AC	MS	12	M	204	3 MK Distance Project	1415	3 Marshall Milton Keynes AC	405	214	191								
SM	26		James Repper	33	35:53	Div1	Chiltern Harriers	M40	2	M	203	4 St Albans Striders	863	4 Chiltern Harriers	207	207									
SM	28		Tom Cooper	1231	36:07	Div1	Harrow AC	M40	3	M	202	5 Chiltern Harriers	767	5 Dacorum & Tring AC	177	177									
SM	29		William Mullins	713	36:12	Div1	Bedford and County AC	M20	6	M	201	6 Dacorum & Tring AC	757	6 Vale of Aylesbury AC	168	168									
SM	30		Mike Channing	729	36:14	Div1	Bedford and County AC	MS	13	M	200	7 Vale of Aylesbury AC	686	7 Watford Harriers	55	55									
SM	31		Rob Elmore	925	36:18	Div1	Leighton Buzzard AC	MS	14	M	199	8 Watford Harriers	275	8 St Albans Striders											
SM	34		Thomas Dell	2913	36:28	Div1	Marshall Milton Keynes AC	MS	15	M	198	9 Harrow AC	149	9 Wycombe Phoenix											
SM	36		Steve Buckle	3550	36:34	Div1	St Albans Striders	MS	16	M	197	10 Gade Valley Harriers		10 Harrow AC											
SM	37		Ross Connor	1228	36:36	Div1	Watford Harriers	MS	17	M	196	11 Headington Road Runners		11 Leighton Buzzard AC											
SM	38		Kieran Gilfedder	744	36:43	Div1	Wycombe Phoenix	MS	18	M	195	12 Leighton Buzzard AC		12 Gade Valley Harriers											
SM	39		Cameron Gillies	710	36:47	Div1	Bedford and County AC	M20	7	M	194	13 Oxford City AC		13 Headington Road Runners											
SM	40		Mark Palsler	198	36:47	Div1	Marshall Milton Keynes AC	MS	19	M	193	14 Wycombe Phoenix		14 Oxford City AC											
SM	42		Fergus Campbell	1432	36:57	Div1	Headington Road Runners	M50	1	M	192	Veteran Men Team After 4 matches	Total	Veteran Men Team	Total	1	2	3	4						
SM	44		Ewan Forsythe	196	37:00	Div1	Marshall Milton Keynes AC	M20	8	M	191	1 Harrow AC	2644	1 Chiltern Harriers	649	206	203	165	75						
SM	46		32 Ian Wood	215	37:06	Div1	Marshall Milton Keynes AC	MS	20	M	190	2 Watford Harriers	2638	2 Leighton Buzzard AC	637	173	172	158	134						
SM	48		Jonathan Hoggett	1002	37:10	Div1	Dacorum & Tring AC	M40	4	M	189	3 Headington Road Runners	2395	3 Marshall Milton Keynes AC	636	182	163	147	144						
SM	49		Matt Adcock	1230	37:14	Div1	Watford Harriers	M50	2	M	188	4 Leighton Buzzard AC	2314	4 Watford Harriers	634	188	161	153	132						
SM	50		Billy Mead	3534	37:15	Div1	Leighton Buzzard AC	MS	21	M	187	5 St Albans Striders	2296	5 Headington Road Runners	628	192	170	140	126						
SM	51		Sean Wilson	794	37:19	Div1	Wycombe Phoenix	MS	22	M	186	6 Gade Valley Harriers	2264	6 Harrow AC	580	202	146	120	112						
SM	52		Joe Strange	704	37:27	Div1	Bedford and County AC	MS	23	M	185	7 Vale of Aylesbury AC	2253	7 Vale of Aylesbury AC	574	167	162	130	115						
SM	53		Marcus Lovell	1118	37:29	Div1	MK Distance Project	M20	9	M	184	8 Marshall Milton Keynes AC	2173	8 Gade Valley Harriers	551	164	136	133	118						
SM	54		Tom Powell	721	37:29	Div1	Bedford and County AC	MS	24	M	183	9 Chiltern Harriers	2070	9 St Albans Striders	548	149	143	142	114						
SM	56		Jeremy Vick	217	37:32	Div1	Marshall Milton Keynes AC	M40	5	M	182	10 Bedford and County AC	1972	10 Wycombe Phoenix	413	180	176	57							
SM	57		Michael Greener	1082	37:33	Div1	MK Distance Project	MS	25	M	181	11 Wycombe Phoenix	1939	11 Bedford and County AC	381	123	110	97	51						
SM	58		Frank Fulcher	812	37:34	Div1	Wycombe Phoenix	M50	3	M	180	12 Dacorum & Tring AC	1440	12 Dacorum & Tring AC	360	189	117	33	21						
SM	60		Kevin Fini	1329	37:36	Div1	Harrow AC	MS	26	M	179	13 Oxford City AC	1045	13 Oxford City AC	202	80	70	39	13						
SM	62		Chris George	913	37:43	Div1	Leighton Buzzard AC	MS	27	M	178	14 MK Distance Project		14 MK Distance Project											
SM	63		Rhys Rowlands	1008	37:46	Div1	Dacorum & Tring AC	M20	10	M	177														
SM	64		Tim Hogbin	793	37:46	Div1	Wycombe Phoenix	M40	6	M	176														
SM	66		Stuart Read	944	37:52	Div1	Leighton Buzzard AC	MS	28																

