

Chiltern League Division 1, 2019-20 - Individual rankings after 5 rounds (best 4)

Senior Men			Ox	MK1	Lut	Key	MK2	Total	
1	1657 George Wheeler	MK Distance Project	4	8	2	7	3	16	MS
2	131 Richard Slade	Chiltern Harriers	10	12	4	5	2	21	MS
3	369 Sam Winters	Marshall Milton Keynes AC	8	21	6	19	5	38	MS
4	825 Andrew Headley	Bedford and County AC	19	25	12	44	6	62	MS
5	910 Kieran Gilfedder	Wycombe Phoenix	33	41	8	12	9	62	MS
6	1591 Luke Delderfield	Tring Running Club	15	22	15	28	13	65	MS
7	1722 William Mullins	Bedford and County AC	35	50	9	29	8	81	MS
8	1393 Rob Elmore	Leighton Buzzard AC	23	29	14	20	31	86	MS
9	122 Aran Davidson	Chiltern Harriers	30	39	19	30	14	93	MS
10	574 Thomas Halling	St Albans Striders	21	37	21		15	94	MS
11	909 David Clark	Wycombe Phoenix	17	30	13	35		95	MS
12	1438 Billy Mead	Leighton Buzzard AC	29	44	18		7	98	MS
13	816 Joe Strange	Bedford and County AC	28	31	37	21	20	100	MS
14	1062 Rhys Rowlands	Dacorum & Tring AC	32	47	25	17	32	106	MS
15	334 Steve Tuttle	Marshall Milton Keynes AC	13	40	32	33	29	107	MS
16	925 Robert Wright	Wycombe Phoenix		49	31	39	16	135	MS
17	923 Liam Busby	Wycombe Phoenix	39	53	28	49	40	156	MS
18	3396 Jamie Marlow	Dacorum & Tring AC		54	46	43	36	179	MS
19	1073 James French	Dacorum & Tring AC	48	61	39	34		182	MS
20	554 Oliver Knight	St Albans Striders	64	71	55	41	28	188	MS
21	591 Steve Buckle	St Albans Striders		55	33	52	75	215	MS
22	1394 Tom Inchley	Leighton Buzzard AC	56	68	59	62	44	221	MS
23	1522 Neil Hutchison	Queens Park Harriers	84	67	60	66	42	235	MS
24	343 Mark Palser	Marshall Milton Keynes AC	42	62	52	83		239	MS
25	924 Oliver Kidd	Wycombe Phoenix	61		62	59	58	240	MS
26	567 Douglas Hobson	St Albans Striders	54		81	57	53	245	MS
27	922 Dean Childs	Wycombe Phoenix	59	78	61	70	60	250	MS
28	1060 Phillip Oddy	Dacorum & Tring AC	69		67	61	55	252	MS
29	1053 Mike Carpenter	Dacorum & Tring AC	63	104	75	50	65	253	MS
30	1096 Matt Hamilton	Dacorum & Tring AC		81	63	65	47	256	MS
31	1392 Sam Dear	Leighton Buzzard AC	80	79	65		62	286	MS
32	1326 Sai Nimalanathan	Watford Harriers	103	120	70	71	70	314	MS
33	552 Richard Evans	St Albans Striders		94	78	75	79	326	MS
34	340 Stephen Ratcliffe	Marshall Milton Keynes AC	71	86	86	84	93	327	MS
35	349 Andrew Kirschner	Marshall Milton Keynes AC	95	111	95		90	391	MS
36	1099 Chris Marriott	Dacorum & Tring AC		122	102	93	80	397	MS
37	128 Jon Taylor	Chiltern Harriers	87	126		112	113	438	MS
38	1658 Eliot Winter	MK Distance Project	93	132	103	111		439	MS
39	1086 Thomas Mack	Dacorum & Tring AC	118	137		107	96	458	MS
40	1056 Benjamin Kenny	Dacorum & Tring AC	120		138	110	101	469	MS
41	1536 Martin Hanicinec	Queens Park Harriers	100	129	116		142	487	MS
42	1088 Vadim Sumenkov	Dacorum & Tring AC		142	129	137	104	512	MS
43	126 Matt Hipgrave	Chiltern Harriers	136	148	131	129	123	519	MS
44	532 Martyn Douglas	Redway Runners	154		136	138	117	545	MS
45	916 Scott Wixon-Nelson	Wycombe Phoenix	140	154	125	136	144	545	MS
46	124 Shaun Fry	Chiltern Harriers	185		150	146	97	578	MS
47	1461 Phil Heaton	Gade Valley Harriers	158	170		145	120	593	MS
48	1469 Stephen Newing	Gade Valley Harriers	163	187	155	154	162	634	MS
