

Chiltern League 2019/20 - Division 1 - Match 5 - Campbell Park, Milton Keynes - 8 February 2020

Overall Team Result				After 5 rounds																									
1 Chiltern Harriers			3254	1 Marshall Milton Keynes AC			16807																						
2 Marshall Milton Keynes AC			3036	2 Bedford and County AC			16581																						
3 Bedford and County AC			3002	3 Chiltern Harriers			15595																						
4 Wycombe Phoenix			2817	4 Wycombe Phoenix			14886																						
5 St Albans Striders			2456	5 St Albans Striders			13658																						
6 Dacorum & Tring AC			2448	6 Dacorum & Tring AC			13171																						
7 Leighton Buzzard AC			2442	7 Leighton Buzzard AC			12202																						
8 Watford Harriers			1930	8 Watford Harriers			10521																						
9 Redway Runners			1818	9 Vale of Aylesbury AC			10271																						
10 Vale of Aylesbury AC			1827	10 Redway Runners			9766																						
11 Tring Running Club			1694	11 Tring Running Club			9314																						
12 Queens Park Harriers			1440	12 MK Distance Project			9286																						
13 Gade Valley Harriers			1398	13 Gade Valley Harriers			7943																						
14 MK Distance Project			1286	14 Queens Park Harriers			7301																						
Overall Male Team				After 5 rounds																									
1 Bedford and County AC			2301	1 Marshall Milton Keynes AC			12081																						
2 Marshall Milton Keynes AC			2263	2 Bedford and County AC			12024																						
3 Chiltern Harriers			2121	3 Chiltern Harriers			9862																						
4 Wycombe Phoenix			1864	4 Wycombe Phoenix			9674																						
5 Leighton Buzzard AC			1782	5 St Albans Striders			9511																						
6 St Albans Striders			1744	6 Dacorum & Tring AC			8776																						
7 Dacorum & Tring AC			1700	7 Leighton Buzzard AC			8613																						
8 Watford Harriers			1436	8 MK Distance Project			7475																						
9 Redway Runners			1326	9 Watford Harriers			7095																						
10 Vale of Aylesbury AC			1235	10 Vale of Aylesbury AC			6921																						
11 MK Distance Project			1232	11 Redway Runners			6611																						
12 Tring Running Club			1105	12 Tring Running Club			6265																						
13 Gade Valley Harriers			1035	13 Gade Valley Harriers			5251																						
14 Queens Park Harriers			933	14 Queens Park Harriers			4551																						
Overall Female Team				After 5 rounds																									
1 Chiltern Harriers			1133	1 Chiltern Harriers			5733																						
2 Wycombe Phoenix			955	2 Wycombe Phoenix			5212																						
3 Marshall Milton Keynes AC			773	3 Marshall Milton Keynes AC			4726																						
4 Dacorum & Tring AC			748	4 Bedford and County AC			4557																						
5 St Albans Striders			712	5 Dacorum & Tring AC			4395																						
6 Bedford and County AC			701	6 St Albans Striders			4147																						
7 Leighton Buzzard AC			658	7 Leighton Buzzard AC			3589																						
8 Vale of Aylesbury AC			592	8 Watford Harriers			3426																						
9 Tring Running Club			589	9 Vale of Aylesbury AC			3350																						
10 Queens Park Harriers			507	10 Redway Runners			3155																						
11 Watford Harriers			494	11 Tring Running Club			3049																						
12 Redway Runners			492	12 Queens Park Harriers			2750																						
13 Gade Valley Harriers			363	13 Gade Valley Harriers			2692																						
14 MK Distance Project			54	14 MK Distance Project			1811																						
Overall Seniors				After 5 rounds																									
1 Marshall Milton Keynes AC			2527	1 Marshall Milton Keynes AC			14252																						
2 Bedford and County AC			2462	2 Bedford and County AC			13613																						
3 Wycombe Phoenix			2444	3 Wycombe Phoenix			13232																						
4 Chiltern Harriers			2433	4 Dacorum & Tring AC			11952																						
5 Leighton Buzzard AC			2333	5 Chiltern Harriers			11927																						
6 Dacorum & Tring AC			2305	6 St Albans Striders			11615																						
7 St Albans Striders			2032	7 Leighton Buzzard AC			11610																						
8 Redway Runners			1714	8 Tring Running Club			9314																						
9 Tring Running Club			1694	9 Redway Runners			9113																						
10 Watford Harriers			1582	10 Watford Harriers			8756																						
11 Queens Park Harriers			1440	11 MK Distance Project			8705																						
12 Vale of Aylesbury AC			1413	12 Vale of Aylesbury AC			8327																						
13 Gade Valley Harriers			1398	13 Gade Valley Harriers			7943																						
14 MK Distance Project			1220	14 Queens Park Harriers			7301																						
Overall Juniors				After 5 rounds																									
1 Chiltern Harriers			821	1 Chiltern Harriers			3668																						
2 Bedford and County AC			540	2 Bedford and County AC			2968																						
3 Marshall Milton Keynes AC			509	3 Marshall Milton Keynes AC			2555																						
4 St Albans Striders			424	4 St Albans Striders			2043																						
5 Vale of Aylesbury AC			414	5 Vale of Aylesbury AC			1944																						
6 Wycombe Phoenix			373	6 Watford Harriers			1765																						
7 Watford Harriers			348	7 Wycombe Phoenix			1654																						
8 Dacorum & Tring AC			143	8 Dacorum & Tring AC			1219																						
9 Leighton Buzzard AC			109	9 Redway Runners			653																						
10 Redway Runners			104	10 Leighton Buzzard AC			592																						
11 MK Distance Project			66	11 MK Distance Project			581																						
12 Tring Running Club				12 Queens Park Harriers																									
13 Queens Park Harriers				13 Tring Running Club																									
14 Gade Valley Harriers				14 Gade Valley Harriers																									
Senior Men																													
