

Chiltern League 2022/23 - Division 1 - Match 5 - Keysoe Equestrian Centre - 11 February 2023

**Overall Team Result**

1 Chiltern Harriers	3426
2 Bedford and County AC	2882
3 Marshall Milton Keynes AC	2796
4 Dacorum AC	2539
5 St Albans Striders	2443
6 Wycombe Phoenix	2358
7 Leighton Buzzard AC	2234
8 Headington Road Runners	1867
9 Vale of Aylesbury AC	1742
10 Tring Running Club	1575
11 Ampthill & Flitwick Flyers	1344
12 Gade Valley Harriers	1305
13 Northampton AC	1274
14 Watford Harriers	1158
15 Redway Runners	993
16 MK Distance Project	572
17 Bearbrook Running Club	522

**After 5 Rounds**

1 Chiltern Harriers	17414
2 Marshall Milton Keynes AC	16465
3 Bedford and County AC	15304
4 Dacorum AC	13685
5 Wycombe Phoenix	13664
6 Leighton Buzzard AC	11595
7 St Albans Striders	11333
8 Headington Road Runners	10498
9 Tring Running Club	9349
10 Vale of Aylesbury AC	9260
11 Northampton AC	8390
12 Watford Harriers	8125
13 Gade Valley Harriers	7102
14 Redway Runners	6481
15 Ampthill & Flitwick Flyers	6475
16 Bearbrook Running Club	4179
17 MK Distance Project	3228

**Overall Male Team**

1 Chiltern Harriers	2390
2 Bedford and County AC	2193
3 Marshall Milton Keynes AC	1896
4 Leighton Buzzard AC	1748
5 Wycombe Phoenix	1627
6 Dacorum AC	1614
7 St Albans Striders	1585
8 Vale of Aylesbury AC	1420
9 Headington Road Runners	1217
10 Tring Running Club	1210
11 Ampthill & Flitwick Flyers	1186
12 Gade Valley Harriers	980
13 Redway Runners	789
14 Northampton AC	906
15 Watford Harriers	674
16 MK Distance Project	439
17 Bearbrook Running Club	336

**After 5 Rounds**

1 Chiltern Harriers	12001
2 Bedford and County AC	11680
3 Marshall Milton Keynes AC	11228
4 Wycombe Phoenix	10284
5 Dacorum AC	9056
6 Leighton Buzzard AC	8673
7 Vale of Aylesbury AC	7177
8 Tring Running Club	7158
9 Headington Road Runners	7148
10 St Albans Striders	6694
11 Northampton AC	6129
12 Watford Harriers	5359
13 Ampthill & Flitwick Flyers	5012
14 Gade Valley Harriers	4856
15 Redway Runners	4688
16 Bearbrook Running Club	2893
17 MK Distance Project	2423

**Overall Female Team**

1 Chiltern Harriers	1036
2 Dacorum AC	925
3 Marshall Milton Keynes AC	900
4 St Albans Striders	858
5 Wycombe Phoenix	731
6 Bedford and County AC	689
7 Headington Road Runners	650
8 Leighton Buzzard AC	486
9 Watford Harriers	484
10 Northampton AC	368
11 Tring Running Club	365
12 Gade Valley Harriers	325
13 Vale of Aylesbury AC	322
14 Redway Runners	204
15 Ampthill & Flitwick Flyers	158
16 Bearbrook Running Club	186
17 MK Distance Project	133

**After 5 Rounds**

1 Chiltern Harriers	5413
2 Marshall Milton Keynes AC	5237
3 St Albans Striders	4639
4 Dacorum AC	4629
5 Bedford and County AC	3624
6 Wycombe Phoenix	3380
7 Headington Road Runners	3350
8 Leighton Buzzard AC	2922
9 Watford Harriers	2766
10 Northampton AC	2251
11 Gade Valley Harriers	2246
12 Tring Running Club	2191
13 Vale of Aylesbury AC	2083
14 Redway Runners	1793
15 Ampthill & Flitwick Flyers	1463
16 Bearbrook Running Club	1286
17 MK Distance Project	805

**Overall Seniors**

1 Chiltern Harriers	2688
2 Bedford and County AC	2414
3 Marshall Milton Keynes AC	2310
4 Dacorum AC	2087
5 Leighton Buzzard AC	2078
6 Wycombe Phoenix	2048
7 St Albans Striders	2006
8 Headington Road Runners	1867
9 Tring Running Club	1575
10 Vale of Aylesbury AC	1510
11 Ampthill & Flitwick Flyers	1344
12 Gade Valley Harriers	1305
13 Redway Runners	963
14 Watford Harriers	1039
15 Northampton AC	1018
16 MK Distance Project	513
17 Bearbrook Running Club	522

**After 5 Rounds**

1 Chiltern Harriers	13049
2 Marshall Milton Keynes AC	13658
3 Bedford and County AC	12904
4 Wycombe Phoenix	12321
5 Dacorum AC	11575
6 Leighton Buzzard AC	10835
7 Headington Road Runners	10498
8 Tring Running Club	9288
9 St Albans Striders	9125
10 Vale of Aylesbury AC	7849
11 Watford Harriers	7294
12 Gade Valley Harriers	7102
13 Northampton AC	6671
14 Ampthill & Flitwick Flyers	6475
15 Redway Runners	6119
16 Bearbrook Running Club	4179
17 MK Distance Project	2808