SM	77	56 Aran Davidson	5	38:13 Div1	Chiltern Harriers	MS	32M	166
SM	78	57 Ross Jarman	34	38:21 Div1	Chiltern Harriers	M40	10M	165
SM	80	58 Richard Coles	1408	38:34 Div1	Gade Valley Harriers	M40	11M	164
SM	81	59 Steve Herring	222	38:37 Div1	Marshall Milton Keynes AC	M50	5M	163
SM	82	60 Rob Taylor	554	38:39 Div1	Vale of Aylesbury AC	M40	12M	162
SM	83	61 Geoff Curwen	1219	38:40 Div1	Watford Harriers	M40	13M	161
SM	84	62 Joe Dunn	410	38:42 Div1	St Albans Striders	MS	33M	160
SM	86	63 Stephen Ratcliffe	218	38:43 Div1	Marshall Milton Keynes AC	MS	34M	159
SM	88	64 James Bell	922	38:50 Div1	Leighton Buzzard AC	M40	14M	158
SM	89	65 Jamie Marlow	3567	38:51 Div1	Dacorum & Tring AC	MS	35M	157
SM	90	66 Archie Rippin	2914	38:54 Div1	Marshall Milton Keynes AC	MS	36M	156
SM	91	67 Mike Carpenter	1009	38:57 Div1	Dacorum & Tring AC	MS	37M	155
SM	92	68 Douglas Hobson	413	38:59 Div1	St Albans Striders	MS	38M	154
SM	93	69 Julian Critchlow	1210	39:00 Div1	Watford Harriers	M50	6M	153
SM	95	70 Adam Bayliss	1547	39:05 Div1	Oxford City AC	MS	39M	152
SM	96	71 Andrew Kirschner	204	39:08 Div1	Marshall Milton Keynes AC	MS	40M	151
SM	97	72 Tom Inchley	910	39:10 Div1	Leighton Buzzard AC	MS	41M	150
SM	98	73 Stephen Hosty	432	39:14 Div1	St Albans Striders	M40	15M	149
SM	99	74 Michael Martin	420	39:14 Div1	St Albans Striders	MS	42M	148
SM	101	75 Matt Clarke	228	39:23 Div1	Marshall Milton Keynes AC	M40	16M	147
SM	103	76 Declan Traynor	1252	39:29 Div1	Harrow AC	M40	17M	146
SM	104	77 Stephen Blakely	1202	39:29 Div1	Watford Harriers	MS	43M	145
SM	108	78 Herbie Hopkins	226	39:41 Div1	Marshall Milton Keynes AC	M40	18M	144
SM	109	79 Tim Searle	453	39:42 Div1	St Albans Striders	M40	19M	143
SM	110	80 Jim King	431	39:45 Div1	St Albans Striders	M40	20M	142
SM	111	81 Peter Norris	1250	39:46 Div1	Harrow AC	MS	44M	141
SM	114	82 Kenny Lowies	1447	39:51 Div1	Headington Road Runners	M50	7M	140
SM	115	83 Mark Baines	550	39:58 Div1	Vale of Aylesbury AC	MS	45M	139
SM	116	84 James Roberts	849	40:00 Div1	Wycombe Phoenix	MS	46M	138
SM	117	85 Mike Smith	224	40:01 Div1	Marshall Milton Keynes AC	MS	47M	137
SM	118	86 Dylan Wendleken	1393	40:04 Div1	Gade Valley Harriers	M40	21M	136
SM	121	87 Matt Hamilton	987	40:08 Div1	Dacorum & Tring AC	MS	48M	135
SM	122	88 Steve Sharples	924	40:09 Div1	Leighton Buzzard AC	M50	8M	134
SM	124	89 Antony Beamish	1386	40:11 Div1	Gade Valley Harriers	M40	22M	133
SM	125	90 Stuart Ingham	1217	40:13 Div1	Watford Harriers	M40	23M	132
SM	126	91 Frank Ryan	1206	40:15 Div1	Watford Harriers	M50	9M	131
SM	127	92 Roger Seed	536	40:18 Div1	Vale of Aylesbury AC	M40	24M	130
SM	129	93 Andrew Wiseall	13	40:22 Div1	Chiltern Harriers	MS	49M	129
SM	131	94 Samuel Fenn	1237	40:30 Div1	Harrow AC	MS	50M	128
SM	132	95 Eliot Winter	1087	40:33 Div1	MK Distance Project	MS	51M	127
SM	134	96 Richard Skilbeck	1431	40:36 Div1	Headington Road Runners	M40	25M	126
SM	135	97 Tom Neill	449	40:36 Div1	St Albans Striders	MS	52M	125
SM	136	98 Dan Barker	822	40:37 Div1	Wycombe Phoenix	MS	53M	124
SM	137	99 Ewan Wilson	708	40:37 Div1	Bedford and County AC	M40	26M	123
SM	139	100 Hamish Shaw	1397	40:43 Div1	Gade Valley Harriers	MS	54M	122
SM	141	101 David Caveno Montaner	216	40:47 Div1	Marshall Milton Keynes AC	MS	55M	121
SM	145	102 Chris Finill	1236	41:01 Div1	Harrow AC	M50	10M	120
SM	146	103 Julian Smith	1401	41:04 Div1	Gade Valley Harriers	MS	56M	119
SM	147	104 Jon Roberts	1400	41:06 Div1	Gade Valley Harriers	M40	27M	118
SM	151	105 David Olima	2981	41:13 Div1	Dacorum & Tring AC	M40	28M	117
SM	152	106 Nick Harris	1218	41:13 Div1	Watford Harriers	M40	29M	116
SM	154	107 Andrew Rolt	565	41:19 Div1	Vale of Aylesbury AC	M50	11M	115
SM	155	108 Nigel Aston	412	41:19 Div1	St Albans Striders	M50	12M	114
SM	156	109 Chris Finister	2930	41:20 Div1	Marshall Milton Keynes AC	M40	30M	113
SM	157	110 Graeme Jones	1239	41:20 Div1	Harrow AC	M40	31M	112
SM	158	111 Warren Rose	918	41:21 Div1	Leighton Buzzard AC	M40	32M	111
SM	159	112 Andy Blair	705	41:22 Div1	Bedford and County AC	MS	13M	110
SM	160	113 Robert Dean	523	41:25 Div1	Vale of Aylesbury AC	M50	57M	109
SM	161	114 Eduardo Ustاران	162	41:26 Div1	Marshall Milton Keynes AC	M40	33M	108
SM	162	115 Sai Nimanianathan	122	41:28 Div1	Watford Harriers	MS	58M	107
SM	163	116 Steve Withers	188	41:31 Div1	Marshall Milton Keynes AC	M40	34M	106
SM	164	117 Lee Adams	1081	41:31 Div1	MK Distance Project	MS	59M	105
SM	165	118 Thomas Mack	983	41:34 Div1	Dacorum & Tring AC	MS	60M	104
SM	167	119 Richard Davis	419	41:41 Div1	St Albans Striders	M50	14M	103
SM	168	120 Nick Andrews	1245	41:52 Div1	Harrow AC	M40	35M	102
SM	170	121 Seb Rowe	427	41:58 Div1	St Albans Striders	M40	36M	101
SM	171	122 Simon Dales	1456	42:00 Div1	Headington Road Runners	M50	15M	100
SM	172	123 Adam Haylock	939	42:03 Div1	Leighton Buzzard AC	MS	61M	99
SM	173	124 Neil Bates	4	42:03 Div1	Chiltern Harriers	MS	62M	98
SM	176	125 Jim Black	718	42:08 Div1	Bedford and County AC	M40	37M	97
SM	177	126 Paul Wright	1089	42:08 Div1	MK Distance Project	MS	63M	96
SM	179	127 Paul Rutley	1215	42:10 Div1	Watford Harriers	M40	38M	95
SM	180	128 Gareth Morris	820	42:10 Div1	Wycombe Phoenix	MS	64M	94
SM	182	129 Michael Furness	941	42:11 Div1	Leighton Buzzard AC	M40	39M	93
SM	183	130 Alan Darbyshire	1450	42:12 Div1	Headington Road Runners	M50	16M	92
SM	184	131 James Birnie	1398	42:14 Div1	Gade Valley Harriers	M40	40M	91
SM	186	132 Tim Jones	496	42:18 Div1	Vale of Aylesbury AC	M60	1M	90
SM	187	133 Edward Price	1394	42:26 Div1	Gade Valley Harriers	M40	41M	89
SM	188	134 Andy Phelps	1442	42:26 Div1	Headington Road Runners	M50	17M	88
SM	191	135 Matthew Brooks	920	42:32 Div1	Leighton Buzzard AC	M40	42M	87
SM	192	136 Sam Dear	930	42:36 Div1	Leighton Buzzard AC	MS	65M	86
SM	193	137 Craig Dowie	452	42:37 Div1	St Albans Striders	M40	43M	85
SM	195	138 Ross Deacon	1410	42:40 Div1	Gade Valley Harriers	M40	44M	84
SM	196	139 Richard Evans	448	42:52 Div1	St Albans Striders	MS	66M	83
SM	197	140 Simeon Beckford-Tongs	1229	42:54 Div1	Watford Harriers	MS	67M	82
SM	198	141 Gareth Tucker	1395	42:55 Div1	Gade Valley Harriers	M40	45M	81
SM	202	142 Stewart Thorp	1539	43:07 Div1	Oxford City AC	M60	2M	80
SM	204	143 John Griffiths	1440	43:09 Div1	Headington Road Runners	M60	3M	79
SM	205	144 Scott Isaacs	953	43:17 Div1	Leighton Buzzard AC	M40	46M	78
SM	206	145 Steve Bland	1248	43:20 Div1	Harrow AC	MS	68M	77
SM	209	146 Matt Robins	10	43:25 Div1	Chiltern Harriers	MS	69M	76
SM	212	147 Mike Worsfold	16	43:30 Div1	Chiltern Harriers	M40	47M	75
SM	223	148 Shaun Fry	7	44:00 Div1	Chiltern Harriers	MS	70M	74
SM	226	149 Steve Tuttle	190	44:09 Div1	Marshall Milton Keynes AC	MS	71M	73
SM	230	150 James Carter	1399	44:15 Div1	Gade Valley Harriers	MS	72M	72
SM	231	151 Matt Hipgrave	17	44:17 Div1	Chiltern Harriers	MS	73M	71
SM	233	152 Asghar Ali	1544	44:20 Div1	Oxford City AC	M50	18M	70
SM	234	153 Rob Humphreys	1409	44:24 Div1	Gade Valley Harriers	MS	74M	69
SM	235	154 Ian Pheasey	2916	44:26 Div1	Marshall Milton Keynes AC	M40	48M	68
SM	236	155 Simon Geary	1411	44:26 Div1	Gade Valley Harriers	M40	49M	67
SM	237	156 Nick Clay	923	44:26 Div1	Leighton Buzzard AC	M50	19M	66
SM	240	157 Calum Latham	417	44:32 Div1	St Albans Striders	MS	75M	65
SM	241	158 Martin Halling	416	44:32 Div1	St Albans Striders	M60	4M	64
SM	242	159 Gareth Beavis	3576	44:38 Div1	St Albans Striders	MS	76M	63
SM	244	160 Stuart Dimmock	952	44:49 Div1	Leighton Buzzard AC	M40	50M	62
SM	249	161 Max Campbell	447	44:57 Div1	St Albans Striders	M50	20M	61
SM	250	162 Stuart Middleton	451	44:57 Div1	St Albans Striders	M40	51M	60
SM	251	163 Derek Fowler	436	44:59 Div1	St Albans Striders	M40	52M	59
SM	252	164 Stephen Newing	1412	45:00 Div1	Gade Valley Harriers	MS	77M	58
SM	254	165 Mike Taylor	813	45:04 Div1	Wycombe Phoenix	M50	21M	57
SM	255	166 Adrian Harwood	1208	45:05 Div1	Watford Harriers	M50	22M	56
SM	256	167 Cameron Clark	1223	45:06 Div1	Watford Harriers	M20	12M	55
SM	259	168 Scott Wixon-Nelson	821	45:15 Div1	Wycombe Phoenix	MS	78M	54
SM	260	169 Paul McCarthy	22	45:16 Div1	Chiltern Harriers	M40	53M	53
SM	262	170 Andy Hickman	15	45:21 Div1	Chiltern Harriers	M40	54M	52
SM	265	171 Martyn Blackwell	711	45:23 Div1	Bedford and County AC	M50	23M	51
SM	266	172 David Goodman	1391	45:24 Div1	Gade Valley Harriers	M40	55M	50
SM	267	173 Jason Kabel	1246	45:25 Div1	Harrow AC	M40	56M	49
SM	268	174 Jack Comerford	237	45:45 Div1	Marshall Milton Keynes AC	MS	79M	48
SM	270	175 David Killick	929	45:50 Div1	Leighton Buzzard AC	M40	57M	47
SM	274	176 Doug Simpson	1441	45:59 Div1	Headington Road Runners	M50	24M	46
SM	277	177 Stewart Dearman	1209	46:09 Div1	Watford Harriers	M50	25M	45
SM	278	178 Phil Mercer	1406	46:11 Div1	Gade Valley Harriers	M40	58M	44
SM	279	179 Howard Bull	456	46:13 Div1	St Albans Striders	MS	80M	43
SM	281	180 Benjamin Kenny	992	46:25 Div1	Dacorum & Tring AC	MS	81M	42
SM	282	181 Steve Martin	191	46:29 Div1	Marshall Milton Keynes AC	MS	82M	41
SM	285	182 John Stemberge-King	497	46:35 Div1	Vale of Aylesbury AC	M50	26M	40
SM	289	183 John Exley	1562	46:47 Div1	Oxford City AC	M70	1M	39
SM	291	184 Danny Wells	986	46:55 Div1	Dacorum & Tring AC	MS	83M	38
SM	292	185 Colin Braybrook	414	46:56 Div1	St Albans Striders	M50	27M	37
SM	295	186 Glen Martin	40	47:11 Div1	Chiltern Harriers	M40	59M	36
SM	297	187 Alan Roberts	549	47:20 Div1	Vale of Aylesbury AC	M50	28M	35
SM	301	188 Kevin Concannon	1339	47:37 Div1	Harrow AC	M60	5M	34