49	1450 Dean Kidd	Gade Valley Harriers	194	227	193	199	190	776	MS
50	1642 Sam Whiffen	Tring Running Club		236	200	192	202	830	MS
51	1087 Bill Wylie	Dacorum & Tring AC		250	202	193	197	842	MS
Under 20 Men			Ox	MK1	Lut	Key	MK2	0	M20
1	833 Harry Brodie	Bedford and County AC	3	4	3	3		13	M20
2	815 James Minter	Bedford and County AC	6	11		4	4	25	M20
3	329 Matthew Dicks	Marshall Milton Keynes AC	14	19	10	15	12	51	M20
4	335 Ewan Forsythe	Marshall Milton Keynes AC	20	18		32	21	91	M20
5	338 Robert Hickman	Marshall Milton Keynes AC	26	36	27	26	19	98	M20
6	1683 Mintu Sidhu	MK Distance Project	34	35		36	38	143	M20
7	379 Finlay Gibbs	Marshall Milton Keynes AC	75	117	30	18	34	157	M20
8	1681 Marcus Lovell	MK Distance Project	44	45	45	53	46	180	M20
9	1157 Jamie Pugh	Vale of Aylesbury AC	41	74	112		49	276	M20
10	1158 Matthew Rizzo-Naudi	Vale of Aylesbury AC	108	112	105	95	81	389	M20
11	330 Alfie Blaber	Marshall Milton Keynes AC	162	174	146	166		648	M20
M40 Men			Ox	MK1	Lut	Key	MK2	0	M40
1	443 Genci Pepaj	Redway Runners	18	23	20	24	11	72	M40
2	1104 Rob Taylor	Vale of Aylesbury AC	47	58	47	56	45	195	M40
3	346 Matt Clarke	Marshall Milton Keynes AC	57	73	56	58		244	M40
4	1406 Tom Kimber	Leighton Buzzard AC	68		53	68	72	261	M40
5	324 Mike Smith	Marshall Milton Keynes AC	52	59		100	74	285	M40
6	813 Ewan Wilson	Bedford and County AC	60	95	76	60		291	M40
7	1325 Geoff Curwen	Watford Harriers		98	69	63	66	296	M40
8	1323 Stuart Ingham	Watford Harriers	77	84	79	76	78	310	M40
9	151 Neil Turner	Chiltern Harriers	104	100	74	79	59	312	M40
10	1103 Roger Seed	Vale of Aylesbury AC	73	102	82	77	82	314	M40
11	581 Gareth Parker	St Albans Striders	78	96	91	69	87	325	M40
12	1411 Stuart Blofeld	Leighton Buzzard AC	66	89	73	98	102	326	M40
13	1460 Michael Linden	Gade Valley Harriers	83	108	87	97	85	352	M40
14	1604 Greg O'Callaghan	Tring Running Club	90		97	92	89	368	M40
15	929 Clark Schofield	Wycombe Phoenix	99	109	89	80		377	M40
16	499 Paul Clifford-Jones	Redway Runners		125	113	108	98	444	M40
17	1396 Matthew Brooks	Leighton Buzzard AC	111	123	118	121	111	461	M40
18	331 Steve Withers	Marshall Milton Keynes AC	130	138	124	114	103	471	M40
19	337 Andrew Wasdell	Marshall Milton Keynes AC	115	144	128	118	118	479	M40
20	1324 Nick Harris	Watford Harriers	128		139	134	135	536	M40
21	140 Nathan Taylor	Chiltern Harriers	131	146		140	124	541	M40
22	1693 Andrew Jacobs	MK Distance Project	151	182	144	141	133	569	M40
23	1471 Simon Wallis	Gade Valley Harriers	135	169		157	136	597	M40
24	141 Mike Worsfold	Chiltern Harriers	170	171	132	130		603	M40
25	431 Dan Hippey	Redway Runners	138	173	147	160		618	M40
26	1472 Nick Crowther	Gade Valley Harriers	146	203	135	144		628	M40
27	1063 Steven Russell	Dacorum & Tring AC	159	183	149		149	640	M40
28	1401 Neil Green	Leighton Buzzard AC		184	157	148	154	643	M40

29	1076 Richard Slack	Dacorum & Tring AC	191	195	165	161	163	680	M40
30	1462 Phil Mercer	Gade Valley Harriers	173	204	181		155	713	M40
31	328 Ben Miller	Marshall Milton Keynes AC	184	211	175	167		737	M40
32	135 Glen Martin	Chiltern Harriers	179	214	176		172	741	M40
