

Chiltern League 2021/22 - Division 1 - Match 4 - Milton Keynes (Campbell Park) - 15 January 2022

| Overall Team Result | | After 4 Rounds | |
|---------------------------------------|------|--------------------------------------|-------|
| 1 Chiltern Harriers | 3605 | 1 Chiltern Harriers | 13630 |
| 2 Marshall Milton Keynes AC | 3173 | 2 Marshall Milton Keynes AC | 11996 |
| 3 Bedford and County AC | 2740 | 3 Bedford and County AC | 11597 |
| 4 Dacorum & Tring AC | 2479 | 4 St Albans Striders | 10159 |
| 5 St Albans Striders | 2454 | 5 Wycombe Phoenix | 10064 |
| 6 Leighton Buzzard AC | 2402 | 6 Dacorum & Tring AC | 9088 |
| 7 Wycombe Phoenix | 2234 | 7 Leighton Buzzard AC | 8597 |
| 8 Headington Road Runners | 2175 | 8 Headington Road Runners | 7571 |
| 9 Tring Running Club | 1915 | 9 Windsor, Slough Eton & Hounslow AC | 6949 |
| 10 Watford Harriers | 1846 | 10 Vale of Aylesbury AC | 6781 |
| 11 Vale of Aylesbury AC | 1731 | 11 Redway Runners | 6289 |
| 12 Redway Runners | 1632 | 12 Tring Running Club | 5910 |
| 13 Bearbrook Running Club | 1297 | 13 Watford Harriers | 5344 |
| 14 Windsor, Slough Eton & Hounslow AC | 789 | 14 Bearbrook Running Club | 4688 |
| 15 MK Distance Project | 653 | 15 MK Distance Project | 4372 |

| Overall Male Team | | After 4 Rounds | |
|---------------------------------------|------|--------------------------------------|------|
| 1 Chiltern Harriers | 2519 | 1 Chiltern Harriers | 9701 |
| 2 Marshall Milton Keynes AC | 2296 | 2 Bedford and County AC | 9145 |
| 3 Bedford and County AC | 2187 | 3 Marshall Milton Keynes AC | 8450 |
| 4 Wycombe Phoenix | 1852 | 4 Wycombe Phoenix | 7699 |
| 5 Leighton Buzzard AC | 1765 | 5 St Albans Striders | 7298 |
| 6 Dacorum & Tring AC | 1734 | 6 Leighton Buzzard AC | 6408 |
| 7 Tring Running Club | 1666 | 7 Dacorum & Tring AC | 6204 |
| 8 Headington Road Runners | 1626 | 8 Headington Road Runners | 5791 |
| 9 St Albans Striders | 1572 | 9 Windsor, Slough Eton & Hounslow AC | 5739 |
| 10 Watford Harriers | 1535 | 10 Vale of Aylesbury AC | 5416 |
| 11 Vale of Aylesbury AC | 1312 | 11 Tring Running Club | 4796 |
| 12 Redway Runners | 1144 | 12 Redway Runners | 4562 |
| 13 Bearbrook Running Club | 1042 | 13 Watford Harriers | 4313 |
| 14 Windsor, Slough Eton & Hounslow AC | 665 | 14 MK Distance Project | 4095 |
| 15 MK Distance Project | 573 | 15 Bearbrook Running Club | 3601 |

| Overall Female Team | | After 4 Rounds | |
|---------------------------------------|------|---------------------------------------|------|
| 1 Chiltern Harriers | 1086 | 1 Chiltern Harriers | 3929 |
| 2 St Albans Striders | 882 | 2 Marshall Milton Keynes AC | 2546 |
| 3 Marshall Milton Keynes AC | 877 | 3 Dacorum & Tring AC | 2884 |
| 4 Dacorum & Tring AC | 745 | 4 St Albans Striders | 2861 |
| 5 Leighton Buzzard AC | 637 | 5 Bedford and County AC | 2452 |
| 6 Bedford and County AC | 553 | 6 Wycombe Phoenix | 2365 |
| 7 Headington Road Runners | 549 | 7 Leighton Buzzard AC | 2189 |
| 8 Redway Runners | 488 | 8 Headington Road Runners | 1780 |
| 9 Vale of Aylesbury AC | 419 | 9 Redway Runners | 1727 |
| 10 Wycombe Phoenix | 382 | 10 Vale of Aylesbury AC | 1365 |
| 11 Watford Harriers | 311 | 11 Windsor, Slough Eton & Hounslow AC | 1210 |
| 12 Bearbrook Running Club | 255 | 12 Tring Running Club | 1114 |
| 13 Tring Running Club | 249 | 13 Bearbrook Running Club | 1087 |
| 14 Windsor, Slough Eton & Hounslow AC | 124 | 14 Watford Harriers | 1031 |
| 15 MK Distance Project | 80 | 15 MK Distance Project | 277 |

| Overall Seniors | | After 4 Rounds | |
|---------------------------------------|------|---------------------------------------|-------|
| 1 Chiltern Harriers | 2844 | 1 Chiltern Harriers | 10572 |
| 2 Marshall Milton Keynes AC | 2524 | 2 Bedford and County AC | 9749 |
| 3 Dacorum & Tring AC | 2410 | 3 Marshall Milton Keynes AC | 9446 |
| 4 Bedford and County AC | 2317 | 4 Wycombe Phoenix | 8849 |
| 5 Leighton Buzzard AC | 2250 | 5 St Albans Striders | 8466 |
| 6 Headington Road Runners | 2175 | 6 Dacorum & Tring AC | 8443 |
| 7 St Albans Striders | 1943 | 7 Leighton Buzzard AC | 8116 |
| 8 Wycombe Phoenix | 1917 | 8 Headington Road Runners | 7571 |
| 9 Tring Running Club | 1915 | 9 Tring Running Club | 5863 |
| 10 Watford Harriers | 1677 | 10 Windsor, Slough Eton & Hounslow AC | 5684 |
| 11 Redway Runners | 1513 | 11 Redway Runners | 5683 |
| 12 Vale of Aylesbury AC | 1433 | 12 Vale of Aylesbury AC | 5641 |
| 13 Bearbrook Running Club | 1288 | 13 Watford Harriers | 4767 |
| 14 Windsor, Slough Eton & Hounslow AC | 789 | 14 Bearbrook Running Club | 4653 |
| 15 MK Distance Project | 573 | 15 MK Distance Project | 3985 |

| Overall Juniors | | After 4 Rounds | |
|---------------------------------------|-----|--------------------------------------|------|
| 1 Chiltern Harriers | 761 | 1 Chiltern Harriers | 3058 |
| 2 Marshall Milton Keynes AC | 649 | 2 Marshall Milton Keynes AC | 2550 |
| 3 St Albans Striders | 511 | 3 Bedford and County AC | 1848 |
| 4 Bedford and County AC | 423 | 4 St Albans Striders | 1693 |
| 5 Wycombe Phoenix | 317 | 5 Windsor, Slough Eton & Hounslow AC | 1265 |
| 6 Vale of Aylesbury AC | 298 | 6 Wycombe Phoenix | 1215 |
| 7 Watford Harriers | 169 | 7 Vale of Aylesbury AC | 1140 |
| 8 Leighton Buzzard AC | 152 | 8 Dacorum & Tring AC | 645 |
| 9 Redway Runners | 119 | 9 Redway Runners | 606 |
| 10 MK Distance Project | 80 | 10 Watford Harriers | 577 |
| 11 Dacorum & Tring AC | 69 | 11 Leighton Buzzard AC | 481 |
| 12 Bearbrook Running Club | 9 | 12 MK Distance Project | 387 |
| 13 Windsor, Slough Eton & Hounslow AC | | 13 Tring Running Club | 47 |
| 14 Tring Running Club | | 14 Bearbrook Running Club | 35 |
| 15 Headington Road Runners | | 15 Headington Road Runners | |

| Race | Mob | D1 | No. | Senior Men | Time | Div | Club | Cat | Pos | M/F | Pts | Seniors overall after 4 Matches | | | | | Senior Men Team | | | | | Total | 1 | 2 | 3 | 4 | 5 | 6 | | | | | |
|------|-----|----|------|-------------------|---------|-----|------------------------------------|-----|-----|-----|-----|--------------------------------------|------|---------------------------------------|-------|-----|-----------------|-----|-----|-----|-----|-------|----|---|---|---|---|---|--|--|--|--|--|
| MS | 1 | 1 | 637 | Ben Alcock | 27:16D1 | | Bedford and County AC | MS | 1 | M | 237 | 1 Bedford and County AC | 8180 | 1 Chiltern Harriers | 2173 | 235 | 233 | 229 | 226 | 225 | 217 | 21 | 21 | | | | | | | | | | |