**Overall Juniors**

1 Chiltern Harriers	738
2 Marshall Milton Keynes AC	486
3 Bedford and County AC	468
4 Dacorum AC	452
5 St Albans Striders	437
6 Wycombe Phoenix	310
7 Northampton AC	256
8 Vale of Aylesbury AC	232
9 Leighton Buzzard AC	156
10 Watford Harriers	119
11 MK Distance Project	59
12 Redway Runners	30
13 Tring Running Club	
14 Ampthill & Flitwick Flyers	
15 Bearbrook Running Club	
16 Gade Valley Harriers	
17 Headington Road Runners	

**After 5 Rounds**

1 Chiltern Harriers	3465
2 Marshall Milton Keynes AC	2807
3 Bedford and County AC	2400
4 St Albans Striders	2208
5 Dacorum AC	2110
6 Northampton AC	1719
7 Vale of Aylesbury AC	1411
8 Wycombe Phoenix	1343
9 Watford Harriers	831
10 Leighton Buzzard AC	760
11 MK Distance Project	420
12 Redway Runners	362
13 Tring Running Club	61
14 Ampthill & Flitwick Flyers	
15 Bearbrook Running Club	
16 Gade Valley Harriers	
17 Headington Road Runners	

**Senior Men**

Race	Mob	Dr	No.	Senior Men	Time	Div	Club	Cat	Pos	M/F	Pts	Seniors overall after 5 matches	Senior Men Team	Total	1	2	3	4	5	6	7	8			
MS	1	1	60	Richard Slade	29:46	D1	Chiltern Harriers	MS	2	M	220	1 Bedford and County AC	10453	1 Chiltern Harriers	MS	2025	220	219	217	211	205	201	197	189	181
MS	2	2	69	George Brown	29:52	D1	Chiltern Harriers	MS	2	M	219	2 Chiltern Harriers	10297	2 Bedford and County AC	MS	1948	218	216	214	210	194	187	184	178	171
MS	3	3	898	Harry Brodie	30:14	D1	Bedford and County AC	MS	3	M	218	3 Marshall Milton Keynes AC	10214	3 Marshall Milton Keynes AC	MS	1763	213	212	209	204	203	198	159	137	121
MS	4	4	68	William Brown	30:37	D1	Chiltern Harriers	MS	4	M	217	4 Wycombe Phoenix	9304	4 Leighton Buzzard AC	MS	1631	206	183	181	174	169	148	146	145	141
MS	5	5	890	Craig Emmerson	31:15	D1	Bedford and County AC	MS	5	M	216	5 Leighton Buzzard AC	8145	5 Wycombe Phoenix	MS	1428	199	192	165	158	155	153	140	112	8
MS	7	6	1024	Kieran Lindars	31:31	D1	Vale of Aylesbury AC	MS	6	M	215	6 Dacorum AC	7961	6 Dacorum AC	MS	1379	202	193	190	150	132	131	126	95	8
MS	8	7	907	Noah Campion	31:38	D1	Bedford and County AC	M20	1	M	214	7 Headington Road Runners	7148	7 St Albans Striders	MS	1376	196	173	160	157	147	118	113	109	101
MS	10	8	291	Matthew Dicks	31:53	D1	Marshall Milton Keynes AC	MS	7	M	213	8 Tring Running Club	7097	8 Headington Road Runners	MS	1217	177	175	143	141	133	124	87	84	7
MS	11	9	334	Jamie Darcy	31:59	D1	Marshall Milton Keynes AC	M20	2	M	212	9 Vale of Aylesbury AC	6493	9 Tring Running Club	MS	1210	207	185	163	130	116	115	106	103	4
MS	12	10	67	Aran Davidson	32:09	D1	Chiltern Harriers	MS	8	M	211	10 St Albans Striders	5749	10 Ampthill & Flitwick Flyers	MS	1186	208	191	182	162	152	125	88	42	2
MS	13	11	891	Andrew Headley	32:11	D1	Bedford and County AC	MS	9	M	210	11 Northampton AC	5142	11 Vale of Aylesbury AC	MS	1282	215	188	170	149	139	105	104	97	8
MS	14	12	312	James Tunstall	32:49	D1	Marshall Milton Keynes AC	MS	10	M	209	12 Ampthill & Flitwick Flyers	5012	12 Gade Valley Harriers	MS	980	156	134	129	128	100	89	78	62	1
MS	15	13	1600	Tim Harris	32:44	D1	Ampthill & Flitwick Flyers	M40	1	M	208	13 Watford Harriers	5003	13 Redway Runners	MS	789	161	151	142	127	117	33	28	22	1
MS	16	14	1471	Mark Innocenti	32:49	D1	Tring Running Club	M40	2	M	207	14 Gade Valley Harriers	4856	14 Northampton AC	MS	753	172	123	120	82	76	67	65	46	