33	1080 Adrian Marshall	Dacorum & Tring AC	199	215	180	181	182	742	M40
34	1543 Richard Byrne	Queens Park Harriers		225	191	178	181	775	M40
35	323 Tim Pearce	Marshall Milton Keynes AC	198	217	187	177		779	M40
36	1398 Chris Dimmock	Leighton Buzzard AC	203	235	209	204	204	820	M40
37	1532 Tim Lewin	Queens Park Harriers	201	261		216	211	889	M40
38	1397 Nigel Chesterton	Leighton Buzzard AC	219	258	212		208	897	M40
39	577 Andrew Maher	St Albans Striders	214	254	213		217	898	M40
	M50 Men		Ox	MK1	Lut	Key	MK2	0	M50
1	1318 Matt Adcock	Watford Harriers	49	69	48		54	220	M50
2	1408 James Bell	Leighton Buzzard AC	67	82	72	74	68	281	M50
3	1314 Frank Ryan	Watford Harriers	86	91	88	85	94	350	M50
4	822 Stuart Still	Bedford and County AC	127	105	101	96	84	386	M50
5	1611 Nigel Bunn	Tring Running Club	101	119		105	99	424	M50
6	325 Eduardo Ustaran	Marshall Milton Keynes AC	113	149		115	110	487	M50
7	133 Andy Hickman	Chiltern Harriers	117	155	130	122	119	488	M50
8	594 Nigel Aston	St Albans Striders	105	145	121	135		506	M50
9	1723 Jim Black	Bedford and County AC	126	141		120	121	508	M50
10	144 Ian Lawson	Chiltern Harriers	145	159		165	109	578	M50
11	439 Ian Horner	Redway Runners	161	160	137	139	143	579	M50
12	553 Colin Braybrook	St Albans Striders	129	172	164		141	606	M50
13	1621 Chris Nicholls	Tring Running Club	164	190	156	169	146	635	M50
14	1643 Stuart Fogarty	Tring Running Club		175	145	156	175	651	M50
15	1316 Adrian Harwood	Watford Harriers	175	201	152	176	158	661	M50
16	1313 Derek Walker	Watford Harriers	166		167	163	169	665	M50
17	576 Steve Smith	St Albans Striders	167	186	162		157	672	M50
18	1622 Jon Salmon	Tring Running Club	171	197	172	182	171	696	M50
19	953 Mike Taylor	Wycombe Phoenix	189	219	174	174	176	713	M50
20	1107 Trevor Lynch	Vale of Aylesbury AC	181	220	184	189	187	741	M50
21	1108 Alan Roberts	Vale of Aylesbury AC	193	221	182	188	198	761	M50
22	1610 Rick Ansell	Tring Running Club	204	232	196	191	200	791	M50
23	1312 Kevin Clark	Watford Harriers	217	234	197	196	195	805	M50
24	1623 Mark Tikaram	Tring Running Club	209	242	201	198	209	817	M50
25	1526 Charles Tatham	Queens Park Harriers	216	260	211	207	214	848	M50
26	1315 Graham Mayoh	Watford Harriers	224		217	218	213	872	M50
27	471 Kevin Taylor	Redway Runners		257	215	217	218	907	M50
28	1547 Trevor Mathurin	Queens Park Harriers		265	223	221	220	929	M50
	M60 Men		Ox	MK1	Lut	Key	MK2	0	M60
1	1110 Tim Jones	Vale of Aylesbury AC	109	157		127	126	519	M60
2	557 Martin Halling	St Albans Striders	169	188	173	170	160	672	M60
3	1546 Maurice Quirke	Queens Park Harriers		194	151	168	179	692	M60
4	1629 John Manning	Tring Running Club	186		179	184	186	735	M60
5	1646 Trevor Lark	Tring Running Club		209	178	187	178	752	M60
6	1527 Adrian Boylan	Queens Park Harriers	195	251	206	195	207	803	M60
7	1061 Philip Pugh	Dacorum & Tring AC		244	204	209	196	853	M60
8	564 Michael Jack	St Albans Striders		255	208	213	203	879	M60
	M70 Men		Ox	MK1	Lut	Key	MK2	0	M70
1	345 Kelvin Smith	Marshall Milton Keynes AC	207	246	203	197	201	808	M70
2	148 Trevor Brawn	Chiltern Harriers	225	262	219	220	216	880	M70