| MS | 2 | 2 | 621 | Harry Brodie | 27:47D1 | | Bedford and County AC | M20 | 1 | M | 236 | 2 Chiltern Harriers | 8158 | 2 Marshall Milton Keynes AC | 2028 | 234 | 224 | 223 | 221 | 219 | 207 | 20 | 20 | | | | | | | | | | |
| MS | 3 | 3 | 1 | Richard Slade | 28:04D1 | | Chiltern Harriers | MS | 2 | M | 235 | 3 Marshall Milton Keynes AC | 7349 | 3 Bedford and County AC | 1948 | 237 | 236 | 218 | 209 | 191 | 189 | 18 | 18 | | | | | | | | | | |
| MS | 6 | 4 | 318 | James Tuttle | 28:43D1 | | Marshall Milton Keynes AC | MS | 3 | M | 234 | 4 Wycombe Phoenix | 7146 | 4 Leighton Buzzard AC | 1721 | 211 | 200 | 194 | 175 | 171 | 161 | 15 | 15 | | | | | | | | | | |
| MS | 9 | 5 | 2 | Aran Davidson | 29:11D1 | | Chiltern Harriers | MS | 4 | M | 233 | 5 St Albans Striders | 6654 | 5 Dacorum & Tring AC | 1709 | 216 | 206 | 197 | 196 | 178 | 174 | 16 | 16 | | | | | | | | | | |
| MS | 10 | 6 | 761 | Kieran Lindars | 29:14D1 | | Vale of Aylesbury AC | MS | 5 | M | 232 | 6 Leighton Buzzard AC | 6226 | 6 Wycombe Phoenix | 1697 | 231 | 220 | 199 | 192 | 173 | 150 | 14 | 14 | | | | | | | | | | |
| MS | 11 | 7 | 715 | Robert Wright | 29:21D1 | | Wycombe Phoenix | MS | 6 | M | 231 | 7 Dacorum & Tring AC | 5979 | 7 Tring Running Club | 1666 | 230 | 210 | 205 | 204 | 181 | 164 | 15 | 15 | | | | | | | | | | |
| MS | 12 | 8 | 1342 | Mark Innocenti | 29:25D1 | | Tring Running Club | MS | 7 | M | 230 | 8 Headington Road Runners | 5791 | 8 Headington Road Runners | 1626 | 213 | 188 | 185 | 180 | 169 | 160 | 15 | 15 | | | | | | | | | | |
| MS | 13 | 9 | 4 | Will Perkin | 29:27D1 | | Chiltern Harriers | MS | 8 | M | 229 | 9 Windsor, Slough Eton & Hounslow AC | 5002 | 9 Watford Harriers | 1448 | 177 | 176 | 168 | 166 | 165 | 162 | 13 | 13 | | | | | | | | | | |
| MS | 15 | 10 | 1269 | Sebastian Phoenix | 29:29D1 | | Windsor, Slough Eton & Hounslow AC | MS | 9 | M | 228 | 10 Vale of Aylesbury AC | 4888 | 10 St Albans Striders | 1370 | 222 | 214 | 201 | 170 | 122 | 116 | 11 | 11 | | | | | | | | | | |
| MS | 16 | 11 | 1279 | Hugo Donovan | 29:51D1 | | Windsor, Slough Eton & Hounslow AC | MS | 10 | M | 227 | 11 Tring Running Club | 4749 | 11 Vale of Aylesbury AC | 1182 | 232 | 193 | 157 | 155 | 121 | 89 | 8 | 8 | | | | | | | | | | |
| MS | 17 | 12 | 162 | Charlie Wood | 29:51D1 | | Chiltern Harriers | MS | 11 | M | 226 | 12 Redway Runners | 4371 | 12 Redway Runners | 1108 | 147 | 146 | 127 | 125 | 118 | 115 | 11 | 11 | | | | | | | | | | |
| MS | 18 | 13 | 13 | James Palmer | 29:52D1 | | Chiltern Harriers | M20 | 2 | M | 225 | 13 Watford Harriers | 3987 | 13 Bearbrook Running Club | 1042 | 198 | 153 | 139 | 135 | 105 | 80 | 6 | 6 | | | | | | | | | | |
| MS | 19 | 14 | 330 | Steve Tuttle | 29:56D1 | | Marshall Milton Keynes AC | MS | 12 | M | 224 | 14 MK Distance Project | 3843 | 14 Windsor, Slough Eton & Hounslow AC | 665 | 228 | 227 | 203 | 7 | 7 | | | | | | | | | | | | | |
| MS | 20 | 15 | 313 | Graham Jones | 30:10D1 | | Marshall Milton Keynes AC | MS | 13 | M | 223 | 15 Bearbrook Running Club | 3600 | 15 MK Distance Project | 528 | 212 | 134 | 111 | 67 | 4 | 4 | | | | | | | | | | | | |
| MS | 21 | 16 | 453 | William Bowran | 30:16D1 | | St Albans Striders | MS | 14 | M | 222 | Under 20 Men Team | | Under 20 Men Team | Total | 1 | 2 | 3 | | | | | | | | | | | | | | | |
| MS | 22 | 17 | 316 | Matthew Dicks | 30:19D1 | | Marshall Milton Keynes AC | M20 | 3 | M | 221 | 1 Marshall Milton Keynes AC | 2265 | 1 Marshall Milton Keynes AC | 630 | 221 | 207 | 202 | | | | | | | | | | | | | | | |
| MS | 23 | 18 | 713 | Liam Busby | 30:19D1 | | Wycombe Phoenix | MS | 15 | M | 220 | 2 Chiltern Harriers | 2241 | 2 Chiltern Harriers | 630 | 225 | 215 | 190 | | | | | | | | | | | | | | | |
| MS | 25 | 19 | 320 | Ewan Forsythe | 30:38D1 | | Marshall Milton Keynes AC | MS | 16 | M | 219 | 3 Bedford and County AC | 1517 | 3 Bedford and County AC | 611 | 236 | 191 | 184 | | | | | | | | | | | | | | | |
| MS | 28 | 20 | 633 | Craig Emmerson | 30:48D1 | | Bedford and County AC | MS | 17 | M | 218 | 4 Windsor, Slough Eton & Hounslow AC | 1188 | 4 Windsor, Slough Eton & Hounslow AC | 203 | 203 | | | | | | | | | | | | | | | | | |
| MS | 29 | 21 | 26 | Nick Hughes | 30:49D1 | | Chiltern Harriers | M50 | 1 | M | 217 | 5 St Albans Striders | 633 | 5 Vale of Aylesbury AC | 193 | 193 | | | | | | | | | | | | | | | | | |
| MS | 30 | 22 | 888 | Rhys Reynolds | 30:51D1 | | Dacorum & Tring AC | MS | 18 | M | 216 | 6 Dacorum & Tring AC | 464 | 6 Dacorum & Tring AC | | | | | | | | | | | | | | | | | | | |
| MS | 31 | 23 | 12 | Finn O'Brien | 30:52D1 | | Chiltern Harriers | M20 | 4 | M | 215 | 7 MK Distance Project | 426 | 7 MK Distance Project | | | | | | | | | | | | | | | | | | | |
| MS | 32 | 24 | 460 | Adam Yorwerth | 30:55D1 | | St Albans Striders | MS | 19 | M | 214 | 8 Vale of Aylesbury AC | 298 | 8 St Albans Striders | | | | | | | | | | | | | | | | | | | |
| MS | 36 | 25 | 1431 | Dougie Moffett | 31:03D1 | | Headington Road Runners | MS | 20 | M | 213 | 9 Watford Harriers | 59 | 9 Watford Harriers | | | | | | | | | | | | | | | | | | | |
| MS | 37 | 26 | 1527 | Marcus Lovell | 31:11D1 | | MK Distance Project | MS | 21 | M | 212 | 10 Bearbrook Running Club | | 10 Bearbrook Running Club | | | | | | | | | | | | | | | | | | | |
| MS | 38 | 27 | 2974 | Billy Mead | 31:12D1 | | Leighton Buzzard AC | MS | 22 | M | 211 | 11 Headington Road Runners | | 11 Headington Road Runners | | | | | | | | | | | | | | | | | | | |
| MS | 40 | 28 | 1343 | Ross Langley | 31:13D1 | | Tring Running Club | MS | 23 | M | 210 | 12 Leighton Buzzard AC | | 12 Leighton Buzzard AC | | | | | | | | | | | | | | | | | | | |
| MS | 41 | 29 | 591 | Andrew Headley | 31:14D1 | | Bedford and County AC | MS | 24 | M | 209 | 13 Redway Runners | | 13 Redway Runners | | | | | | | | | | | | | | | | | | | |
| MS | 42 | 30 | 19 | James Repper | 31:14D1 | | Chiltern Harriers | M40 | 1 | M | 208 | 14 Tring Running Club | | 14 Tring Running Club | | | | | | | | | | | | | | | | | | | |
| MS | 43 | 31 | 324 | Jack Rose | 31:16D1 | | Marshall Milton Keynes AC | M20 | 5 | M | 207 | 15 Wycombe Phoenix | | 15 Wycombe Phoenix | | | | | | | | | | | | | | | | | | | |
| MS | 44 | 32 | 881 | James French | 31:22D1 | | Dacorum & Tring AC | MS | 25 | M | 206 | Veteran Men Team | | Veteran Men Team | | | | | | | | | | | | | | | | | | | |