Race	Mob	Div	No.	Senior Men	Time	Div	Club	Cat	Pos	M/F	Pts	Seniors overall after 5 matches	Senior Men Team	Total	1	2	3	4	5	6	7	8	9	10					
MS	1	1	832	Ben Alcock	27:17 D1		Bedford and County AC	MS	1 M	224		1 Marshall Milton Keynes AC	10723	1 Bedford and County AC	2030	224	221	219	217	208	207	205	198	190	141				
MS	2	2	131	Richard Slead	27:35 D1		Chiltern Harriers	MS	2 M	223		2 Bedford and County AC	10698	2 Marshall Milton Keynes AC	1974	220	215	213	206	204	201	196	191	177	151				
MS	3	3	1657	George Wheeler	27:45 D1		MK Distance Project	MS	3 M	222		3 Wycombe Phoenix	9262	3 Leighton Buzzard AC	1738	218	194	192	186	181	164	163	157	153	130				
MS	4	4	15	James Minter	27:57 D1		Bedford and County AC	M20	1 M	221		4 St Albans Striders	8466	4 Wycombe Phoenix	1737	216	209	199	188	185	175	167	165	152	81				
MS	6	5	369	Sam Winters	28:23 D1		Marshall Milton Keynes AC	MS	4 M	220		5 Leighton Buzzard AC	8411	5 Chiltern Harriers	1693	223	211	202	184	166	162	158	142	128	117				
MS	7	6	825	Andrew Headley	28:32 D1		Bedford and County AC	MS	5 M	219		6 Dacorum & Tring AC	8356	6 Dacorum & Tring AC	1644	193	189	178	174	173	170	160	145	133	129				
MS	9	7	1438	Billy Mead	28:54 D1		Leighton Buzzard AC	MS	6 M	218		7 Chiltern Harriers	8037	7 St Albans Striders	1506	210	197	182	172	150	146	138	120	100	91				
MS	11	8	1722	William Mullins	29:05 D1		Bedford and County AC	MS	7 M	217		8 MK Distance Project	7113	8 Redway Runners	1274	214	200	139	134	127	108	96	88	86	82				
MS	12	9	910	Kieran Giffedder	29:09 D1		Wycombe Phoenix	MS	8 M	216		9 Redway Runners	6245	9 Watford Harriers	1230	171	159	155	149	147	131	97	90	67	64				
MS	13	10	366	Graham Jones	29:12 D1		Marshall Milton Keynes AC	MS	9 M	215		10 Tring Running Club	6326	10 MK Distance Project	1166	222	203	187	179	168	92	78	31	6					
MS	14	11	443	Genci Pepaj	29:12 D1		Redway Runners	M40	1 M	214		11 Watford Harriers	6145	11 Tring Running Club	1105	212	161	148	136	126	87	79	54	52	50				
MS	15	12	329	Matthew Dicks	29:17 D1		Marshall Milton Keynes AC	M20	2 M	213		12 Vale of Aylesbury AC	6052	12 Gade Valley Harriers	1035	156	140	125	118	105	94	89	75	70	63				
MS	16	13	1591	Luke Delderfield	29:18 D1		Tring Running Club	MS	10 M	212		13 Gade Valley Harriers	5251	13 Vale of Aylesbury AC	1028	195	180	176	144	143	99	58	27	26					
MS	17	14	122	Aran Davidson	29:20 D1		Chiltern Harriers	MS	11 M	211		14 Queens Park Harriers	4551	14 Queens Park Harriers	933	183	169	154	119	83	59	58	46	44	18				
MS	19	15	574	Thomas Halling	29:23 D1		St Albans Striders	MS	12 M	210		Under 20 Men Team		Under 20 Men Team	Total	1	2	3											
MS	20	16	925	Robert Wright	29:26 D1		Wycombe Phoenix	MS	13 M	209		1 Marshall Milton Keynes AC	3220	1 Marshall Milton Keynes AC	623	213	206	204											
MS	22	17	768	Sam Kneeb-Robinson	29:32 D1		Bedford and County AC	MS	14 M	208		2 Bedford and County AC	3139	2 Vale of Aylesbury AC	515	195	176	144											
MS	23	18	1721	Andrew Inskip	29:33 D1		Bedford and County AC	MS	15 M	207		3 Vale of Aylesbury AC	2127	3 Bedford and County AC	419	221	198												
MS	24	19	338	Robert Hickman	29:35 D1		Marshall Milton Keynes AC	M20	3 M	206		4 MK Distance Project	1977	4 MK Distance Project	366	187	179												
MS	25	20	816	Joe Strange	29:41 D1		Bedford and County AC	MS	16 M	205		5 Chiltern Harriers	1230	5 Wycombe Phoenix	199	199													
MS	26	21	335	Ewan Forsythe	29:41 D1		Marshall Milton Keynes AC	M20	4 M	204		6 St Albans Striders	1168	6 Chiltern Harriers	184	184													
MS	27	22	1652	Michael Greener	29:45 D1		MK Distance Project	MS	17 M	203		7 Wycombe Phoenix	1054	7 Watford Harriers	97	97													
MS	28	23	139	Nick Hughes	29:46 D1		Chiltern Harriers	M50	1 M	202		8 Redway Runners	426	8 St Albans Striders															
MS	29	24	332	James Tuttle	29:49 D1		Marshall Milton Keynes AC	MS	18 M	201		9 Dacorum & Tring AC	372	9 Redway Runners															
MS	30	25	430	Jamie Farmer	29:51 D1		Redway Runners	MS	19 M	200		10 Watford Harriers	141	10 Dacorum & Tring AC															
MS	31	26	957	Finn Dyer	29:54 D1		Wycombe Phoenix	M20	5 M	199		11 Gade Valley Harriers		11 Gade Valley Harriers															
MS	33	27	814	Richard Laursen	29:55 D1		Bedford and County AC	M20	6 M	198		12 Leighton Buzzard AC		12 Leighton Buzzard AC															
MS	34	28	554	Oliver Knight	29:55 D1		St Albans Striders	MS	20 M	197		13 Queens Park Harriers		13 Queens Park Harriers															
MS	35	29	334	Steve Tuttle	30:02 D1		Marshall Milton Keynes AC	MS	21 M	196		14 Tring Running Club		14 Tring Running Club															
MS	36	30	1181	Max Perry	30:08 D1		Vale of Aylesbury AC	M20	7 M	195		Veteran Men Team		Veteran Men Team	Total	1	2	3	4										
MS	37	31	1393	Rob Elmore	30:11 D1		Leighton Buzzard AC	MS	22 M	194		1 Leighton Buzzard AC	3211	1 Leighton Buzzard AC	619	186	157	153	123										
MS	38	32	1062	Rhys Rowlands	30:20 D1		Dacorum & Tring AC	MS	23 M	193		2 Watford Harriers	3092	2 Watford Harriers	608	171	159	147	131										
MS	39	33	1414	Peter Mackrell	30:25 D1		Leighton Buzzard AC	MS	24 M	192		3 Marshall Milton Keynes AC	2952	3 Chiltern Harriers	590	202	166	116	106										
MS	40	34	379	Finlay Gibbs	30:31 D1		Marshall Milton Keynes AC	M20	8 M	191		4 St Albans Striders	2846	4 Redway Runners	571	214	134	127	96										
MS	41	35	838	Craig Emmons	30:33 D1		Bedford and County AC	MS	25 M	190		5 Bedford and County AC	2715	5 Marshall Milton Keynes AC	565	177	151	122	115										
MS	42	36	3396	Jamie Marlow	30:33 D1		Dacorum & Tring AC	MS	26 M	189		6 Redway Runners	2588	6 St Albans Striders	540	182	138	120	100										
MS	43	37	963	Andrew Walling	30:40 D1		Wycombe Phoenix	M40	2 M	188		7 Tring Running Club	2546	7 Tring Running Club	497	148	136	126	87										
MS	44	38	1683	Mimmi Sidby	30:47 D1		MK Distance Project	M20	9 M	187		8 Chiltern Harriers	2545	8 Dacorum & Tring AC	477	174	133	93	77										
MS	45	39	1402	Ian Grimshaw	30:52 D1		Leighton Buzzard AC	M40	3 M	186		9 Gade Valley Harriers	2455	9 Vale of Aylesbury AC	460	180	143	99	38										
MS	48	40	923	Liam Busby	31:08 D1		Wycombe Phoenix	MS	27 M	185		10 Vale of Aylesbury AC	2406	10 Gade Valley Harriers	443	140	125	94	89										