3	1064 John Slack	Dacorum & Tring AC	228	266	222	223	223	896	M70
4	1540 William O'Connor	Queens Park Harriers	229	268	225	224	224	902	M70
	Under 17 Men		Ox	MK1	Lut	Key	MK2	0	M17
1	312 Leo Freeland	Marshall Milton Keynes AC	5	2	1	1	5	9	M17
2	1266 Charlie Woollett	Watford Harriers	7	3		2	1	13	M17
3	773 Alex Alston	Bedford and County AC	4	4	2	5		15	M17
4	79 Alex Aldred	Chiltern Harriers	2	11	3	4		20	M17
5	1153 Nathan Jones	Vale of Aylesbury AC	6	7		7	2	22	M17
6	360 Jamie Darcy	Marshall Milton Keynes AC	11	8	6		6	31	M17
7	90 James Palmer	Chiltern Harriers	12	15	7		7	41	M17
8	87 Luke Martin	Chiltern Harriers	15	18	8		10	51	M17
9	657 Aidan Tanner	St Albans Striders	16	19	12		11	58	M17
10	775 James Vinnicombe	Bedford and County AC		21	11	13	14	59	M17
11	313 Zak Freeland	Marshall Milton Keynes AC	21	24	14	12	15	62	M17
12	314 Alex Brent	Marshall Milton Keynes AC		26	17	10	17	70	M17
13	1262 Lewis Clark	Watford Harriers	30	33	22	17	16	85	M17
14	854 Aaron Phillips	Wycombe Phoenix	24	30	20		19	93	M17
	Under 15 Boys		Ox	MK1	Lut	Key	MK2	0	M15
1	755 Noah Champion	Bedford and County AC	2	1	1	3	3	7	M15
2	647 Oscar Loveday	St Albans Striders	5	2		4	4	15	M15
3	283 Callum Tripp	Marshall Milton Keynes AC	14	4	2	6	9	21	M15
4	1147 Ewan Maxwell	Vale of Aylesbury AC	7	3	4	10	8	22	M15
5	63 Angus Stoneham	Chiltern Harriers	10		3	7	6	26	M15
6	1257 Adam Wood	Watford Harriers		6	6	9	11	32	M15
7	285 Harry Totton	Marshall Milton Keynes AC	8	5		11	10	34	M15
8	1146 Woody Day	Vale of Aylesbury AC	11	10	5	12	13	38	M15
9	756 Euan Supple	Bedford and County AC	19	7	12	14	19	52	M15
10	1149 Alastair Walls	Vale of Aylesbury AC	15	9	10	20	22	54	M15
11	59 Laurie Gawne	Chiltern Harriers	17		7	13	18	55	M15
12	754 Ethan Cairns	Bedford and County AC	16	11	9	19	25	55	M15
13	511 Harley Mackenzie	Redway Runners	21	13	13	18	16	60	M15
14	284 Joshua Edwards	Marshall Milton Keynes AC	29	16	11	17	17	61	M15
15	66 Sammy Bennetts	Chiltern Harriers	18	15		15	21	69	M15
16	757 James Taylor	Bedford and County AC		17	14	21	23	75	M15
17	866 Owen Westbrook	Wycombe Phoenix	23	20	15	23	26	81	M15
18	1148 Ethan Perry	Vale of Aylesbury AC	26		16	24	28	94	M15
19	62 Zak Fisher	Chiltern Harriers	25	21		22	31	99	M15
20	92 Jerry Anderson	Chiltern Harriers	33	23	18		34	108	M15
21	282 Ben Webb	Marshall Milton Keynes AC	37	25	19		30	111	M15
22	1349 Sid Mead	Leighton Buzzard AC	35	28	22	31	36	116	M15
23	281 Dylan Hollinshead	Marshall Milton Keynes AC	38	30	20	32		120	M15
	Under 13 Boys		Ox	MK1	Lut	Key	MK2	0	M13
1	32 Alden Collier	Chiltern Harriers	1	1	1		1	4	M13

2	1671 Nicholas Hammett	MK Distance Project	6	2	2	2	7	12	M13
3	37 Rowan Gawne	Chiltern Harriers	9		5	10	10	34	M13
4	634 Edward Wade	St Albans Striders	15	6		7	8	36	M13
5	41 Gabriel Strutton-Smith	Chiltern Harriers	13	3	6	15	19	37	M13
6	267 Maxwell Newman	Marshall Milton Keynes AC		7	4	13	15	39	M13
7	777 Cameron Barnes	Bedford and County AC		23	3	9	5	40	M13
8	1232 Oliver Cooper	Watford Harriers	18	8	7	12	14	41	M13
9	749 Austin Cole	Bedford and County AC	19	11	10	17	21	57	M13
10	1236 Theo Keen	Watford Harriers	24	9	8	23	20	60	M13
