

Chiltern League 2019/20 - Division 1 - Match 4 - Keysoe Equestrian Centre - 11 January 2020

Overall Team Result												After 4 Rounds															
1 Bedford and County AC	3421	1	Marshall Milton Keynes AC	13771																							
2 Marshall Milton Keynes AC	3392	2	Bedford and County AC	13579																							
3 Wycombe Phoenix	2887	3	Chiltern Harriers	12341																							
4 Chiltern Harriers	2882	4	Wycombe Phoenix	12069																							
5 Dacorum & Tring AC	2612	5	St Albans Striders	11202																							
6 St Albans Striders	2533	6	Dacorum & Tring AC	10723																							
7 Leighton Buzzard AC	1936	7	Leighton Buzzard AC	9760																							
8 Watford Harriers	1899	8	Watford Harriers	8591																							
9 Redway Runners	1890	9	Vale of Aylesbury AC	8444																							
10 Tring Running Club	1826	10	MK Distance Project	8000																							
11 Gade Valley Harriers	1430	11	Redway Runners	7948																							
12 Queens Park Harriers	1412	12	Tring Running Club	7620																							
13 MK Distance Project	1363	13	Gade Valley Harriers	6545																							
14 Vale of Aylesbury AC	1319	14	Queens Park Harriers	5861																							
Overall Male Team												After 4 Rounds															
1 Bedford and County AC	2368	1	Marshall Milton Keynes AC	9818																							
2 Marshall Milton Keynes AC	2343	2	Bedford and County AC	9723																							
3 Wycombe Phoenix	1901	3	Wycombe Phoenix	7812																							
4 Dacorum & Tring AC	1759	4	St Albans Striders	7767																							
5 Chiltern Harriers	1702	5	Chiltern Harriers	7741																							
6 St Albans Striders	1654	6	Dacorum & Tring AC	7076																							
7 Watford Harriers	1340	7	Leighton Buzzard AC	6829																							
8 MK Distance Project	1307	8	MK Distance Project	6243																							
9 Tring Running Club	1245	9	Vale of Aylesbury AC	5686																							
10 Redway Runners	1219	10	Watford Harriers	5659																							
11 Leighton Buzzard AC	1181	11	Redway Runners	5285																							
12 Vale of Aylesbury AC	966	12	Tring Running Club	5160																							
13 Gade Valley Harriers	927	13	Gade Valley Harriers	4216																							
14 Queens Park Harriers	822	14	Queens Park Harriers	3618																							
Overall Female Team												After 4 Rounds															
1 Chiltern Harriers	1180	1	Chiltern Harriers	4600																							
2 Bedford and County AC	1053	2	Wycombe Phoenix	4257																							
3 Marshall Milton Keynes AC	1049	3	Marshall Milton Keynes AC	3953																							
4 Wycombe Phoenix	986	4	Bedford and County AC	3856																							
5 St Albans Striders	879	5	Dacorum & Tring AC	3647																							
6 Dacorum & Tring AC	853	6	St Albans Striders	3435																							
7 Leighton Buzzard AC	755	7	Watford Harriers	2932																							
8 Redway Runners	671	8	Leighton Buzzard AC	2931																							
9 Queens Park Harriers	590	9	Vale of Aylesbury AC	2758																							
10 Tring Running Club	581	10	Redway Runners	2663																							
11 Watford Harriers	559	11	Tring Running Club	2460																							
12 Gade Valley Harriers	503	12	Gade Valley Harriers	2329																							
13 Vale of Aylesbury AC	353	13	Queens Park Harriers	2243																							
14 MK Distance Project	56	14	MK Distance Project	1757																							
Overall Seniors												After 4 Rounds															
1 Marshall Milton Keynes AC	2873	1	Marshall Milton Keynes AC	11725																							
2 Bedford and County AC	2828	2	Bedford and County AC	11151																							
3 Wycombe Phoenix	2571	3	Wycombe Phoenix	10788																							