SM	302	189	Robert Davies	999	47:41	Div1	Dacorum & Tring AC	M40	60	M	33
SM	304	190	Derek Walker	1205	47:45	Div1	Watford Harriers	M50	29	M	32
SM	305	191	Tim Pearce	181	47:53	Div1	Marshall Milton Keynes AC	M40	61	M	31
SM	307	192	Neil Green	912	48:04	Div1	Leighton Buzzard AC	MS	84	M	30
SM	311	193	Trevor Lynch	556	48:20	Div1	Vale of Aylesbury AC	M40	62	M	29
SM	313	194	James Clark	234	48:22	Div1	Marshall Milton Keynes AC	M40	63	M	28
SM	315	195	Ben Miller	202	48:25	Div1	Marshall Milton Keynes AC	M40	64	M	27
SM	319	196	Paul Mason	233	48:45	Div1	Marshall Milton Keynes AC	M60	6	M	26
SM	321	197	John Coultas	38	48:48	Div1	Chiltern Harriers	M40	65	M	25
SM	323	198	Dave Findel-Hawkins	201	49:00	Div1	Marshall Milton Keynes AC	M60	7	M	24
SM	324	199	Charlie Chappell	1389	49:06	Div1	Gade Valley Harriers	MS	85	M	23
SM	325	200	Jerry Williams	39	49:08	Div1	Chiltern Harriers	M50	30	M	22
SM	326	201	Phil Pugh	993	49:13	Div1	Dacorum & Tring AC	M60	8	M	21
SM	328	202	Kelvin Smith	235	49:39	Div1	Marshall Milton Keynes AC	M60	9	M	20
SM	333	203	Kevin Clark	1207	50:23	Div1	Watford Harriers	M50	31	M	19
SM	334	204	Chris Dimmock	919	50:32	Div1	Leighton Buzzard AC	M40	66	M	18
SM	335	205	Graham Mayoh	1184	50:38	Div1	Watford Harriers	M50	32	M	17
SM	337	206	Mark Travers	424	50:58	Div1	St Albans Striders	M50	33	M	16
SM	339	207	Michael Jack	433	51:05	Div1	St Albans Striders	M50	34	M	15
SM	340	208	Tim McElligott	1120	51:16	Div1	MK Distance Project	M20	13	M	14
SM	346	209	Rob Wood	3540	51:56	Div1	Oxford City AC	M60	10	M	13
SM	347	210	Michael Donovan	443	52:06	Div1	St Albans Striders	M60	11	M	12
SM	350	211	Nigel Wiggins	1011	53:05	Div1	Dacorum & Tring AC	M40	67	M	11
SM	355	212	Paul Earnshaw	3577	53:43	Div1	St Albans Striders	M60	12	M	10
SM	358	213	Simon Murray	722	54:37	Div1	Bedford and County AC	M50	35	M	9
SM	364	214	Dave Saunders	429	55:11	Div1	St Albans Striders	M50	36	M	8
SM	365	215	Darren O'Leary	2912	55:18	Div1	Marshall Milton Keynes AC	M50	37	M	7
SM	370	216	Trevor Brawn	28	56:05	Div1	Chiltern Harriers	M60	13	M	6
SM	372	217	George Baxter	30	56:13	Div1	Chiltern Harriers	M40	68	M	5
SM	373	218	Philip Lister	1437	56:50	Div1	Headington Road Runners	M60	14	M	4
SM	378	219	John Slack	1005	59:28	Div1	Dacorum & Tring AC	M70	2	M	3
SM	382	220	Malcolm Sargeant	3561	63:17	Div1	Dacorum & Tring AC	M70	3	M	2
SM	384	221	Edward Marshall	2997	76:20	Div1	Watford Harriers	MS	86	M	1