| MS | 45 | 33 | 1364 | Tom Sawyer | 31:23D1 | | Tring Running Club | MS | 26 | M | 205 | 1 Chiltern Harriers | 2968 | 1 Chiltern Harriers | 807 | 217 | 208 | 195 | 187 | | | | | | | | | | | | | | |
| MS | 46 | 34 | 1345 | Matthew Wade | 31:25D1 | | Tring Running Club | MS | 27 | M | 204 | 2 Leighton Buzzard AC | 2703 | 2 Leighton Buzzard AC | 730 | 200 | 194 | 175 | 161 | | | | | | | | | | | | | | |
| MS | 47 | 35 | 1285 | Ben Rowe | 31:26D1 | | Windsor, Slough Eton & Hounslow AC | M20 | 6 | M | 203 | 3 Bedford and County AC | 2465 | 3 Watford Harriers | 629 | 168 | 166 | 165 | 130 | | | | | | | | | | | | | | |
| MS | 48 | 36 | 344 | Zak Freeland | 31:30D1 | | Marshall Milton Keynes AC | M20 | 7 | M | 202 | 4 Headington Road Runners | 2337 | 4 Bedford and County AC | 627 | 189 | 156 | 145 | 137 | | | | | | | | | | | | | | |
| MS | 49 | 37 | 480 | Tony Brady-Locke | 31:36D1 | | St Albans Striders | MS | 28 | M | 201 | 5 Redway Runners | 2114 | 5 Headington Road Runners | 588 | 169 | 154 | 136 | 129 | | | | | | | | | | | | | | |
| MS | 54 | 38 | 1160 | Andy Inchley | 31:58D1 | | Leighton Buzzard AC | M40 | 2 | M | 200 | 6 St Albans Striders | 2049 | 6 Tring Running Club | 563 | 181 | 151 | 133 | 98 | | | | | | | | | | | | | | |
| MS | 56 | 39 | 704 | Dean Childs | 32:01D1 | | Wycombe Phoenix | MS | 29 | M | 199 | 7 Wycombe Phoenix | 2031 | 7 Marshall Milton Keynes AC | 556 | 167 | 152 | | | | | | | | | | | | | | | | |

| | | | | | | | | |
|----|-----|-----|---------------------------|----------|---------------------------|-----|------|-----|
| MS | 82 | 60 | 959 Ben Beecroft | 33:16 D1 | Dacorum & Tring AC | M40 | 7 M | 178 |
| MS | 83 | 61 | 1221 Zac McDonough | 33:18 D1 | Watford Harriers | M5 | 39 M | 177 |
| MS | 84 | 52 | 1215 Stephen Blakey | 33:18 D1 | Watford Harriers | M5 | 40 M | 176 |
| MS | 85 | 63 | 1162 Tom Kimber | 33:19 D1 | Leighton Buzzard AC | M40 | 8 M | 175 |
| MS | 87 | 64 | 890 Sean Collum | 33:31 D1 | Dacorum & Tring AC | M5 | 41 M | 174 |
| MS | 88 | 65 | 706 Kieran Gilfedder | 33:32 D1 | Wycombe Phoenix | M5 | 42 M | 173 |
| MS | 89 | 66 | 6 Adam Shute | 33:33 D1 | Chiltern Harriers | M5 | 43 M | 172 |
| MS | 96 | 67 | 1155 Will Eastman | 33:55 D1 | Leighton Buzzard AC | M5 | 44 M | 171 |
| MS | 97 | 68 | 462 Stefano Federici | 33:57 D1 | St Albans Striders | M5 | 45 M | 170 |
| MS | 98 | 69 | 1407 Fergus Campbell | 34:00 D1 | Headington Road Runners | M50 | 3 M | 169 |
| MS | 99 | 70 | 1231 Stuart Ingham | 34:03 D1 | Watford Harriers | M50 | 4 M | 168 |
| MS | 100 | 71 | 326 Matt Clarke | 34:13 D1 | Marshall Milton Keynes AC | M40 | 9 M | 167 |
| MS | 101 | 72 | 1223 Liam Hinchelwood | 34:16 D1 | Watford Harriers | M40 | 10 M | 166 |
| MS | 102 | 73 | 1217 Geoff Gunn | 34:16 D1 | Watford Harriers | M5 | 51 M | 165 |
| MS | 103 | 74 | 1344 Tate Mayoh | 34:19 D1 | Tring Running Club | M5 | 46 M | 164 |
| MS | 104 | 75 | 885 Mike Carpenter | 34:19 D1 | Dacorum & Tring AC | M5 | 47 M | 163 |
| MS | 108 | 76 | 1222 Philip Riddleston | 34:28 D1 | Watford Harriers | M5 | 48 M | 162 |
| MS | 109 | 77 | 1161 Tom Inchley | 34:32 D1 | Leighton Buzzard AC | M40 | 11 M | 161 |
| MS | 111 | 78 | 1414 John Fenning | 34:36 D1 | Headington Road Runners | M5 | 49 M | 160 |
| MS | 113 | 79 | 2864 Stuart Read | 34:37 D1 | Leighton Buzzard AC | M40 | 12 M | 159 |
| MS | 114 | 80 | 2973 Paul Griffiths | 34:37 D1 | Leighton Buzzard AC | M5 | 50 M | 158 |
| MS | 115 | 81 | 751 Mark Baines | 34:37 D1 | Vale of Aylesbury AC | M5 | 51 M | 157 |
| MS | 116 | 82 | 640 Stuart Still | 34:38 D1 | Bedford and County AC | M50 | 6 M | 156 |
| MS | 117 | 83 | 810 Scott Ramsell | 34:42 D1 | Vale of Aylesbury AC | M5 | 52 M | 155 |
| MS | 119 | 84 | 1421 Mike Healey | 34:43 D1 | Headington Road Runners | M40 | 13 M | 154 |
| MS | 121 | 85 | 1494 Graham Frim Allin | 34:47 D1 | Bearbrook Running Club | M40 | 14 M | 153 |
| MS | 122 | 86 | 349 Jeremy Vick | 34:50 D1 | Marshall Milton Keynes AC | M40 | 15 M | 152 |
| MS | 123 | 87 | 1356 Simon Barnett | 34:51 D1 | Tring Running Club | M40 | 16 M | 151 |
| MS | 125 | 88 | 718 Tim Hogbin | 34:52 D1 | Wycombe Phoenix | M40 | 17 M | 150 |
| MS | 126 | 89 | 1156 Cameron Geekie | 34:53 D1 | Leighton Buzzard AC | M5 | 53 M | 149 |
| MS | 127 | 90 | 714 Frank Fulcher | 34:54 D1 | Wycombe Phoenix | M50 | 7 M | 148 |
| MS | 128 | 91 | 977 Simon Read | 34:58 D1 | Redway Runners | M40 | 18 M | 147 |
| MS | 129 | 92 | 992 Adam Stone | 34:59 D1 | Redway Runners | M5 | 54 M | 146 |
| MS | 130 | 93 | 624 Andy Blair | 35:00 D1 | Bedford and County AC | M50 | 8 M | 145 |
| MS | 133 | 94 | 915 Chris Marriott | 35:05 D1 | Dacorum & Tring AC | M5 | 55 M | 144 |
| MS | 134 | 95 | 2964 James Major | 35:06 D1 | Leighton Buzzard AC | M40 | 19 M | 143 |
| MS | 137 | 96 | 345 Alex Brent | 35:19 D1 | Marshall Milton Keynes AC | M20 | 14 M | 142 |
| MS | 138 | 97 | 737 Grant Coleman | 35:21 D1 | Wycombe Phoenix | M5 | 56 M | 141 |
| MS | 142 | 98 | 347 Stephen Ratcliffe | 35:25 D1 | Marshall Milton Keynes AC | M5 | 57 M | 140 |
| MS | 145 | 99 | 1489 Rob Palmer | 35:28 D1 | Bearbrook Running Club | M40 | 20 M | 139 |
| MS | 146 | 100 | 178 Michael Turney | 35:29 D1 | Chiltern Harriers | M50 | 9 M | 138 |
| MS | 147 | 101 | 626 Peter Deardon | 35:34 D1 | Bedford and County AC | M50 | 10 M | 137 |
| MS | 150 | 102 | 1409 Kenny Lowies | 35:36 D1 | Headington Road Runners | M50 | 11 M | 136 |
| MS | 152 | 103 | 1476 Dermot Martin | 35:39 D1 | Bearbrook Running Club | M40 | 21 M | 135 |
| MS | 154 | 104 | 1534 Paul Wright | 35:45 D1 | MK Distance Project | M5 | 58 M | 134 |
| MS | 156 | 105 | 1357 Mark Head | 35:46 D1 | Tring Running Club | M40 | 22 M | 133 |
| MS | 157 | 106 | 891 Benjamin Kenny | 35:48 D1 | Dacorum & Tring AC | M5 | 59 M | 132 |
| MS | 159 | 107 | 1152 Matthew Brooks | 35:50 D1 | Leighton Buzzard AC | M50 | 12 M | 131 |
| MS | 162 | 108 | 1230 Tim Maynard | 35:56 D1 | Watford Harriers | M40 | 23 M | 130 |
| MS | 164 | 109 | 1402 Richard Skellock | 36:03 D1 | Headington Road Runners | M40 | 24 M | 129 |
| MS | 165 | 110 | 1146 Bob Dickinson | 36:03 D1 | Leighton Buzzard AC | M5 | 60 M | 128 |
| MS | 166 | 111 | 995 William Shippin | 36:03 D1 | Redway Runners | M5 | 61 M | 127 |
| MS | 167 | 112 | 1166 Greg Pearce | 36:04 D1 | Leighton Buzzard AC | M5 | 62 M | 126 |
| MS | 169 | 113 | 971 Paul Clifford-Jones | 36:06 D1 | Redway Runners | M40 | 25 M | 125 |
| MS | 170 | 114 | 721 Clark Schofield | 36:10 D1 | Wycombe Phoenix | M40 | 26 M | 124 |
