

Chiltern League 2023/24 - Division 1 - Match 5
Horspath Oxford - 10 February 2024

| Overall Team Result | | Total | U13G | U13B | U15G | U15B | U20WU17M | SW | SM | | | | | |
|---------------------|---------------------------|-------|------|------|------|------|----------|-----|------|------|------|----|-----|-----|
| 1 | Chiltern Harriers | 3143 | 183 | 142 | 125 | 133 | 86 | 66 | 599 | 1807 | | | | |
| 2 | Wycombe Phoenix | 2901 | 81 | 95 | 6 | 96 | 72 | 7 | 699 | 1845 | | | | |
| 3 | Marshall Milton Keynes AC | 28279 | 129 | 107 | 160 | 90 | 77 | 16 | 514 | 1786 | | | | |
| 4 | Dacorum AC | 2540 | 114 | 73 | 73 | 46 | 83 | 12 | 462 | 1677 | | | | |
| 5 | Headington Road Runners | 2321 | | | | | | | | 617 | 1704 | | | |
| 6 | Bedford and County AC | 2043 | 35 | 150 | 48 | 67 | 61 | 109 | 372 | 1201 | | | | |
| 7 | Leighton Buzzard AC | 2044 | 14 | 25 | 16 | 1 | 19 | 498 | 1471 | | | | | |
| 8 | St Albans Striders | 1774 | 82 | 176 | 91 | 30 | 78 | 22 | 468 | 827 | | | | |
| 9 | Vale of Aylesbury AC | 1579 | 57 | 116 | 19 | 66 | 18 | 17 | 224 | 1062 | | | | |
| 10 | Northampton AC | 1564 | 21 | 68 | 62 | 20 | 39 | 97 | 322 | 935 | | | | |
| 11 | Buckingham & Stowe | 1366 | | | | | | | | 420 | 946 | | | |
| 12 | Tring Running Club | 1148 | | | | | | | | 162 | 986 | | | |
| 13 | Gade Valley Harriers | 1126 | | | | | | | | 482 | 644 | | | |
| 14 | Silson AC | 1083 | | | | | | | | 433 | 650 | | | |
| 15 | Redway Runners | 799 | 54 | 18 | 11 | | | | | 177 | 522 | | | |
| 16 | Watford Harriers | 749 | 148 | 91 | | | | | | 10 | 39 | 72 | 154 | 235 |

| After 5 fixtures | | Total | Keysoe | MK | Luton | Watford | Oxford |
|------------------|---------------------------|-------|--------|------|-------|---------|--------|
| 1 | Marshall Milton Keynes AC | 17101 | 3653 | 4068 | 3230 | 3273 | 2879 |
| 2 | Chiltern Harriers | 16677 | 3698 | 3452 | 3034 | 3550 | 3143 |
| 3 | Wycombe Phoenix | 15812 | 3097 | 3574 | 2870 | 3170 | 2901 |
| 4 | Bedford and County AC | 15536 | 3692 | 3500 | 2980 | 3141 | 2043 |
| 5 | Dacorum AC | 14803 | 2837 | 3430 | 2946 | 3050 | 2540 |
| 6 | St Albans Striders | 13812 | 3019 | 3013 | 3000 | 3006 | 1774 |
| 7 | Headington Road Runners | 11488 | 2416 | 2885 | 1450 | 2416 | 2321 |
| 8 | Leighton Buzzard AC | 11137 | 2298 | 2738 | 1775 | 2282 | 2044 |
| 9 | Vale of Aylesbury AC | 10462 | 2259 | 2357 | 1906 | 2361 | 1579 |
| 10 | Northampton AC | 9050 | 1923 | 1947 | 1683 | 1933 | 1564 |
| 11 | Tring Running Club | 8546 | 1725 | 2015 | 1820 | 1838 | 1148 |
| 12 | Gade Valley Harriers | 7950 | 1650 | 1984 | 1316 | 1874 | 1126 |
| 13 | Watford Harriers | 7814 | 1360 | 1932 | 1615 | 2158 | 749 |
| 14 | Buckingham & Stowe | 7322 | 1398 | 1955 | 1459 | 1144 | 1366 |
| 15 | Silson AC | 6669 | 1639 | 1729 | 1036 | 1182 | 1083 |
| 16 | Redway Runners | 6648 | 1910 | 1250 | 1232 | 799 | |