MS	17	15	596	Billy Mead	32:59	D1	Leighton Buzzard AC	MS	11	M	206	15 Watford Harriers	4575	15 Watford Harriers	MS	637	200	154	96	63	55	49	20		
MS	18	16	56	Tom Emery	33:03	D1	Chiltern Harriers	M20	3	M	205	16 Bearbrook Running Club	2893	16 MK Distance Project	MS	380	195	166	19						
MS	20	17	301	Ewan Forsythe	33:24	D1	Marshall Milton Keynes AC	MS	12	M	204	17 MK Distance Project	2073	17 Bearbrook Running Club	MS	336	121	111	66	35	3				
MS	21	18	297	Steve Tuttle	33:28	D1	Marshall Milton Keynes AC	MS	13	M	203	Under 20 Men Team	Under 20 Men Team	Under 20 Men Team	Total	1	2	3							
MS	23	19	967	Adam Edgeworth	33:40	D1	Dacorum AC	MS	14	M	202	1 Chiltern Harriers	2574	1 Bedford and County AC	MS	568	214	178	176						
MS	24	20	55	James Palmer	33:40	D1	Chiltern Harriers	M20	4	M	201	2 Bedford and County AC	1764	2 Chiltern Harriers	MS	406	205	201							
MS	25	21	1367	Bilal Nour	33:43	D1	Watford Harriers	M20	5	M	200	3 Marshall Milton Keynes AC	1531	3 Marshall Milton Keynes AC	MS	212									
MS	26	22	728	Richard Henderson	33:47	D1	Wycombe Phoenix	MS	15	M	199	4 Watford Harriers	953	4 Watford Harriers	MS	200									
MS	28	23	282	Jan Wood	33:49	D1	Marshall Milton Keynes AC	MS	16	M	198	5 Vale of Aylesbury AC	644	5 Leighton Buzzard AC	MS	44									
MS	29	24	44	Nick Hughes	33:49	D1	Chiltern Harriers	M50	1	M	197	6 Dacorum AC	205	6 Vale of Aylesbury AC	MS	149									
MS	30	25	445	Stefano Federici	33:55	D1	St Albans Striders	MS	17	M	196	7 Northampton AC	162	7 Dacorum AC	MS										
MS	31	26	1612	Marcus Lovell	34:05	D1	MK Distance Project	MS	18	M	195	8 Leighton Buzzard AC	126	8 Northampton AC	MS										
MS	32	27	903	Henry Bambrick	34:09	D1	Bedford and County AC	MS	19	M	194	9 Ampthill & Flitwick Flyers		9 Ampthill & Flitwick Flyers	MS										
MS	33	28	1695	Phillip Oddy	34:11	D1	Dacorum AC	MS	20	M	193	10 Bearbrook Running Club		10 Bearbrook Running Club	MS										
MS	34	29	724	Myles Caddell	34:12	D1	Wycombe Phoenix	MS	21	M	192	11 Gade Valley Harriers		11 Gade Valley Harriers	MS										
MS	35	30	1564	Ian Halpin	34:15	D1	Ampthill & Flitwick Flyers	MS	22	M	191	12 Headington Road Runners		12 Headington Road Runners	MS										
MS	36	31	960	Douglas Coleman	34:18	D1	Dacorum AC	MS	23	M	190	13 MK Distance Project		13 MK Distance Project	MS										
MS	37	32	62	Adam Shute	34:25	D1	Chiltern Harriers	MS	24	M	189	14 Redway Runners		14 Redway Runners	MS										
MS	38	33	1022	James Davis	34:27	D1	Vale of Aylesbury AC	MS	25	M	188	15 St Albans Striders		15 St Albans Striders	MS										
MS	39	34	892	Steve Horton	34:27	D1	Bedford and County AC	M40	3	M	187	16 Tring Running Club		16 Tring Running Club	MS										
MS	40	35	7	James Repper	34:29	D1	Chiltern Harriers	M40	4	M	186	17 Wycombe Phoenix		17 Wycombe Phoenix	MS										
MS	41	36	1451	Matthew Wab	34:32	D1	Tring Running Club	MS	26	M	185	Veteran Men Team		Veteran Men Team	MS										
MS	43	37	901	Alan Turnbull	34:34	D1	Bedford and County AC	M50	2	M	184	1 Leighton Buzzard AC	3497	1 Chiltern Harriers	MS	730	197	186	180	167					
MS	44	38	593	Andy Inchley	34:36	D1	Leighton Buzzard AC	M40	5	M	183	2 Chiltern Harriers	3440	2 Leighton Buzzard AC	MS										