| MS | 171 | 115 | 1168 Warren Rose | 36:11 D1 | Leighton Buzzard AC | M50 | 13 M | 123 |
| MS | 173 | 116 | 456 Nigel Aston | 36:14 D1 | St Albans Striders | M50 | 14 M | 122 |
| MS | 174 | 117 | 758 Roger Seed | 36:14 D1 | Vale of Aylesbury AC | M50 | 15 M | 121 |
| MS | 175 | 118 | 337 Andrew Wassdell | 36:17 D1 | Marshall Milton Keynes AC | M40 | 27 M | 120 |
| MS | 176 | 119 | 733 Simon Hart | 36:21 D1 | Wycombe Phoenix | M40 | 28 M | 119 |
| MS | 178 | 120 | 1495 Simon Douglas | 36:29 D1 | Redway Runners | M5 | 63 M | 118 |
| MS | 182 | 121 | 325 Mark Downes | 36:39 D1 | Marshall Milton Keynes AC | M40 | 29 M | 117 |
| MS | 183 | 122 | 474 Michael Martin | 36:40 D1 | St Albans Striders | M5 | 64 M | 116 |
| MS | 184 | 123 | 990 Chris Lindsay | 36:40 D1 | Redway Runners | M40 | 30 M | 115 |
| MS | 185 | 124 | 979 Simon Billenness | 36:41 D1 | Redway Runners | M50 | 16 M | 114 |
| MS | 186 | 125 | 8 Richard Moss | 36:44 D1 | Chiltern Harriers | M40 | 31 M | 113 |
| MS | 188 | 126 | 1403 Oliver Robertson | 36:48 D1 | Headington Road Runners | M40 | 32 M | 112 |
| MS | 191 | 127 | 2852 Eliot Winter | 36:55 D1 | MK Distance Project | M5 | 65 M | 111 |
| MS | 193 | 128 | 497 Derek Fowler | 37:00 D1 | St Albans Striders | M40 | 33 M | 110 |
| MS | 194 | 129 | 1220 Mike Wood | 37:02 D1 | Watford Harriers | M40 | 34 M | 109 |
| MS | 195 | 130 | 2939 Paul Andrew | 37:04 D1 | Leighton Buzzard AC | M5 | 66 M | 108 |
| MS | 200 | 131 | 2962 Tim Inchley | 37:16 D1 | Leighton Buzzard AC | M40 | 35 M | 107 |
| MS | 201 | 132 | 1496 Simon Dales | 37:19 D1 | Headington Road Runners | M50 | 1 M | 106 |
| MS | 202 | 133 | 1512 Alistair Finn | 37:25 D1 | Bearbrook Running Club | M5 | 67 M | 105 |
| MS | 205 | 134 | 1405 Alan Darbyshire | 37:33 D1 | Headington Road Runners | M50 | 17 M | 104 |
| MS | 206 | 135 | 905 Matt Leese | 37:34 D1 | Dacorum & Tring AC | M40 | 36 M | 103 |
| MS | 207 | 136 | 1159 Adam Haylock | 37:35 D1 | Leighton Buzzard AC | M40 | 37 M | 102 |
| MS | 209 | 137 | 1153 Nick Clay | 37:39 D1 | Leighton Buzzard AC | M50 | 18 M | 101 |
| MS | 210 | 138 | 1193 Lee McIvor | 37:42 D1 | Watford Harriers | M40 | 38 M | 100 |
| MS | 211 | 139 | 1423 Christopher Woodruff | 37:43 D1 | Headington Road Runners | M60 | 2 M | 99 |
| MS | 212 | 140 | 1365 Paul Allen | 37:48 D1 | Tring Running Club | M50 | 19 M | 98 |
| MS | 214 | 141 | 351 Steve Withers | 37:53 D1 | Marshall Milton Keynes AC | M40 | 39 M | 97 |
| MS | 215 | 142 | 27 Ian Lawson | 37:56 D1 | Chiltern Harriers | M50 | 20 M | 96 |
| MS | 216 | 143 | 1232 Nimalanathan | 37:59 D1 | Watford Harriers | M5 | 68 M | 95 |
| MS | 221 | 144 | 1468 Doug Simpson | 38:02 D1 | Headington Road Runners | M50 | 21 M | 94 |
| MS | 222 | 145 | 711 Shaun Chillingworth | 38:12 D1 | Wycombe Phoenix | M40 | 40 M | 93 |
| MS | 225 | 146 | 180 Chris Lower | 38:20 D1 | Chiltern Harriers | M5 | 69 M | 92 |
| MS | 226 | 147 | 1401 John Griffiths | 38:21 D1 | Headington Road Runners | M60 | 3 M | 91 |
| MS | 227 | 148 | 1360 Christian Olley | 38:27 D1 | Tring Running Club | M40 | 41 M | 90 |
| MS | 228 | 149 | 760 Tim Jones | 38:30 D1 | Vale of Aylesbury AC | M60 | 4 M | 89 |
| MS | 229 | 150 | 753 James Davis | 38:34 D1 | Vale of Aylesbury AC | M5 | 70 M | 88 |
| MS | 233 | 151 | 1424 Laurie Wilkinson | 38:48 D1 | Headington Road Runners | M5 | 71 M | 87 |
| MS | 234 | 152 | 1163 James Lowe | 38:49 D1 | Leighton Buzzard AC | M40 | 42 M | 86 |
| MS | 236 | 153 | 340 Danny Simmons | 38:52 D1 | Marshall Milton Keynes AC | M5 | 72 M | 85 |
| MS | 237 | 154 | 1219 Mick Stanbridge | 38:54 D1 | Watford Harriers | M40 | 43 M | 84 |
| MS | 238 | 155 | 1445 Stuart Dimmock | 38:55 D1 | Leighton Buzzard AC | M40 | 44 M | 83 |
| MS | 241 | 156 | 1158 Nassim Gribi | 38:59 D1 | Leighton Buzzard AC | M5 | 73 M | 82 |
| MS | 242 | 157 | 1128 Keith Farrell | 38:59 D1 | Leighton Buzzard AC | M40 | 45 M | 81 |
| MS | 244 | 158 | 1471 James Powell | 39:02 D1 | Bearbrook Running Club | M40 | 46 M | 80 |
| MS | 245 | 159 | 1396 Roland Kemp | 39:03 D1 | Tring Running Club | M40 | 47 M | 79 |
| MS | 249 | 160 | 338 Martin Brent | 39:09 D1 | Marshall Milton Keynes AC | M50 | 22 M | 78 |
| MS | 250 | 161 | 458 Paul Durbin | 39:11 D1 | St Albans Striders | M50 | 23 M | 77 |
| MS | 253 | 162 | 1169 Matt Stryka | 39:20 D1 | Leighton Buzzard AC | M40 | 48 M | 76 |
| MS | 254 | 163 | 898 Steven Russell | 39:35 D1 | Dacorum & Tring AC | M50 | 24 M | 75 |
| MS | 256 | 164 | 998 Dan Hippey | 39:38 D1 | Redway Runners | M40 | 49 M | 74 |
| MS | 259 | 165 | 994 Sam Daniels | 39:43 D1 | Redway Runners | M40 | 50 M | 73 |
| MS | 260 | 166 | 2249 Wright | 39:44 D1 | Chiltern Harriers | M40 | 51 M | 72 |
| MS | 261 | 167 | 1227 Adrian Greenwood | 39:45 D1 | Watford Harriers | M50 | 25 M | 71 |
| MS | 262 | 168 | 459 Colin Braybrook | 39:48 D1 | St Albans Striders | M60 | 5 M | 70 |
| MS | 263 | 169 | 986 Richard Doherty | 39:53 D1 | Redway Runners | M40 | 52 M | 69 |
| MS | 264 | 170 | 1571 Stuart Middleton | 39:57 D1 | St Albans Striders | M40 | 53 M | 68 |
| MS | 266 | 171 | 1551 Stuart Sindair | 39:59 D1 | MK Distance Project | M50 | 26 M | 67 |
| MS | 268 | 172 | 754 Adam Johnson | 40:03 D1 | Vale of Aylesbury AC | M5 | 74 M | 66 |
| MS | 271 | 173 | 1392 Paul Bayley | 40:12 D1 | Tring Running Club | M40 | 54 M | 65 |
| MS | 272 | 174 | 1509 Simon Griffiths | 40:22 D1 | Bearbrook Running Club | M50 | 27 M | 64 |
| MS | 275 | 175 | 1391 Andy Neill | 40:27 D1 | Tring Running Club | M50 | 28 M | 63 |
| MS | 277 | 176 | 921 Andy Moody | 40:31 D1 | Dacorum & Tring AC | M40 | 55 M | 62 |
| MS | 278 | 177 | 895 Bill Wylie | 40:35 D1 | Dacorum & Tring AC | M40 | 56 M | 61 |
| MS | 281 | 178 | 1496 Mike Lemon | 40:42 D1 | Bearbrook Running Club | M50 | 29 M | 60 |
| MS | 282 | 179 | 1717 Mike Taylor | 40:44 D1 | Wycombe Phoenix | M50 | 30 M | 59 |
| MS | 289 | 180 | 470 Max Campbell | 40:56 D1 | St Albans Striders | M50 | 31 M | 58 |
| MS | 291 | 181 | 1373 Clive Cohen | 41:01 D1 | Tring Running Club | M60 | 6 M | 57 |
| MS | 292 | 182 | 747 Ben Wise | 41:01 D1 | Wycombe Phoenix | M5 | 75 M | 56 |
| MS | 295 | 183 | 1472 Chris Butler | 41:10 D1 | Bearbrook Running Club | M40 | 57 M | 55 |
| MS | 296 | 184 | 1361 Christopher Vile | 41:10 D1 | Tring Running Club | M40 | 58 M | 54 |
| MS | 298 | 185 | 1495 Darren Corsby | 41:23 D1 | Bearbrook Running Club | M50 | 32 M | 53 |