| Overall Male Team | | Total | U13G | U13B | U15G | U15B | U20WU17M | SW | SM | |
|-------------------|---------------------------|-------|------|------|------|------|----------|----|----|------|
| 1 | Chiltern Harriers | 2150 | 142 | 133 | 68 | | | | | 1807 |
| 2 | Wycombe Phoenix | 2043 | 95 | 96 | 7 | | | | | 1845 |
| 3 | Marshall Milton Keynes AC | 1999 | 107 | 90 | 16 | | | | | 1786 |
| 4 | Dacorum AC | 1808 | 73 | 46 | 12 | | | | | 1677 |
| 5 | Headington Road Runners | 1704 | | | | | | | | 1704 |
| 6 | Bedford and County AC | 1527 | 150 | 67 | 109 | | | | | 1201 |
| 7 | Leighton Buzzard AC | 1516 | 25 | 1 | 19 | | | | | 1471 |
| 8 | Vale of Aylesbury AC | 1281 | 116 | 66 | 17 | | | | | 1062 |
| 9 | Northampton AC | 1120 | 68 | 20 | 97 | | | | | 935 |
| 10 | St Albans Striders | 1055 | 176 | 30 | 22 | | | | | 827 |
| 11 | Tring Running Club | 986 | | | | | | | | 986 |
| 12 | Buckingham & Stowe | 946 | | | | | | | | 946 |
| 13 | Silson AC | 650 | | | | | | | | 650 |
| 14 | Gade Valley Harriers | 644 | | | | | | | | 644 |
| 15 | Redway Runners | 540 | 18 | | | | | | | 522 |
| 16 | Watford Harriers | 408 | 91 | 10 | 72 | | | | | 235 |

| After 5 fixtures | | Total | Keysoe | MK | Luton | Watford | Oxford |
|------------------|---------------------------|-------|--------|------|-------|---------|--------|
| 1 | Marshall Milton Keynes AC | 11752 | 2402 | 2780 | 2375 | 2196 | 1999 |
| 2 | Bedford and County AC | 11654 | 2651 | 2629 | 2433 | 2414 | 1527 |
| 3 | Chiltern Harriers | 11085 | 2431 | 2082 | 2143 | 2279 | 2150 |
| 4 | Wycombe Phoenix | 10955 | 2205 | 2483 | 2046 | 2178 | 2043 |
| 5 | Dacorum AC | 10383 | 1966 | 2445 | 2110 | 2054 | 1808 |
| 6 | St Albans Striders | 8666 | 1935 | 1811 | 1998 | 1867 | 1055 |
| 7 | Headington Road Runners | 8317 | 1771 | 2003 | 1158 | 1681 | 1704 |
| 8 | Leighton Buzzard AC | 8092 | 1741 | 1907 | 1335 | 1593 | 1516 |
| 9 | Vale of Aylesbury AC | 7291 | 1547 | 1450 | 1373 | 1660 | 1261 |
| 10 | Tring Running Club | 6730 | 1499 | 1384 | 1395 | 1466 | 986 |
| 11 | Northampton AC | 6415 | 1370 | 1254 | 1279 | 1392 | 1120 |
| 12 | Watford Harriers | 5290 | 931 | 1339 | 1213 | 1399 | 408 |
| 13 | Gade Valley Harriers | 5097 | 1088 | 1305 | 793 | 1267 | 644 |
| 14 | Redway Runners | 4483 | 1009 | 1326 | 804 | 804 | 540 |
| 15 | Buckingham & Stowe | 4457 | 897 | 1176 | 934 | 504 | 946 |
| 16 | Silson AC | 4083 | 1132 | 1015 | 640 | 646 | 650 |

| Overall Female Team | | Total | U13G | U13B | U15G | U15B | U20WU17M | SW | SM | | |
|---------------------|---------------------------|-------|------|------|------|------|----------|----|----|-----|------|
| 1 | Chiltern Harriers | 993 | 183 | 125 | 86 | | | | | 599 | 1807 |
| 2 | Marshall Milton Keynes AC | 880 | 129 | 160 | 77 | | | | | 514 | 1786 |
| 3 | Wycombe Phoenix | 858 | 81 | 6 | 72 | | | | | 699 | 1845 |
| 4 | Dacorum AC | 732 | 114 | 73 | 83 | | | | | 462 | 1677 |
| 5 | St Albans Striders | 719 | 82 | 91 | 78 | | | | | 468 | 827 |
| 6 | Headington Road Runners | 617 | | | | | | | | 617 | 1704 |
| 7 | Leighton Buzzard AC | 528 | 14 | 16 | 1 | | | | | 498 | 1471 |
| 8 | Bedford and County AC | 516 | 35 | 48 | 61 | | | | | 372 | 1201 |
| 9 | Gade Valley Harriers | 482 | | | | | | | | 482 | 644 |
| 10 | Northampton AC | 444 | 21 | 62 | 39 | | | | | 322 | 935 |
| 11 | Silson AC | 433 | | | | | | | | 433 | 650 |
| 12 | Buckingham & Stowe | 420 | | | | | | | | 420 | 946 |
| 13 | Watford Harriers | 341 | 148 | | | | | | | 39 | 154 |
| 14 | Vale of Aylesbury AC | 318 | 57 | 19 | 18 | | | | | 224 | 1062 |
| 15 | Redway Runners | 259 | 54 | 11 | 17 | | | | | 177 | 522 |
| 16 | Tring Running Club | 162 | | | | | | | | 162 | 986 |