11	752 Oliver Wilson	Bedford and County AC	23	13	11	18	22	64	M13
12	319 Jack Lennox	Marshall Milton Keynes AC	34	12	12	19	23	66	M13
13	1275 Max Fergie	Watford Harriers	25	14	16	22	26	77	M13
14	43 Rory Hilton	Chiltern Harriers	16		18	24	32	90	M13
15	1235 James Ingham	Watford Harriers	27	18	21	27	29	93	M13
16	261 James Stallwood	Marshall Milton Keynes AC	26	16	17	37	35	94	M13
17	1135 Freddie MacKintosh	Vale of Aylesbury AC	29	27	24	31	16	96	M13
18	30 Alfie Clifford	Chiltern Harriers	14	10		25	54	103	M13
19	642 James Dobbin	St Albans Striders	30	24	23	34	36	111	M13
20	263 Alex Granfelt	Marshall Milton Keynes AC	50	32	22	28	38	120	M13
21	38 Danny Carruthers	Chiltern Harriers	31	26		32	34	123	M13
22	525 Toby Sapwell	Redway Runners	35	28	19	43	47	125	M13
23	1134 Jude Hudson	Vale of Aylesbury AC	20	22		45	41	128	M13
24	1373 J Harrison	Leighton Buzzard AC		21	28	36	45	130	M13
25	45 Issa Phillips-Pope	Chiltern Harriers	39	30	25	39	48	133	M13
26	1710 Stanley Baker-Smith	MK Distance Project	32	29	32	49	49	142	M13
27	751 Daniel Smith	Bedford and County AC	42	39	30	40	44	151	M13
28	257 Jack Irwin	Marshall Milton Keynes AC	47	33	29	48	50	157	M13
29	644 Joshua Banfield	St Albans Striders	43	38		38	43	162	M13
30	1220 Sam Hart	Vale of Aylesbury AC	38	37		41	51	167	M13
31	513 Max O'Neill	Redway Runners	46	36		42	46	170	M13
32	262 Jaique Jibodu	Marshall Milton Keynes AC	58	41	34	50	52	177	M13
33	898 Rufus Parry	Wycombe Phoenix	56	42	35	55		188	M13
34	875 Daniel Cogan	Wycombe Phoenix	55	45	36	52	59	188	M13
35	1342 Ash Carter	Leighton Buzzard AC	59	47	38	53	56	194	M13
	Senior Women		Ox	MK1	Lut	Key	MK2	0	FS
1	938 Melanie Wilkins	Wycombe Phoenix	1	2	1	1	1	4	FS
2	326 Elle Roche	Marshall Milton Keynes AC	4	7	2	2	3	11	FS
3	327 Alice Ritchie	Marshall Milton Keynes AC	10	9	5	5	5	24	FS
4	200 Ellie Bates	Chiltern Harriers	18	19	10	9	6	43	FS
5	1340 Claire Bentley	Watford Harriers	15	20	12		12	59	FS
6	195 Hannah Wardley	Chiltern Harriers	21	23	9		17	70	FS
7	355 Abby Roskilly	Marshall Milton Keynes AC		24	28	24	20	96	FS
8	942 Melanie Phair	Wycombe Phoenix		34	24	22	19	99	FS
9	1421 Ruth Mitchell	Leighton Buzzard AC	28		27	30	26	111	FS
10	1420 Amy Farnfield	Leighton Buzzard AC	45	35	38	40	27	140	FS
11	196 Katie Royals	Chiltern Harriers	39		61	48	57	205	FS
12	418 Emily Bousfield	Redway Runners	42	57	50	56		205	FS
13	1528 Melanie McGovern	Queens Park Harriers	47	70	47	64	52	210	FS
14	1595 Daisy Goldhagen	Tring Running Club	81	114	75	67	44	267	FS
15	411 Lauren Keeler	Redway Runners	61		71	71	66	269	FS
16	1031 Louise Flower	Dacorum & Tring AC	71	92	68	110	78	309	FS
17	333 Fern Yull	Marshall Milton Keynes AC	65	105		89	58	317	FS
18	1641 Hannah Whiffen	Tring Running Club		108	67	79	67	321	FS
19	1339 Emma Gardner	Watford Harriers	98		90	109	103	400	FS
20	1537 Jana Wolfova	Queens Park Harriers	106	140	106		98	450	FS
21	198 Laura Gardner	Chiltern Harriers	107	146	115	124	118	464	FS
22	1497 Mary McCluskey	Gade Valley Harriers	104	169	119	139	119	481	FS
23	1049 Paige Nicklin	Dacorum & Tring AC	127	164	130		128	549	FS
	F35 Women		Ox	MK1	Lut	Key	MK2	0	F35