MS	56	50	888 Ewan Wilson	35:24 D1	Bedford and County AC	M50	3 M	171	14 Northampton AC	2097	14 Bearbrook Running Club	333	121	111	66	35
MS	57	51	1025 Scott Ramsell	35:27 D1	Vale of Aylesbury AC	M5	34 M	170	15 Bearbrook Running Club	1671	15 Watford Harriers	220	96	55	49	20
MS	59	52	572 Tom Inchley	35:35 D1	Leighton Buzzard AC	M40	8 M	169	16 Vale of Aylesbury AC	1253	16 Vale of Aylesbury AC	122	97	25		
MS	60	53	161 Alex Paul	35:36 D1	Chiltern Harriers	M40	35 M	168	17 MK Distance Project	443	17 MK Distance Project	19	19			
MS	61	54	41 Neil Turner	35:40 D1	Chiltern Harriers	M50	4 M	167								
MS	62	55	1650 Devon Harford	35:41 D1	MK Distance Project	MS	36 M	166								
MS	63	56	727 Tom Starck	35:42 D1	Wycombe Phoenix	MS	37 M	165								
MS	65	57	913 Andre Bonadies	35:44 D1	Bedford and County AC	M40	9 M	164								
MS	66	58	1453 Ross Langley	35:45 D1	Tring Running Club	MS	38 M	163								
MS	67	59	1605 Mark Waine	35:49 D1	Ampt Hill & Flitwick Flyers	M50	5 M	162								
MS	68	60	1139 William Shippin	35:52 D1	Redway Runners	MS	39 M	161								
MS	69	61	422 Adam Yorwerth	35:55 D1	St Albans Striders	MS	40 M	160								
MS	71	62	295 Adam Stone	36:06 D1	Marshall Milton Keynes AC	MS	41 M	159								
MS	73	63	735 Sean Wilson	36:08 D1	Wycombe Phoenix	MS	42 M	158								
MS	73	64	419 Oliver Mytton	36:11 D1	St Albans Striders	M40	10 M	157								
MS	75	65	1413 Matthew Ashby	36:18 D1	Gade Valley Harriers	MS	43 M	156								
MS	76	66	1704 David Bray	36:23 D1	Wycombe Phoenix	M40	11 M	155								
MS	77	67	1392 Phillip Riddleston	36:24 D1	Watford Harriers	MS	44 M	154								
MS	78	68	1702 Paul Gilbert	36:32 D1	Wycombe Phoenix	M50	6 M	153								
MS	79	69	1570 James Smith	36:35 D1	Ampt Hill & Flitwick Flyers	M40	12 M	152								
MS	80	70	1138 Chris Lindsay	36:37 D1	Redway Runners	M40	13 M	151								
MS	81	71	980 Adam Mills	36:40 D1	Dacorum AC	M50	7 M	150								
MS	82	72	1089 Aaron Ward	36:41 D1	Vale of Aylesbury AC	M20	8 M	149								
MS	83	73	581 Greg Pearce	36:42 D1	Leighton Buzzard AC	MS	45 M	148								
MS	86	74	487 Douglas Hobson	36:44 D1	St Albans Striders	MS	46 M	147								
MS	88	75	573 Charlie Mead	36:45 D1	Leighton Buzzard AC	MS	47 M	146								
MS	89	76	594 Bob Dickinson	36:51 D1	Leighton Buzzard AC	MS	48 M	145								
MS	90	77	585 James Bell	36:53 D1	Leighton Buzzard AC	M50	8 M	144								
MS	91	78	1208 Louis Verschoye	36:57 D1	Headington Road Runners	MS	49 M	143								
MS	92	79	1147 Jordan Williams	36:58 D1	Redway Runners	MS	50 M	142								
MS	95	80	1194 Fergus Campbell	37:06 D1	Headington Road Runners	M50	9 M	141								
MS	96	81	733 Dominic Reed	37:08 D1	Wycombe Phoenix	MS	51 M	140								
MS	97	82	1079 Mark Baines	37:28 D1	Vale of Aylesbury AC	MS	52 M	139								
MS	99	83	48 Alistair Melville-Smith	37:36 D1	Chiltern Harriers	M40	14 M	138								
MS	101	84	302 Matt Clarke	37:41 D1	Marshall Milton Keynes AC	M40	15 M	137								
MS	102	85	322 Eliot Winter	37:43 D1	Marshall Milton Keynes AC	MS	53 M	136								
MS	103	86	584 Carl Dakin	37:45 D1	Leighton Buzzard AC	M40	16 M	135								
MS	104	87	1416 Michael Linden	37:48 D1	Gade Valley Harriers	M40	17 M	134								
MS	105	88	1220 John Fenning	37:54 D1	Headington Road Runners	MS	54 M	133								
MS	107	89	975 Matt Leese	38:01 D1	Dacorum AC	M40	18 M	132								
MS	108	90	982 Simon Townsend	38:06 D1	Dacorum AC	M50	10 M	131								
MS	109	91	1496 Josh Frewin	38:09 D1	Tring Running Club	MS	55 M	130								
MS	110	92	1401 Andrew Wells	38:13 D1	Gade Valley Harriers	M40	19 M	129								
MS	111	93	1410 Jon Roberts	38:15 D1	Gade Valley Harriers	M50	11 M	128								
MS	112	94	1102 Simon Read	38:28 D1	Redway Runners	M40	20 M	127								
MS	114	95	1772 Andrew Murphy	38:47 D1	Dacorum AC	M40	21 M	126								
MS	117	96	1566 James Hurford	38:58 D1	Ampt Hill & Flitwick Flyers	MS	56 M	125								
MS	118	97	1198 Richard Skilbeck	38:59 D1	Headington Road Runners	M40	22 M	124								
MS	120	98	614 Edward Wise	39:05 D1	Northampton AC	MS	57 M	123								
MS	121	99	887 Andy Blair	39:08 D1	Bedford and County AC	M50	12 M	122								
MS	122	100	1521 Dermot Martin	39:05 D1	Bearbrook Running Club	M40	23 M	121								
MS	123	101	615 James Adams	39:10 D1	Northampton AC	M40	24 M	120								
MS	124	102	595 Tim Inchley	39:11 D1	Leighton Buzzard AC	M40	25 M	119								