| After 5 fixtures | | Total | Keysoe | MK | Luton | Watford | Oxford |
|------------------|---------------------------|-------|--------|------|-------|---------|--------|
| 1 | Chiltern Harriers | 5792 | 1267 | 1370 | 891 | 1271 | 993 |
| 2 | Marshall Milton Keynes AC | 5349 | 1251 | 1286 | 855 | 1077 | 880 |
| 3 | St Albans Striders | 5146 | 1084 | 1202 | 1002 | 1139 | 719 |
| 4 | Wycombe Phoenix | 4657 | 892 | 1091 | 824 | 992 | 858 |
| 5 | Dacorum AC | 4420 | 871 | 985 | 836 | 996 | 732 |
| 6 | Bedford and County AC | 3702 | 1041 | 871 | 547 | 727 | 516 |
| 7 | Vale of Aylesbury AC | 3171 | 712 | 907 | 533 | 701 | 318 |
| 8 | Headington Road Runners | 3171 | 645 | 882 | 292 | 735 | 617 |
| 9 | Leighton Buzzard AC | 3045 | 557 | 831 | 440 | 398 | 528 |
| 10 | Buckingham & Stowe | 2865 | 501 | 779 | 525 | 640 | 420 |
| 11 | Gade Valley Harriers | 2853 | 562 | 679 | 523 | 607 | 482 |
| 12 | Northampton AC | 2635 | 553 | 693 | 404 | 541 | 444 |
| 13 | Silson AC | 2586 | 507 | 714 | 396 | 536 | 433 |
| 14 | Watford Harriers | 2524 | 429 | 593 | 402 | 759 | 341 |
| 15 | Redway Runners | 2165 | 448 | 584 | 446 | 428 | 259 |
| 16 | Tring Running Club | 1816 | 226 | 631 | 425 | 372 | 162 |

| Overall Seniors | | Total | U13G | U13B | U15G | U15B | U20WU17M | SW | SM | | |
|-----------------|---------------------------|-------|------|------|------|------|----------|----|----|-----|------|
| 1 | Wycombe Phoenix | 2544 | | | | | | | | 699 | 1845 |
| 2 | Chiltern Harriers | 2406 | | | | | | | | 599 | 1807 |
| 3 | Headington Road Runners | 2321 | | | | | | | | 617 | 1704 |
| 4 | Marshall Milton Keynes AC | 2300 | | | | | | | | 514 | 1786 |
| 5 | Dacorum AC | 2139 | | | | | | | | 462 | 1677 |
| 6 | Leighton Buzzard AC | 1969 | | | | | | | | 498 | 1471 |
| 7 | Bedford and County AC | 1573 | | | | | | | | 372 | 1201 |
| 8 | Buckingham & Stowe | 1366 | | | | | | | | 420 | 946 |
| 9 | St Albans Striders | 1295 | | | | | | | | 468 | 827 |
| 10 | Vale of Aylesbury AC | 1286 | | | | | | | | 224 | 1062 |
| 11 | Northampton AC | 1257 | | | | | | | | 322 | 935 |
| 12 | Tring Running Club | 1148 | | | | | | | | 162 | 986 |
| 13 | Gade Valley Harriers | 1126 | | | | | | | | 482 | 644 |
| 14 | Silson AC | 1083 | | | | | | | | 433 | 650 |
| 15 | Redway Runners | 699 | | | | | | | | 177 | 522 |
| 16 | Watford Harriers | 389 | | | | | | | | 154 | 235 |

| After 5 fixtures | | Total | Keysoe | MK | Luton | Watford | Oxford |
|------------------|---------------------------|-------|--------|------|-------|---------|--------|
| 1 | Wycombe Phoenix | 13611 | 2619 | 3172 | 2507 | 2769 | 2544 |
| 2 | Marshall Milton Keynes AC | 13476 | 2760 | 3283 | 2589 | 2544 | 2300 |
| 3 | Chiltern Harriers | 12801 | 2693 | 2619 | 2396 | 2687 | 2406 |
| 4 | Bedford and County AC | 12228 | 2882 | 2784 | 2504 | 2485 | 1573 |
| 5 | Dacorum AC | 12104 | 2241 | 2801 | 2409 | 2514 | 2139 |
| 6 | Headington Road Runners | 11488 | 2416 | 2885 | 1450 | 2416 | 2321 |
| 7 | Leighton Buzzard AC | 10671 | 2177 | 2595 | 1717 | 2213 | 1969 |
| 8 | St Albans Striders | 10670 | 2149 | 2408 | 2457 | 2361 | 1295 |
| 9 | Vale of Aylesbury AC | 8546 | 1725 | 2015 | 1820 | 1838 | 1148 |
| 10 | Vale of Aylesbury AC | 8532 | 1823 | 1915 | 1521 | 1987 | 1286 |
| 11 | Gade Valley Harriers | 7950 | 1650 | 1984 | 1316 | 1874 | 1126 |
| 12 | Northampton AC | 7322 | 1398 | 1955 | 1459 | 1144 | 1366 |
| 13 | Northampton AC | 7210 | 1444 | 1541 | 1414 | 1554 | 1257 |
| 14 | Silson AC | 6664 | 1636 | 1727 | 1036 | 1182 | 1083 |
| 15 | Redway Runners | 6080 | 1340 | 1782 | 1139 | 1120 | 699 |
| 16 | Watford Harriers | 5599 | 929 | 1471 | 1181 | 1629 | 389 |