4 Dacorum & Tring AC	2292	4	Dacorum & Tring AC	9647																							
5 St Albans Striders	2111	5	St Albans Striders	9583																							
6 Chiltern Harriers	2103	6	Chiltern Harriers	9494																							
7 Leighton Buzzard AC	1861	7	Leighton Buzzard AC	9277																							
8 Tring Running Club	1826	8	Tring Running Club	7620																							
9 Redway Runners	1763	9	MK Distance Project	7485																							
10 Watford Harriers	1560	10	Redway Runners	7399																							
11 Gade Valley Harriers	1430	11	Watford Harriers	7174																							
12 Queens Park Harriers	1412	12	Vale of Aylesbury AC	6914																							
13 MK Distance Project	1238	13	Gade Valley Harriers	6545																							
14 Vale of Aylesbury AC	1018	14	Queens Park Harriers	5861																							
Overall Juniors												After 4 Rounds															
1 Chiltern Harriers	779	1	Chiltern Harriers	2847																							
2 Bedford and County AC	593	2	Bedford and County AC	2428																							
3 Marshall Milton Keynes AC	519	3	Marshall Milton Keynes AC	2046																							
4 St Albans Striders	422	4	St Albans Striders	1619																							
5 Watford Harriers	339	5	Vale of Aylesbury AC	1530																							
6 Wycombe Phoenix	316	6	Watford Harriers	1417																							
7 Vale of Aylesbury AC	301	7	Wycombe Phoenix	1281																							
8 Dacorum & Tring AC	220	8	Dacorum & Tring AC	1076																							
9 Redway Runners	127	9	Redway Runners	549																							
10 MK Distance Project	125	10	MK Distance Project	515																							
11 Leighton Buzzard AC	75	11	Leighton Buzzard AC	483																							
12 Tring Running Club		12	Queens Park Harriers																								
13 Queens Park Harriers		13	Tring Running Club																								
14 Gade Valley Harriers		14	Gade Valley Harriers																								
Senior Men												Seniors overall after 4 Matches															
Race	Mob	D1	No.	Senior Men	Time	Div	Club	Cat	Pos	M/F	Pts			Senior Men Team	Total	1	2	3	4	5	6	7	8	9	10		
MS	1	1	839	Rob Bergin	34:55	D1	Bedford and County AC	MS	1	M	224	1	Marshall Milton Keynes AC	8749	1	Bedford and County AC	2116	224	223	222	221	217	215	204	200	196	194
MS	2	2	770	Dan Jarvis	35:17	D1	Bedford and County AC	MS	2	M	223	2	Bedford and County AC	8668	2	Marshall Milton Keynes AC	2079	219	216	214	212	210	207	206	203	199	193
MS	3	3	833	Harry Brodie	36:02	D1	Bedford and County AC	M20	1	M	222	3	Wycombe Phoenix	7525	3	Wycombe Phoenix	1832	213	209	202	190	186	176	174	166	161	155
MS	4	4	815	James Minter	36:07	D1	Bedford and County AC	M20	2	M	221	4	St Albans Striders	6960	4	Dacorum & Tring AC	1702	208	191	185	182	175	164	160	153	152	132
MS	5	5	131	Richard Slade	36:09	D1	Chiltern Harriers	MS	3	M	220	5	Dacorum & Tring AC	6712	5	St Albans Striders	1451	184	180	173	168	156	150	135	109	102	94
MS	6	6	358	Paul Mizon	36:20	D1	Marshall Milton Keynes AC	MS	4	M	219	6	Leighton Buzzard AC	6673	6	Chiltern Harriers	1326	220	195	146	136	123	113	103	99	96	95
MS	7	7	1657	George Wheeler	36:20	D1	MK Distance Project	MS	5	M	218	7	Chiltern Harriers	6344	7	Tring Running Club	1245	197	188	137	133	120	116	108	101	76	69
MS	8	8	832	Ben Alcock	36:23	D1	Bedford and County AC	MS	6	M	217	8	MK Distance Project	5947	8	MK Distance Project	1238	218	211	189	187	172	134	84	63		
MS	9	9	372	Tom Comerford	36:33	D1	Marshall Milton Keynes AC	MS	7	M	216	9	Tring Running Club	5160	9	Redway Runners	1174	201	138	134	121	117	100	97	93	87	86
MS	10	10	840	Michael Harrison	37:01	D1	Bedford and County AC	MS	8	M	215	10	Redway Runners	5050	10	Leighton Buzzard AC	1155	205	163	157	151	127	104	83	77	67	21