MS	125	103	453 Rob Smith	39:12 D1	St Albans Striders	MS	58 M	118								
MS	127	104	1119 Simon Billinness	39:18 D1	Redway Runners	M50	13 M	117								
MS	129	105	1469 James Morris	39:30 D1	Tring Running Club	M40	26 M	116								
MS	130	106	1466 Paul Allen	39:32 D1	Tring Running Club	M60	1 M	115								
MS	131	107	893 Jim Black	39:36 D1	Bedford and County AC	M50	14 M	114								
MS	132	108	436 Richard Davis	39:40 D1	St Albans Striders	M50	15 M	113								
MS	133	109	800 James Cunningham	39:43 D1	Wycombe Phoenix	MS	59 M	112								
MS	134	110	1541 Michael Fryer	39:45 D1	Bearbrook Running Club	M40	27 M	111								
MS	135	111	602 Will Eastman	39:44 D1	Leighton Buzzard AC	MS	60 M	110								
MS	136	112	458 Joe McCormick	39:46 D1	St Albans Striders	MS	61 M	109								
MS	137	113	894 Simon Harper	40:01 D1	Bedford and County AC	M40	28 M	108								
MS	138	114	61 Jonny Slade	40:02 D1	Chiltern Harriers	MS	62 M	107								
MS	139	115	1489 Nigel Bunn	40:03 D1	Tring Running Club	M50	16 M	106								
MS	140	116	1021 Robin Barrett	40:04 D1	Vale of Aylesbury AC	MS	63 M	105								
MS	141	117	1023 Adam Johnson	40:04 D1	Vale of Aylesbury AC	MS	64 M	104								
MS	142	118	1474 Simon Barnett	40:08 D1	Tring Running Club	M40	29 M	103								
MS	143	119	443 Richard Evans	40:09 D1	St Albans Striders	MS	65 M	102								
MS	145	120	434 Alex Johnston	40:14 D1	St Albans Striders	MS	66 M	101								
MS	146	121	1409 James Birmie	40:15 D1	Gade Valley Harriers	M40	30 M	100								
MS	147	122	430 Nicholas Astor	40:17 D1	St Albans Striders	M50	17 M	99								
MS	148	123	582 Warren Rose	40:19 D1	Leighton Buzzard AC	M50	18 M	98								
MS	149	124	1029 Tim Jones	40:20 D1	Vale of Aylesbury AC	M60	2 M	97								
MS	150	125	1394 Nick White	40:24 D1	Watford Harriers	M50	19 M	96								
MS	151	126	968 Dave Fellowes	40:25 D1	Dacorum AC	M40	31 M	95								
MS	153	127	50 Ben Hannen	40:28 D1	Chiltern Harriers	M40	32 M	94								
MS	155	128	475 Steven Eames	40:30 D1	St Albans Striders	MS	67 M	93								
MS	157	129	305 Ed Williamson	40:37 D1	Marshall Milton Keynes AC	M40	33 M	92								
MS	159	130	587 Nick Clay	40:41 D1	Leighton Buzzard AC	M50	20 M	91								
MS	160	131	1065 Conor Richardson	40:44 D1	Vale of Aylesbury AC	MS	68 M	90								
MS	161	132	1421 Stuart Gallagher	40:45 D1	Gade Valley Harriers	M40	34 M	89								
MS	162	133	1565 Gallium Harrison	40:51 D1	Ampt Hill & Flitwick Flyers	MS	69 M	88								
MS	164	134	1206 Simon Vern	41:03 D1	Headington Road Runners	MS	70 M	87								
MS	165	135	440 Max Campbell	41:09 D1	St Albans Striders	M50	21 M	86								
MS	166	136	1718 Vadim Sumenkov	41:10 D1	Dacorum AC	MS	71 M	85								
MS	167	137	1213 John Griffiths	41:17 D1	Headington Road Runners	M60	3 M	84								
MS	168	138	604 Richard Hill	41:18 D1	Leighton Buzzard AC	MS	72 M	83								
MS	169	139	634 Tom Seaber	41:19 D1	Northampton AC	MS	73 M	82								
MS	170	140	794 Tim Hogbin	41:20 D1	Wycombe Phoenix	M40	35 M	81								
MS	171	141	448 Stuart Middleton	41:25 D1	St Albans Striders	M50	22 M	80								
MS	173	142	1192 Angus Grant	41:28 D1	Headington Road Runners	M40	36 M	79								
MS	174	143	1412 Martin Pike	41:28 D1	Gade Valley Harriers	MS	74 M	78								
MS	175	144	407 Alan Proudfoot	41:29 D1	St Albans Striders	M50	23 M	77								
MS	180	145	633 Oliver Pearson	41:46 D1	Northampton AC	M40	37 M	76								
MS	181	146	922 Michael Young	41:52 D1	Dacorum AC	M40	38 M	75								
MS	183	147	1196 Simon Dales	41:58 D1	Headington Road Runners	M60	4 M	74								
MS	185	148	804 Alex Tibbury	42:12 D1	Wycombe Phoenix	MS	75 M	73								
MS	190	149	420 Martin Healey	42:26 D1	St Albans Striders	M40	39 M	72								
MS	191	150	438 Fergus Sheridan	42:29 D1	St Albans Striders	MS	76 M	71								
MS	193	151	1222 Martin Slevin	42:30 D1	Headington Road Runners	M50	24 M	70								
MS	195	152	459 Anthony Nicolson	42:32 D1	St Albans Striders	M50	25 M	69								
MS	196	153	455 Steve Scorer	42:32 D1	St Albans Striders	M50	26 M	68								
MS	197	154	627 Rajbir Josan	42:33 D1	Northampton AC	M40	40 M	67								
MS	198	155	1539 James Powell	42:37 D1	Bearbrook Running Club	M40	41 M	66								
MS	199	156	613 Oliver Munns	42:37 D1	Northampton AC	MS	77 M	65								
MS	200	157	1225 Andrew Tyler	42:38 D1	Headington Road Runners	MS	82 M	64								
MS																