Under 17 Men

Race	Mob	D1	Name	No.	Time	Div	Club	Cat	Pos	M/F	Pts	M15 overall After 4 matches	Total	Under 17 Men Team	Total	1	2	3	4		
M17	1		James Dowsett	1113	19:29	Div1	MK Distance Project	M17	1	M	29	1	Marshall Milton Keynes AC	435	1	93	28	26	22	17	
M17	2		Finlay Gibbs	255	19:48	Div1	Marshall Milton Keynes AC	M17	2	M	28	2	Chiltern Harriers	431	2	73	25	19	15	14	
M17	3		Angus Williams	168	19:56	Div1	Chiltern Harriers	M17	3	M	27	3	Vale of Aylesbury AC	368	3	69	27	24	16	2	
M17	6		Matthew Dicks	253	20:30	Div1	Marshall Milton Keynes AC	M17	4	M	26	4	Bedford and County AC	245	4	50	29	21			
M17	7		Nathan Jones	529	20:37	Div1	Vale of Aylesbury AC	M17	5	M	25	5	Wycombe Phoenix	207	5	31	18	13			
M17	8		Alex Aldred	165	20:37	Div1	Chiltern Harriers	M17	6	M	24	6	6MK Distance Project	207	6	31	20	8	3		
M17	10		Charlie Woollett	1161	20:39	Div1	Watford Harriers	M17	7	M	23	7	2 Dacorum & Tring AC	193	7	24	23	1			
M17	11		Robert Hickman	257	20:46	Div1	Marshall Milton Keynes AC	M17	8	M	22	8	8 St Albans Striders	168	8	12	12				
M17	13		Mintu Sidhu	1114	20:48	Div1	MK Distance Project	M17	9	M	21	9	9 Watford Harriers	158	9	9	9				
M17	14		Myles Caddell	789	20:51	Div1	Wycombe Phoenix	M17	10	M	20	10	10 Harrow AC	83	10	7					
M17	16		Jamie Pugh	547	21:00	Div1	Vale of Aylesbury AC	M17	11	M	19	11	11 Leighton Buzzard AC	46	11						
M17	17		Harry Brodie	698	21:02	Div1	Bedford and County AC	M17	12	M	18	12	12 Oxford City AC	38	12						
M17	18		Leo Freeland	254	21:12	Div1	Marshall Milton Keynes AC	M17	13	M	17	13	13 Gade Valley Harriers		13						
M17	19		Alex Johnson	169	21:18	Div1	Chiltern Harriers	M17	14	M	16	14	14 Headington Road Runners		14						
M17	20		Ben Lindars	530	21:19	Div1	Vale of Aylesbury AC	M17	15	M	15	15			14						
M17	21		Max Nicolle	484	21:21	Div1	Vale of Aylesbury AC	M17	16	M	14	16									
M17	25		Jamie Webster	677	21:48	Div1	Bedford and County AC	M17	17	M	13	17									
M17	28		Christopher Morris	1279	22:07	Div1	Harrow AC	M17	18	M	12	18									
M17	30		Calen Butler	252	22:22	Div1	Marshall Milton Keynes AC	M17	19	M	11	19									
M17	32		Peter Hickman	3536	22:51	Div1	Marshall Milton Keynes AC	M17	20	M	10	20									
M17	33		James Allison	359	23:12	Div1	St Albans Striders	M17	21	M	9	21									
M17	34		Harvey Bell	824	23:20	Div1	Wycombe Phoenix	M17	22	M	8	22									
M17	35		Daniel Horner	881	23:26	Div1	Leighton Buzzard AC	M17	23	M	7	23									
M17	36		Matthew Rizzo-Naudi	533	23:30	Div1	Vale of Aylesbury AC	M17	24	M	6	24									
M17	37		William Reynolds	2926	23:42	Div1	Marshall Milton Keynes AC	M17	25	M	5	25									
M17	39		Tomas Billenness	251	24:11	Div1	Marshall Milton Keynes AC	M17	26	M	4	26									
M17	40		Luke Kempton	848	24:25	Div1	Wycombe Phoenix	M17	27	M	3	27									
M17	42		Cameron Hathaway-Enright	162	24:39	Div1	Chiltern Harriers	M17	28	M	2	28									
M17	43		Lewis Clark	1163	25:01	Div1	Watford Harriers	M17	29	M	1	29									

Under 15 Boys

Race	Mob	D1	Name	No.	Time	Div	Club	Cat	Pos	M/F	Pts	M15 overall After 4 matches	Total	Under 15 Boys Team	Total	1	2	3	4		
M15	1		Samuel Burrell	1046	12:39	Div1	Dacorum & Tring AC	M15	1	M	39	1	Dacorum & Tring AC	602	1	132	38	34	33	27	
M15	4		Alex Alston	676	12:51	Div1	Bedford and County AC	M15	2	M	38	2	2 Bedford and County AC	594	2	127	39	35	28	25	
M15	5		Nathan Hackley	151	12:58	Div1	Chiltern Harriers	M15	3	M	37	3	3 Chiltern Harriers	571	3	118	37	30	29	22	
M15	6		Jacob Sanderson	779	13:02	Div1	Wycombe Phoenix	M15	4	M	36	4	4 Marshall Milton Keynes AC	428	4	81	36	19	16	10	
M15	7		Joseph Chamberlain	1074	13:04	Div1	Dacorum & Tring AC	M15	5	M	35	5	5 Wycombe Phoenix	325	5	71	26	24	18	3	
M15	8		Tristan Cook	691	13:08	Div1	Bedford and County AC	M15	6	M	34	6	6 Oxford City AC	207	6	35	31	4			
M15	11		James Vinnicombe	668	13:17	Div1	Bedford and County AC	M15	7	M	33	7	7 Watford Harriers	185	7	32	32				
M15	12		Christopher Hudson	1275	13:20	Div1	Harrow AC	M15	8	M	32	8	8 Vale of Aylesbury AC	182	8	26	17	9			
M15	13		Ben Hunter	1171	13:27	Div1	Watford Harriers	M15	9	M	31	9	9 St Albans Striders	170	9	20	13	7			
M15	14		Finn O'Brien	152	13:33	Div1	Chiltern Harriers	M15	10	M	30	10	10 St Albans Striders	142	10	20	20				
M15	15		Luke Martin	149	13:36	Div1	Chiltern Harriers	M15	11	M	29	11	11 MK Distance Project	85	11	11	11	8			
M15	16		Jack Raine	1065	13:38	Div1	Dacorum & Tring AC	M15	12	M	28	12	12 Leighton Buzzard AC	16	12						
M15	18		Noah Campion	674	13:49	Div1	Bedford and County AC	M15	13	M	27	13	13 Gade Valley Harriers		13						
M15	19		Alex Brent	270	13:51	Div1	Marshall Milton Keynes AC	M15	14	M	26	14	14 Headington Road Runners		14						
M15	20		Jamie Bailey	1054	13:52	Div1	Dacorum & Tring AC	M15	15	M	25	25			14						
M15	21		Aidan Murphy	266	13:52	Div1	Marshall Milton Keynes AC	M15	16	M	24	24									
M15	24		Ayman Siad	669	14:01	Div1	Bedford and County AC	M15	17	M	23	23									
M15	25		James Carruthers	158	14:06	Div1	Chiltern Harriers	M15	18	M	22	22									
M15	26		Laurie Gawne	155	14:12	Div1	Chiltern Harriers	M15	19	M	21	21									
M15	28		Drew Hogger	1536	14:25	Div1	Oxford City AC	M15	20	M	20	20									
M15	29		Rollo Parry	808	14:31	Div1	Wycombe Phoenix	M15	21	M	19	19									
M15	30		Zak Freeland	272	14:35	Div1	Marshall Milton Keynes AC	M15	22	M	18	22									
M15	31		Ewan Maxwell	526	14:44	Div1	Vale of Aylesbury AC	M15	23	M	17	23									
M15	32		Alex Mitchell	766	14:46	Div1	Wycombe Phoenix	M15	24	M	16	24									
M15	34		Samuel Dawes	672	14:53	Div1	Bedford and County AC	M15	25	M	15	25									
M15	35		Charlie Stone	145	14:54	Div1	Chiltern Harriers	M15	26	M	14	26									
M15	37		Adam Grimes	384	15:04	Div1	St Albans Striders	M15	27	M	13	27									
M15	38		Ethan Cairns	675	15:08	Div1	Bedford and County AC	M15	28	M	12	28									
M15	39		Harry Legg	1108	15:14	Div1	MK Distance Project	M15	29	M	11	29									
M15	41		Owen Westbrook	780	15:21	Div1	Wycombe Phoenix	M15	30	M	10	30									
M15	42		Alex Hodson	525	15:22	Div1	Vale of Aylesbury AC	M15	31	M	9	31									
M15	43		Jack Ratcliffe	1109	15:23	Div1	MK Distance Project	M15	32	M	8	32									
M15	44		Alex Fine	353	15:25																

