

Chiltern League 2021-22 - Runners Retreat Awards (best 4 after 5 rounds)

Senior Men		Best 4 out of 5	Ox	MK	Lut	MK2	Bigg	Total	
1	1 Richard Slade	Chiltern Harriers	6	6	1	2	2	11	MS
2	4 Will Perkin	Chiltern Harriers	10	12	4	9	5	28	MS
3	631 Benjamin Davies	Bedford and County AC	3	7	2		17	29	MS
4	761 Kieran Lindars	Vale of Aylesbury AC	14	23	5	6	4	29	MS
5	2 Aran Davidson	Chiltern Harriers	9	16	8	5	10	32	MS
6	715 Robert Wright	Wycombe Phoenix	15	17	10	7	11	43	MS
7	1269 Sebastian Cirillo	Windsor, Slough Eton & Hounslow AC	20	22	9	11	18	58	MS
8	633 Craig Emmerson	Bedford and County AC	18	15		21	16	70	MS
9	313 Graham Jones	Marshall Milton Keynes AC	19		19	15	19	72	MS
10	330 Steve Tuttle	Marshall Milton Keynes AC	29	39	18	14	15	76	MS
11	1796 Ben Fowler	Bracknell AC	28	27	16	18	20	81	MS
12	26 Nick Hughes	Chiltern Harriers	17	25		22	25	89	M50
13	713 Liam Busby	Wycombe Phoenix	24	29	32	17	34	102	MS
14	320 Ewan Forsythe	Marshall Milton Keynes AC		28	24	19	37	108	MS
15	451 Thomas Halling	St Albans Striders	16	33	12		48	109	MS
16	888 Rhys Rowlands	Dacorum & Tring AC	22	34	30	23		109	MS
17	625 Charlie Palmer	Bedford and County AC	27	38	23		30	118	M40
18	460 Adam Yorwerth	St Albans Striders	33	28	24	40	125		MS
Junior Men		Best 4 out of 5	Ox	MK	Lut	MK2	Bigg	Total	
1	2592 Ben Cumberland	Radley AC	1	1		2	1	5	M20
2	2173 Jed Noblett	Luton AC	3		5	3	2	13	M20
3	1828 Max Stevens	Bracknell AC	8	3	7	6	6	22	M20
4	316 Matthew Dicks	Marshall Milton Keynes AC	7	9	8	5	3	23	M20
5	13 James Palmer	Chiltern Harriers	6	6	10	4		26	M20
Senior Women		Best 3 out of 4	Ox	MK	Lut	MK2	Bigg	Total	
1	305 Elle Roche	Marshall Milton Keynes AC	3	4	1			8	FS
2	2175 Rosie McNabola	Luton AC	4	5	3	2		9	FS
3	56 Hannah Wardley	Chiltern Harriers	9	7	4	1		12	FS
4	944 Kate Rennie	Dacorum & Tring AC	5		5	3		13	F45
5	2500 Katie Godof	Olney Runners		9	7	4		20	F35
6	726 Ana Montgomery	Wycombe Phoenix		6	6	9		21	FS
7	762 Sophie Delderfield	Vale of Aylesbury AC	8		8	13		29	F35
8	2465 Francesca Ryde	Leighton Buzzard Triathlon Club	24	18	9	5		32	FS
9	929 Katy Warren	Dacorum & Tring AC	17	16	14	6		36	FS
10	1835 Rebecca Berger-North	Bracknell AC	10		13	14		37	FS
11	303 Lara Bromilow	Marshall Milton Keynes AC	19	12		7		38	F35
12	618 Josie Smith	Bedford and County AC	18		10	11		39	FS
13	641 Jenny Roberts	Wycombe Phoenix	16	15	12			43	F35
14	642 Melanie Phair	Wycombe Phoenix	15	21	15			51	FS
15	2179 Claire McMahon-Adie	Luton AC	23	19	24	15		57	F35
16	933 Jess Gray	Dacorum & Tring AC	14	20		26		60	F35
17	309 Abby Roskilly	Marshall Milton Keynes AC	20		25	18		63	FS
18	37 Ellie Bates	Chiltern Harriers		25	22	17		64	FS
19	2020 Rachel Cooke	Buckingham & Stowe	22	22	21			65	F45
20	1461 Leonie Glasson	Headington Road Runners	31	24	28	16		68	FS
Junior Women		Best 3 out of 4	Ox	MK	Lut	MK2	Bigg	Total	
1	2937 Amy Killick	Leighton Buzzard AC		1	1	1		3	F20
2	661 Ellen Cooper	Wycombe Phoenix	1	3		6		10	F20
3	138 Katie Repper	Chiltern Harriers		4	2	5		11	F20
4	602 Emma Smith	Bedford and County AC	5	5	6	8		16	F20
5	749 Mia Caddell	Wycombe Phoenix	2		9	9		20	F20
6	659 Sophie Thomas	Wycombe Phoenix	4	6	10			20	F20