MS	49	41	160	Tommy Davies	31:11 D1		Chiltern Harriers	M20	10 M	184		11 Wycombe Phoenix	2269	11 Bedford and County AC	428	141	137	104</											

MS	79	65	1053 Mike Carpenter	32:15 D1	Dacorum & Tring AC	MS	42 M	160
MS	80	66	1325 Geoff Curwen	32:18 D1	Watford Harriers	M40	9 M	159
MS	81	67	125 Pablo Fuentes	32:21 D1	Chiltern Harriers	MS	43 M	158
MS	83	68	1408 James Bell	32:25 D1	Leighton Buzzard AC	M50	4 M	157
MS	84	69	1443 Andy Symonds	32:28 D1	Gade Valley Harriers	MS	44 M	156
MS	85	70	1326 Sai Nimalanathan	32:31 D1	Watford Harriers	MS	45 M	155
MS	86	71	1562 John Gilchrist	32:33 D1	Queens Park Harriers	MS	46 M	154
MS	87	72	1406 Tom Kimber	32:35 D1	Leighton Buzzard AC	M40	10 M	153
MS	89	73	952 James Roberts	32:37 D1	Wycombe Phoenix	MS	47 M	152
MS	90	74	324 Mike Smith	32:39 D1	Marshall Milton Keynes AC	M40	11 M	151
MS	91	75	591 Steve Buckle	32:41 D1	St Albans Striders	MS	48 M	150
MS	92	76	1327 Adam Hinton	32:44 D1	Watford Harriers	MS	49 M	149
MS	93	77	1636 Simon Barnett	32:46 D1	Tring Running Club	M40	12 M	148
MS	95	78	1323 Stuart Ingham	32:47 D1	Watford Harriers	M40	13 M	147
MS	98	79	552 Richard Evans	32:51 D1	St Albans Striders	MS	50 M	146
MS	99	80	1099 Chris Marriott	32:52 D1	Dacorum & Tring AC	MS	51 M	145
MS	101	81	1158 Matthew Rizzo-Naudi	32:53 D1	Vale of Aylesbury AC	M20	13 M	144
MS	102	82	1103 Roger Seed	32:55 D1	Vale of Aylesbury AC	M40	14 M	143
MS	104	83	159 Alex Paul	33:01 D1	Chiltern Harriers	MS	52 M	142
MS	107	84	822 Stuart Still	33:10 D1	Bedford and County AC	M50	5 M	141
MS	108	85	1460 Michael Linden	33:11 D1	Gade Valley Harriers	M40	15 M	140
MS	110	86	448 Matt Clements	33:18 D1	Redway Runners	MS	53 M	139
MS	113	87	581 Gareth Parker	33:23 D1	St Albans Striders	M40	16 M	138
MS	114	88	769 Peter Deardon	33:26 D1	Bedford and County AC	M50	6 M	137
MS	115	89	1604 Greg O'Callaghan	33:26 D1	Tring Running Club	M40	17 M	136
MS	118	90	340 Adam Thiner	33:32 D1	Marshall Milton Keynes AC	MS	54 M	135
MS	121	91	498 Simon Read	33:35 D1	Redway Runners	M40	18 M	134
MS	122	92	1032 David Olima	33:36 D1	Dacorum & Tring AC	M40	19 M	133
MS	125	93	340 Stephen Ratcliffe	33:43 D1	Marshall Milton Keynes AC	MS	55 M	132
MS	126	94	1314 Frank Ryan	33:47 D1	Watford Harriers	M50	7 M	131
MS	127	95	1391 Paul Andrew	33:48 D1	Leighton Buzzard AC	MS	56 M	130
MS	128	96	1086 Thomas Mack	33:49 D1	Dacorum & Tring AC	MS	57 M	129
MS	130	97	124 Shaun Fry	33:51 D1	Chiltern Harriers	MS	58 M	128
MS	132	98	499 Paul Clifford-Jones	33:53 D1	Redway Runners	M40	20 M	127
MS	133	99	1611 Nigel Bunn	33:54 D1	Tring Running Club	M50	8 M	126
MS	137	100	1457 Jon Roberts	33:57 D1	Gade Valley Harriers	M40	21 M	125
MS	138	101	1056 Benjamin Kenny	33:58 D1	Dacorum & Tring AC	MS	59 M	124
MS	139	102	1411 Stuart Blefield	34:00 D1	Leighton Buzzard AC	M40	22 M	123
MS	143	103	331 Steve Withers	34:26 D1	Marshall Milton Keynes AC	M40	23 M	122
MS	146	104	1088 Vadim Sumenkov	34:31 D1	Dacorum & Tring AC	MS	60 M	121
MS	147	105	559 Richard Davis	34:32 D1	St Albans Striders	M50	9 M	120
MS	148	106	1524 Sam Sutherland	34:34 D1	Queens Park Harriers	MS	61 M	119
MS	150	107	1470 Timothy Abbott	34:36 D1	Gade Valley Harriers	MS	62 M	118
MS	151	108	149 Andrew Wisall	34:36 D1	Chiltern Harriers	MS	63 M	117
MS	152	109	144 Ian Lawson	34:37 D1	Chiltern Harriers	M50	10 M	116
MS	153	110	325 Eduardo Ustaran	34:39 D1	Marshall Milton Keynes AC	M50	11 M	115
MS	154	111	1396 Matthew Brooks	34:40 D1	Leighton Buzzard AC	M40	24 M	114
MS	155	112	121 Neil Bates	34:44 D1	Chiltern Harriers	MS	64 M	113
MS	157	113	129 Jon Taylor	34:46 D1	Chiltern Harriers	MS	65 M	112
MS	158	114	347 David Cavero Montaner	34:47 D1	Marshall Milton Keynes AC	MS	66 M	111
MS	159	115	1037 Jethro Blackband	34:47 D1	Dacorum & Tring AC	MS	67 M	110
MS	160	116	1409 Nick Clay	34:50 D1	Leighton Buzzard AC	M50	12 M	109
MS	161	117	532 Martyn Douglas	34:52 D1	Redway Runners	MS	68 M	108
MS	162	118	337 Andrew Wasdell	34:53 D1	Marshall Milton Keynes AC	M40	25 M	107
MS	164	119	133 Andy Hickman	34:56 D1	Chiltern Harriers	M50	13 M	106
MS	166	120	1461 Phil Heaton	34:59 D1	Gade Valley Harriers	MS	69 M	105
MS	168	121	1723 Jim Black	35:02 D1	Bedford and County AC	M50	14 M	104
MS	172	122	374 Sean Butler	35:19 D1	Marshall Milton Keynes AC	MS	70 M	103
MS	173	123	126 Matt Higrave	35:19 D1	Chiltern Harriers	MS	71 M	102
MS	174	124	140 Nathan Taylor	35:21 D1	Chiltern Harriers	M40	26 M	101
MS	175	125	692 Ernest Magrinley	35:22 D1	St Albans Striders	M50	15 M	100
MS	177	126	1110 Tim Jones	35:28 D1	Vale of Aylesbury AC	M60	1 M	99
MS	179	127	138 Richard Moss	35:36 D1	Chiltern Harriers	M40	27 M	98
MS	180	128	1304 Cameron Clark	35:36 D1	Watford Harriers	M20	14 M	97
MS	182	129	478 Matthew Childs	35:46 D1	Redway Runners	M40	28 M	96
MS	183	130	156 Cory Dyck	35:48 D1	Chiltern Harriers	MS	72 M	95
MS	185	131	1448 David Goodman	35:58 D1	Gade Valley Harriers	M40	29 M	94
MS	186	132	1028 Simon Townsend	36:00 D1	Dacorum & Tring AC	M50	16 M	93
MS	187	133	1693 Andrew Jacobs	36:02 D1	MK Distance Project	M40	30 M	92
MS	188	134	561 Sebastian Rowe	36:02 D1	St Albans Striders	M40	31 M	91
MS	189	135	1324 Nick Harris	36:06 D1	Watford Harriers	M40	32 M	90
MS	190	136	1471 Simon Wright	36:09 D1	Gade Valley Harriers	M40	33 M	89
MS	194	137	533 Stuart King	36:21 D1	Redway Runners	MS	73 M	88
MS	198	138	1649 Christian Olley	36:24 D1	Tring Running Club	M40	34 M	87
MS	199	139	463 Simon Billenness	36:24 D1	Redway Runners	M50	17 M	86
MS	200	140	590 Jonathan Bird	36:25 D1	St Albans Striders	M40	35 M	85
MS	201	141	553 Colin Braybrook	36:33 D1	St Albans Striders	M50	18 M	84
MS	202	142	1536 Martin Hanciniec	36:36 D1	Queens Park Harriers	MS	74 M	83
MS	204	143	439 Ian Horner	36:42 D1	Redway Runners	M50	19 M	82
MS	205	144	916 Scott Wixon-Nelson	36:46 D1	Wycombe Phoenix	MS	75 M	81
MS	207	145	1399 Stuart Dimmock	36:53 D1	Leighton Buzzard AC	M40	36 M	80
MS	209	146	1621 Chris Nicholls	36:56 D1	Tring Running Club	M50	20 M	79
MS	211	147	1659 Paul Wright	36:59 D1	MK Distance Project	MS	76 M	78
MS	213	148	1022 Neal Ashton	37:03 D1	Dacorum & Tring AC	M40	37 M	77