M13	36	27	Charlie Ventress	135	11:58	Div1	Chiltern Harriers	M13	27M	25
M13	39	28	Sam Oldroyd	302	12:08	Div1	Marshall Milton Keynes AC	M13	28M	24
M13	41	29	Ethan McCall	142	12:14	Div1	Chiltern Harriers	M13	29M	23
M13	42	30	Thomas Young	589	12:23	Div1	Vale of Aylesbury AC	M13	30M	22
M13	43	31	Sammy Bennetts	130	12:26	Div1	Chiltern Harriers	M13	31M	21
M13	44	32	William Stater	177	12:30	Div1	Chiltern Harriers	M13	32M	20
M13	45	33	Oliver Cooper	1173	12:32	Div1	Watford Harriers	M13	33M	19
M13	46	34	Austin Cole	665	12:33	Div1	Bedford and County AC	M13	34M	18
M13	47	35	Samuel Hudson	663	12:35	Div1	Bedford and County AC	M13	35M	17
M13	48	36	Dominic Traxler	1181	12:43	Div1	Watford Harriers	M13	36M	16
M13	51	37	Harley MacKenzie	1105	12:48	Div1	MK Distance Project	M13	37M	15
M13	55	38	Tytus Crygier	876	13:02	Div1	Leighton Buzzard AC	M13	38M	14
M13	56	39	Theo Keen	1175	13:04	Div1	Watford Harriers	M13	39M	13
M13	57	40	Sid Mead	875	13:08	Div1	Leighton Buzzard AC	M13	40M	12
M13	58	41	James Stallwood	2925	13:10	Div1	Marshall Milton Keynes AC	M13	41M	11
M13	59	42	J Harrison	871	13:13	Div1	Leighton Buzzard AC	M13	42M	10
M13	64	43	Sam Hart	483	13:22	Div1	Vale of Aylesbury AC	M13	43M	9
M13	65	44	Benjamin Walker	381	13:23	Div1	St Albans Striders	M13	44M	8
M13	66	45	William Alexander	758	13:23	Div1	Wycombe Phoenix	M13	45M	7
M13	67	46	Daniel Smith	686	13:25	Div1	Bedford and County AC	M13	46M	6
M13	68	47	Max Holland	300	13:30	Div1	Marshall Milton Keynes AC	M13	47M	5
M13	69	48	Freddie Crafts	518	13:30	Div1	Vale of Aylesbury AC	M13	48M	4
M13	73	49	Efraim Gray	664	13:59	Div1	Bedford and County AC	M13	49M	3
M13	75	50	Dylan Hollinshead	301	14:08	Div1	Marshall Milton Keynes AC	M13	50M	2
M13	78	51	Luke Spittles	487	15:01	Div1	Vale of Aylesbury AC	M13	51M	1