MS	11	11	351	Jamie Seddon	37:11	D1	Marshall Milton Keynes AC	MS	9	M	214	11	Vale of Aylesbury AC	5024	11	Gade Valley Harriers	1151	171	162	154	149	140	131	91	62	49	42
MS	13	12	910	Kieran Gilfedder	37:35	D1	Wycombe Phoenix	MS	10	M	213	12	Watford Harriers	4915	12	Gade Valley Harriers	927	147	128	124	106	81	80	72	71	68	50
MS	14	13	373	Chad Lambert	37:49	D1	Marshall Milton Keynes AC	MS	11	M	212	13	Gade Valley Harriers	4216	13	Queens Park Harriers	822	178	159	143	92	57	53	47	45	30	18
MS	15	14	1656	Charles Wheeler	37:50	D1	MK Distance Project	MS	12	M	211	14	Queens Park Harriers	3618	14	Vale of Aylesbury AC	816	198	169	148	130	98	37	36			
MS	16	15	329	Matthew Dicks	37:52	D1	Marshall Milton Keynes AC	M20	3	M	210																
MS	17	16	959	Joe Branch	38:10	D1	Wycombe Phoenix	MS	13	M	209	1	Bedford and County AC	2720													
MS	18	17	1062	Rhys Rowlands	38:13	D1	Dacorum & Tring AC	MS	14	M	208	2	Marshall Milton Keynes AC	2597	2	Marshall Milton Keynes AC	616	210	207	199							
MS	19	18	339	Finlay Gibbs	38:14	D1	Marshall Milton Keynes AC	M20	4	M	207	3	Vale of Aylesbury AC	1612	3	MK Distance Project	361	189	172								
MS	20	19	369	Sam Winters	38:19	D1	Marshall Milton Keynes AC	MS	15	M	206	4	MK Distance Project	1611	4	Wycombe Phoenix	202	202									
MS	22	20	1393	Rob Elmore	38:21	D1	Leighton Buzzard AC	MS	16	M	205	5	St Albans Striders	1168	5	St Albans Striders	180	180									
MS	23	21	816	Joe Strange	38:27	D1	Bedford and County AC	MS	17	M	204	6	Chiltern Harriers	1046	6	Redway Runners	138	138									
MS	25	22	365	Graham Jones	38:33	D1	Marshall Milton Keynes AC	MS	18	M	203	7	Wycombe Phoenix	855	7	Vale of Aylesbury AC	130	130									
MS	26	23	957	Nim Dyer	38:33	D1	Wycombe Phoenix	M20	5	M	202	8	Redway Runners	426	8	Chiltern Harriers											
MS	27	24	443	Genci Pepaj	38:34	D1	Redway Runners	M40	1	M	201	9	Dacorum & Tring AC	372	9	Watford Harriers											
MS	29	25	768	Sam Kne-Robinson	38:38	D1	Bedford and County AC	MS	19	M	200	10	Watford Harriers	44	10	Dacorum & Tring AC											
MS	31	26	338	Robert Hickman	38:43	D1	Marshall Milton Keynes AC	M20	6	M	199	11	Gade Valley Harriers		11	Gade Valley Harriers											
MS	32	27	1102	Charlie May	38:45	D1	Vale of Aylesbury AC	MS	20	M	198	12	Leighton Buzzard AC		12	Leighton Buzzard AC											
MS	33	28	1591	Luke Delderfield	38:48	D1	Tring Running Club	MS	21	M	197	13	Queens Park Harriers		13	Queens Park Harriers											
MS	34	29	824	William Mullins	38:50	D1	Bedford and County AC	MS	22	M	196	14	Tring Running Club		14	Tring Running Club											
MS	35	30	122	Arran Davidson	38:58	D1	Chiltern Harriers	MS	23	M	195																
MS	36	31	838	Craig Emmerson	38:59	D1	Bedford and County AC	MS	24	M	194																
MS	37	32	335	Euan Forsythe	39:05	D1	Marshall Milton Keynes AC	M20	7	M	193	2	Watford Harriers	2484	2	Watford Harriers	550	165	144	129	112						
MS	38	33	334	Steve Tuttle	39:07	D1	Marshall Milton Keynes AC	MS	25	M	192	3	Marshall Milton Keynes AC	2387	3	Leighton Buzzard AC	539	167	151	127	104						
MS	40	34	1073	James French	39:35	D1	Dacorum & Tring AC	MS	26	M	191	4	St Albans Striders	2306	4	Redway Runners	532	201	121	117	93						
MS	41	35	909	David Clark	39:37	D1	Wycombe Phoenix	MS	27	M	190	5	Bedford and County AC	2292	5	Marshall Milton Keynes AC	513	167	125	111	110						
MS	43	36	1683	Mintu Sidhu	39:41	D1	MK Distance Project	M20	8	M	189	6	Tring Running Club	2049	6	Tring Running Club	506	137	133	120	116						
MS	44	37	1630	Ross Langley	39:42	D1	Tring Running Club	MS	28	M	188	7	Redway Runners	2017	7	St Albans Striders	502	156	135	109	102						
MS	45	38	1652	Michael Greener	39:42	D1	MK Distance Project	MS	29	M	187	8	Gade Valley Harriers	2007	8	Wycombe Phoenix	476	161	145	119	51						
MS	46	39	925	Robert Wright	39:42	D1	Wycombe Phoenix	MS	30	M	186	9	Chiltern Harriers	1955	9	Vale of Aylesbury AC	452	169	148	98	37						