MS	214	149	1063 Steven Russell	37:05 D1	Dacorum & Tring AC	M40	38 M	76
MS	216	150	1466 Ross Deacon	37:08 D1	Gade Valley Harriers	M40	39 M	75
MS	218	151	1079 Paul Christie	37:13 D1	Dacorum & Tring AC	M40	40 M	74
MS	220	152	380 Martin Brent	37:19 D1	Marshall Milton Keynes AC	M50	21 M	73
MS	221	153	1019 Paul Coleman	37:26 D1	Dacorum & Tring AC	MS	77 M	72
MS	222	154	1401 Neil Green	37:27 D1	Leighton Buzzard AC	M40	41 M	71
MS	223	155	1462 Phil Mercer	37:28 D1	Gade Valley Harriers	M40	42 M	70
MS	227	156	1419 Adam Haylock	37:44 D1	Leighton Buzzard AC	MS	78 M	69
MS	228	157	576 Steve Smith	37:48 D1	St Albans Striders	M50	22 M	68
MS	229	158	1316 Adrian Harwood	37:49 D1	Watford Harriers	M50	23 M	67
MS	233	159	1025 Matt Leese	37:58 D1	Dacorum & Tring AC	M40	43 M	66
MS	234	160	557 Martin Halling	37:59 D1	St Albans Striders	M60	2 M	65
MS	235	161	1320 Nick White	38:00 D1	Watford Harriers	M40	44 M	64
MS	238	162	1469 Stephen Newing	38:14 D1	Gade Valley Harriers	MS	79 M	63
MS	239	163	1076 Richard Slack	38:16 D1	Dacorum & Tring AC	M40	45 M	62
MS	241	164	152 Stuart Real-Slavicky	38:25 D1	Chiltern Harriers	M40	46 M	61
MS	242	165	381 Simon Kirschner-Heavens	38:26 D1	Marshall Milton Keynes AC	MS	80 M	60
MS	243	166	1559 Martin Petry	38:26 D1	Queens Park Harriers	MS	81 M	59
MS	244	167	1556 Tom Alexander	38:27 D1	Queens Park Harriers	M50	24 M	58
MS	246	168	1307 Zac McDonough	38:33 D1	Watford Harriers	MS	82 M	57
MS	248	169	1313 Derek Walker	38:35 D1	Watford Harriers	M50	25 M	56
MS	249	170	1716 Alec Campbell	38:37 D1	St Albans Striders	M50	26 M	55
MS	250	171	1622 Jon Salmon	38:44 D1	Tring Running Club	M50	27 M	54
MS	252	172	135 Glen Martin	38:51 D1	Chiltern Harriers	M40	47 M	53
MS	253	173	1628 Kevin Harding	38:59 D1	Tring Running Club	M60	3 M	52
MS	254	174	150 Tim Higrave	39:00 D1	Chiltern Harriers	M40	48 M	51
MS	255	175	1643 Stuart Fogarty	39:01 D1	Tring Running Club	M50	28 M	50
MS	257	176	953 Mike Taylor	39:03 D1	Wycombe Phoenix	M50	29 M	49
MS	258	177	1638 Clive Cohen	39:07 D1	Tring Running Club	M60	4 M	48
MS	259	178	1646 Trevor Lark	39:10 D1	Tring Running Club	M60	5 M	47
MS	260	179	1546 Maurice Quirk	39:14 D1	Queens Park Harriers	M60	6 M	46
MS	264	180	1441 Andy Cook	39:34 D1	Gade Valley Harriers	M50	30 M	45
MS	267	181	1543 Richard Byrne	39:35 D1	Queens Park Harriers	M40	49 M	44
MS	268	182	1080 Adrian Marshall	39:37 D1	Dacorum & Tring AC	M40	50 M	43
MS	273	183	1600 Paul Cowan	39:50 D1	Tring Running Club	M50	31 M	42
MS	276	184	835 Sean Lang	39:55 D1	Bedford and County AC	M50	32 M	41
MS	278	185	462 Roy Taylor	39:59 D1	Redway Runners	M50	33 M	40
MS	279	186	1629 John Manning	40:02 D1	Tring Running Club	M60	7 M	39
MS	281	187	1107 Trevor Lynch	40:05 D1	Vale of Aylesbury AC	M50	34 M	38
MS	283	188	1012 Ashley Gingell	40:14 D1	Dacorum & Tring AC	MS	83 M	37
MS	284	189	821 Tony Fitzpatrick	40:18 D1	Bedford and County AC	M50	35 M	36
MS	289	190	1450 Dean Kidd	40:35 D1	Gade Valley Harriers	MS	84 M	35
MS	290	191	1077 Harry Gillian	40:40 D1	Dacorum & Tring AC	MS	85 M	34
MS	292	192	3398 Connor Mullen	40:48 D1	Dacorum & Tring AC	M40	51 M	33
MS	293	193	582 Richard Olney	40:48 D1	St Albans Striders	M50	36 M	32
MS	296	194	1701 James Wright	40:58 D1	MK Distance Project	MS	86 M	31
MS	300	195	1312 Kevin Clark	41:01 D1	Watford Harriers	M50	37 M	30
MS	301	196	1063 Philip Pugh	41:12 D1	Dacorum & Tring AC	M60	8 M	29
MS	302	197	1087 Bill Wylie	41:14 D1	Dacorum & Tring AC	MS	87 M	28
MS	304	198	1108 Alan Roberts	41:21 D1	Vale of Aylesbury AC	M50	38 M	27
MS	305	199	1176 Neil Muir	41:21 D1	Vale of Aylesbury AC	M50	39 M	26
MS	307	200	1610 Rick Ansell	41:23 D1	Tring Running Club	M50	40 M	25
MS	308	201	345 Kelvin Smith	41:32 D1	Marshall Milton Keynes AC	M70	1 M	24
MS	309	202	1642 Sam Whiffen	41:35 D1	Tring Running Club	MS	88 M	23
MS	318	203	564 Michael Jack	42:22 D1	St Albans Striders	M60	9 M	22
MS	320	204	1398 Chris Dimmock	42:27 D1	Leighton Buzzard AC	M40	52 M	21
MS	321	205	1017 Simon Whiting	42:28 D1	Dacorum & Tring AC	M40	53 M	20
MS	322	206	1097 Andy Mitchell	42:30 D1	Dacorum & Tring AC	M50	41 M	19

MS	327	207	1527	Adrian Boylan	43:24 D1	Queens Park Harriers	M60	10 M	18
MS	328	208	1397	Nigel Chesterton	43:34 D1	Leighton Buzzard AC	M40	54 M	17
MS	329	209	1623	Mark Tinkern	43:55 D1	Tring Running Club	M55	42 M	16
MS	330	210	407	Matthew Cleary	43:56 D1	Redway Runners	M40	55 M	15
MS	333	211	1532	Tim Lewin	44:17 D1	Queens Park Harriers	M40	56 M	14
MS	342	212	1715	Gladstone Thompson	45:15 D1	St Albans Striders	M50	43 M	13
MS	343	213	1315	Graham Mayoh	45:20 D1	Watford Harriers	M50	44 M	12
MS	347	214	1526	Charles Tatham	45:59 D1	Queens Park Harriers	M50	45 M	11
MS	348	215	1023	Tim Boyall	46:21 D1	Dacorum & Tring AC	M40	57 M	10
MS	349	216	148	Trevor Brawn	46:24 D1	Chiltern Harriers	M70	2 M	9
MS	351	217	577	Andrew Maher	46:42 D1	St Albans Striders	M40	58 M	8
MS	353	218	471	Kevin Taylor	47:30 D1	Redway Runners	M50	46 M	7
MS	354	219	1702	Liam Bunn	47:44 D1	MK Distance Project	M5	89 M	6
MS	365	220	1547	Trevor Durrum	49:28 D1	Queens Park Harriers	M50	47 M	5
MS	362	221	1631	David Loybourne	49:30 D1	Tring Running Club	M40	59 M	4
MS	365	222	845	Jeremy Mitchell	51:12 D1	Wycombe Phoenix	M40	60 M	3
MS	366	223	1064	John Slack	51:33 D1	Dacorum & Tring AC	M70	3 M	2
MS	369	224	1540	William O'Connor	55:04 D1	Queens Park Harriers	M70	4 M	1

Race	Mob	D1	No.	Under 17 Men	Time	Div	Club	Cat	Pos	M/F	Pts	M17 overall after 5 matches	Under 17 Men Team	Total	1	2	3	4		
M17	1	1	1266	Charlie Woolllett	18:49 D1	Watford Harriers	M17	1 M	19			1 Chiltern Harriers	347	1 Chiltern Harriers	52	16	13	12	11	
M17	2	2	1153	Nathan Jones	19:07 D1	Vale of Aylesbury AC	M17	2 M	18			2 Marshall Milton Keynes AC	271	2 Marshall Milton Keynes AC	37	15	14	5	3	
M17	3	3	660	James Moore	19:07 D1	St Albans Striders	M17	3 M	17			201	3 St Albans Striders	35	17	9	7	2		
M17	5	4	134	Max McGarvie	19:21 D1	Chiltern Harriers	M17	4 M	16			4 Bedford and County AC	193	4 Bedford and County AC	23	19	4			
M17	7	5	312	Leo Freeland	19:26 D1	Marshall Milton Keynes AC	M17	5 M	15			5 St Albans Striders	169	5 Vale of Aylesbury AC	18	18				