| MS | 301 | 186 | 164 Neil Bates | 41:31 D1 | Chiltern Harriers | M5 | 76 M | 52 |
| MS | 302 | 187 | 1370 Mark Tikaram | 41:32 D1 | Tring Running Club | M50 | 33 M | 51 |
| MS | 304 | 188 | 985 Luke Chambers | 41:40 D1 | Redway Runners | M5 | 77 M | 50 |
| MS | 305 | 189 | 321 John Skelton | 41:41 D1 | Marshall Milton Keynes AC | M70 | 1 M | 49 |
| MS | 306 | 190 | 1218 Simon Beedford-Tongs | 41:42 D1 | Watford Harriers | M5 | 78 M | 48 |
| MS | 307 | 191 | 457 Martin Halling | 41:51 D1 | St Albans Striders | M60 | 7 M | 47 |
| MS | 309 | 192 | 1378 Chris Nicholls | 42:02 D1 | Tring Running Club | M50 | 34 M | 46 |
| MS | 311 | 193 | 15 Tim Hipgrave | 42:10 D1 | Chiltern Harriers | M40 | 59 M | 45 |
| MS | 312 | 194 | 756 Trevor Lynch | 42:14 D1 | Vale of Aylesbury AC | M50 | 35 M | 44 |
| MS | 313 | 195 | 2968 Dan Webb | 42:18 D1 | Leighton Buzzard AC | M40 | 60 M | 43 |
| MS | 317 | 196 | 353 Paul Sutherland | 42:37 D1 | Marshall Milton Keynes AC | M50 | 36 M | 42 |
| MS | 318 | 197 | 308 Tim Pearce | 42:39 D1 | Marshall Milton Keynes AC | M40 | 61 M | 41 |
| MS | 321 | 198 | 1488 Ian Higginson | 42:47 D1 | Bearbrook Running Club | M50 | 37 M | 40 |
| MS | 322 | 199 | 1154 Chris Dimmock | 42:56 D1 | Leighton Buzzard AC | M5 | 38 M | 39 |
| MS | 323 | 200 | 952 Ashley Baker | 42:58 D1 | Dacorum & Tring AC | M5 | 79 M | 38 |
| MS | 324 | 201 | 757 Alan Roberts | 43:05 D1 | Vale of Aylesbury AC | M50 | 39 M | 37 |

| | | | | | | | | | |
|----|-----|-----|------|-----------------------|----------|------------------------------------|-----|-----|----|
| MS | 325 | 202 | 175 | Dominic Schulte | 43:23 D1 | Chiltern Harriers | M50 | 40M | 36 |
| MS | 326 | 203 | 1377 | Jon Salmon | 43:24 D1 | Tring Running Club | M60 | 8M | 35 |
| MS | 327 | 204 | 1387 | Rick Ansell | 43:25 D1 | Tring Running Club | M60 | 9M | 34 |
| MS | 328 | 205 | 951 | Matthew Halliwell | 43:32 D1 | Dacorum & Tring AC | M5 | 80M | 33 |
| MS | 329 | 206 | 1432 | Angus Grant | 43:35 D1 | Headington Road Runners | M40 | 62M | 32 |
| MS | 332 | 207 | 923 | Martin Gill | 43:38 D1 | Dacorum & Tring AC | M50 | 41M | 31 |
| MS | 333 | 208 | 1368 | Stuart Fogarty | 43:41 D1 | Tring Running Club | M50 | 42M | 30 |
| MS | 335 | 209 | 1151 | James Bell | 43:43 D1 | Leighton Buzzard AC | M50 | 43M | 29 |
| MS | 337 | 210 | 1031 | Roy Taylor | 43:47 D1 | Redway Runners | M50 | 44M | 28 |
| MS | 338 | 211 | 811 | Andy Stephenson | 43:50 D1 | Vale of Aylesbury AC | M50 | 45M | 27 |
| MS | 339 | 212 | 1029 | Roger Hobbs | 43:55 D1 | Redway Runners | M60 | 10M | 26 |
| MS | 342 | 213 | 354 | Philip Gazard | 43:59 D1 | Marshall Milton Keynes AC | M50 | 46M | 25 |
| MS | 344 | 214 | 730 | Simon Evans | 44:17 D1 | Wycombe Phoenix | M40 | 63M | 24 |
| MS | 345 | 215 | 908 | Simon Whiting | 44:27 D1 | Dacorum & Tring AC | M40 | 64M | 23 |
| MS | 350 | 216 | 466 | Anthony Bunker | 44:47 D1 | St Albans Striders | M40 | 65M | 22 |
| MS | 351 | 217 | 29 | Phil Damas | 44:48 D1 | Chiltern Harriers | M50 | 47M | 21 |
| MS | 353 | 218 | 455 | Michael Jack | 44:54 D1 | St Albans Striders | M60 | 11M | 20 |
| MS | 354 | 219 | 24 | John Couvts | 44:58 D1 | Chiltern Harriers | M50 | 48M | 19 |
| MS | 357 | 220 | 488 | Mark Stevens | 45:18 D1 | St Albans Striders | M40 | 66M | 18 |
| MS | 362 | 221 | 1228 | Kevin Clark | 45:57 D1 | Watford Harriers | M50 | 49M | 17 |
| MS | 365 | 222 | 902 | John Stevens | 46:19 D1 | Dacorum & Tring AC | M60 | 12M | 16 |
| MS | 367 | 223 | 1381 | Leendert van de Linde | 46:32 D1 | Tring Running Club | M50 | 50M | 15 |
| MS | 368 | 224 | 982 | Matthew Cleary | 46:33 D1 | Redway Runners | M40 | 67M | 14 |
| MS | 370 | 225 | 346 | Stewart Fraser | 46:42 D1 | Marshall Milton Keynes AC | M60 | 13M | 13 |
| MS | 376 | 226 | 1473 | Tony Barrows | 47:40 D1 | Bearbrook Running Club | M60 | 14M | 12 |
| MS | 377 | 227 | 1573 | Gilbert Wilson | 47:41 D1 | Redway Runners | M50 | 51M | 11 |
| MS | 380 | 228 | 900 | Philip Pugh | 48:14 D1 | Dacorum & Tring AC | M60 | 15M | 10 |
| MS | 381 | 229 | 699 | Jeremy Mitchell | 48:26 D1 | Wycombe Phoenix | M50 | 52M | 9 |
| MS | 385 | 230 | 1412 | Philip Lister | 49:28 D1 | Headington Road Runners | M60 | 16M | 8 |
| MS | 386 | 231 | 1295 | Tony Millett | 49:35 D1 | Windsor, Slough Eton & Hounslow AC | M60 | 17M | 7 |
| MS | 387 | 232 | 1030 | Kevin Taylor | 49:54 D1 | Redway Runners | M50 | 53M | 6 |
| MS | 388 | 233 | 486 | Mark Travers | 49:56 D1 | St Albans Striders | M50 | 54M | 5 |
| MS | 389 | 234 | 1522 | Liam Bunn | 50:12 D1 | MK Distance Project | M5 | 81M | 4 |
| MS | 390 | 235 | 327 | Peter Tye | 50:20 D1 | Marshall Milton Keynes AC | M50 | 55M | 3 |
| MS | 394 | 236 | 28 | Trevor Brawn | 51:47 D1 | Chiltern Harriers | M70 | 2M | 2 |
| MS | 395 | 237 | 961 | Peter Stansbury | 52:27 D1 | Dacorum & Tring AC | M50 | 56M | 1 |

| Under 17 Men | | | | | | | | | | | | | | | | | | |
|--------------|-----|-----|--------------|-------------------|----------|---------------------------|-----|-----|-----|-----|------------------------------------|-------------------|-------|------------------------------------|----|----|----|----|
| Race | Mob | No. | Under 17 Men | Time | Div | Club | Cat | Pos | M/F | Pts | M17 overall after 4 Matches | Under 17 Men Team | Total | 1 | 2 | 3 | 4 | |
| M17 | 3 | 1 | 557 | Euan Supple | 19:57 D1 | Bedford and County AC | M17 | 1M | 1M | 19 | 1 | Chiltern Harriers | 320 | 1 | 2 | 3 | 4 | |
| M17 | 4 | 2 | 672 | Rollo Parry | 20:00 D1 | Wycombe Phoenix | M17 | 2M | 18 | 2 | Windsor, Slough Eton & Hounslow AC | 266 | 2 | Chiltern Harriers | 38 | 17 | 13 | 8 |
| M17 | 8 | 3 | 145 | Laurie Gawne | 20:22 D1 | Chiltern Harriers | M17 | 3M | 17 | 3 | Marshall Milton Keynes AC | 244 | 3 | Bedford and County AC | 25 | 19 | 6 | |
| M17 | 9 | 4 | 296 | Kian Nicholson | 20:24 D1 | Marshall Milton Keynes AC | M17 | 4M | 16 | 4 | Bedford and County AC | 155 | 4 | Wycombe Phoenix | 23 | 18 | 5 | |
| M17 | 10 | 5 | 1185 | Archie Marshall | 20:27 D1 | Watford Harriers | M17 | 5M | 15 | 5 | Vale of Aylesbury AC | 143 | 5 | Vale of Aylesbury AC | 19 | 10 | 7 | 2 |
| M17 | 12 | 6 | 298 | Harry Totton | 20:38 D1 | Marshall Milton Keynes AC | M17 | 6M | 14 | 6 | Wycombe Phoenix | 142 | 6 | Watford Harriers | 15 | 15 | | |
| M17 | 14 | 7 | 142 | Sammy Bennetts | 20:54 D1 | Chiltern Harriers | M17 | 7M | 13 | 7 | Watford Harriers | 82 | 7 | Leighton Buzzard AC | 9 | 9 | | |