MS	47	40	3397	Sean Collum	39:43	D1	Dacorum & Tring AC	MS	31	M	185	10	Vale of Aylesbury AC	1946	10	Gade Valley Harriers	439	128	124	106	81						
MS	49	41	554	Oliver Knight	39:44	D1	St Albans Striders	MS	32	M	184	11	Wycombe Phoenix	1854	11	Chiltern Harriers	429	146	103	95	85						
MS	50	42	814	Richard Laursen	39:54	D1	Bedford and County AC	M20	9	M	183	12	Dacorum & Tring AC	1303	12	Dacorum & Tring AC	343	152	73	64	54						
MS	51	43	3396	Jamie Marlow	40:12	D1	Dacorum & Tring AC	MS	33	M	182	13	Queens Park Harriers	1226	13	Queens Park Harriers	249	92	57	53	47						
MS	52	44																									

MS	75	64	912 Frank Fulcher	41:41 D1	Wycombe Phoenix	M50	1 M	161
MS	76	65	1096 Matt Hamilton	41:53 D1	Dacorum & Tring AC	MS	47 M	160
MS	77	66	1522 Neil Hutchinson	41:56 D1	Queens Park Harriers	MS	48 M	159
MS	78	67	376 Stephen Young	42:00 D1	Marshall Milton Keynes AC	MS	49 M	158
MS	79	68	1406 Tom Kimber	42:08 D1	Leighton Buzzard AC	M40	6 M	157
MS	80	69	581 Gareth Parker	42:13 D1	St Albans Striders	M40	7 M	156
MS	81	70	922 Dean Childs	42:14 D1	Wycombe Phoenix	MS	50 M	155
MS	82	71	1326 Sai Nimalanathan	42:14 D1	Watford Harriers	MS	51 M	154
MS	83	72	3395 Douglas Coleman	42:17 D1	Dacorum & Tring AC	MS	52 M	153
MS	86	73	3394 Adam Mills	42:24 D1	Dacorum & Tring AC	M40	8 M	152
MS	87	74	1408 James Bell	42:25 D1	Leighton Buzzard AC	M50	2 M	151
MS	91	75	552 Richard Evans	42:31 D1	St Albans Striders	MS	53 M	150
MS	93	76	1323 Stuart Ingham	42:35 D1	Watford Harriers	M40	9 M	149
MS	94	77	1103 Roger Seed	42:40 D1	Vale of Aylesbury AC	M40	10 M	148
MS	95	78	1443 Andy Symonds	42:41 D1	Gade Valley Harriers	MS	54 M	147
MS	98	79	151 Neil Turner	42:47 D1	Chiltern Harriers	M40	11 M	146
MS	99	80	929 Clark Schofield	42:55 D1	Wycombe Phoenix	M40	12 M	145
MS	100	81	769 Peter Dearnold	42:58 D1	Bedford and County AC	M50	3 M	144
MS	101	82	1524 Sam Sutherland	42:59 D1	Queens Park Harriers	MS	55 M	143
MS	102	83	343 Mark Palser	43:01 D1	Marshall Milton Keynes AC	MS	56 M	142
MS	103	84	340 Stephen Ratcliffe	43:01 D1	Marshall Milton Keynes AC	MS	57 M	141
MS	110	85	1314 Frank Ryan	43:18 D1	Watford Harriers	M50	4 M	140
MS	113	86	952 James Roberts	43:22 D1	Wycombe Phoenix	MS	58 M	139
MS	114	87	438 Daniel Horner	43:24 D1	Redway Runners	M20	13 M	138
MS	115	88	1636 Simon Barnett	43:31 D1	Tring Running Club	M40	13 M	137
MS	116	89	161 Samuel Howell	43:32 D1	Chiltern Harriers	MS	59 M	136
MS	117	90	553 Stephen Hosty	43:35 D1	St Albans Striders	M40	14 M	135
MS	119	91	444 Matt Birtles	43:39 D1	Redway Runners	MS	60 M	134
MS	120	92	1604 Greg O'Callaghan	43:49 D1	Tring Running Club	M40	15 M	133
MS	122	93	1099 Chris Marriott	43:58 D1	Dacorum & Tring AC	MS	61 M	132
MS	123	94	1328 Liam Hinchelwood	43:59 D1	Watford Harriers	MS	62 M	131
MS	124	95	1158 Matthew Rizzo-Naudi	44:03 D1	Vale of Aylesbury AC	M20	14 M	130
MS	126	96	822 Stuart Still	44:07 D1	Bedford and County AC	M50	5 M	129
MS	127	97	1460 Michael Linden	44:08 D1	Gade Valley Harriers	M40	16 M	128
MS	129	98	1411 Stuart Blofeld	44:12 D1	Leighton Buzzard AC	M40	17 M	127
MS	130	99	1067 Ben Stratford	44:13 D1	Dacorum & Tring AC	MS	63 M	126
MS	132	100	324 Mike Smith	44:14 D1	Marshall Milton Keynes AC	M40	18 M	125
MS	133	101	1444 Antony Beamish	44:15 D1	Gade Valley Harriers	M40	19 M	124
MS	136	102	149 Andrew Wisall	44:21 D1	Chiltern Harriers	MS	64 M	123
MS	137	103	960 Mark Topley	44:24 D1	Wycombe Phoenix	MS	65 M	122
MS	138	104	498 Simon Read	44:29 D1	Redway Runners	M40	20 M	121
MS	139	105	1611 Nigel Bunn	44:35 D1	Tring Running Club	M50	6 M	120
MS	142	106	913 Tim Hogbin	44:39 D1	Wycombe Phoenix	M40	21 M	119
MS	144	107	1086 Thomas Mack	44:49 D1	Dacorum & Tring AC	MS	66 M	118
MS	145	108	499 Paul Clifford-Jones	44:51 D1	Redway Runners	M40	22 M	117
MS	146	109	1601 Andrew Hill	44:54 D1	Tring Running Club	M40	23 M	116