| Overall Juniors | | Total | U13G | U13B | U15G | U15B | U20WU17M | SW | SM | | |
|-----------------|---------------------------|-------|------|------|------|------|----------|-----|----|-----|------|
| 1 | Chiltern Harriers | 737 | 183 | 142 | 125 | 133 | 86 | 68 | | 599 | 1807 |
| 2 | Marshall Milton Keynes AC | 579 | 129 | 107 | 160 | 90 | 77 | 16 | | 514 | 1786 |
| 3 | St Albans Striders | 479 | 82 | 176 | 91 | 30 | 78 | 22 | | 468 | 827 |
| 4 | Bedford and County AC | 470 | 35 | 150 | 48 | 67 | 61 | 109 | | 372 | 1201 |
| 5 | Dacorum AC | 401 | 114 | 73 | 73 | 46 | 83 | 12 | | 462 | 1677 |
| 6 | Watford Harriers | 360 | 148 | 91 | 10 | 39 | 72 | | | 154 | 235 |
| 7 | Wycombe Phoenix | 357 | 81 | 95 | 6 | 96 | 72 | 7 | | 699 | 1845 |
| 8 | Northampton AC | 307 | 21 | 68 | 62 | 20 | 39 | 97 | | 322 | 935 |
| 9 | Vale of Aylesbury AC | 293 | 57 | 116 | 19 | 66 | 18 | 17 | | 224 | 1062 |
| 10 | Redway Runners | 100 | 54 | 18 | 11 | | | | | 177 | 522 |
| 11 | Leighton Buzzard AC | 75 | 14 | 25 | 16 | 1 | 19 | | | 498 | 1471 |
| 12 | Buckingham & Stowe | | | | | | | | | 420 | 946 |
| 13 | Gade Valley Harriers | | | | | | | | | 482 | 644 |
| 14 | Silson AC | | | | | | | | | 433 | 650 |
| 15 | Redway Runners | | | | | | | | | 177 | 522 |
| 16 | Watford Harriers | | | | | | | | | 154 | 235 |

| After 5 fixtures | | Total |
|------------------|--|-------|
|------------------|--|-------|