Senior Women

Race	Mob	D1	Name	No.	Time	Div	Club	Cat	Pos	M/F	Pts	Seniors overall After 4 matches	Total	Senior Women Team	Total	1	2	3	4	5	6		
SW	1	1	Dani Chatterton	1090	21:22	Div1	MK Distance Project	FS	1	F	120	1 Wycombe Phoenix	2724	1 Dacorum & Tring AC	596	114	109	103	97	93	80		
SW	2	2	Rebecca Murray	699	21:29	Div1	Bedford and County AC	FS	2	F	119	2 Marshall Milton Keynes AC	2621	2 Marshall Milton Keynes AC	571	118	116	106	83	75	73		
SW	4	3	Lara Bromlow	209	22:28	Div1	Marshall Milton Keynes AC	F35	1	F	118	3 Dacorum & Tring AC	2527	3 Wycombe Phoenix	569	115	113	108	98	70	65		
SW	5	4	Alice Burgin	650	22:38	Div1	Bedford and County AC	FS	3	F	117	4 Watford Harriers	2265	4 Bedford and County AC	542	119	117	104	90	64	48		
SW	6	5	Elle Roche	208	22:45	Div1	Marshall Milton Keynes AC	FS	4	F	116	5 Chiltern Harriers	2216	5 Watford Harriers	517	101	100	89	84	72	71		
SW	7	6	Zoe Doyle	846	22:47	Div1	Wycombe Phoenix	F35	2	F	115	6 Leighton Buzzard AC	2046	6 Leighton Buzzard AC	516	111	92	88	87	77	61		
SW	8	7	Kate Rennie	1015	22:56	Div1	Dacorum & Tring AC	F45	1	F	114	7 St Albans Striders	1974	7 Chiltern Harriers	505	105	102	99	81	69	49		
SW	9	8	Jenny Roberts	749	23:06	Div1	Wycombe Phoenix	FS	5	F	113	8 Gade Valley Harriers	1939	8 St Albans Striders	496	110	96	82	79	67	62		
SW	11	9	Helene Greenwood	3538	23:14	Div1	MK Distance Project	FS	6	F	112	9 Headington Road Runners	1833	9 Gade Valley Harriers	471	94	91	86	76	74	50		
SW	12	10	Jo Sharples	900	23:44	Div1	Leighton Buzzard AC	FS	7	F	111	10 Bedford and County AC	1589	10 Headington Road Runners	360	95	85	63	58	35	24		
SW	13	11	Jennifer Conway	466	23:51	Div1	St Albans Striders	FS	8	F	110	11 MK Distance Project	1506	11 MK Distance Project	320	120	112	21					
SW	14	12	Samantha Fawcett	1025	23:53	Div1	Dacorum & Tring AC	FS	9	F	109	12 Vale of Aylesbury AC	883	12 Harrow AC	167	107	60						
SW	16	13	Laura Street	751	24:04	Div1	Wycombe Phoenix	FS	10	F	108	13 Oxford City AC	640	13 Vale of Aylesbury AC	1	1							
SW	19	14	Gill Bland	1258	24:08	Div1	Harrow AC	F35	3	F	107	14 Harrow AC	431	14 Oxford City AC									
SW	21	15	Abby Roskilly	214	24:15	Div1	Marshall Milton Keynes AC	FS	11	F	106	Seniors overall After 4 matches	Total	14 Harrow AC	431	14 Oxford City AC							
SW	22	16	Ellie Bates	73	24:19	Div1	Chiltern Harriers	FS	12	F	105	1 Chiltern Harriers	1543	1 Marshall Milton Keynes AC	327	118	83	75	51				
SW	23	17	Lauren Nicholls	694	24:24	Div1	Bedford and County AC	FS	13	F	104	2 Wycombe Phoenix	1355	2 St Albans Striders	324	96	82	79	67				
SW	27	18	Katy Warren	1017	24:40	Div1	Dacorum & Tring AC	FS	14	F	103	3 Watford Harriers	1309	3 Watford Harriers	324	100	84	72	68				
SW	28	19	Bex Nkoane	59	24:44	Div1	Chiltern Harriers	F35	4	F	102	4 St Albans Striders	1261	4 Chiltern Harriers	319	102	99	69	49				
SW	29	20	Claire Bentley	1201	24:45	Div1	Watford Harriers	FS	15	F	101	5 Marshall Milton Keynes AC	1166	5 Wycombe Phoenix	297	115	70	65	47				
SW	31	21	Angela Adcock	1222	25:06	Div1	Watford Harriers	F35	5	F	100	6 Gade Valley Harriers	1157	6 Leighton Buzzard AC	284	87	77	61	59				
SW	34	22	Rebecca McCall	60	25:25	Div1	Chiltern Harriers	F35	6	F	99	7 Dacorum & Tring AC	1138	7 Gade Valley Harriers	272	94	86	50	42				
SW	36	23	Frances Sille	815	25:33	Div1	Wycombe Phoenix	FS	16	F	98	8 Leighton Buzzard AC	1045	8 Dacorum & Tring AC	260	114	66	43	37				
SW	39	24	Kelly Du Buisson	1020	25:43	Div1	Dacorum & Tring AC	FS	17	F	97	9 Headington Road Runners	1023	9 Headington Road Runners	230	85	63	58	24				
SW	40	25	Wendy Walsh	474	25:44	Div1	St Albans Striders	F45	2	F	96	10 Bedford and County AC	724	10 Bedford and County AC	113	48	34	31					
SW	41	26	Amy Johnson	1959	25:45	Div1	Headington Road Runners	FS	18	F	95	11 Vale of Aylesbury AC	674	11 Harrow AC	107	107							
SW	42	27	Heresa Reason	1367	25:46	Div1	Gade Valley Harriers	F35	7	F	94	12 Oxford City AC	386	12 MK Distance Project	21	21							
SW	43	28	Hannah Bennett	1033	25:48	Div1	Dacorum & Tring AC	FS	19	F	93	13 Harrow AC	352	13 Vale of Aylesbury AC	1	1							
SW	46	29	Amy Farnfield	902	26:04	Div1	Leighton Buzzard AC	FS	20	F	92	14 MK Distance Project	118	14 Oxford City AC									
SW	48	30	Amelia Button	1378	26:11	Div1	Gade Valley Harriers	FS	21	F	91												
SW	49	31	Maisie Reiton	692	26:16	Div1	Bedford and County AC	FS	22	F	90												
SW	51	32	Chloe Dearman	1226	26:30	Div1	Watford Harriers	FS	23	F	89												
SW	52	33	Ruth Mitchell	901	26:41	Div1	Leighton Buzzard AC	FS	24	F	88												
SW	53	34	Liz Peters	904	26:43	Div1	Leighton Buzzard AC	F35	8	F	87												
SW	54	35	Claire McDonnell	1368	26:48	Div1	Gade Valley Harriers	F45	3	F	86												
SW	56	36	Yvonne Morris	1496	26:49	Div1	Headington Road Runners	F35	9	F	85												
SW	58	37	Helen Johal	1212	26:51	Div1	Watford Harriers	F45	4	F	84												
SW	60	38	Julia Totton	2911	26:57	Div1	Marshall Milton Keynes AC	F35	10	F	83												
SW	61	39	Zoe Lowe	472	26:58	Div1	St Albans Striders	F45	5	F	82												
SW	62	40	Katie Royals	54	27:03	Div1	Chiltern Harriers	FS	25	F	81												
SW	63	41	Becky Fawcett	1024	27:06	Div1	Dacorum & Tring AC	FS	26	F	80												
SW	65	42	Deborah Steer	408	27:16	Div1	St Albans Striders	FS	1	F	79												
SW	68	43	Georgina Mann	1038	27:26	Div1	Dacorum & Tring AC	FS	27	F	78												
SW	69	44	Amy Inchley	903	27:27	Div1	Leighton Buzzard AC	F35	11	F	77												
SW	71	45	Sian Hibbs	1359	27:38	Div1	Gade Valley Harriers	FS	28	F	76												
SW	76	46	Debra Brent	183	27:45	Div1	Marshall Milton Keynes AC	F55	2	F	75												
SW	78	47	Laura Sharma	1370	27:55	Div1	Gade Valley Harriers	FS	29	F	74												
SW	79	48	Lilli Peters	225	27:57	Div1	Marshall Milton Keynes AC	FS	30	F	73												
SW	81	49	Jane Mansour	1182	27:57	Div1	Watford Harriers	F35	12	F	72												
SW	84	50	Robyn Lower	1225	28:04	Div1	Watford Harriers	FS	31	F	71												
SW	85	51	Karen Foxwell-Moss	814	28:04	Div1	Wycombe Phoenix	F35	13	F	70												
SW	90	52	Cathy Holloway	68	28:11	Div1	Chiltern Harriers	F45	6	F	69												
SW	91	53	Alison Putko	1220	28:17	Div1	Watford Harriers	F35	14	F	68												
SW	92	54	Nicky Latiner	465	28:18	Div1	St Albans Striders	F45	7	F	67												
SW	101	55	Celia Findlay	1029	28:38	Div1	Dacorum & Tring AC	F55	3	F	66												
SW	102	56	Laura Whittingham-Jones	819	28:42	Div1	Wycombe Phoenix	F35	15	F	65												
SW	106	57	Carla Whitmore	645	28:52	Div1	Bedford and County AC	FS	32	F	64												
SW	108	58	Maddie Ding	1491	28:54	Div1	Headington Road Runners	F35	16	F	63												
SW	111	59	Ruth Kent	468	29:00	Div1	St Albans Striders	F35	17	F	62												
SW	115	60	Fiona Moleish	931	29:12	Div1	Leighton Buzzard AC	F35	18	F	61												
SW	118	61	Rosa Smart	1316	29:22	Div1	Harrow AC	FS	33	F	60												
SW	119	62	Kate Haylock	943	29:22	Div1	Leighton Buzzard AC	F35	19	F	59												
SW	121	63	Helen Turley	1482	29:27	Div1	Headington Road Runners	F55	4	F	58		</										