MS	148	110	1056 Benjamin Kenny	44:59 D1	Dacorum & Tring AC	MS	67 M	115
MS	149	111	1658 Eliot Winter	45:03 D1	MK Distance Project	MS	68 M	114
MS	150	112	128 Jon Taylor	45:04 D1	Chiltern Harriers	MS	69 M	113
MS	152	113	826 Andy Blair	45:08 D1	Bedford and County AC	M50	7 M	112
MS	153	114	331 Steve Withers	45:09 D1	Marshall Milton Keynes AC	M40	24 M	111
MS	154	115	325 Eduardo Ustaran	45:14 D1	Marshall Milton Keynes AC	M50	8 M	110
MS	155	116	579 Derek Fowler	45:15 D1	St Albans Striders	M40	25 M	109
MS	156	117	1648 Steve Boyd	45:16 D1	Tring Running Club	M50	9 M	108
MS	157	118	337 Andrew Wasdell	45:17 D1	Marshall Milton Keynes AC	M40	26 M	107
MS	158	119	1456 James Birnie	45:23 D1	Gade Valley Harriers	M40	27 M	106
MS	159	120	819 Jim Black	45:38 D1	Bedford and County AC	M50	10 M	105
MS	161	121	1396 Matthew Brooks	45:42 D1	Leighton Buzzard AC	M40	28 M	104
MS	162	122	133 Andy Hickman	45:54 D1	Chiltern Harriers	M50	11 M	103
MS	163	123	699 Errol Maginley	45:57 D1	St Albans Striders	M50	12 M	102
MS	165	124	1633 Andy Collings	46:00 D1	Tring Running Club	M50	13 M	101
MS	166	125	484 Ben Munns	46:02 D1	Redway Runners	MS	70 M	100
MS	169	126	121 Neil Bates	46:13 D1	Chiltern Harriers	MS	71 M	99
MS	170	127	1110 Tim Jones	46:15 D1	Vale of Aylesbury AC	M60	1 M	98
MS	171	128	428 Andy Gardner	46:16 D1	Redway Runners	MS	72 M	97
MS	172	129	126 Matt Higgrave	46:18 D1	Chiltern Harriers	MS	73 M	96
MS	173	130	141 Mike Worsfold	46:20 D1	Chiltern Harriers	M40	29 M	95
MS	175	131	561 Sebastian Rowe	46:23 D1	St Albans Striders	M40	30 M	94
MS	177	132	478 Matthew Childs	46:29 D1	Redway Runners	M40	31 M	93
MS	179	133	1555 Gez Medinger	46:35 D1	Queens Park Harriers	M40	32 M	92
MS	180	134	1324 Nick Harris	46:37 D1	Watford Harriers	M40	33 M	91
MS	181	135	594 Nigel Aston	46:38 D1	St Albans Striders	M50	14 M	90
MS	182	136	916 Scott Wixon-Nelson	46:39 D1	Wycombe Phoenix	MS	74 M	89
MS	183	137	1088 Vadim Sumenkov	46:40 D1	Dacorum & Tring AC	MS	75 M	88
MS	184	138	436 Martyn Douglas	46:46 D1	Redway Runners	MS	76 M	87
MS	185	139	439 Ian Horner	46:51 D1	Redway Runners	M50	15 M	86
MS	186	140	140 Nathan Taylor	46:54 D1	Chiltern Harriers	M40	34 M	85
MS	190	141	1693 Andrew Goward	47:03 D1	MK Distance Project	M40	35 M	84
MS	191	142	1399 Stuart Dimmock	47:04 D1	Leighton Buzzard AC	M40	36 M	83
MS	194	143	483 Andrew Dodds	47:27 D1	Redway Runners	MS	77 M	82
MS	195	144	1472 Nick Crowther	47:31 D1	Gade Valley Harriers	M40	37 M	81
MS	196	145	1461 Phil Heaton	47:40 D1	Gade Valley Harriers	MS	78 M	80
MS	197	146	124 Shaun Fry	47:44 D1	Chiltern Harriers	MS	79 M	79
MS	198	147	584 Stuart Middleton	47:46 D1	St Albans Striders	M40	38 M	78
MS	199	148	1401 Neil Green	47:47 D1	Leighton Buzzard AC	M40	39 M	77
MS	201	149	1649 Christian Olley	47:59 D1	Tring Running Club	M40	40 M	76
MS	203	150	374 Sean Butler	48:06 D1	Marshall Milton Keynes AC	MS	80 M	75
MS	204	151	136 Paul McCarthy	48:08 D1	Chiltern Harriers	M40	41 M	74
MS	205	152	1016 Gareth Clark	48:10 D1	Dacorum & Tring AC	M40	42 M	73
MS	206	153	1463 Phil Robbins	48:12 D1	Gade Valley Harriers	M40	43 M	72
MS	208	154	1469 Stephen Newing	48:26 D1	Gade Valley Harriers	MS	81 M	71
MS	210	155	375 Jamie Parsonage	48:33 D1	Marshall Milton Keynes AC	MS	82 M	70
MS	215	156	1643 Stuart Fogarty	48:44 D1	Tring Running Club	M50	16 M	69
MS	216	157	1471 Simon Wallis	48:45 D1	Gade Valley Harriers	M40	44 M	68
MS	218	158	1403 Adam Haylock	48:50 D1	Leighton Buzzard AC	M40	45 M	67
MS	219	159	152 Stuart Real-Slavicky	48:55 D1	Chiltern Harriers	M40	46 M	66
MS	220	160	431 Dan Hippey	48:58 D1	Redway Runners	M40	47 M	65
MS	221	161	1076 Richard Slack	49:01 D1	Dacorum & Tring AC	M40	48 M	64
MS	223	162	1651 Lee Adams	49:08 D1	MK Distance Project	MS	83 M	63
MS	225	163	1313 Derek Walker	49:15 D1	Watford Harriers	M50	17 M	62
MS	227	164	401 James Down	49:20 D1	Redway Runners	MS	84 M	61