| M17 | 15 | 8 | 291 | Samuel Wright | 21:18 D1 | Marshall Milton Keynes AC | M17 | 8M | 12 | 8 | Leighton Buzzard AC | 46 | 8 | Redway Runners | 4 | 4 | | |
| M17 | 16 | 9 | 300 | Joshua Edwards | 21:26 D1 | Marshall Milton Keynes AC | M17 | 9M | 11 | 9 | Redway Runners | 31 | 9 | Dacorum & Tring AC | 3 | 3 | | |
| M17 | 17 | 10 | 780 | Thomas Young | 21:42 D1 | Vale of Aylesbury AC | M17 | 10M | 10 | 10 | Dacorum & Tring AC | 15 | 10 | Windsor, Slough Eton & Hounslow AC | | | | |
| M17 | 18 | 11 | 1109 | Sid Mead | 21:47 D1 | Leighton Buzzard AC | M17 | 11M | 9 | 11 | Bearbrook Running Club | 1 | 11 | Bearbrook Running Club | | | | |
| M17 | 19 | 12 | 159 | Ash Finch | 21:59 D1 | Chiltern Harriers | M17 | 12M | 8 | 12 | Headington Road Runners | 8 | 12 | Headington Road Runners | 64 | 29 | 20 | 15 |
| M17 | 21 | 13 | 779 | Ewan Maxwell | 22:04 D1 | Vale of Aylesbury AC | M17 | 13M | 7 | 13 | MK Distance Project | | 13 | MK Distance Project | | | | |
| M17 | 22 | 14 | 550 | Ethan Cairns | 22:14 D1 | Bedford and County AC | M17 | 14M | 6 | 14 | St Albans Striders | | 14 | St Albans Striders | | | | |
| M17 | 24 | 15 | 723 | Finn Heron | 23:37 D1 | Wycombe Phoenix | M17 | 15M | 5 | 15 | Tring Running Club | | 15 | Tring Running Club | | | | |
| M17 | 25 | 16 | 1062 | Oscar Hasleop | 23:38 D1 | Redway Runners | M17 | 16M | 4 | | | | | | | | | |
| M17 | 26 | 17 | 870 | Ernie Olima | 24:22 D1 | Dacorum & Tring AC | M17 | 17M | 3 | | | | | | | | | |
| M17 | 27 | 18 | 778 | Alex Hodson | 24:33 D1 | Vale of Aylesbury AC | M17 | 18M | 2 | | | | | | | | | |
| M17 | 28 | 19 | 287 | Dylan Hollinshead | 26:41 D1 | Marshall Milton Keynes AC | M17 | 19M | 1 | | | | | | | | | |

| Under 15 Boys | | | | | | | | | | | | | | | | | | | | | |
|---------------|-----|----|------|----------------------|----------|---------------------------|------|-----|-----|-----|-----|------------------------------------|--------------------|-------|------------------------------------|-------------------|-----|----|----|----|----|
| Race | Mob | D1 | No. | Under 15 Boys | Time | Div | Club | Cat | Pos | M/F | Pts | M15 overall after 4 Matches | Under 15 Boys Team | Total | 1 | 2 | 3 | 4 | | | |
| M15 | 1 | 1 | 105 | Aiden Miller | 14:55 D1 | Chiltern Harriers | M15 | 1M | 1M | 31 | 1 | 1 | Chiltern Harriers | 543 | 1 | Chiltern Harriers | 114 | 31 | 30 | 27 | 26 |
| M15 | 2 | 2 | 112 | Daniel Wilson | 15:01 D1 | Chiltern Harriers | M15 | 2M | 30 | 2 | 2 | Bedford and County AC | 325 | 2 | Bedford and County AC | 64 | 29 | 20 | 15 | | |
| M15 | 3 | 3 | 540 | Cameron Barnes | 15:28 D1 | Bedford and County AC | M15 | 3M | 29 | 3 | 3 | St Albans Striders | 325 | 3 | St Albans Striders | 63 | 24 | 18 | 11 | 10 | |
| M15 | 4 | 4 | 686 | Ibrahim Achchi | 15:35 D1 | Wycombe Phoenix | M15 | 4M | 28 | 4 | 4 | Windsor, Slough Eton & Hounslow AC | 321 | 4 | Wycombe Phoenix | 51 | 28 | 21 | 2 | | |
| M15 | 5 | 5 | 118 | Rowan Gawne | 15:36 D1 | Chiltern Harriers | M15 | 5M | 27 | 5 | 5 | Marshall Milton Keynes AC | 228 | 5 | Marshall Milton Keynes AC | 50 | 17 | 16 | 12 | 5 | |
| M15 | 6 | 6 | 111 | Alex Hughes | 15:45 D1 | Chiltern Harriers | M15 | 6M | 26 | 6 | 6 | Watford Harriers | 173 | 6 | Watford Harriers | 32 | 19 | 13 | | | |
| M15 | 7 | 7 | 110 | Maximilian Baxter | 15:53 D1 | Chiltern Harriers | M15 | 7M | 25 | 7 | 7 | Wycombe Phoenix | 142 | 7 | Leighton Buzzard AC | 16 | 8 | 4 | 3 | 1 | |
| M15 | 9 | 8 | 375 | Samuel Muldoon | 16:28 D1 | St Albans Striders | M15 | 8M | 24 | 8 | 8 | Dacorum & Tring AC | 106 | 8 | Redway Runners | 6 | 6 | | | | |
| M15 | 10 | 9 | 119 | Rory Hilton | 16:37 D1 | Chiltern Harriers | M15 | 9M | 23 | 9 | 9 | Leighton Buzzard AC | 48 | 9 | Windsor, Slough Eton & Hounslow AC | | | | | | |
| M15 | 11 | 10 | 107 | Euan Pinder | 16:43 D1 | Chiltern Harriers | M15 | 10M | 22 | 10 | 10 | Tring Running Club | 47 | 10 | Dacorum & Tring AC | | | | | | |
| M15 | 14 | 11 | 685 | Casper Chillingworth | 16:55 D1 | Wycombe Phoenix | M15 | 11M | 21 | 11 | 11 | MK Distance Project | 37 | 11 | Tring Running Club | | | | | | |
| M15 | 15 | 12 | 542 | Austin Cole | 16:56 D1 | Bedford and County AC | M15 | 12M | 20 | 12 | 12 | Redway Runners | 33 | 12 | Vale of Aylesbury AC | | | | | | |
| M15 | 16 | 13 | 1175 | Oliver Cooper | 16:57 D1 | Watford Harriers | M15 | 13M | 19 | 13 | 13 | Vale of Aylesbury AC | 6 | 13 | Bearbrook Running Club | | | | | | |
| M15 | 17 | 14 | 374 | Matthew Nicholls | 16:59 D1 | St Albans Striders | M15 | 14M | 18 | 14 | 14 | Bearbrook Running Club | | 14 | Headington Road Runners | | | | | | |
| M15 | 21 | 15 | 275 | Maxwell Newman | 17:10 D1 | Marshall Milton Keynes AC | M15 | 15M | 17 | 15 | 15 | Headington Road Runners | | 15 | MK Distance Project | | | | | | |
| M15 | 25 | 16 | 269 | Elias Skaarup | 17:23 D1 | Marshall Milton Keynes AC | M15 | 16M | 16 | | | | | | | | | | | | |
| M15 | 27 | 17 | 546 | Daniel Smith | 17:27 D1 | Bedford and County AC | M15 | 17M | 15 | | | | | | | | | | | | |
| M15 | 28 | 18 | 150 | Max Roughton | 17:28 D1 | Chiltern Harriers | M15 | 18M | 14 | | | | | | | | | | | | |
| M15 | 31 | 19 | 1176 | James Ingham | 17:37 D1 | Watford Harriers | M15 | 19M | 13 | | | | | | | | | | | | |
| M15 | 33 | 20 | 273 | Alex Granfelt | 17:39 D1 | Marshall Milton Keynes AC | M15 | 20M | 12 | | | | | | | | | | | | |
| M15 | 38 | 21 | 396 | Joshua Banfield | 18:03 D1 | St Albans Striders | M15 | 21M | 11 | | | | | | | | | | | | |
| M15 | 39 | 22 | 395 | Nicholas Salmon | 18:32 D1 | St Albans Striders | M15 | 22M | 10 | | | | | | | | | | | | |
| M15 | 40 | 23 | 376 | Cameron Jump | 18:34 D1 | St Albans Striders | M15 | 23M | 9 | | | | | | | | | | | | |
| M15 | 43 | 24 | 1107 | Harrison | 18:42 D1 | Leighton Buzzard AC | M15 | 24M | 8 | | | | | | | | | | | | |
| M15 | 48 | 25 | 1109 | Mistry | 19:07 D1 | Chiltern Harriers | M15 | 25M | 7 | | | | | | | | | | | | |
| M15 | 49 | 26 | 1051 | Toby Sapewell | 19:12 D1 | Redway Runners | M15 | 26M | 6 | | | | | | | | | | | | |
| M15 | 51 | 27 | 270 | Reece Perkins | 19:21 D1 | Marshall Milton Keynes AC | M15 | 27M | 5 | | | | | | | | | | | | |
| M15 | 53 | 28 | 1108 | George Perkins | 19:58 D1 | Leighton Buzzard AC | M15 | 28M | 4 | | | | | | | | | | | | |
| M15 | 55 | 29 | 1106 | Ash Carter | 21:09 D1 | Leighton Buzzard AC | M15 | 29M | 3 | | | | | | | | | | | | |
| M15 | 56 | 30 | 748 | Daniel Cogan | 21:22 D1 | Wycombe Phoenix | M15 | 30M | 2 | | | | | | | | | | | | |