SW	216	107	Lucy Stern	409	33:37	Div1	St Albans Striders	F45	26	F	14
SW	217	108	Naomi Iles	1355	33:39	Div1	Gade Valley Harriers	FS	42	F	13
SW	225	109	Helen Daly	1221	34:23	Div1	Watford Harriers	F35	33	F	12
SW	226	110	Mary McCuskey	1430	34:25	Div1	Gade Valley Harriers	FS	43	F	11
SW	227	111	Harriet Lemon	62	34:25	Div1	Chiltern Harriers	F45	27	F	10
SW	229	112	Jacki Eskdale	1376	34:30	Div1	Gade Valley Harriers	F55	9	F	9
SW	230	113	Emma Carter - Biggs	1480	34:34	Div1	Headington Road Runners	F45	28	F	8
SW	231	114	Kim Morgan	1374	34:36	Div1	Gade Valley Harriers	F35	34	F	7
SW	232	115	Nicola Towers	473	34:48	Div1	St Albans Striders	F35	35	F	6
SW	233	116	Angela Hughes	45	35:11	Div1	Chiltern Harriers	F45	29	F	5
SW	240	117	Hannah Grayson	1479	36:06	Div1	Headington Road Runners	FS	44	F	4
SW	241	118	Nicolaeta Economou	2868	36:35	Div1	Watford Harriers	F35	36	F	3
SW	243	119	Helen Heathcote	1354	37:32	Div1	Gade Valley Harriers	F45	30	F	2
SW	251	120	Pat Card	537	42:06	Div1	Vale of Aylesbury AC	F55	10	F	1

Under 17/20 Women

Race	Mob	D1	Name	No.	Time	Div	Club	Cat	Pos	M/F	Pts	F17/20 overall After 4 matches	Total	Under 20 Women Team	Total	1	2	3
F20	1	1	Tia Wilson	614	17:58	Div1	Bedford and County AC	F17	1	F	30	1 Bedford and County AC	383	1 Bedford and County AC	81	30	26	25
F20	2	2	Keira Stern	352	19:09	Div1	St Albans Striders	F17	2	F	29	2 St Albans Striders	337	2 St Albans Striders	69	29	24	16
F20	3	3	Montana Edghill	3535	19:18	Div1	Marshall Milton Keynes AC	F17	3	F	28	3 Marshall Milton Keynes AC	323	3 Marshall Milton Keynes AC	65	28	27	10
F20	4	4	Imogen King	243	19:25	Div1	Marshall Milton Keynes AC	F17	4	F	27	4 Chiltern Harriers	235	4 Chiltern Harriers	41	17	15	9
F20	6	5	Josie Smith	690	19:29	Div1	Bedford and County AC	F20	1	F	26	5 Vale of Aylesbury AC	199	5 Watford Harriers	26	18	5	3
F20	7	6	Lucy-Mae Shepherd	622	19:37	Div1	Bedford and County AC	F17	5	F	25	6 Watford Harriers	182	6 Leighton Buzzard AC	24	23	1	
F20	8	7	Christina Durbin	343	19:59	Div1	St Albans Striders	F17	6	F	24	7 Dacorum & Tring AC	175	7 Harrow AC	22	22		
F20	9	8	Amey Killick	868	20:10	Div1	Leighton Buzzard AC	F17	7	F	23	8 Wycombe Phoenix	160	8 Vale of Aylesbury AC	20	20		
F20	10	9	Rachael Haddow	1315	20:17	Div1	Harrow AC	F20	2	F	22	9 MK Distance Project	149	9 MK Distance Project	18	12	6	
F20	11	10	Rose Abbott	621	20:20	Div1	Bedford and County AC	F17	8	F	21	10 Leighton Buzzard AC	122	10 Wycombe Phoenix	14	14		
F20	12	11	Emily Johnston	491	20:24	Div1	Vale of Aylesbury AC	F17	9	F	20	11 Oxford City AC	120	11 Dacorum & Tring AC				
F20	14	12	Holly Hodgkinson	603	20:29	Div1	Bedford and County AC	F17	10	F	19	12 Harrow AC	22	12 Oxford City AC				
F20	16	13	Hannah Trotman	1167	20:48	Div1	Watford Harriers	F17	11	F	18	13 Gade Valley Harriers		13 Headington Road Runners				
F20	20	14	Soraya Lockwood	106	21:06	Div1	Chiltern Harriers	F17	12	F	17	14 Headington Road Runners		14 Gade Valley Harriers				
F20	21	15	Jessica Laitner	354	21:07	Div1	St Albans Striders	F20	3	F	16							
F20	22	16	Lizzie Barraclough	3541	21:07	Div1	Chiltern Harriers	F20	4	F	15							
F20	23	17	Cerys Vico	809	21:08	Div1	Wycombe Phoenix	F17	13	F	14							
F20	24	18	Hannah Rayden	388	21:15	Div1	St Albans Striders	F20	5	F	13							
F20	26	19	Holly Megan Jamieson	1121	21:22	Div1	MK Distance Project	F20	6	F	12							
F20	30	20	Emma Smith	639	21:54	Div1	Bedford and County AC	F17	14	F	11							
F20	32	21	Anna Ustaran-Anderegg	244	22:00	Div1	Marshall Milton Keynes AC	F17	15	F	10							
F20	33	22	Emily Alderson	107	22:01	Div1	Chiltern Harriers	F17	16	F	9							
F20	34	23	Milly Daniels	625	22:02	Div1	Bedford and County AC	F17	17	F	8							
F20	37	24	Niamh Gallagher	348	22:19	Div1	St Albans Striders	F17	18	F	7							
F20	39	25	Charlotte Cooke	1115	22:38	Div1	MK Distance Project	F17	19	F	6							
F20	41	26	Charlotte Glenister	1166	22:42	Div1	Watford Harriers	F17	20	F	5							
F20	42	27	Nicole Whittle	246	22:59	Div1	Marshall Milton Keynes AC	F17	21	F	4							
F20	44	28	Emma Baldwin	2859	23:21	Div1	Watford Harriers	F20	7	F	3							
F20	46	29	Beatrix Towers	342	24:42	Div1	St Albans Striders	F17	22	F	2							
F20	47	30	Dana Carter	870	25:44	Div1	Leighton Buzzard AC	F17	23	F	1							