MS	228	165	144 Ian Lawson	49:20 D1	Chiltern Harriers	M50	18 M	60
MS	232	166	330 Afife Blaber	49:29 D1	Marshall Milton Keynes AC	M20	15 M	59
MS	233	167	328 Ben Miller	49:30 D1	Marshall Milton Keynes AC	M40	49 M	58
MS	235	168	1546 Maurice Quirke	49:37 D1	Queens Park Harriers	M60	2 M	57
MS	237	169	1621 Chris Nicholls	49:39 D1	Tring Running Club	M50	19 M	56
MS	238	170	557 Martin Halling	49:41 D1	St Albans Striders	M60	3 M	55
MS	240	171	1020 Neal Ashton	49:50 D1	Dacorum & Tring AC	M40	50 M	54
MS	241	172	1534 Peter Reupke	49:51 D1	Queens Park Harriers	M50	20 M	53
MS	244	173	449 Neville Rowles	49:59 D1	Redway Runners	M50	21 M	52
MS	246	174	953 Mike Taylor	50:02 D1	Wycombe Phoenix	M50	22 M	51
MS	247	175	1455 Hamish Shaw	50:07 D1	Gade Valley Harriers	MS	85 M	50
MS	250	176	1316 Adrian Harwood	50:23 D1	Watford Harriers	M50	23 M	49
MS	252	177	323 Tim Pearce	50:36 D1	Marshall Milton Keynes AC	M40	51 M	48
MS	254	178	1543 Richard Byrne	50:42 D1	Queens Park Harriers	M40	52 M	47
MS	255	179	377 Philip Gizard	50:51 D1	Marshall Milton Keynes AC	M50	24 M	46
MS	257	180	1559 Martin Petry	51:08 D1	Queens Park Harriers	MS	86 M	45
MS	258	181	1080 Adrian Marshall	51:09 D1	Dacorum & Tring AC	M40	53 M	44
MS	260	182	1622 Jon Salmon	51:17 D1	Tring Running Club	M50	25 M	43
MS	261	183	1307 Zac McDonough	51:21 D1	Watford Harriers	MS	87 M	42
MS	263	184	1629 John Manning	51:25 D1	Tring Running Club	M60	4 M	41
MS	264	185	150 Tim Higrave	51:29 D1	Chiltern Harriers	M40	54 M	40
MS	267	186	1441 Andy Cook	51:34 D1	Gade Valley Harriers	M50	26 M	39
MS	269	187	1646 Trevor Lark	51:42 D1	Tring Running Club	M60	5 M	38
MS	270	188	1108 Alan Roberts	51:44 D1	Vale of Aylesbury AC	M50	27 M	37
MS	275	189	1107 Trevor Lynch	52:27 D1	Vale of Aylesbury AC	M50	28 M	36
MS	276	190	146 Alan Hornibrook	52:34 D1	Chiltern Harriers	M60	6 M	35
MS	279	191	1610 Rick Ansell	52:42 D1	Tring Running Club	M50	29 M	34
MS	280	192	1642 Sam Whiffen	52:48 D1	Tring Running Club	MS	88 M	33
MS	282	193	1087 Bill Wylie	52:52 D1	Dacorum & Tring AC	MS	89 M	32
MS	284	194	583 Martin Nicholls	53:10 D1	St Albans Striders	M40	55 M	31
MS	285	195	1527 Adrian Boylan	53:11 D1	Queens Park Harriers	M60	7 M	30
MS	286	196	1312 Kevin Clark	53:19 D1	Watford Harriers	M50	30 M	29
MS	291	197	345 Kelvin Smith	53:53 D1	Marshall Milton Keynes AC	M70	1 M	28
MS	292	198	1623 Mark Tikaram	53:55 D1	Tring Running Club	M50	31 M	27
MS	293	199	1450 Dean Kidd	54:02 D1	Gade Valley Harriers	MS	90 M	26
MS	295	200	1017 Simon Whiting	54:08 D1	Dacorum & Tring AC	M40	56 M	25
MS	297	201	1083 Connor Mullen	54:27 D1	Dacorum & Tring AC	M40	57 M	24
MS	298	202	772 Tony Alston	54:32 D1	Bedford and County AC	M50	32 M	23
MS	299	203	1638 Clive Cohen	54:36 D1	Tring Running Club	M60	8 M	22
MS	303	204	1398 Chris Dimmock	55:12 D1	Leighton Buzzard AC	M40	58 M	21

FS	10	9	200 Ellie Bates	24:06 D1	Chiltern Harriers	FS	6F	141	9 Redway Runners	2349	9 Redway Runners	589	113	111	100	94	92	79	
FS	11	10	187 Bex Niloune	24:35 D1	Chiltern Harriers	F45	1F	140	10 Gade Valley Harriers	2329	10 Tring Running Club	581	112	105	97	95	89	83	
FS	12	11	693 Lucy Dainton	24:35 D1	St Albans Striders	FS	7F	139	11 Watford Harriers	2259	11 Gade Valley Harriers	503	115	114	82	81	62	49	
FS	13	12	1030 Samantha Fawcett	24:44 D1	Dacorum & Tring AC	F35	4F	138	12 Queens Park Harriers	2243	12 Watford Harriers	409	127	90	78	41	39	34	
FS	14	13	1422 Jo Sharpley	24:44 D1	Leighton Buzzard AC	FS	8F	137	13 Vale of Aylesbury AC	1800	13 Vale of Aylesbury AC	202	142	59	1				
FS	15	14	794 Sue Bosher	24:53 D1	Bedford and County AC	F35	5F	136	14 MK Distance Project	1538	14 MK Distance Project								
FS	18	15	1525 Michelle Maddick	25:25 D1	Queens Park Harriers	F35	6F	135	Veteran Women Team		Veteran Women Team	Total	1	2	3	4			