M17	8	6	360	James Darcy	19:41 D1	Marshall Milton Keynes AC	M17	6 M	14			6 Watford Harriers	138	6 Bedford and County AC	6	6				
M17	9	7	90	James Palmer	19:45 D1	Chiltern Harriers	M17	7 M	13			7 Vale of Aylesbury AC	94	7 Wycombe Phoenix	1	1				
M17	10	8	85	Ben Hunter	19:48 D1	Chiltern Harriers	M17	8 M	12			8 Dacorum & Tring AC	50	8 Dacorum & Tring AC						
M17	12	9	89	Benjamin Jackson	20:08 D1	Chiltern Harriers	M17	9 M	11			9 MK Distance Project	8	9 Gade Valley Harriers						
M17	13	10	87	Luke Martin	20:32 D1	Chiltern Harriers	M17	10 M	10			10 Gade Valley Harriers	10	10 Leighton Buzzard AC						
M17	14	11	657	Aidan Tanner	20:45 D1	St Albans Striders	M17	11 M	9			11 Leighton Buzzard AC	11	11 MK Distance Project						
M17	16	12	84	Louis Peterson	21:01 D1	Chiltern Harriers	M17	12 M	8			12 Queens Park Harriers	12	12 Queens Park Harriers						
M17	17	13	696	Euan Turner	21:04 D1	St Albans Striders	M17	13 M	7			13 Redway Runners	13	13 Redway Runners						
M17	18	14	775	James Vinnicombe	21:05 D1	Bedford and County AC	M17	14 M	6			14 Tring Running Club	14	14 Tring Running Club						
M17	20	15	313	Zak Freeland	21:29 D1	Marshall Milton Keynes AC	M17	15 M	5											
M17	23	16	1262	Lewis Clark	22:20 D1	Watford Harriers	M17	16 M	4											
M17	24	17	314	Alex Brent	22:21 D1	Marshall Milton Keynes AC	M17	17 M	3											
M17	25	18	685	Cameron Donnet	22:40 D1	St Albans Striders	M17	18 M	2											
M17	28	19	854	Aaron Phillips	26:00 D1	Wycombe Phoenix	M17	19 M	1											

Race	Mob	D1	No.	Under 15 Boys	Time	Div	Club	Cat	Pos	M/F	Pts	M15 overall after 5 matches	Under 15 Boys Team	Total	1	2	3	4		
M15	1	1	60	Thomas Askey	14:31 D1	Chiltern Harriers	M15	1 M	38			1 Chiltern Harriers	484	1 Chiltern Harriers	142	38	37	34	33	
M15	2	2	64	Thomas Redmond	14:35 D1	Chiltern Harriers	M15	2 M	37			2 Bedford and County AC	446	2 Bedford and County AC	96	36	24	20	16	
M15	4	3	755	Noah Campion	14:51 D1	Bedford and County AC	M15	3 M	36			3 Vale of Aylesbury AC	412	3 Vale of Aylesbury AC	93	31	26	19	17	
M15	5	4	647	Oscar Loveday	14:57 D1	St Albans Striders	M15	4 M	35			4 Marshall Milton Keynes AC	374	4 Marshall Milton Keynes AC	90	30	29	22	9	
M15	6	5	58	Cormac Nisbet	15:01 D1	Chiltern Harriers	M15	5 M	34			5 St Albans Striders	189	5 Wycombe Phoenix	48	25	13	6	4	
M15	7	6	63	Angus Stoneham	15:09 D1	Chiltern Harriers	M15	6 M	33			6 Wycombe Phoenix	165	6 St Albans Striders	35	35				
M15	9	7	101	Teague Eaton	15:21 D1	Chiltern Harriers	M15	7 M	32			7 Redway Runners	112	7 Watford Harriers	28	28				
M15	10	8	1447	James Maxwell	15:25 D1	Vale of Aylesbury AC	M15	8 M	31			8 Watford Harriers	108	8 Redway Runners	23	23				
M15	11	9	283	Callum Tripp	15:31 D1	Marshall Milton Keynes AC	M15	9 M	30			9 Dacorum & Tring AC	75	9 Leighton Buzzard AC	18	15	3			
M15	12	10	285	Harry Totton	15:34 D1	Marshall Milton Keynes AC	M15	10 M	29			10 Leighton Buzzard AC	69	10 Dacorum & Tring AC	12	12				
M15	13	11	1257	Adam Wood	15:44 D1	Watford Harriers	M15	11 M	28			11 MK Distance Project	9	11 MK Distance Project						
M15	15	12	65	Oakley Denson	15:50 D1	Chiltern Harriers	M15	12 M	27			12 Gade Valley Harriers	12	12 Gade Valley Harriers						
M15	18	13	1146	Woody Day	16:09 D1	Vale of Aylesbury AC	M15	13 M	26			13 Queens Park Harriers	13	13 Queens Park Harriers						
M15	19	14	970	Raihan Lenoire	16:09 D1	Wycombe Phoenix	M15	14 M	25			14 Tring Running Club	14	14 Tring Running Club						
M15	20	15	724	Julian Flatt	16:24 D1	Bedford and County AC	M15	15 M	24											
M15	21	16	511	Harley Mackenzie	16:25 D1	Redway Runners	M15	16 M	23											
M15	23	17	284	Joshua Edwards	16:37 D1	Marshall Milton Keynes AC	M15	17 M	22											
M15	24	18	59	Laurie Gawne	16:43 D1	Chiltern Harriers	M15	18 M	21											
M15	25	19	755	Euan Supple	16:44 D1	Bedford and County AC	M15	19 M	20											
M15	26	20	1192	Alex Hodson	16:46 D1	Vale of Aylesbury AC	M15	20 M	19											
M15	28	21	66	Sammy Bennetts	16:52 D1	Chiltern Harriers	M15	21 M	18											
M15	29	22	1149	Alastair Walls	16:55 D1	Vale of Aylesbury AC	M15	22 M	17											
M15	32	23	757	James Taylor	16:57 D1	Bedford and County AC	M15	23 M	16											
M15	35	24	1348	Oscar Butlin	17:12 D1	Leighton Buzzard AC	M15	24 M	15											
M15	39	25	754	Ethan Cairns	17:19 D1	Bedford and County AC	M15	25 M	14											
M15	40	26	866	Owen Westbrook	17:24 D1	Wycombe Phoenix	M15	26 M	13											
M15	42	27	971	Timothy Fryer	17:31 D1	Dacorum & Tring AC	M15	27 M	12											
M15	44	28	1148	Ethan Perry	17:37 D1	Vale of Aylesbury AC	M15	28 M	11											
M15	45	29	1150	Thomas Young	17:40 D1	Vale of Aylesbury AC	M15	29 M	10											
M15	47	30	282	Ben Webb	17:58 D1	Marshall Milton Keynes AC	M15	30 M	9											
M15	49	31	624	Fisher	18:08 D1	Chiltern Harriers	M15	31 M	8											
M15	50	32	321	Finnlay Connolly	18:09 D1	Marshall Milton Keynes AC	M15	32 M	7											
M15	51	33	914	Oscar Brown	18:10 D1	Wycombe Phoenix	M15	33 M	6											
M15	52	34	92	Jerry Anderson	18:10 D1	Chiltern Harriers	M15	34 M	5											
M15	53	35	844	Finn Heron	18:40 D1	Wycombe Phoenix	M15	35 M	4											
M15	57	36	1349	Sid Mead	19:41 D1	Leighton Buzzard AC	M15	36 M	3											
M15	58	37	288	Benjamin Garner	19:47 D1	Marshall Milton Keynes AC	M15	37 M	2											
M15	59	38	286	Ethan Murrill	20:04 D1	Marshall Milton Keynes AC	M15	38 M	1											

Race	Mob	D1	No.	Under 13 Boys	Time	Div	Club	Cat	Pos	M/F	Pts	M13 overall after 5 matches	Under 13 Boys' Team	Total	1	2	3	4		
M13	1	1	32	Alden Collier	9:26 D1	Chiltern Harriers	M13	1 M	60			1 Chiltern Harriers	994	1 Chiltern Harriers	234	60	59	58	57	
M13	2	2	34	Euan Pinder	9:32 D1	Chiltern Harriers	M13	2 M	59			2 Marshall Milton Keynes AC	713	2 Bedford and County AC	169	56	40	39	34	
M13	3	3	35	Callum Baxter	9:36 D1	Chiltern Harriers	M13	3 M	58			3 Watford Harriers	708	3 St Albans Striders	168	53	48	37	30	
M13	4	4	39	Maximilian Baxter	9:42 D1	Chiltern Harriers	M13	4 M	57			4 St Albans Striders	687	4 Marshall Milton Keynes AC	162	50	46	38	28	
M13	5	5	777	Cameron Barnes	9:43 D1	Bedford and County AC	M13	5 M	56			4 Bedford and County AC	687	5 Watford Harriers	155	47	41	35	32	