| | | | | | |
|------|-----|----------------------------|-----------|---------------------------|-----|
| 1190 | 53 | 39.08 Ian Hewitt | Senior | Headington Road Runners | 162 |
| 1243 | 54 | 39.10 Gemma Prewaj | Veteran40 | Redway Runners | 161 |
| 1432 | 55 | 39.15 Josh Frewin | Senior | Tring Running Club | 160 |
| 131 | 56 | 39.21 Tom Dixon | Veteran40 | Chiltern Harriers | 159 |
| 933 | 57 | 39.25 Chris Filer | Veteran40 | Wycombe Phoenix | 158 |
| 146 | 58 | 39.32 Jonny Slade | Senior | Chiltern Harriers | 157 |
| 266 | 59 | 39.41 Matt Clarke | Veteran40 | Marshall Milton Keynes AC | 156 |
| 144 | 60 | 39.45 Neil Turner | Veteran50 | Chiltern Harriers | 155 |
| 1189 | 61 | 39.47 Rob Halifax | Veteran40 | Headington Road Runners | 154 |
| 1140 | 62 | 39.52 Phyllis Huddleston | Senior | Watford Harriers | 153 |
| 887 | 63 | 39.55 Oliver Kidd | Senior | Wycombe Phoenix | 152 |
| 1090 | 64 | 39.56 Ewan Wilson | Veteran50 | Bedford and County AC | 151 |
| 947 | 65 | 39.58 Ethan Collins | Senior | Wycombe Phoenix | 150 |
| 931 | 66 | 40.01 David Bray | Veteran40 | Wycombe Phoenix | 149 |
| 941 | 67 | 40.02 Paul Gilbert | Veteran50 | Wycombe Phoenix | 148 |
| 289 | 68 | 40.03 Chris Hearn | Veteran40 | Marshall Milton Keynes AC | 147 |
| 719 | 69 | 40.07 Andy Inchley | Veteran40 | Leighton Buzzard AC | 146 |
| 737 | 70 | 40.10 Charlie Mead | Senior | Leighton Buzzard AC | 145 |
| 313 | 71 | 40.15 Rob Smith | Senior | St Albans Striders | 144 |
| 641 | 72 | 40.18 Behrooz Moniri | Senior | Northampton AC | 143 |
| 1414 | 73 | 40.20 Tom Moreton | Veteran40 | Tring Running Club | 142 |
| 889 | 74 | 40.21 Dominic Reed | Senior | Wycombe Phoenix | 141 |
| 1174 | 75 | 40.26 Mike Healey | Veteran40 | Headington Road Runners | 140 |
| 525 | 76 | 40.29 Simon Townsend | Veteran50 | Dacorum AC | 139 |
| 1373 | 77 | 40.36 Kevin Tustain | Senior | Buckingham & Stowe | 138 |
| 509 | 78 | 40.37 Chris Marriott | Veteran40 | Dacorum AC | 137 |
| 832 | 79 | 40.47 Matthew Brown | Veteran40 | Wycombe Phoenix | 136 |
| 728 | 80 | 40.49 James Lloyd-Knibbs | Senior | Leighton Buzzard AC | 135 |
| 1472 | 81 | 40.53 Mark Conway | Senior | Silson AC | 134 |
| 1069 | 82 | 40.53 Paul Cooper | Veteran40 | Bedford and County AC | 133 |
| 888 | 83 | 40.53 Rohit Patel | Senior | Wycombe Phoenix | 132 |
| 156 | 84 | 40.58 Aran Davidson | Senior | Chiltern Harriers | 131 |
| 1164 | 85 | 40.59 John Fenning | Senior | Headington Road Runners | 130 |
| 721 | 86 | 41.07 Carl Dalkin | Veteran40 | Leighton Buzzard AC | 129 |
| 892 | 87 | 41.15 Sean Wilson | Senior | Wycombe Phoenix | 128 |
| 1547 | 88 | 41.19 Charlie May | Senior | Vale of Aylesbury AC | 127 |
| 1185 | 89 | 41.21 Jason Smith | Veteran50 | Headington Road Runners | 126 |
| 1353 | 90 | 41.24 Jimmy James | Veteran40 | Buckingham & Stowe | 125 |
| 825 | 91 | 41.39 Adam Johnson | Senior | Vale of Aylesbury AC | 124 |
| 288 | 92 | 41.45 Stephen Ratcliffe | Veteran40 | Marshall Milton Keynes AC | 123 |
| 740 | 93 | 41.46 Tom Inchley | Veteran40 | Leighton Buzzard AC | 122 |
| 143 | 94 | 41.47 Michael Turney | Veteran40 | Chiltern Harriers | 121 |
| 865 | 95 | 41.55 Thomas Young | U20 | Vale of Aylesbury AC | 120 |
| 711 | 96 | 41.55 Warren Rose | Veteran50 | Leighton Buzzard AC | 119 |
| 590 | 97 | 41.58 Mike Carpenter | Senior | Dacorum AC | 118 |
| 652 | 98 | 42.00 Paul Wood | Veteran40 | Northampton AC | 117 |
| 1258 | 99 | 42.01 William Shippin | Senior | Redway Runners | 116 |
| 1075 | 100 | 42.03 Stuart Still | Veteran50 | Bedford and County AC | 115 |
| 938 | 101 | 42.08 Clark Schofield | Veteran40 | Wycombe Phoenix | 114 |
| 934 | 102 | 42.09 Simon Hart | Veteran40 | Wycombe Phoenix | 113 |
| 1186 | 103 | 42.21 See Wah Cheng | Veteran40 | Headington Road Runners | 112 |
| 1434 | 104 | 42.28 Christian Olley | Veteran40 | Tring Running Club | 111 |
| 1156 | 105 | 42.44 Richard Skilbeck | Veteran50 | Headington Road Runners | 110 |
| 1360 | 106 | 42.47 Jim Darcy | Veteran50 | Buckingham & Stowe | 109 |
| 1374 | 107 | 42.54 Alastair Goodwin | Senior | Buckingham & Stowe | 108 |
| 724 | 108 | 43.04 Tim Inchley | Veteran40 | Leighton Buzzard AC | 107 |
| 1315 | 109 | 43.05 Thomas Evans | Veteran40 | Gade Valley Harriers | 106 |
| 991 | 110 | 43.10 Waseem Iqbal | Senior | Wycombe Phoenix | 105 |
| 1435 | 111 | 43.14 Roger Clarke | Senior | Tring Running Club | 104 |
| 154 | 112 | 43.17 Ben Hannen | Veteran40 | Chiltern Harriers | 103 |
| 1485 | 113 | 43.22 Simon Storer | Veteran50 | Silson AC | 102 |
| 828 | 114 | 43.28 Conor Richardson | Senior | Vale of Aylesbury AC | 101 |
| 935 | 115 | 43.30 Tim Hogbin | Veteran40 | Wycombe Phoenix | 100 |
| 506 | 116 | 43.34 Benjamin Kenny | Senior | Dacorum AC | 99 |
| 1294 | 117 | 43.37 James Birnie | Veteran40 | Gade Valley Harriers | 98 |
| 713 | 118 | 43.39 James Major | Veteran40 | Leighton Buzzard AC | 97 |
| 1088 | 119 | 43.48 James Thirkettle | Veteran40 | Bedford and County AC | 96 |
| 653 | 120 | 43.50 Adil Zikrou Khalouq | Veteran40 | Northampton AC | 95 |
| 259 | 121 | 43.52 Andrew Waddell | Veteran50 | Marshall Milton Keynes AC | 94 |
| 1291 | 122 | 44.02 Andrew Wells | Veteran40 | Gade Valley Harriers | 93 |
| 1500 | 123 | 44.03 Toby Heley | Veteran50 | Silson AC | 92 |
| 157 | 124 | 44.06 Alan Crozier | Veteran40 | Chiltern Harriers | 91 |
| 599 | 125 | 44.09 Mark Turner | Veteran40 | Northampton AC | 90 |
| 644 | 126 | 44.18 James Adams | Veteran40 | Northampton AC | 89 |