MS	250	192	333	Tim Pearce	45:55 D1	Marshall Milton Keynes AC	M50	39	29
MS	251	193	1112	Tony Welsh	46:06 D1	Redway Runners	M40	53	28
MS	252	194	463	John Ghouse	46:15 D1	St Albans Striders	M50	40	27
MS	257	195	1697	Martin Gill	46:39 D1	Dacorum AC	M50	41	26
MS	258	196	1028	Alan Roberts	46:40 D1	Vale of Aylesbury AC	M50	42	25
MS	259	197	806	Mike Taylor	46:47 D1	Wycombe Phoenix	M50	43	24
MS	261	198	1692	Simon Whiting	46:52 D1	Dacorum AC	M40	54	23
MS	266	199	1145	Stewart Jeeves	47:29 D1	Redway Runners	MS	83	22
MS	268	200	466	James Ball	47:32 D1	St Albans Striders	M40	55	21
MS	272	201	1393	Kevin Clark	47:56 D1	Watford Harriers	M50	44	20
MS	273	202	1625	Liam Bunn	48:07 D1	MK Distance Project	M40	56	19
MS	274	203	1465	Rick Ansell	48:12 D1	Tring Running Club	M60	11	18
MS	277	204	435	Anthony Bunker	48:22 D1	St Albans Striders	M40	57	17
MS	278	205	98	John Moran	48:48 D1	Dacorum AC	M60	12	16
MS	280	206	1221	Neville Baker	48:57 D1	Headington Road Runners	M60	13	15
MS	283	207	452	Adrian Jones	49:22 D1	St Albans Striders	M60	14	14
MS	285	208	552	Chris Dimmock	49:29 D1	Leighton Buzzard AC	M50	45	13
MS	286	209	608	David Killick	49:30 D1	Leighton Buzzard AC	M40	58	12
MS	288	210	577	Neil Green	50:11 D1	Leighton Buzzard AC	M40	59	11
MS	292	211	432	Steve Muldoon	50:47 D1	St Albans Striders	M50	46	10
MS	294	212	1484	Gareth Bellemy	50:57 D1	Tring Running Club	M50	47	9
MS	296	213	1118	Matthew Cleary	51:14 D1	Redway Runners	M40	60	8
MS	299	214	990	Phillip Pugh	51:31 D1	Dacorum AC	M60	15	7
MS	302	215	394	Michael Jackall	51:48 D1	St Albans Striders	M60	16	6
MS	303	216	442	Peter Blackaker	51:59 D1	St Albans Striders	M60	17	5
MS	307	217	119	Phillip Cook	52:56 D1	Headington Road Runners	M50	18	4
MS	310	218	1514	Tony Barrows	55:08 D1	Bearbrook Running Club	M60	19	3
MS	312	219	628	Steven Martin	56:50 D1	Northampton AC	M40	61	2
MS	313	220	39	Trevor Braun	56:59 D1	Chiltern Harriers	M70	1	1