| M15 | 58 | 31 | 2935 | Jacob Lee | 23:33 D1 | Leighton Buzzard AC | M15 | 31M | 1 | | | | | | | | | | | | |

| Under 13 Boys | | | | | | | | | | | | | | | | | | | | | |
|---------------|-----|----|------|-----------------------------|----------|---------------------------|------|-----|-----|-----|-----|-----------------------------|------------------------------------|-------|---|---------------------------|-----|----|----|----|----|
| Race | Mob | D1 | No. | Under 13 Boys | Time | Div | Club | Cat | Pos | M/F | Pts | M13 overall after 4 Matches | Under 13 Boys Team | Total | 1 | 2 | 3 | 4 | | | |
| M13 | 1 | 1 | 78 | Tom Ford | 9:56 D1 | Chiltern Harriers | M13 | 1M | 52 | 1 | 1 | 1 | Chiltern Harriers | 680 | 1 | Chiltern Harriers | 194 | 52 | 50 | 49 | 43 |
| M13 | 2 | 2 | 229 | Jacques Smith | 10:12 D1 | Marshall Milton Keynes AC | M13 | 2M | 51 | 2 | 2 | 2 | Marshall Milton Keynes AC | 629 | 2 | Marshall Milton Keynes AC | 165 | 51 | 44 | 37 | 33 |
| M13 | 3 | 3 | 77 | Felix Danielli | 10:19 D1 | Chiltern Harriers | M13 | 3M | 50 | 3 | 3 | 3 | Bedford and County AC | 446 | 3 | Bedford and County AC | 150 | 47 | 38 | 35 | 30 |
| M13 | 4 | 4 | 53 | James Holdsworth | 10:21 D1 | Chiltern Harriers | M13 | 4M | 49 | 4 | 4 | 4 | Vale of Aylesbury AC | 379 | 4 | St Albans Striders | 139 | 48 | 36 | 32 | 23 |
| M13 | 5 | 5 | 418 | Luke Carlin | 10:27 D1 | St Albans Striders | M13 | 5M | 48 | 5 | 5 | 5 | St Albans Striders | 319 | 5 | Vale of Aylesbury AC | 111 | 46 | 28 | 25 | 12 |
| M13 | 8 | 6 | 619 | Harry Scott | 10:37 D1 | Bedford and County AC | M13 | 6M | 47 | 6 | 6 | 6 | Wycombe Phoenix | 269 | 6 | Wycombe Phoenix | 81 | 31 | 19 | 17 | 14 |
| M13 | 9 | 7 | 766 | Emilie Janzen Van Rensburgh | 10:38 D1 | Vale of Aylesbury AC | M13 | 7M | 46 | 7 | 7 | 7 | MK Distance Project | 215 | 7 | MK Distance Project | 45 | 45 | | | |
| M13 | 12 | 8 | 1543 | Morgan Bunn | 10:47 D1 | MK Distance Project | M13 | 8M | 45 | 8 | 8 | 8 | Windsor, Slough Eton & Hounslow AC | 150 | 8 | Watford Harriers | 40 | 40 | | | |
| M13 | 13 | 9 | 230 | Eddie Hartigan | 10:48 D1 | Marshall Milton Keynes AC | M13 | 9M | 44 | 9 | 9 | 9 | Redway Runners | 127 | 9 | Redway Runners | 26 | 26 | | | |

| M13 | | 73 51 | | 695 Samuel MacRae | | 14:30 D1 | | Wycombe Phoenix | | M13 51M | | 2 | | | | | | | | | | | |
|--------------|-----|-------|------|--------------------|----------|----------|------------------------------------|---------------------|------|---------|-----|---------------------------------------|---------------------------|---------------------------------------|----------|----------|----------|----------|-----|-----|-----|---|--|
| M13 | | 75 52 | | 1095 Nathan Green | | 15:30 D1 | | Leighton Buzzard AC | | M13 52M | | 1 | | | | | | | | | | | |
| Senior Women | | | | | | | | | | | | | | | | | | | | | | | |
| Race | Mob | D1 | No. | Senior Women | Time | Div | Club | Cat | Pos | M/F | Pts | Seniors overall after 4 Matches | | Senior Women Team | | Total | 1 | 2 | 3 | 4 | 5 | 6 | |
| FS | 1 | 1 | 56 | Hannah Wardley | 21:53 D1 | | Chiltern Harriers | FS | 1 F | | 129 | 1 Dacorum & Tring AC | 2464 | 1 Dacorum & Tring AC | 701 | 128 | 127 | 122 | 116 | 111 | 97 | | |
| FS | 3 | 2 | 944 | Kate Rennie | 22:01 D1 | | Dacorum & Tring AC | F45 | 1 F | | 128 | 2 Chiltern Harriers | 2414 | 2 Chiltern Harriers | 671 | 129 | 119 | 110 | 106 | 104 | 103 | | |
| FS | 6 | 3 | 929 | Katy Warren | 22:32 D1 | | Dacorum & Tring AC | FS | 2 F | | 127 | 3 Marshall Milton Keynes AC | 2097 | 3 St Albans Striders | 573 | 115 | 109 | 98 | 93 | 81 | 77 | | |
| FS | 7 | 4 | 303 | Lara Bromlow | 22:33 D1 | | Marshall Milton Keynes AC | F35 | 1 F | | 126 | 4 Leighton Buzzard AC | 1890 | 4 Headington Road Runners | 549 | 125 | 120 | 94 | 85 | 65 | 60 | | |
| FS | 8 | 5 | 1455 | Emily Strathead | 22:38 D1 | | Headington Road Runners | FS | 3 F | | 125 | 5 St Albans Striders | 1812 | 5 Leighton Buzzard AC | 529 | 114 | 112 | 80 | 76 | 75 | 72 | | |
| FS | 9 | 6 | 726 | Ana Montgomery | 22:58 D1 | | Wycombe Phoenix | FS | 4 F | | 124 | 6 Headington Road Runners | 1780 | 6 Marshall Milton Keynes AC | 496 | 126 | 118 | 108 | 105 | 78 | 11 | | |
| FS | 11 | 7 | 618 | Josie Smith | 23:09 D1 | | Bedford and County AC | FS | 5 F | | 123 | 7 Wycombe Phoenix | 1703 | 7 Redway Runners | 405 | 107 | 87 | 82 | 44 | 43 | 42 | | |
| FS | 12 | 8 | 963 | Phillipa Lowe | 23:15 D1 | | Dacorum & Tring AC | FS | 6 F | | 122 | 8 Bedford and County AC | 1569 | 8 Bedford and County AC | 369 | 123 | 117 | 88 | 41 | | | | |
| FS | 13 | 9 | 762 | Sophie Delderfield | 23:20 D1 | | Vale of Aylesbury AC | F35 | 2 F | | 121 | 9 Redway Runners | 1312 | 9 Vale of Aylesbury AC | 251 | 121 | 91 | 39 | | | | | |
| FS | 16 | 10 | 1461 | Leona Brown | 23:32 D1 | | Headington Road Runners | FS | 7 F | | 120 | 10 Tring Running Club | 1114 | 10 Tring Running Club | 249 | 99 | 58 | 48 | 16 | 15 | 13 | | |
| FS | 17 | 11 | 97 | Ellie Bates | 23:42 D1 | | Chiltern Harriers | FS | 8 F | | 119 | 11 Bearbrook Running Club | 1053 | 11 Bearbrook Running Club | 246 | 67 | 66 | 54 | 27 | 18 | 14 | | |
| FS | 18 | 12 | 309 | Abby Roskilly | 23:44 D1 | | Marshall Milton Keynes AC | FS | 9 F | | 118 | 12 Watford Harriers | 780 | 12 Watford Harriers | 229 | 113 | 52 | 31 | 29 | 4 | | | |
| FS | 19 | 13 | 609 | Ellie Still | 23:46 D1 | | Bedford and County AC | FS | 10 F | | 117 | 13 Vale of Aylesbury AC | 753 | 13 Wycombe Phoenix | 220 | 124 | 96 | | | | | | |
| FS | 20 | 14 | 955 | Samantha Fawcett | 23:51 D1 | | Dacorum & Tring AC | F35 | 3 F | | 116 | 14 Windsor, Slough Eton & Hounslow AC | 682 | 14 Windsor, Slough Eton & Hounslow AC | 124 | 101 | 23 | | | | | | |
| FS | 22 | 15 | 528 | Lucy Jones | 24:18 D1 | | St Albans Striders | FS | 11 F | | 115 | 15 MK Distance Project | 142 | 15 MK Distance Project | 45 | 45 | | | | | | | |
| FS | 23 | 16 | 2863 | Rachel Fawcett | 24:24 D1 | | Leighton Buzzard AC | F45 | 2 F | | 114 | Veteran Women Team | Veteran Women Team | Total | 1 | 2 | 3 | 4 | | | | | |
| FS | 24 | 17 | 1239 | Claire Bentley | 24:27 D1 | | Watford Harriers | FS | 12 F | | 113 | 1 Dacorum & Tring AC | 1621 | 1 Dacorum & Tring AC | 452 | 128 | 116 | 111 | 97 | | | | |
| FS | 25 | 18 | 1140 | Jo Sharples | 24:31 D1 | | Leighton Buzzard AC | FS | 13 F | | 111 | 2 Chiltern Harriers | 1466 | 2 Chiltern Harriers | 401 | 104 | 103 | 102 | 92 | | | | |