M13	7	6	33	Isaac Jessop-Tranter	9:50 D1	Chiltern Harriers	M13	6 M	55			6 Vale of Aylesbury AC	363	6 Vale of Aylesbury AC	96	45	21	20	10	
M13	8	7	1671	Nicholas Hammett	9:55 D1	MK Distance Project	M13	7 M	54			7 MK Distance Project	345	7 Wycombe Phoenix	76	33	22	19	2	
M13	11	8	634	Edward Wade	10:04 D1	St Albans Striders	M13	8 M	53			8 Wycombe Phoenix	197	8 MK Distance Project	66	54	12			
M13	12	9	39	Alex Hughes	10:04 D1	Chiltern Harriers	M13	9 M	52			9 Redway Runners	175	9 Dacorum & Tring AC	44	44				
M13	13	10	37	Rowan Gawne	10:04 D1	Chiltern Harriers	M13	10 M	51			10 Dacorum & Tring AC	144	10 Redway Runners	29	15	14			
M13	14	11	258	Sam Oldroyd	10:04 D1	Marshall Milton Keynes AC	M13	11 M	50			11 Leighton Buzzard AC	133	11 Leighton Buzzard AC	28	16	5	4	3	
M13	17	12	36	Ethan McCall	10:11 D1	Chiltern Harriers	M13	12 M	49			12 Gade Valley Harriers	12	12 Gade Valley Harriers						
M13	18	13	635	Matthew Nicholls	10:11 D1	St Albans Striders	M13	13 M	48			13 Queens Park Harriers	13	13 Queens Park Harriers						
M13	20	14	1232	Oliver Cooper	10:14 D1	Watford Harriers	M13	14 M	47			14 Tring Running Club	14	14 Tring Running Club						
M13	21	15	267	Maxwell Newman	10:20 D1	Marshall Milton Keynes AC	M13	15 M	46											
M13	22	16	1135	Freddie Mackintosh	10:21 D1	Vale of Aylesbury AC	M13	16 M	45			</								

Race	Mob	D1	No.	Senior Women	Time	Div	Club	Cat	Pos	M/F	Pts	Seniors overall after 5 matches	Senior Women Team	Total	1	2	3	4	5	6		
FS	1	1	93	Michelle Millins	20:31 D1		Wycombe Phoenix	F5	1	F	136	1 Wycombe Phoenix	1 Chiltern Harriers	3970	740	131	128	127	121	120	113	
FS	2	2	903	Alexandra Cook	20:40 D1		Wycombe Phoenix	F35	1	F	135	2 Chiltern Harriers	2 Wycombe Phoenix	3890	707	136	135	122	118	100	96	
FS	3	3	326	Ellie Roche	20:49 D1		Marshall Milton Keynes AC	F5	2	F	134	3 Dacorum & Tring AC	3 Dacorum & Tring AC	3596	661	129	119	116	109	102	86	
FS	5	4	793	Natasha Peters	21:23 D1		Bedford and County AC	F5	3	F	133	4 Marshall Milton Keynes AC	4 Leighton Buzzard AC	3529	595	111	110	108	94	88	84	
FS	6	5	327	Alice Ritchie	21:27 D1		Marshall Milton Keynes AC	F5	4	F	132	5 Leighton Buzzard AC	5 Tring Running Club	3199	589	106	104	99	98	93	89	
FS	7	6	200	Ellie Bates	21:37 D1		Chiltern Harriers	F5	5	F	131	6 St Albans Striders	6 Marshall Milton Keynes AC	3149	553	134	132	117	91	79		
FS	8	7	1112	Sophie Delderfield	21:43 D1		Vale of Aylesbury AC	F35	2	F	130	7 Tring Running Club	7 St Albans Striders	3049	526	114	105	90	82	69	66	
FS	9	8	1030	Samantha Fawcett	21:50 D1		Dacorum & Tring AC	F35	3	F	129	8 Bedford and County AC	8 Queens Park Harriers	2915	507	124	115	85	77	67	39	
FS	10	9	199	Louise Fry	22:29 D1		Chiltern Harriers	F5	6	F	128	9 Redway Runners	9 Redway Runners	2789	440	97	78	71	68	64	62	
FS	11	10	187	Bex Nkoane	22:37 D1		Chiltern Harriers	F45	1	F	127	10 Queens Park Harriers	10 Bedford and County AC	2750	432	133	126	123	50			
FS	12	11	794	Sue Bosher	22:38 D1		Bedford and County AC	F35	4	F	126	11 Gade Valley Harriers	11 Vale of Aylesbury AC	2692	385	130	127	103	45			
FS	13	12	1340	Claire Bentley	22:45 D1		Watford Harriers	F5	7	F	125	12 Watford Harriers	12 Gade Valley Harriers	2611	363	112	76	61	41	37	36	
FS	14	13	1525	Michelle Madrick	22:47 D1		Queens Park Harriers	F35	5	F	124	13 Vale of Aylesbury AC	13 Watford Harriers	2275	352	125	83	53	34	33	24	
FS	15	14	789	Ellie Still	22:49 D1		Bedford and County AC	F5	8	F	123	14 MK Distance Project	1592	1592	54							
FS	17	15	880	Nicki Johnson	23:15 D1		Wycombe Phoenix	F35	6	F	122	Veteran Women Team		Veteran Women Team	Total	1	2	3	4			
FS	18	16	192	Natalie Hallas	23:17 D1		Chiltern Harriers	F35	7	F	121	1 Dacorum & Tring AC	2449	466	129	119	116	102				
FS	19	17	195	Hannah Wardley	23:26 D1		Chiltern Harriers	F5	9	F	120	2 Chiltern Harriers	2426	444	127	121	101	95				
FS	22	18	1039	Jess Gray	23:51 D1		Dacorum & Tring AC	F35	8	F	119	3 Wycombe Phoenix	2288	407	106	104	99	98				
FS	23	19	942	Melanie Phair	23:58 D1		Wycombe Phoenix	F5	10	F	118	4 Tring Running Club	2133	385	130	107	103	45				
FS	25	20	355	Abby Roskilly	24:12 D1		Marshall Milton Keynes AC	F5	11	F	117	5 St Albans Striders	2077	355	114	90	82	69				
FS	26	21	1021	Kerry Ardley	24:18 D1		Dacorum & Tring AC	F35	9	F	116	6 Queens Park Harriers	1799	346	124	115	77	30				
FS	27	22	1549	Karima Harris	24:21 D1		Queens Park Harriers	F45	2	F	115	7 Redway Runners	1738	307	108	94	88	17				
FS	32	23	598	Jenny Maginley	24:34 D1		St Albans Striders	F35	10	F	114	8 Vale of Aylesbury AC	1666	307	97	78	68	64				
FS	33	24	165	Lean Ni Chiochlain	24:42 D1		Chiltern Harriers	F5	12	F	113	9 Gade Valley Harriers	1659	286	112	76	61	37				
FS	36	25	1509	Teresa Wharton	24:43 D1		Gade Valley Harriers	F45	3	F	112	10 Leighton Buzzard AC	1651	357	135	122	100					
FS	37	26	1421	Ruth Mitchell	24:51 D1		Leighton Buzzard AC	F5	13	F	111	11 Marshall Milton Keynes AC	1505	116	126	50						
FS	40	27	1420	Amy Farnfield	24:59 D1		Leighton Buzzard AC	F5	14	F	110	12 Bedford and County AC	1369	170	53	33	24					
FS	41	28	1038	Georgina Mann	25:08 D1		Dacorum & Tring AC	F5	15	F	109	13 Watford Harriers	1301	91								
FS	44	29	1424	Amy Inchley	25:16 D1		Leighton Buzzard AC	F35	11	F	108	14 MK Distance Project	176	54								
FS	45	30	1113	Rossanna Iannone	25:20 D1		Vale of Aylesbury AC	F35	12	F	107											
FS	46	31	1632	Harriet Knight	25:23 D1		Tring Running Club	F35	13	F	106											
FS	48	32	698	Lauren Eckley	25:26 D1		St Albans Striders	F5	16	F	105											
FS	49	33	1625	Lynda Hembury	25:26 D1		Tring Running Club	F55	1	F	104											
FS	50	34	1114	Debbie Channer	25:27 D1		Vale of Aylesbury AC	F45	4	F	103											
FS	51	35	1029	Becky Fawcett	25:29 D1		Dacorum & Tring AC	F35	14	F	102											
FS	52	36	169	Sarah Elliott	25:29 D1		Chiltern Harriers	F45	5	F	101											
FS	53	37	941	Karen Fowell-Moss	25:31 D1		Wycombe Phoenix	F35	15	F	100											
FS	54	38	1598	Liz O'Keefe	25:38 D1		Tring Running Club	F35	16	F	99											
FS	55	39	1599	Rachel Wray	25:40 D1		Tring Running Club	F35	17	F	98											
FS	56	40	425	Nicole Clarke	25:41 D1		Redway Runners	F35	18	F	97											