| 1392 | 127 | 44.19 Alex Penny | Veteran40 | Buckingham & Stowe | 88 |
| 735 | 128 | 44.24 Tom Kimber | Veteran40 | Leighton Buzzard AC | 87 |
| 1184 | 129 | 44.36 Daniel Bremner | Veteran40 | Headington Road Runners | 86 |
| 978 | 130 | 44.49 James Hayward | Veteran40 | Wycombe Phoenix | 85 |
| 650 | 131 | 44.51 Oliver Pearson | Veteran40 | Northampton AC | 84 |
| 736 | 132 | 44.56 Paul Andrew | Veteran40 | Leighton Buzzard AC | 83 |
| 1070 | 133 | 44.57 Gavin Reynolds | Veteran40 | Bedford and County AC | 82 |
| 542 | 134 | 45.01 Dave Fellowes | Veteran40 | Dacorum AC | 81 |
| 948 | 135 | 45.13 Matthew Hirst | Veteran40 | Wycombe Phoenix | 80 |
| 1481 | 136 | 45.18 James Spencer | Senior | Silson AC | 79 |
| 356 | 137 | 45.24 Jonathan Bird | Veteran50 | St Albans Striders | 78 |
| 1450 | 138 | 45.32 Jerome McAllister | Veteran40 | Tring Running Club | 77 |
| 149 | 139 | 45.36 Richard Moss | Veteran40 | Chiltern Harriers | 76 |
| 637 | 140 | 45.38 Tiberiu Patras | Senior | Northampton AC | 75 |
| 1172 | 141 | 45.39 Matt Walsh | Senior | Headington Road Runners | 74 |
| 1161 | 142 | 45.50 Alan Darbyshire | Veteran60 | Headington Road Runners | 73 |
| 536 | 143 | 45.55 Steven Russell | Veteran50 | Dacorum AC | 72 |
| 252 | 144 | 46.01 Martin Brent | Veteran50 | Marshall Milton Keynes AC | 71 |
| 302 | 145 | 46.02 Martin Healey | Veteran40 | St Albans Striders | 70 |
| 1394 | 146 | 46.07 Jeff Woods | Veteran60 | Buckingham & Stowe | 69 |
| 1516 | 147 | 46.14 Ollie Meeks | Senior | Silson AC | 68 |
| 764 | 148 | 46.17 Richard Hill | Senior | Leighton Buzzard AC | 67 |
| 1491 | 149 | 46.17 Dan Keneally | Veteran40 | Silson AC | 66 |
| 301 | 150 | 46.20 Nigel Aston | Veteran50 | St Albans Striders | 65 |
| 562 | 151 | 46.22 John Hopper | Veteran50 | Dacorum AC | 64 |
| 1169 | 152 | 46.25 Christopher Woodruff | Veteran60 | Headington Road Runners | 63 |
| 1565 | 153 | 46.27 Sai Nimsalanathan | Senior | Watford Harriers | 62 |
| 1180 | 154 | 46.51 Andrew Tyler | Senior | Headington Road Runners | 61 |
| 1580 | 155 | 47.06 Andrew Byerley | Veteran50 | Vale of Aylesbury AC | 60 |
| 1363 | 156 | 47.12 Dan Carpenter | Veteran40 | Buckingham & Stowe | 59 |
| 866 | 157 | 47.15 Marcus Maxwell | Veteran50 | Vale of Aylesbury AC | 58 |
| 1187 | 158 | 47.27 Jacob Burns | Senior | Headington Road Runners | 57 |
| 1473 | 159 | 47.34 Paul Holmes | Veteran40 | Silson AC | 56 |
| 1300 | 160 | 47.36 Roland Kendall | Veteran50 | Gade Valley Harriers | 55 |
| 1160 | 161 | 47.36 Doug Simpson | Veteran50 | Headington Road Runners | 54 |
| 1152 | 162 | 47.42 Martin Slevin | Veteran60 | Headington Road Runners | 53 |
| 1499 | 163 | 47.44 Jakob Ebrey | Veteran40 | Silson AC | 52 |
| 1168 | 164 | 47.45 Angus Grant | Veteran40 | Headington Road Runners | 51 |
| 1157 | 165 | 47.55 John Griffiths | Veteran60 | Headington Road Runners | 50 |
| 642 | 166 | 48.03 Oliver Munns | Senior | Northampton AC | 49 |
| 859 | 167 | 48.18 Ben Riley | Senior | Vale of Aylesbury AC | 48 |
| 138 | 168 | 48.33 Ed Wright | Veteran50 | Chiltern Harriers | 47 |
| 1073 | 169 | 48.37 Adam Harris | Senior | Bedford and County AC | 46 |
| 522 | 170 | 48.47 Stuart Bailey | Veteran40 | Dacorum AC | 45 |
| 725 | 171 | 48.48 Scott Isaacs | Veteran50 | Leighton Buzzard AC | 44 |
| 246 | 172 | 48.50 Tim Pearce | Veteran50 | Marshall Milton Keynes AC | 43 |
| 527 | 173 | 48.53 Michael Young | Veteran40 | Dacorum AC | 42 |
| 558 | 174 | 48.55 Matthew Hallissey | Veteran40 | Dacorum AC | 41 |
| 1358 | 175 | 48.58 Rob Lisanti | Veteran60 | Buckingham & Stowe | 40 |
| 1307 | 176 | 49.01 Jono Marvel | Veteran50 | Gade Valley Harriers | 39 |
| 824 | 177 | 49.03 Robin Barnett | Senior | Vale of Aylesbury AC | 38 |
| 1237 | 178 | 49.08 Adam Savory | Senior | Redway Runners | 37 |
| 92 | 179 | 49.30 Frank Gaymond | Senior | Chiltern Harriers | 36 |
| 151 | 180 | 49.35 Glen Martin | Veteran50 | Chiltern Harriers | 35 |
| 1292 | 181 | 49.39 Edward Price | Veteran40 | Gade Valley Harriers | 34 |
| 1383 | 182 | 49.45 Jon Forbes | Veteran40 | Buckingham & Stowe | 33 |
| 1167 | 183 | 49.52 Stefan Franssen | Senior | Headington Road Runners | 32 |
| 312 | 184 | 50.00 Mark Stevens | Veteran40 | St Albans Striders | 31 |
| 1390 | 185 | 50.13 Yuzhi Yoshinaga | Veteran50 | Buckingham & Stowe | 30 |
| 160 | 186 | 50.19 Neil Bates | Senior | Chiltern Harriers | 29 |
| 1188 | 187 | 50.31 Marc Dibsall | Veteran40 | Headington Road Runners | 28 |
| 141 | 188 | 50.36 Clive Doozra | Veteran50 | Chiltern Harriers | 27 |
| 314 | 189 | 50.40 Colin Braybrook | Veteran60 | St Albans Striders | 26 |
| 1305 | 190 | 50.48 Simon Morris | Senior | Gade Valley Harriers | 25 |
| 1372 | 191 | 50.59 Robby Taylor | Senior | Buckingham & Stowe | 24 |
| 142 | 192 | 51.16 David de Sousa | Veteran40 | Chiltern Harriers | 23 |
| 311 | 193 | 51.44 Steve Bowran | Veteran50 | St Albans Striders | 22 |
| 645 | 194 | 51.57 Adam Alexander | Veteran40 | Northampton AC | 21 |
| 1116 | 195 | 51.59 Adrian Harwood | Veteran50 | Watford Harriers | 20 |
| 990 | 196 | 52.10 Doug Cannon | Veteran60 | Wycombe Phoenix | 19 |
| 309 | 197 | 52.23 Peter Blackaller | Veteran60 | St Albans Striders | 18 |
| 520 | 198 | 52.29 Philip Pugh | Veteran60 | Dacorum AC | 17 |
| 1425 | 199 | 52.34 Jon Salmon | Veteran60 | Tring Running Club | 16 |
| 1412 | 200 | 52.45 Rick Ansell | Veteran60 | Tring Running Club | 15 |