| FS | 26 | 19 | 933 | Jess Gray | 24:33 D1 | | Dacorum & Tring AC | F35 | 4 F | | 112 | 3 Marshall Milton Keynes AC | 954 | 3 Redway Runners | 320 | 107 | 87 | 82 | 44 | | | | |
| FS | 28 | 20 | 158 | Jessie Keighley | 24:47 D1 | | Chiltern Harriers | FS | 14 F | | 110 | 4 Leighton Buzzard AC | 937 | 4 St Albans Striders | 309 | 93 | 81 | 71 | 64 | | | | |
| FS | 29 | 21 | 529 | Hannah Burkhardt | 24:49 D1 | | St Albans Striders | FS | 15 F | | 109 | 5 Headington Road Runners | 926 | 5 Leighton Buzzard AC | 309 | 114 | 72 | 62 | 61 | | | | |
| FS | 30 | 22 | 348 | Emily Jones | 24:57 D1 | | Marshall Milton Keynes AC | FS | 16 F | | 108 | 6 Tring Running Club | 899 | 6 Headington Road Runners | 304 | 94 | 85 | 65 | 60 | | | | |
| FS | 31 | 23 | 1011 | Kenifer Sangster | 25:06 D1 | | Redway Runners | F45 | 3 F | | 107 | 7 St Albans Striders | 875 | 7 Marshall Milton Keynes AC | 270 | 126 | 105 | 28 | 11 | | | | |
| FS | 32 | 24 | 31 | Alicia Bushell | 25:10 D1 | | Chiltern Harriers | FS | 17 F | | 106 | 8 Redway Runners | 846 | 8 Vale of Aylesbury AC | 251 | 121 | 91 | 39 | | | | | |
| FS | 34 | 25 | 350 | Sophie Gibbens | 25:14 D1 | | Marshall Milton Keynes AC | F35 | 5 F | | 105 | 9 Bearbrook Running Club | 831 | 9 Tring Running Club | 221 | 99 | 58 | 48 | 16 | | | | |
| FS | 36 | 26 | 51 | Sarah Quantrill | 25:34 D1 | | Chiltern Harriers | F35 | 6 F | | 104 | 10 Vale of Aylesbury AC | 753 | 10 Bearbrook Running Club | 205 | 67 | 66 | 54 | 18 | | | | |
| FS | 37 | 27 | 45 | Rebecca McCall | 25:34 D1 | | Chiltern Harriers | F45 | 4 F | | 103 | 11 Wycombe Phoenix | 715 | 11 Wycombe Phoenix | 96 | 96 | | | | | | | |
| FS | 39 | 28 | 35 | Sue Elliott | 25:42 D1 | | Chiltern Harriers | F55 | 1 F | | 102 | 12 Bedford and County AC | 383 | 12 MK Distance Project | 45 | 45 | | | | | | | |
| FS | 40 | 29 | 1288 | Natalie Thompson | 25:43 D1 | | Windsor, Slough Eton & Hounslow AC | FS | 18 F | | 101 | 13 Watford Harriers | 254 | 13 Bedford and County AC | 41 | 41 | | | | | | | |
| FS | 43 | 30 | 57 | Katie Royals | 25:59 D1 | | Chiltern Harriers | FS | 19 F | | 100 | 14 MK Distance Project | 142 | 14 Watford Harriers | 35 | 31 | 4 | | | | | | |
| FS | 44 | 31 | 1382 | Mary Ward | 26:04 D1 | | Tring Running Club | F45 | 5 F | | 99 | 15 Windsor, Slough Eton & Hounslow AC | 46 | 15 Windsor, Slough Eton & Hounslow AC | 23 | 23 | | | | | | | |
| FS | 45 | 32 | 524 | Anna Jones | 26:04 D1 | | St Albans Striders | FS | 20 F | | 98 | | | | | | | | | | | | |
| FS | 49 | 33 | 995 | Georgie Ripper | 26:15 D1 | | Dacorum & Tring AC | FS | 21 F | | 97 | | | | | | | | | | | | |
| FS | 50 | 34 | 727 | Rosie Jones | 26:17 D1 | | Wycombe Phoenix | F35 | 8 F | | 96 | | | | | | | | | | | | |
| FS | 51 | 35 | 931 | Kerry Ardley | 26:21 D1 | | Dacorum & Tring AC | F35 | 9 F | | 95 | | | | | | | | | | | | |
| FS | 52 | 36 | 1470 | Maddie Ding | 26:21 D1 | | Headington Road Runners | F35 | 10 F | | 94 | | | | | | | | | | | | |
| FS | 54 | 37 | 515 | Louise Bentham | 26:37 D1 | | St Albans Striders | F45 | 6 F | | 93 | | | | | | | | | | | | |
| FS | 55 | 38 | 47 | Cathy Holloway | 26:40 D1 | | Chiltern Harriers | F45 | 7 F | | 92 | | | | | | | | | | | | |
| FS | 56 | 39 | 790 | Charlotte Steptoe | 26:42 D1 | | Vale of Aylesbury AC | F35 | 11 F | | 91 | | | | | | | | | | | | |
| FS | 57 | 40 | 32 | Aleksandra King | 26:47 D1 | | Chiltern Harriers | F35 | 12 F | | 90 | | | | | | | | | | | | |
| FS | 59 | 41 | 928 | Lucy Wallduck | 26:51 D1 | | Dacorum & Tring AC | FS | 21 F | | 89 | | | | | | | | | | | | |
| FS | 60 | 42 | 611 | Carla Whitmore | 26:52 D1 | | Bedford and County AC | FS | 22 F | | 88 | | | | | | | | | | | | |
| FS | 61 | 43 | 1026 | Rachel Edwards | 26:55 D1 | | Redway Runners | F55 | 2 F | | 87 | | | | | | | | | | | | |
| FS | 62 | 44 | 42 | Tessa Pessey | 26:56 D1 | | Chiltern Harriers | F45 | 8 F | | 86 | | | | | | | | | | | | |
| FS | 63 | 45 | 1454 | Susan Pople | 26:57 D1 | | Headington Road Runners | F35 | 13 F | | 85 | | | | | | | | | | | | |
| FS | 64 | 46 | 49 | Abigail Askey | 26:59 D1 | | Chiltern Harriers | F45 | 9 F | | 84 | | | | | | | | | | | | |
| FS | 65 | 47 | 948 | Vickie Coleman | 27:00 D1 | | Dacorum & Tring AC | F35 | 14 F | | 83 | | | | | | | | | | | | |
| FS | 66 | 48 | 1003 | Abi Gooch | 27:01 D1 | | Redway Runners | F35 | 15 F | | 82 | | | | | | | | | | | | |
| FS | 68 | 49 | 526 | Nicky Laitner | 27:04 D1 | | St Albans Striders | F45 | 10 F | | 81 | | | | | | | | | | | | |
| FS | 69 | 50 | 2972 | Orla Fehly | 27:04 D1 | | Leighton Buzzard AC | FS | 23 F | | 80 | | | | | | | | | | | | |
| FS | 70 | 51 | 927 | Sophie Routledge | 27:09 D1 | | Dacorum & Tring AC | FS | 24 F | | 79 | | | | | | | | | | | | |
| FS | 73 | 52 | 44 | Sylvia Moss | 27:28 D1 | | Chiltern Harriers | F45 | 11 F | | 78 | | | | | | | | | | | | |
| FS | 74 | 53 | 411 | Lauren Eckley | 27:28 D1 | | St Albans Striders | FS | 25 F | | 77 | | | | | | | | | | | | |
| FS | 75 | 54 | 2969 | Ruth Eastman | 27:31 D1 | | Leighton Buzzard AC | FS | 26 F | | 76 | | | | | | | | | | | | |
| FS | 77 | 55 | 1139 | Ruth Mitchell | 27:40 D1 | | Leighton Buzzard AC | FS | 27 F | | 75 | | | | | | | | | | | | |
| FS | 79 | 56 | 941 | Celia Findlay | 27:41 D1 | | Dacorum & Tring AC | F55 | 3 F | | 74 | | | | | | | | | | | | |
| FS | 81 | 57 | 334 | Claire Hallisey | 27:48 D1 | | Dacorum & Tring AC | F35 | 16 F | | 73 | | | | | | | | | | | | |
| FS | 83 | 58 | 2970 | Amy Farnfield | 27:52 D1 | | Leighton Buzzard AC | F35 | 17 F | | 72 | | | | | | | | | | | | |
| FS | 85 | 59 | 1580 | Caroline Bailes | 27:59 D1 | | St Albans Striders | F45 | 12 F | | 71 | | | | | | | | | | | | |
| FS | 87 | 60 | 414 | Francesca Durbin | 28:02 D1 | | St Albans Striders | FS | 28 F | | 70 | | | | | | | | | | | | |
| FS | 88 | 61 | 930 | Kelly Du Buisson | 28:03 D1 | | Dacorum & Tring AC | F35 | 18 F | | 69 | | | | | | | | | | | | |
| FS | 90 | 62 | 58 | Jinaan Lockwood | 28:10 D1 | | Chiltern Harriers | FS | 29 F | | 68 | | | | | | | | | | | | |
| FS | 93 | 63 | 1500 | Kathy Klein | 28:16 D1 | | Bearbrook Running Club | F45 | 13 F | | 67 | | | | | | | | | | | | |
| FS | 94 | 64 | 1484 | Ruth Dunkin | 28:30 D1 | | Bearbrook Running Club | F45 | 14 F | | 66 | | | | | | | | | | | | |
| FS | 96 | 65 | 1456 | Sarah Evered | 28:34 D1 | | Headington Road Runners | F35 | 19 F | | 65 | | | | | | | | | | | | |
| FS | 100 | 66 | 519 | Karen Sheard | 28:39 D1 | | St Albans Striders | F45 | 15 F | </ | | | | | | | | | | | | | |