FS	20	16	199 Louise Fry	25:30 D1	Chiltern Harriers	FS	9F	134	1 Dacorum & Tring AC	1983	1 Chiltern Harriers	485	140	123	118	104			
FS	21	17	1046 Katie Warren	25:42 D1	Dacorum & Tring AC	FS	10F	133	2 Chiltern Harriers	1982	2 Dacorum & Tring AC	464	138	125	116	85			
FS	22	18	1549 Karima Harris	25:58 D1	Queens Park Harriers	F45	2F	132	3 Wycombe Phoenix	1931	3 Queens Park Harriers	453	135	132	117	69			
FS	24	19	598 Jennie Maginley	26:05 D1	St Albans Striders	F35	7F	131	4 Tring Running Club	1726	4 Tring Running Club	409	112	105	97	95			
FS	25	20	779 Jessie Smith	26:09 D1	Bedford and County AC	FS	11F	130	5 St Albans Striders	1722	5 St Albans Striders	392	131	98	88	75			
FS	26	21	603 Megan Stear	26:13 D1	St Albans Striders	FS	12F	129	6 Queens Park Harriers	1453	6 Wycombe Phoenix	371	143	119	109				
FS	27	22	942 Melanie Phair	26:18 D1	Wycombe Phoenix	FS	13F	128	7 Redway Runners	1431	7 Marshall Milton Keynes AC	368	147	106	101	14			
FS	29	23	7 Angelika Smith	26:26 D1	Watford Harriers	F35	8F	127	8 Marshall Milton Keynes AC	1414	8 Leighton Buzzard AC	362	124	108	107	23			
FS	30	24	355 Abby Roskilly	26:33 D1	Marshall Milton Keynes AC	FS	14F	126	9 Gade Valley Harriers	1373	9 Redway Runners	343	100	92	77	74			
FS	32	25	1021 Kerry Ardley	26:36 D1	Dacorum & Tring AC	F35	9F	125	10 Leighton Buzzard AC	1344	10 Bedford and County AC	300	136	60	56	48			
FS	34	26	1424 Amy Inchley	26:50 D1	Leighton Buzzard AC	F35	10F	124	11 Vale of Aylesbury AC	1281	11 Watford Harriers	278	127	78	39	34			
FS	35	27	185 Ali Young	26:58 D1	Chiltern Harriers	F45	3F	123	12 Bedford and County AC	1193	12 Gade Valley Harriers	208	81	46	45	36			
FS	36	28	371 Natasha Baker	27:03 D1	Marshall Milton Keynes AC	FS	15F	122	13 Watford Harriers	1191	13 Vale of Aylesbury AC	202	142	59	1				
FS	37	29	165 Lean Ni Chio bhain	27:06 D1	Chiltern Harriers	FS	16F	121	14 MK Distance Project	122	14 MK Distance Project								
FS	38	30	1421 Ruth Mitchell	27:07 D1	Leighton Buzzard AC	FS	17F	120											
FS	39	31	904 Laura Street	27:08 D1	Wycombe Phoenix	F35	11F	119											
FS	43	32	183 Sarah Quantrill	27:14 D1	Chiltern Harriers	F35	12F	118											
FS	44	33	1545 Sophie Barnard	27:17 D1	Queens Park Harriers	F45	4F	117											
FS	46	34	1029 Becky Fawcett	27:26 D1	Dacorum & Tring AC	F35	13F	116											
FS	47	35	1485 Olivia Howe	27:27 D1	Gade Valley Harriers	FS	18F	115											
FS	48	36	1493 Kathleen Smith	27:30 D1	Gade Valley Harriers	FS	19F	114											
FS	49	37	402 Katie Tucker	27:30 D1	Redway Runners	FS	20F	113											
FS	50	38	1625 Lynda Hembury	27:38 D1	Tring Running Club	F55	1F	112											
FS	52	39	427 Sarah King	27:50 D1	Redway Runners	FS	21F	111											
FS	55	40	1420 Amy Farnfield	27:57 D1	Leighton Buzzard AC	FS	22F	110											
FS	56	41	941 Karen Foxwell-Moss	27:58 D1	Wycombe Phoenix	F35	14F	109											
FS	57	42	1423 Katie Haylock	27:59 D1	Leighton Buzzard AC	F35	15F	108											
FS	59	43	1428 Liz Peters	28:07 D1	Leighton Buzzard AC	F35	16F	107											
FS	62	44	322 Debra Brent	28:12 D1	Marshall Milton Keynes AC	F55	2F	106											
FS	64	45	1632 Harriet Knight	28:13 D1	Tring Running Club	F35	17F	105											
FS	65	46	194 Christine Burroughs	28:18 D1	Chiltern Harriers	F45	5F	104											
FS	67	47	168 Sue Elliot	28:22 D1	Chiltern Harriers	F45	6F	103											
FS	69	48	156 Katie Royals	28:24 D1	Chiltern Harriers	FS	23F	102											
FS	70	49	352 Alexandra Knowles	28:25 D1	Marshall Milton Keynes AC	F55	3F	101											
FS	72	50	425 Nicole Clarke	28:27 D1	Redway Runners	F35	18F	100											
FS	73	51	188 Sylvia Moss	28:29 D1	Chiltern Harriers	F35	19F	99											
FS	74	52	1714 Deborah Steer	28:32 D1	St Albans Striders	F55	4F	98											
FS	75	53	1598 Liz O'Keeffe	28:38 D1	Tring Running Club	F35	20F	97											