| | | | | | | |
|------|-----|-------|------------------|-----------|-------------------------|----|
| 830 | 201 | 52.49 | Alan Roberts | Veteran50 | Vale of Aylesbury AC | 14 |
| 1153 | 202 | 53.39 | John Marshall | Veteran40 | Headington Road Runners | 13 |
| 849 | 203 | 53.39 | Mark Fallaize | Senior | Vale of Aylesbury AC | 12 |
| 712 | 204 | 54.44 | Neil Green | Veteran40 | Leighton Buzzard AC | 11 |
| 1459 | 205 | 54.51 | John Manning | Veteran60 | Tring Running Club | 10 |
| 1352 | 206 | 55.17 | Duncan Moll | Veteran50 | Buckingham & Stowe | 9 |
| 1183 | 207 | 59.22 | Philip Lister | Veteran60 | Headington Road Runners | 8 |
| 1462 | 208 | 59.32 | Angelo Lucatello | Veteran50 | Tring Running Club | 7 |
| 1228 | 209 | 60.20 | Gleinn Dickinson | Veteran60 | Redway Runners | 6 |
| 1234 | 210 | 60.59 | Andrew Collins | Veteran40 | Redway Runners | 5 |
| 580 | 211 | 61.13 | Peter Slansbury | Veteran50 | Dacorum AC | 4 |
| 649 | 212 | 62.39 | Steven Martin | Veteran40 | Northampton AC | 3 |
| 1236 | 213 | 63.20 | Matthew Cleary | Veteran40 | Redway Runners | 2 |
| 1471 | 214 | 74.19 | Humphrey Marten | Veteran60 | Silson AC | 1 |