FS	57	41	958	Claire Newman	25:41 D1		Wycombe Phoenix	F5	17	F	96											
FS	59	42	179	Cathy Holloway	25:56 D1		Chiltern Harriers	F45	6	F	95											
FS	60	43	1423	Katie Haylock	25:57 D1		Leighton Buzzard AC	F35	19	F	94											
FS	61	44	1595	Daisy Goldhagen	26:01 D1		Tring Running Club	F5	18	F	93											
FS	63	45	194	Christine Burroughs	26:05 D1		Chiltern Harriers	F45	7	F	92											
FS	65	46	322	Debra Brent	26:09 D1		Marshall Milton Keynes AC	F55	2	F	91											
FS	66	47	1714	Deborah Steer	26:10 D1		St Albans Striders	F55	3	F	90											
FS	68	48	1609	Mary Ward	26:13 D1		Leighton Buzzard AC	F45	8	F	89											
FS	69	49	1428	Liz Peters	26:22 D1		Leighton Buzzard AC	F35	20	F	88											
FS	72	50	1650	Rebecca Mead	26:34 D1		Tring Running Club	F5	19	F	87											
FS	73	51	1042	Sophie Routledge	26:35 D1		Dacorum & Tring AC	F5	20	F	86											
FS	75	52	1528	Melanie McGovern	26:39 D1		Queens Park Harriers	F5	21	F	85											
FS	77	53	1435	Ruth Eastman	26:42 D1		Leighton Buzzard AC	F5	22	F	84											
FS	78	54	1311	Helen Gibbins	26:43 D1		Watford Harriers	F5	23	F	83											
FS	79	55	628	Mandy Attree	26:48 D1		St Albans Striders	F45	9	F	82											
FS	80	56	1044	Lucy Walkduck	26:50 D1		Dacorum & Tring AC	F5	24	F	81											
FS	83	57	196	Katie Royals	26:58 D1		Chiltern Harriers	F5	25	F	80											
FS	88	58	333	Fern Yull	27:07 D1		Marshall Milton Keynes AC	F5	26	F	79											
FS	90	59	460	Sarah Buck	27:11 D1		Redway Runners	F35	21	F	78											
FS	98	60	1533	Gillian Cross	27:27 D1		Queens Park Harriers	F45	10	F	77											
FS	99	61	1501	Victoria Crawley-Wise	27:28 D1		Gade Valley Harriers	F35	22	F	76											
FS	100	62	182	Abigail Askey	27:29 D1		Chiltern Harriers	F45	11	F	75											
FS	101	63	1094	Celia Findlay	27:29 D1		Dacorum & Tring AC	F55	4	F	74											
FS	103	64	188	Sylvia Moss	27:32 D1		Chiltern Harriers	F35	23	F	73											
FS	105	65	186	Tessa Passey	27:46 D1		Chiltern Harriers	F35	24	F	72											
FS	106	66	411	Lauren Keeler	27:51 D1		Redway Runners	F5	27	F	71											
FS	108	67	1641	Hannah Whiffen	28:03 D1		Tring Running Club	F5	28	F	70											
FS	109	68	613	Donna Irwin	28:04 D1		St Albans Striders	F45	12	F	69											
FS	112	69	415	Lisa Yabsley	28:07 D1		Redway Runners	F45	13	F	68											
FS	113	70	1561	Gabrielle Smart	28:08 D1		Queens Park Harriers	F5	29	F	67											
FS	114	71	599	Julianne Nightingale	28:10 D1		St Albans Striders	F45	14	F	66											
FS	116	72	1036	Tina Le	28:14 D1		Dacorum & Tring AC	F35	25	F	65											
FS	117	73	460	Melissa Sutcliffe	28:15 D1		Redway Runners	F35	26	F	64											
FS	121	74	166	Caroline Stephens	28:26 D1		Chiltern Harriers	F45	15	F	63											
FS	122	75	406	Dawn Blaber	28:27 D1		Redway Runners	F45	16	F	62											
FS	123	76	1500	Tracey Cotton	28:31 D1		Gade Valley Harriers	F35	27	F	61											
FS	126	77	473	Sam Downton	28:36 D1		Redway Runners	F45	17	F	60											
FS	127	78	1031	Louise Flower	28:39 D1		Dacorum & Tring AC	F5	30	F	59											
FS	129	79	1624	Alison Harding	28:40 D1		Tring Running Club	F55	5	F	58											
FS	130	80	1050	Danielle Hall	28:42 D1		Dacorum & Tring AC	F5	31	F	57											
FS	131	81	1022	Charlotte Ashton	28:43 D1		Dacorum & Tring AC	F35	28	F	56											
FS	132	82	1607	Helen Tullie	28:44 D1		Tring Running Club	F45	18	F												

F17	6	5	78	Katie Repper	17:24 D1	Chiltern Harriers	F17	4F	24	5	Marshall Milton Keynes AC	286	5	Marshall Milton Keynes AC	33	18	15
F17	9	6	75	Alicia Bushell	17:32 D1	Chiltern Harriers	F17	5F	23	6	St Albans Striders	156	6	Leighton Buzzard AC	22	17	3
F17	10	7	712	Holly Hodgkinson	17:43 D1	Bedford and County AC	F17	6F	22	7	Watford Harriers	123	7	Watford Harriers	8	8	2
F17	14	8	858	Ellen Cooper	18:17 D1	Wycombe Phoenix	F17	7F	21	8	Leighton Buzzard AC	112	8	St Albans Striders	5	5	
F17	18	9	723	Grace Flemons	18:33 D1	Bedford and County AC	F17	8F	20	9	Dacorum & Tring AC	91	9	Dacorum & Tring AC			
F17	19	10	714	Alicia Athersmith	18:34 D1	Bedford and County AC	F17	9F	19	10	Redway Runners	10	10	Redway Runners			
F17	24	11	296	Sophie Stockton	18:54 D1	Marshall Milton Keynes AC	F17	10F	18	11	Gade Valley Harriers	11	11	Gade Valley Harriers			
F17	25	12	1357	Amy Killick	18:59 D1	Leighton Buzzard AC	F17	11F	17	12	MK Distance Project	12	12	MK Distance Project			
F17	30	13	70	Soraya Lockwood	19:44 D1	Chiltern Harriers	F20	2F	16	13	Queens Park Harriers	13	13	Queens Park Harriers			
F17	32	14	300	Jodie Brogden	19:52 D1	Marshall Milton Keynes AC	F17	12F	15	14	Tring Running Club	14	14	Tring Running Club			
F17	33	15	940	Mia Caddell	19:53 D1	Wycombe Phoenix	F17	13F	14								
F17	34	16	950	Rebecca Rees-Davies	19:53 D1	Wycombe Phoenix	F17	14F	13								
F17	35	17	713	Josie Nicholls	20:00 D1	Bedford and County AC	F17	15F	12								
F17	38	18	1154	Millie Carter	20:18 D1	Vale of Aylesbury AC	F17	16F	11								
F17	39	19	71	Millie Hughes	20:25 D1	Chiltern Harriers	F17	17F	10								
F17	40	20	718	Marisa Mistry	20:30 D1	Bedford and County AC	F17	18F	9								
F17	41	21	1269	Emma Baldwin	20:31 D1	Watford Harriers	F20	3F	8								
F17	42	22	887	Maddy Wood	20:34 D1	Wycombe Phoenix	F17	19F	7								
F17	43	23	74	Jinaam Lockwood	20:47 D1	Chiltern Harriers	F17	20F	6								
F17	44	24	651	Beatrix Towers	21:00 D1	St Albans Striders	F17	21F	5								
F17	48	25	76	Ella Watson	22:18 D1	Chiltern Harriers	F17	22F	4								
F17	51	26	1353	Zara Brooks	27:48 D1	Leighton Buzzard AC	F17	23F	3								
F17	52	27	1355	Niquole Carter	27:48 D1	Leighton Buzzard AC	F17	24F	2								
F17	53	28	1358	Dana Carter	28:21 D1	Leighton Buzzard AC	F20	4F	1								

Race	Mob	D1	No.	Under 15 Girls	Time	Div	Club	Cat	Pos	M/F	Pts	F15 overall after 5 matches	Under 15 Girls Team	Total	1	2	3	4		
F15	1	1	48	Abbie Henderson	16:11 D1	Chiltern Harriers	F15	1F	33			1	St Albans Striders	481	1	Chiltern Harriers	118	33	28	25
F15	2	2	49	Holly Henderson	16:19 D1	Chiltern Harriers	F15	2F	32			2	Chiltern Harriers	438	2	St Albans Striders	113	31	30	29
F15	3	3	658	Lily Tse	16:23 D1	St Albans Striders	F15	3F	31			3	Dacorum & Tring AC	356	3	Wycombe Phoenix	55	26	12	9