1	903 Alexandra Cook	Wycombe Phoenix	3	6	4	7	2	15	F35
2	1112 Sophie Delderfield	Vale of Aylesbury AC	9		7	8	7	31	F35
3	1525 Michelle Maddick	Queens Park Harriers	19	26	15	15	13	62	F35
4	1021 Kerry Ardley	Dacorum & Tring AC		30	25	25	21	101	F35
5	1424 Amy Inchley	Leighton Buzzard AC	30	41	29	26	29	114	F35
6	1632 Harriet Knight	Tring Running Club		49	33	45	31	158	F35
7	1029 Becky Fawcett	Dacorum & Tring AC		52	37	34	35	158	F35
8	1598 Liz O'Keeffe	Tring Running Club	37	59	52	53	38	180	F35
9	941 Karen Foxwell-Moss	Wycombe Phoenix		65	40	41	37	183	F35
10	1599 Rachel Wray	Tring Running Club	56	83	59	61	39	215	F35
11	188 Sylvia Moss	Chiltern Harriers	50	64	53	51	64	218	F35
12	1501 Victoria Crawley-Wise	Gade Valley Harriers	59	79	64		61	263	F35
13	408 Sarah Buck	Redway Runners	53	78		84	59	274	F35
14	1336 Alison Putko	Watford Harriers	66		65	72	84	287	F35
15	460 Melissa Sutcliffe	Redway Runners		100	76	73	73	322	F35
16	184 Rashila Wanninayake	Chiltern Harriers	90		88	100	89	367	F35
17	783 Emma Coombes	Bedford and County AC	85	116	74	94		369	F35
18	404 Hannah Connelly	Redway Runners	96	107	84	107	97	384	F35
19	1504 Angeline Cottrill	Gade Valley Harriers	89	135	105	117	111	422	F35
20	1035 Erica Klein	Dacorum & Tring AC	108	157	118	121	110	457	F35
21	1427 Sara Lowe	Leighton Buzzard AC	117	176	131	134	126	508	F35
22	1425 Bianca Inchley	Leighton Buzzard AC	125	154		127	120	526	F35
23	403 Suzy Patmore	Redway Runners	121	166		130	122	539	F35
24	193 Fiona Calder	Chiltern Harriers	134	187	140	147	136	557	F35
	F45 Women		Ox	MK1	Lut	Key	MK2	0	F45
1	187 Bex Nkoane	Chiltern Harriers	13	14		10	10	47	F45
2	1549 Karima Harris	Queens Park Harriers		27	16	18	22	83	F45
3	1507 Teresa Reason	Gade Valley Harriers	32	33	22		25	112	F45
4	168 Sue Elliot	Chiltern Harriers	54	44	41	47	36	168	F45
5	194 Christine Burroughs	Chiltern Harriers	44	53	44	46	45	179	F45
6	1609 Mary Ward	Tring Running Club	41	67	56	55	48	200	F45
7	179 Cathy Holloway	Chiltern Harriers	48	60	58	63	42	208	F45
8	628 Mandy Attree	St Albans Striders	58	95		75	55	283	F45
9	613 Donna Irwin	St Albans Striders	77	96	63	86	68	294	F45
10	166 Caroline Stephens	Chiltern Harriers	73		78	74	74	299	F45
11	406 Dawn Blaber	Redway Runners	78	112	77	95	75	325	F45

12	599 Julianne Nightingale	St Albans Striders	109	70	80	71	330	F45	
13	1607 Helen Tullie	Tring Running Club	80	115	80	98	82	340	F45
14	441 Jane Lee	Redway Runners	95	101		76	85	357	F45
15	415 Lisa Yabsley	Redway Runners	94	117	83		69	363	F45
16	784 Madeline Brodie	Bedford and County AC	87	131	96	102	87	372	F45
17	171 Fiona Williams	Chiltern Harriers	103		101	106	95	405	F45
18	1335 Christine Dearman	Watford Harriers	97	136	103	111	113	424	F45
19	170 Tamsin Finch	Chiltern Harriers	122	153	110	125	115	472	F45
20	178 Ruth Holyroyd	Chiltern Harriers	145	116	118		108	487	F45
21	1045 Penny Wallduck	Dacorum & Tring AC	143	120	122		109	494	F45
22	410 Carol Walton	Redway Runners	119	150	123		116	508	F45
23	177 Angela Hughes	Chiltern Harriers	102	165	127	133		527	F45
24	600 Carole Jack	St Albans Striders		167	124	123	124	538	F45