Under 17 Men

Race	Mob	D1	No.	Under 17 Men	Time	Div	Club	Cat	Pos	M/F	Pts	M15 overall after 5 matches	Under 17 Men Team	Total	1	2	3	4	
M17	1	1	150	Ash Finch	18:54 D1		Chiltern Harriers	M17	1	M	24	1 Chiltern Harriers	MJ	82	24	23	18	17	
M17	2	2	170	Archie Pinder	18:58 D1		Chiltern Harriers	M17	2	M	23	2 Northampton AC	MJ	37	22	15			
M17	3	3	1354	Archie Marshall	19:06 D1		Watford Harriers	M17	3	M	22	3 Marshall Milton Keynes AC	MJ	35	16	14	5		
M17	4	4	868	Euan Supple	19:08 D1		Bedford and County AC	M17	4	M	21	4 Watford Harriers	MJ	30	21	9			
M17	5	5	1623	Nicholas Hammett	19:12 D1		MK Distance Project	M17	5	M	20	5 Bedford and County AC	MJ	158	5	Dacorum AC			
M17	6	6	1738	Ibrahim Achchi	19:14 D1		Wycombe Phoenix	M17	6	M	19	6 MK Distance Project	MJ	118	6	MK Distance Project			
M17	7	7	11	Lee Doran	19:19 D1		Chiltern Harriers	M17	7	M	18	7 Wycombe Phoenix	MJ	106	7	Wycombe Phoenix			
M17	8	8	145	Sammy Bennetts	19:50 D1		Chiltern Harriers	M17	8	M	17	8 Dacorum AC	MJ	103	8	St Albans Striders			
M17	10	10	679	Benjamin Westmorland-Alex	20:00 D1		Northampton AC	M17	10	M	16	9 Tring Running Club	MJ	61	9	Marshall Milton Keynes AC			
M17	11	11	1355	Oliver Cooper	20:10 D1		Watford Harriers	M17	11	M	15	10 Leighton Buzzard AC	MJ	56	10	Vale of Aylesbury AC			
M17	12	12	111	Joshua Robson	20:11 D1		Northampton AC	M17	12	M	14	11 Vale of Aylesbury AC	MJ	44	11	Leighton Buzzard AC			
M17	13	13	1019	Ed Clement	20:14 D1		Dacorum AC	M17	13	M	13	12 St Albans Striders	MJ	42	12	Tring Running Club			
M17	15	15	146	Matthew Evans	20:19 D1		Chiltern Harriers	M17	15	M	12	13 Redway Runners	MJ	2	13	Amphill & Fitwick Flyers			
M17	17	17	1053	Archie Lynch	20:36 D1		Vale of Aylesbury AC	M17	17	M	11	14 Amphill & Fitwick Flyers	MJ	14	Bearbrook Running Club				
M17	20	20	15	76	Joshua Edwards	20:47 D1		Marshall Milton Keynes AC	M17	20	M	10	15 Bearbrook Running Club	MJ	15	Gade Valley Harriers			
M17	22	22	16	87	Daniel Smith	21:00 D1		Bedford and County AC	M17	22	M	9	16 Gade Valley Harriers	MJ	16	Headington Road Runners			
M17	23	23	1775	George Hawkins	21:10 D1		Dacorum AC	M17	23	M	8	17 Headington Road Runners	MJ	17	Redway Runners				
M17	24	24	402	Samuel Muldoon	21:11 D1		St Albans Striders	M17	24	M	7								
M17	29	29	378	Matthew Nicolls	21:42 D1		St Albans Striders	M17	29	M	6								
M17	31	31	20	1675	Lewis Robson	22:10 D1		Northampton AC	M17	31	M	5							
M17	33	33	21	962	Ernie Olima	22:31 D1		Dacorum AC	M17	33	M	4							
M17	35	35	22	401	Elijah Jaffe	23:58 D1		St Albans Striders	M17	35	M	3							
M17	37	37	280	Milan Mistry	24:21 D1		Marshall Milton Keynes AC	M17	37	M	2								
M17	38	38	24	520	Ash Carter	27:56 D1		Leighton Buzzard AC	M17	38	M	1							