F15	4	4	652	Antonia Jubb	16:32 D1	St Albans Striders	F15	4F	30			4	Bedford and County AC	286	4	Marshall Milton Keynes AC	43	22	10	6
F15	5	5	650	Sarah McGrath	16:40 D1	St Albans Striders	F15	5F	29			5	Redway Runners	249	4	Dacorum & Tring AC	43	27	16	
F15	6	6	50	Alice Brown	16:45 D1	Chiltern Harriers	F15	6F	28			6	Marshall Milton Keynes AC	241	6	Leighton Buzzard AC	41	24	15	2
F15	7	7	972	Stella Whitlum	17:07 D1	Dacorum & Tring AC	F15	7F	27			7	Wycombe Phoenix	225	7	Redway Runners	30	17	13	
F15	9	8	962	Olivia Brown	17:23 D1	Wycombe Phoenix	F15	8F	26			8	Vale of Aylesbury AC	202	8	Watford Harriers	29	18	11	
F15	10	9	51	Maddie Hughes	17:23 D1	Chiltern Harriers	F15	9F	25			9	Leighton Buzzard AC	138	9	Vale of Aylesbury AC	14	14		
F15	11	10	1351	Imogen Chesterton	17:34 D1	Leighton Buzzard AC	F15	10F	24			10	Watford Harriers	116	10	Bedford and County AC	4	4		
F15	12	11	695	Hannah Barker	17:38 D1	St Albans Striders	F15	11F	23			11	Chiltern Harriers	9	11	MK Distance Project				
F15	14	12	274	Millie Freeland	17:52 D1	Marshall Milton Keynes AC	F15	12F	22			12	Gade Valley Harriers			12	Gade Valley Harriers			
F15	15	13	53	Eleanor Shield	18:02 D1	Chiltern Harriers	F15	13F	21			13	Queens Park Harriers			13	Queens Park Harriers			
F15	16	14	56	Charlotte Docwra	18:06 D1	Chiltern Harriers	F15	14F	20			14	Tring Running Club			14	Tring Running Club			
F15	18	15	52	Hannah Ashby	18:25 D1	Chiltern Harriers	F15	15F	19			15								
F15	24	16	1259	Rebecca Hodges	19:04 D1	Watford Harriers	F15	16F	18			16								
F15	25	17	500	Daisy Yabsley	19:10 D1	Redway Runners	F15	17F	17			17								
F15	26	18	999	Florence Crowley	19:27 D1	Dacorum & Tring AC	F15	18F	16			18								
F15	27	19	1350	Julia Bell	19:29 D1	Leighton Buzzard AC	F15	19F	15			19								
F15	29	20	1189	Lauren Fines-Allin	19:30 D1	Vale of Aylesbury AC	F15	20F	14			20								
F15	30	21	501	Annabel Sanders	19:33 D1	Redway Runners	F15	21F	13			21								
F15	31	22	851	Amy Hogbin	19:37 D1	Wycombe Phoenix	F15	22F	12			22								
F15	34	23	1261	Daisy Marwarling	20:04 D1	Watford Harriers	F15	23F	11			23								
F15	38	24	270	Mareenike Ormalade	20:20 D1	Marshall Milton Keynes AC	F15	24F	10			24								
F15	39	25	871	Emma Caddell	20:30 D1	Wycombe Phoenix	F15	25F	9			25								
F15	40	26	870	Sally Walling	20:32 D1	Wycombe Phoenix	F15	26F	8			26								
F15	41	27	649	Sophie Leslie	20:33 D1	St Albans Striders	F15	27F	7			27								
F15	43	28	273	Jessica Tite	20:46 D1	Marshall Milton Keynes AC	F15	28F	6			28								
F15	44	29	272	Paige Tiley	20:59 D1	Marshall Milton Keynes AC	F15	29F	5			29								
F15	45	30	711	Emma Abbey	21:00 D1	Bedford and County AC	F15	30F	4			30								
F15	47	31	271	Phoebe Miller	22:06 D1	Marshall Milton Keynes AC	F15	31F	3			31								
F15	49	32	1437	Jessica Stenner	23:10 D1	Leighton Buzzard AC	F15	32F	2			32								
F15	50	33	864	Matilda Firth	23:32 D1	Wycombe Phoenix	F15	33F	1			33								

Race	Mob	D1	No.	Under 13 Girls	Time	Div	Club	Cat	Pos	M/F	Pts	F13 overall after 5 matches	Under 13 Girls Team	Total	1	2	3	4		
F13	1	1	17	Zoe Gibbody	9:48 D1	Chiltern Harriers	F13	1F	55			1	Chiltern Harriers	985	1	Chiltern Harriers	212	55	54	53
F13	2	2	15	Francesca Baxter	9:55 D1	Chiltern Harriers	F13	2F	54			2	Bedford and County AC	943	2	Bedford and County AC	198	52	51	48
F13	3	3	16	Lesedi Nkoane	10:10 D1	Chiltern Harriers	F13	3F	53			3	Marshall Milton Keynes AC	670	3	Marshall Milton Keynes AC	144	43	36	35
F13	5	4	704	Lily Farr	10:19 D1	Bedford and County AC	F13	4F	52			4	Wycombe Phoenix	632	4	Wycombe Phoenix	130	46	42	24
F13	6	5	731	Rosie Foster	10:24 D1	Bedford and County AC	F13	5F	51			5	Watford Harriers	576	5	Vale of Aylesbury AC	129	40	38	37
F13	10	6	20	Lily Jessop-Tranter	10:30 D1	Chiltern Harriers	F13	6F	50			6	Vale of Aylesbury AC	556	6	Watford Harriers	105	45	34	26
F13	11	7	18	Marea Logan	10:36 D1	Chiltern Harriers	F13	7F	49			7	St Albans Striders	361	7	St Albans Striders	68	41	27	
F13	12	8	705	Millie Dunger	10:42 D1	Bedford and County AC	F13	8F	48			8	Dacorum & Tring AC	352	8	Dacorum & Tring AC	44	44		
F13	14	9	703	Lyla Danobrega	10:43 D1	Bedford and County AC	F13	9F	47			9	MK Distance Project	210	9	Redway Runners	22	9	6	5
F13	17	10	899	Evie Burton	10:46 D1	Wycombe Phoenix	F13	10F	46			10	Leighton Buzzard AC	140	10	MK Distance Project				2
F13	21	11	1244	Gina Luckhurst	11:01 D1	Watford Harriers	F13	11F	45			11	Redway Runners	107	11	Leighton Buzzard AC				
F13	23	12	973	Lara Connell	11:02 D1	Dacorum & Tring AC	F13	12F	44			12	Gade Valley Harriers			12	Gade Valley Harriers			
F13	25	13	236	Jessica Vaines	11:11 D1	Marshall Milton Keynes AC	F13	13F	43			13	Queens Park Harriers			13	Queens Park Harriers			
F13	26	14	874	Libby Sutton	11:11 D1	Wycombe Phoenix	F13	14F	42			14	Tring Running Club			14	Tring Running Club			
F13	28	15	646	Poppy Fisher	11:16 D1	St Albans Striders	F13	15F	41			15								
F13	29	16	1193	Abigail Corby	11:16 D1	Vale of Aylesbury AC	F13	16F	40			16								
F13	30	17	27	Emily Ford	11:19 D1	Chiltern Harriers	F13	17F	39			17								
F13	31	18	1140	Lucy Cuthbert	11:28 D1	Vale of Aylesbury AC	F13	18F	38			18								
F13	32	19	1138	Emma Corby	11:28 D1	Vale of Aylesbury AC	F13	19F	37			19								
F13	33	20	245	Elizabeth Garner	11:29 D1	Marshall Milton Keynes AC	F13	20F	36			20								
F13	34	21	203	Ella Glass	11:30 D1	Marshall Milton Keynes AC	F13	21F	35			21								
F13	35	22	1225	Lucia Favero	11:30 D1	Watford Harriers	F13	22F	34			22								
F13	36	23	23	Lucy Wilkinson	11:31 D1	Chiltern Harriers	F13	23F	33			23								
F13	37	24	21	Olivia Clavie	11:33 D1	Chiltern Harriers	F13	24F	32			24								
F13	39	25	702	Lucy Deller	11:38 D1	Bedford and County AC	F13	25F	31			25								
F13	40	26	238	Izzy Gregg	11:39 D1	Marshall Milton Keynes AC	F13	26F	30			26								
F13	41	27	19	Savarnah Pandya	11:40 D1	Chiltern Harriers	F13	27F	29			27								
F13	44	28	22	Isabel Martin	11:45 D1	Chiltern Harriers	F13	28F	28			28								
F13	45	29	640	Rebecca Cray	11:49 D1	St Albans Striders	F13	29F	27			29								
F13	47	30	1251	Lauren Wood	11:53 D1	Watford Harriers	F13	30F	26											