25	409 Eirwen Tagg	Redway Runners	131	179	138	142	129	540	F45
26	1431 Alison Bell	Leighton Buzzard AC		147	132	141	133	553	F45
	F55 Women		Ox	MK1	Lut	Key	MK2	0	F55
1	1625 Lynda Hembury	Tring Running Club	31	47	43	38	33	145	F55
2	322 Debra Brent	Marshall Milton Keynes AC	52	63	48	44	46	190	F55
3	1094 Celia Findlay	Dacorum & Tring AC		84	49	70	63	266	F55
4	629 Deirdre Heydecker	St Albans Striders	83		87	93	93	356	F55
5	175 Miriam Kempson	Chiltern Harriers	100	133	94	108	91	393	F55
6	1521 Susan Kennedy	Queens Park Harriers		161	111	120	107	499	F55
7	1013 Carole Pitts	Dacorum & Tring AC	118	163	117	126		524	F55
8	601 Katie Chilton	St Albans Striders		172	129	137	127	565	F55
9	1627 Shirley White	Tring Running Club	128	173	133	131		565	F55
	F65 Women		Ox	MK1	Lut	Key	MK2	0	F65
1	1509 Isabel Wilson	Gade Valley Harriers	99	128	92	105	106	402	F65
2	400 Fi Han Bromilow	Marshall Milton Keynes AC	123	168	121	136		548	F65
3	1535 Frances Sutherland	Queens Park Harriers	136	188	142	148		614	F65
	F20 Women		Ox	MK1	Lut	Key	MK2	0	F20
1	781 Lucy-Mae Shepherd	Bedford and County AC	6	6	3	2	4	15	F20
2	70 Soraya Lockwood	Chiltern Harriers	25	18	23	16	13	70	F20
3	1358 Dana Carter	Leighton Buzzard AC	41	38	31		28	138	F20
	F17 Women		Ox	MK1	Lut	Key	MK2	0	F17
1	969 Kirsten Stilwell	Wycombe Phoenix	1	2	1		1	5	F17
2	1156 Emily Johnston	Vale of Aylesbury AC		4	2	1	2	9	F17
3	1155 Anna Cuthbert	Vale of Aylesbury AC	5	3	6	4	3	15	F17
4	75 Alicia Bushell	Chiltern Harriers	4	7	5	3	6	18	F17
5	78 Katie Repper	Chiltern Harriers	8	8	9	7	5	28	F17
6	858 Ellen Cooper	Wycombe Phoenix	9	9	7	8	8	32	F17
7	712 Holly Hodgskinson	Bedford and County AC	19	16	11	10	7	44	F17
8	296 Sophie Stockton	Marshall Milton Keynes AC	13	13	21	12	11	49	F17
9	714 Alicia Athersmith	Bedford and County AC	20	14	10		10	54	F17
10	709 Grace Flemons	Bedford and County AC	11	15	13	15		54	F17
11	1357 Amy Killick	Leighton Buzzard AC	24	22	12	14	12	60	F17
12	71 Millie Hughes	Chiltern Harriers	18	24	14	17	19	68	F17
13	940 Mia Caddell	Wycombe Phoenix	21	19	17	18	15	69	F17
14	950 Rebecca Rees-Davies	Wycombe Phoenix	22	20	26	20	16	78	F17
15	713 Josie Nicholls	Bedford and County AC	17		19	25	17	78	F17
16	74 Jinaan Lockwood	Chiltern Harriers	30	21	27	22	23	93	F17
17	651 Beatrix Towers	St Albans Striders	23	31	29		24	107	F17
18	984 Jessica Hill	Dacorum & Tring AC	38	26	25	26		115	F17
19	1353 Zara Brooks	Leighton Buzzard AC	40		30	31	26	127	F17
20	76 Ella Watson	Chiltern Harriers	37	34		32	25	128	F17
	F15 Girls		Ox	MK1	Lut	Key	MK2	0	F15
1	652 Antonia Jubb	St Albans Striders	2	1		1	4	8	F15
2	658 Lily Tse	St Albans Striders	8	2		3	3	16	F15
3	972 Stella Whitlum	Dacorum & Tring AC	4	3		10	7	24	F15
4	706 Maddison Webb	Bedford and County AC	11	5	2	11		29	F15
5	274 Millie Freeland	Marshall Milton Keynes AC	16	7	5	13	12	37	F15
6	1151 Hortense Seed	Vale of Aylesbury AC	15	4	6	22		47	F15
7	500 Daisy Yabsley	Redway Runners	19	8	12	15	17	52	F15
8	56 Charlotte Docwra	Chiltern Harriers	18	13		14	14	59	F15
9	1259 Rebecca Hodges	Watford Harriers	20	14	13	17	16	60	F15
10	649 Sophie Leslie	St Albans Striders	24	20	14	25	27	83	F15