FS	76	54	788 Carla Whitmore	28:39 D1	Bedford and County AC	FS	24F	96											
FS	77	55	1609 Mary Ward	28:42 D1	Tring Running Club	F45	7F	95											
FS	79	56	418 Emily Bousfield	28:46 D1	Redway Runners	FS	25F	94											
FS	80	57	1044 Lucy Wallduck	28:47 D1	Dacorum & Tring AC	FS	26F	93											
FS	81	58	476 Abi Gooch	28:52 D1	Redway Runners	F35	21F	92											
FS	84	59	958 Claire Newman	29:08 D1	Wycombe Phoenix	FS	27F	91											
FS	87	60	1311 Helen Gibbins	29:17 D1	Watford Harriers	FS	28F	90											
FS	89	61	1599 Rachel Wray	29:25 D1	Tring Running Club	F35	22F	89											
FS	90	62	623 Wendy Walsh	29:28 D1	St Albans Striders	F45	8F	88											
FS	91	63	179 Cathy Holloway	29:30 D1	Chiltern Harriers	F45	9F	87											
FS	93	64	1528 Melanie McGovern	29:36 D1	Queens Park Harriers	FS	29F	86											
FS	97	65	1095 Wendy Pearson	29:40 D1	Dacorum & Tring AC	F45	10F	85											
FS	98	66	164 Helen Real-Slavicky	29:41 D1	Chiltern Harriers	F35	23F	84											
FS	99	67	1595 Daisy Goldhagen	29:44 D1	Tring Running Club	FS	30F	83											
FS	101	68	1515 Nicoletta Charalambous	29:45 D1	Gade Valley Harriers	FS	31F	82											
FS	102	69	1517 Kim Morgan	29:52 D1	Gade Valley Harriers	F35	24F	81											
FS	103	70	1094 Celia Findlay	29:54 D1	Dacorum & Tring AC	F55	5F	80											
FS	105	71	411 Lauren Keeeler	29:56 D1	Redway Runners	FS	32F	79											
FS	106	72	1336 Alison Putko	30:02 D1	Watford Harriers	F35	25F	78											
FS	108	73	460 Melissa Sutcliffe	30:08 D1	Redway Runners	F35	26F	77											
FS	110	74	166 Caroline Stephens	30:16 D1	Chiltern Harriers	F45	11F	76											
FS	112	75	628 Mandy Attree	30:17 D1	St Albans Striders	F45	12F	75											
FS	117	76	441 Jane Lee	30:27 D1	Redway Runners	F45	13F	74											
FS	118	77	616 Claire Hobson	30:29 D1	St Albans Striders	FS	33F	73											
FS	119	78	182 Abigail Askey	30:30 D1	Chiltern Harriers	F45	14F	72											
FS	120	79	1641 Hannah Whiffen	30:30 D1	Tring Running Club	FS	34F	71											
FS	121	80	599 Julianne Nightingale	30:32 D1	St Albans Striders	F45	15F	70											
FS	122	81	1533 Gillian Cross	30:34 D1	Queens Park Harriers	F45	16F	69											
FS	127	82	186 Tessa Passey	30:56 D1	Chiltern Harriers	F35	27F	68											
FS	129	83	1036 Tina Le	30:58 D1	Dacorum & Tring AC	F35	28F	67											
FS	131	84	408 Sarah Buck	31:02 D1	Redway Runners	F35	29F	66											
FS	132	85	168 Helen Cholawo	31:07 D1	Chiltern Harriers	F35	30F	65											
FS	134	86	613 Donna Innes	31:10 D1	St Albans Striders	F45	17F	64											
FS	135	87	1022 Charlotte Ashton	31:10 D1	Dacorum & Tring AC	F35	31F	63											
FS	136	88	1519 Natasha Gibbs	31:10 D1	Gade Valley Harriers	FS	35F	62											
FS	137	89	333 Fern Yull	31:11 D1	Marshall Milton Keynes AC	FS	36F	61											
FS	138	90	799 Ruth Kerr	31:11 D1	Bedford and County AC	F45	18F	60											
FS	140	91	1172 Mandy Carey	31:31 D1	Vale of Aylesbury AC	F45	19F	59											
FS	144	92	167 Christine Taylor	31:44 D1	Chiltern Harriers	F45	20F	58											
FS	145	93	629 Deirdre Heydecke	31:52 D1	St Albans Striders	F55	6F	57											
FS	146	94	783 Emma Coombes	31:55 D1	Bedford and County AC	F35	32F	56											
FS	147	95	406 Dawn Blaber	31:58 D1	Redway Runners	F45	21F	55											
FS	150	96	612 Ann Nicholls	32:04 D1	St Albans Striders	F45	22F	54											
FS	153	97	450 Naomi Avery	32:09 D1	Redway Runners	FS	37F	53											
FS	154	98	1607 Helen Tuley	32:12 D1	Tring Running Club	F45	23F	52											
FS	155	99	1560 Amelia Carman	32:19 D1	Queens Park Harriers	FS	38F	51											
FS	156	100	184 Rashila Wanninayake	32:20 D1	Chiltern Harriers	F35	33F	50											
FS	158	101	1498 Megan McCreadie	32:26 D1	Gade Valley Harriers	FS	39F	49											
FS	161	102	784 Madeline Brodie	32:44 D1	Bedford and County AC	F45													