Under 15 Boys

Race	Mob	D1	No.	Under 15 Boys	Time	Div	Club	Cat	Pos	M/F	Pts	M15 overall after 5 matches	Under 15 Boys Team	Total	1	2	3	4		
M15	1	1	114	Alex Hughes	12:51 D1		Chiltern Harriers	M15	1	M	38	1 Bedford and County AC	MJ	704	1	Chiltern Harriers				
M15	2	2	121	James Holdsworth	13:07 D1		Chiltern Harriers	M15	2	M	37	2 Chiltern Harriers	MJ	634	2	Bedford and County AC				
M15	3	3	803	Edward Faulkner	13:08 D1		Wycombe Phoenix	M15	3	M	36	3 Northampton AC	MJ	455	3	St Albans Striders				
M15	4	4	962	Oliver Wiseman	13:09 D1		Bedford and County AC	M15	4	M	35	4 St Albans Striders	MJ	342	4	Wycombe Phoenix				
M15	5	5	412	Oscar Nagalingam	13:18 D1		St Albans Striders	M15	5	M	34	5 Wycombe Phoenix	MJ	308	5	Northampton AC				
M15	7	7	858	Harry Scott	13:25 D1		Bedford and County AC	M15	7	M	33	6 Dacorum AC	MJ	290	6	Vale of Aylesbury AC				
M15	9	9	122	Rory Hilton	13:30 D1		Chiltern Harriers	M15	9	M	32	7 Marshall Milton Keynes AC	MJ	259	7	Dacorum AC				
M15	10	10	852	Sam Bosher	13:34 D1		Bedford and County AC	M15	10	M	31	8 Vale of Aylesbury AC	MJ	234	8	Marshall Milton Keynes AC				
M15	12	12	116	Callum Powell	13:37 D1		Chiltern Harriers	M15	12	M	30	9 Watford Harriers	MJ	91	9	Leighton Buzzard AC				
M15	13	13	686	Arlo Bamford	13:38 D1		Northampton AC	M15	13	M	29	10 Leighton Buzzard AC	MJ	78	10	Watford Harriers				
M15	14	14	111	Aidan Suleyman	13:42 D1		Chiltern Harriers	M15	14	M	28	11 Redway Runners	MJ	61	11	Redway Runners				
M15	15	15	12	684	Jack Twining	13:47 D1		Northampton AC	M15	15	M	27	12 MK Distance Project	MJ	33	12	Amphill & Fitwick Flyers			
M15	17	17	13	863	Luca Devlin	13:54 D1		Bedford and County AC	M15	17	M	26	13 Amphill & Fitwick Flyers	MJ	13	Bearbrook Running Club				
M15	18	18	14	856	Isaac Mitchell	13:56 D1		Bedford and County AC	M15	18	M	25	14 Bearbrook Running Club	MJ	14	Gade Valley Harriers				
M15	19	19	15	160	Tommy Pulkyn	13:57 D1		Chiltern Harriers	M15	19	M	24	15 Gade Valley Harriers	MJ	15	Headington Road Runners				
M15	20	20	1094	Ernie-Jan van Rensburgh	14:10 D1		Vale of Aylesbury AC	M15	20	M	23	16 Headington Road Runners	MJ	15	MK Distance Project					
M15	21	21	384	Adam Healey	14:10 D1		St Albans Striders	M15	21	M	22	17 Tring Running Club	MJ	17	Tring Running Club					
M15	22	22	18	859	Dylan Stokes	14:19 D1		Bedford and County AC	M15	22	M	21								
M15	25	25	19	156	Dylan Rossi	14:23 D1		Chiltern Harriers	M15	25	M	20								
M15	26	26	20	814	Joel Crook	14:23 D1		Wycombe Phoenix	M15	26	M	19								
M15	29	29	21	264	Sam Wood	14:33 D1		Marshall Milton Keynes AC	M15	29	M	18								
M15	30	30	22	924	Ethan Olima	14:37 D1		Dacorum AC	M15	30	M	17								
M15	31	31	23	1717	Quinn Edwards	14:41 D1		Dacorum AC	M15	31	M	16								
M15	32	32	24	853	Zach Danobrega	14:43 D1		Bedford and County AC	M15	32	M	15								
M15	33	33	25	518	George Perkins	14:45 D1		Leighton Buzzard AC	M15	33	M	14								
M15	34	34	26	1082	Lucas Garner	14:56 D1		Vale of Aylesbury AC	M15	34	M	13								
M15	35	35	27	265	Felix Faulkner	14:58 D1		Marshall Milton Keynes AC	M15	35	M	12								
M15	36	36	28	124	Charlie De Sousa	15:02 D1		Chiltern Harriers	M15	36	M	11								
M15	37	37	29	406	Cameron Jump	15:02 D1		St Albans Striders	M15	37	M	10								
M15	38	38	30	119	Danny Carruthers	15:04 D1		Chiltern Harriers	M15	38	M	9								
M15	39	39	31	857	Isaac Raddan	15:12 D1		Bedford and County AC	M15	39	M	8								
M15	41	41	32	764	Daniel Cogan	15:25 D1		Wycombe Phoenix	M15	41	M	7								
M15	42	42	33	126	Soren Fox	15:25 D1		Chiltern Harriers	M15	42	M	6								
M15	44	44	34	527	Jacob Leigh	15:31 D1		Leighton Buzzard AC	M15	44	M	5								
M15	45	45	35	1071	Joseph Storey	15:33 D1		Vale of Aylesbury AC	M15	45	M	4								
M15	47	47	36	860	Jude Syred	15:58 D1		Bedford and County AC	M15	47	M	3								
M15	48	48	37	257	Ethan Paris	16:10 D1		Marshall Milton Keynes AC	M15	48	M	2								
M15	50	50	38	517	Nathan Green	18:02 D1		Leighton Buzzard AC	M15	50	M	1								

Under 13 Boys

Race	Mob	D1	No.	Under 13 Boys	Time	Div	Club	Cat	Pos	M/F	Pts	M13 overall after 5 matches	Under 13 Boys Team	Total	1	2	3	4	
M13	1	1	230	Jacques Smith	10:13 D1		Marshall Milton Keynes AC	M13	1	M	48	1 Dacorum AC	MJ	702	1	Dacorum AC			
M13	2	2	933	Oliver McDonald	10:27 D1		Dacorum AC	M13	2	M	47	2 Chiltern Harriers	MJ	692	2	Chiltern Harriers			
M13	3	3	1720	Teddy Murphy	10:37 D1		Dacorum AC	M13	3	M	46	3 Wycombe Phoenix	MJ	566	3	St Albans Striders			
M13	4	4	169	Thomas Reynolds	10:47 D1		Chiltern Harriers	M13	4	M	45	4 St Albans Striders	MJ	561	4	Wycombe Phoenix			
M13	5	5	938	Lucas Oliver	11:00 D1		Dacorum AC	M13	5	M	44	5 Marshall Milton Keynes AC	MJ	546	5	Leighton Buzzard AC			
M13	6	6	870	Finley Bent	11:03 D1		Bedford and County AC												