11	270 Morenike Orimalade	Marshall Milton Keynes AC	26	15		18	24	83	F15
12	870 Sally Walling	Wycombe Phoenix	31	24	16	23	26	89	F15
13	871 Emma Caddell	Wycombe Phoenix	36	19	18	29	25	91	F15
14	1350 Julia Bell	Leighton Buzzard AC	32	23		24	19	98	F15
15	501 Annabel Sanders	Redway Runners	30	18		30	21	99	F15
16	271 Phoebe Miller	Marshall Milton Keynes AC	40	27	20	38	31	116	F15
17	711 Emma Abbey	Bedford and County AC	35	25		37	30	127	F15
	F13 Girls		Ox	MK1	Lut	Key	MK2	0	F13
1	17 Zoe Gilbody	Chiltern Harriers	1	4	1		1	7	F13
2	1673 Sophie Jacobs	MK Distance Project	3	3	1	3		10	F13
3	704 Lily Farr	Bedford and County AC	6	4	2	4	4	14	F13
4	703 Lyla Danobrega	Bedford and County AC	7	7	3	7	9	24	F13
5	705 Millie Dunger	Bedford and County AC	8	5	5	6	8	24	F13
6	899 Evie Burton	Wycombe Phoenix	12	9	7	11	10	37	F13
7	23 Lucy Wilkinson	Chiltern Harriers	9	6	6		23	44	F13
8	874 Libby Sutton	Wycombe Phoenix	16	8	8	14	14	44	F13
9	1244 Gina Luckhurst	Watford Harriers	25	10	14	15	11	50	F13
10	236 Jessica Vaines	Marshall Milton Keynes AC	28	16	18	12	13	59	F13
11	21 Olivia Clarke	Chiltern Harriers	14		10	17	24	65	F13
12	245 Elizabeth Garner	Marshall Milton Keynes AC	20	11	15	21	20	66	F13
13	1140 Lucy Cuthbert	Vale of Aylesbury AC	26	12	20	19	18	69	F13
14	1193 Abigail Corby	Vale of Aylesbury AC	24	13	17		16	70	F13
15	27 Emily Ford	Chiltern Harriers	22		12	20	17	71	F13
16	702 Lucy Deller	Bedford and County AC	23	14	16	18	25	71	F13
17	22 Isabel Martin	Chiltern Harriers	19	15	11		28	73	F13
18	24 Beth Togneri	Chiltern Harriers	21	18	21	24		84	F13
19	19 Savannah Pandya	Chiltern Harriers	30		19	16	27	92	F13
20	1251 Lauren Wood	Watford Harriers	31	19	22	22	30	93	F13
21	203 Ella Glass	Marshall Milton Keynes AC	35	28	32	27	21	108	F13
22	708 Daisy Flemons	Bedford and County AC	32	26	29	25	31	111	F13

23	710 Lily Hodgskinson	Bedford and County AC	29	21	25	37	112	F13
24	289 Jessica Woods	Marshall Milton Keynes AC	47	22	24	23	116	F13
25	1242 Skye Duffy	Watford Harriers	38	23	23	33	117	F13
26	242 Amy Wooton	Marshall Milton Keynes AC	36	29	27	28	35	119
27	876 Ivy Uhart	Wycombe Phoenix	53	27	33	30	32	122
28	238 Izzy Gregg	Marshall Milton Keynes AC	42	44	30	26	26	124
29	237 Emilia Willis	Marshall Milton Keynes AC	45	20	35	34	39	128
30	640 Rebecca Cray	St Albans Striders	46	34	31	29	140	F13
31	287 Alice Richardson	Marshall Milton Keynes AC	48	24	35	34	141	F13
32	246 Alice O'Leary	Marshall Milton Keynes AC	39	31	36	36	142	F13
33	948 Lyla Griffin	Wycombe Phoenix	33	37	36	41	147	F13
34	235 Isobelle Barker	Marshall Milton Keynes AC	49	38	32	33	152	F13
35	878 Ellie Faulkner	Wycombe Phoenix	51	37	29	38	155	F13
36	1141 Iona Esslemont	Vale of Aylesbury AC	41	25	44	49	159	F13
37	515 Heather Cissell	Redway Runners	62	42	41	43	47	173
38	243 Paige Farley	Marshall Milton Keynes AC	40	42	48	52	182	F13
39	1145 Seren Young	Vale of Aylesbury AC	60	43	40	42	185	F13
40	872 Iris Cooper	Wycombe Phoenix	59	39	44	46	188	F13
41	505 Isabelle Patmore	Redway Runners	61	41	42	51	195	F13
42	885 Emma Westbrook	Wycombe Phoenix	67	51	48	49	55	203
43	521 Olivia Axford	Redway Runners	66	49	47	54	216	F13