Under 15 Girls

Race	Mob	D1	Name	No.	Time	Div	Club	Cat	Pos	M/F	Pts	F15 overall After 4 matches	Total	Under 15 Girls Team	Total	1	2	3	4
F15	1	1	Abbie Henderson	100	13:54	Div1	Chiltern Harriers	F15	1	F	51	1 Chiltern Harriers	621	1 Chiltern Harriers	197	51	50	49	47
F15	2	2	Orla Williams	97	14:09	Div1	Chiltern Harriers	F15	2	F	50	2 Bedford and County AC	526	2 St Albans Striders	174	48	46	44	36
F15	3	3	Holly Henderson	101	14:09	Div1	Chiltern Harriers	F15	3	F	49	3 St Albans Striders	516	3 Bedford and County AC	149	45	41	34	29
F15	4	4	Lily Tse	340	14:19	Div1	St Albans Striders	F15	4	F	48	4 Vale of Aylesbury AC	385	4 Wycombe Phoenix	130	42	35	28	25
F15	5	5	Alicia Bushell	939	14:21	Div1	Chiltern Harriers	F15	5	F	47	5 Dacorum & Tring AC	379	5 Dacorum & Tring AC	118	39	37	24	18
F15	6	6	Antonia Jubb	346	14:26	Div1	St Albans Striders	F15	6	F	46	6 Dacorum & Tring AC	355	6 Vale of Aylesbury AC	117	40	38	23	16
F15	7	7	Sofia Penusko	613	14:34	Div1	Bedford and County AC	F15	7	F	45	7 Marshall Milton Keynes AC	300	7 Marshall Milton Keynes AC	81	31	22	19	9
F15	8	8	Sarah McGrath	344	14:44	Div1	St Albans Striders	F15	8	F	44	8 Leighton Buzzard AC	263	8 Leighton Buzzard AC	63	32	20	7	4
F15	9	9	Alice Brown	102	15:03	Div1	Chiltern Harriers	F15	9	F	43	9 Oxford City AC	166	9 MK Distance Project	54	26	15	13	
F15	10	10	Olivia Brown	763	15:05	Div1	Wycombe Phoenix	F15	10	F	42	10 MK Distance Project	151	10 Oxford City AC	33	33			
F15	12	11	Natalie Simmons	606	15:09	Div1	Bedford and County AC	F15	11	F	41	11 Harrow AC	92	11 Harrow AC	30	30			
F15	13	12	Anna Outhbert	575	15:11	Div1	Vale of Aylesbury AC	F15	12	F	40	12 Watford Harriers	15	12 Watford Harriers					
F15	14	13	Grace Hucknell	1058	15:18	Div1	Dacorum & Tring AC	F15	13	F	39	13 Gade Valley Harriers		13 Headington Road Runners					
F15	16	14	Hortense Seed	527	15:33	Div1	Vale of Aylesbury AC	F15	14	F	38	14 Headington Road Runners		14 Gade Valley Harriers					
F15	17	15	Stella Whitlum	1050	15:40	Div1	Dacorum & Tring AC	F15	15	F	37								
F15	18	16	Sara Laitner	349	15:45	Div1	St Albans Striders	F15	16	F	36								
F15	19	17	Ellen Cooper	797	15:53	Div1	Wycombe Phoenix	F15	17	F	35								
F15	20	18	Amelia Baker	638	15:57	Div1	Bedford and County AC	F15	18	F	34								
F15	21	19	Amy Shayler	1531	15:58	Div1	Oxford City AC	F15	19	F	33								
F15	24	20	Morgen Chesterton	860	16:06	Div1	Leighton Buzzard AC	F15	20	F	32								
F15	25	21	April Barnes	261	16:10	Div1	Marshall Milton Keynes AC	F15	21	F	31								
F15	26	22	Sofia Latham	1291	16:10	Div1	Harrow AC	F15	22	F	30								
F15	27	23	Josie Nicholls	615	16:11	Div1	Bedford and County AC	F15	23	F	29								
F15	28	24	Matilda Firth	782	16:14	Div1	Wycombe Phoenix	F15	24	F	28								
F15	30	25	Jinaan Lockwood	98	16:19	Div1	Chiltern Harriers	F15	25	F	27								
F15	31	26	Lily Mae Smith	1112	16:22	Div1	MK Distance Project	F15	26	F	26								
F15	32	27	Maddy Wood	783	16:30	Div1	Wycombe Phoenix	F15	27	F	25								
F15	33	28	Katie Mitchell	1051	16:32	Div1	Dacorum & Tring AC	F15	28	F	24								
F15	34	29	Millie Carey	488	16:32	Div1	Vale of Aylesbury AC	F15	29	F	23								
F15	35	30	Sophie Stockton	264	16:33	Div1	Marshall Milton Keynes AC	F15	30	F	22								
F15	37	31	Grace Flemmons	630	16:54	Div1	Bedford and County AC	F15	31	F	21								
F15	38	32	Zara Brooks	864	17:01	Div1	Leighton Buzzard AC	F15	32	F	20								
F15	39	33	Phoebe Miller	263	17:02	Div1	Marshall Milton Keynes AC	F15	33	F	19								
F15	40	34	Emma Cresswell	1080	17:04	Div1	Dacorum & Tring AC	F15	34	F	18								
F15	41	35	Jessica Hill	1059	17:10	Div1	Dacorum & Tring AC	F15	35	F	17								
F15	42	36	Lauren Fines-Allin	481	17:14	Div1	Vale of Aylesbury AC	F15	36	F	16								
F15	43	37	Hannah Lord	1111	17:18	Div1	MK Distance Project	F15	37	F	15								
F15	44	38	Sophie Thomas	816	17:19	Div1	Wycombe Phoenix	F15	38	F	14								
F15	45	39	Nikita Kay	1110	17:20	Div1	MK Distance Project	F15	39	F	13								
F15	46	40	Ruby Abbott	637	17:20	Div1	Bedford and County AC	F15	40	F	12								
F15	47	41	Mia Caddell	806	17:21	Div1	Wycombe Phoenix	F15	41	F	11								
F15	48	42	Lauren Collis	1073	17:22	Div1	Dacorum & Tring AC	F15	42	F	10								
F15	49	43	Paige Tiley	260	17:23	Div1	Marshall Milton Keynes AC	F15	43	F	9								
F15	50	44	Ellie Watson	3501	17:25	Div1	Chiltern Harriers	F15	44	F	8								
F15	51	45	Julia Bell	861	17:31	Div1	Leighton Buzzard AC	F15	45	F	7								
F15	52	46	Rebecca Rees-Davies	805	17:36	Div1	Wycombe Phoenix	F15	46	F	6								
F15	54	47	Charlotte Docwra	104	17:43	Div1	Chiltern Harriers	F15	47	F	5								
F15	55	48	Amelia Butlin	866	17:51	Div1	Leighton Buzzard AC	F15	48	F	4								
F15	57	49	Emma Abbey	616	18:03	Div1	Bedford and County AC	F15	49	F									

F13	44	33 Sally Walling	772	13:53Div1	Wycombe Phoenix	F13	33F	23
F13	45	34 Amy Hogbin	774	13:55Div1	Wycombe Phoenix	F13	34F	22
F13	46	35 Alice O'Leary	299	13:58Div1	Marshall Milton Keynes AC	F13	35F	21
F13	47	36 Gemma Wickham	1107	14:01Div1	MK Distance Project	F13	36F	20
F13	50	37 Kyra May	1286	14:05Div1	Harrow AC	F13	37F	19
F13	52	38 Daisy Flemons	612	14:09Div1	Bedford and County AC	F13	38F	18
F13	53	39 Harriet Butlin	856	14:10Div1	Leighton Buzzard AC	F13	39F	17
F13	54	40 Emma Caddell	776	14:16Div1	Wycombe Phoenix	F13	40F	16
F13	55	41 Sofia Plumridge	582	14:22Div1	Vale of Aylesbury AC	F13	41F	15
F13	56	42 Ellie Faulkner	775	14:25Div1	Wycombe Phoenix	F13	42F	14
F13	57	43 Nancie Bateson	1079	14:28Div1	Dacorum & Tring AC	F13	43F	13
F13	58	44 Poppy Webster	3532	14:31Div1	Dacorum & Tring AC	F13	44F	12
F13	59	45 Jessica Tite	291	14:32Div1	Marshall Milton Keynes AC	F13	45F	11
F13	60	46 Olivia London	492	14:36Div1	Vale of Aylesbury AC	F13	46F	10
F13	61	47 Ana Farewell	250	14:38Div1	Marshall Milton Keynes AC	F13	47F	9
F13	62	48 Jessica Stenner	859	14:40Div1	Leighton Buzzard AC	F13	48F	8
F13	63	49 Morgan Stears	624	14:40Div1	Bedford and County AC	F13	49F	7
F13	64	50 Paige Farley	296	14:45Div1	Marshall Milton Keynes AC	F13	50F	6
F13	66	51 Iona Esslemont	521	14:54Div1	Vale of Aylesbury AC	F13	51F	5
F13	68	52 Iris Cooper	829	14:59Div1	Wycombe Phoenix	F13	52F	4
F13	69	53 Amy Wooton	293	15:14Div1	Marshall Milton Keynes AC	F13	53F	3
F13	74	54 Izzy Miller	286	15:37Div1	Marshall Milton Keynes AC	F13	54F	2
F13	77	55 Millie Banghard	633	17:47Div1	Bedford and County AC	F13	55F	1