| Number | Div. | Pos. | Time | U17 Men | Category | Club | Points |
|--------|------|------|------|---------|----------|------|--------|
|--------|------|------|------|---------|----------|------|--------|

| | | | | | | |
|------|----|-------|----------------------|-----|---------------------------|----|
| 1040 | 1 | 21.46 | Theo Beale | U17 | Bedford and County AC | 31 |
| 1112 | 2 | 22.07 | Oliver Cooper | U17 | Watford Harriers | 30 |
| 624 | 3 | 22.23 | Freddie Cushing | U17 | Northampton AC | 29 |
| 628 | 4 | 22.28 | Benjamin Westmorland | U17 | Northampton AC | 28 |
| 1034 | 5 | 22.45 | Oliver Wilson | U17 | Bedford and County AC | 27 |
| 1057 | 6 | 23.05 | Mackenzie Kotrys | U17 | Bedford and County AC | 26 |
| 1038 | 7 | 23.18 | Sam Boshier | U17 | Bedford and County AC | 25 |
| 1051 | 8 | 23.43 | Isaac Mitchell | U17 | Bedford and County AC | 24 |
| 80 | 9 | 23.49 | Jack Turner | U17 | Chiltern Harriers | 23 |
| 627 | 10 | 23.53 | Lewis Robson | U17 | Northampton AC | 22 |
| 1117 | 11 | 23.56 | Jenan Crags | U17 | Watford Harriers | 21 |
| 77 | 12 | 24.08 | Daniel Mun | U17 | Chiltern Harriers | 20 |
| 1035 | 13 | 24.08 | Daniel Smith | U17 | Bedford and County AC | 19 |
| 629 | 14 | 24.09 | Daniel Wood | U17 | Northampton AC | 18 |
| 1542 | 15 | 24.12 | Archie Lynch | U17 | Vale of Aylesbury AC | 17 |
| 78 | 16 | 24.29 | Callum Powell | U17 | Chiltern Harriers | 16 |
| 455 | 17 | 24.32 | Mylo Neale | U17 | St Albans Striders | 15 |
| 242 | 18 | 24.45 | Maxwell Newman | U17 | Marshall Milton Keynes AC | 14 |
| 695 | 19 | 25.00 | Jacob Lee | U17 | Leighton Buzzard AC | 13 |
| 491 | 20 | 25.02 | Henry Barron | U17 | Dacorum AC | 12 |
| 1092 | 21 | 25.13 | James Ingham | U17 | Watford Harriers | 11 |
| 1109 | 22 | 25.26 | Alessandro Butt | U17 | Watford Harriers | 10 |
| 73 | 23 | 25.50 | Rory Hilton | U17 | Chiltern Harriers | 9 |
| 1048 | 24 | 25.54 | Jacob Schuricht | U17 | Bedford and County AC | 8 |
| 382 | 25 | 26.34 | Joshua Banfield | U17 | St Albans Striders | 7 |
| 79 | 26 | 26.39 | Hari Mistry | U17 | Chiltern Harriers | 6 |
| 691 | 27 | 27.27 | George Perkins | U17 | Leighton Buzzard AC | 5 |
| 912 | 28 | 28.06 | Daniel Cogan | U17 | Wycombe Phoenix | 4 |
| 29 | 29 | 28.22 | Tom Jordan | U17 | Wycombe Phoenix | 3 |
| 245 | 30 | 29.15 | Milan Mistry | U17 | Marshall Milton Keynes AC | 2 |
| 690 | 31 | 31.06 | Ash Carter | U17 | Leighton Buzzard AC | 1 |

| Number | Div. | Pos. | Time | U15 Boys | Category | Club | Points |
|--------|------|------|------|----------|----------|------|--------|
|--------|------|------|------|----------|----------|------|--------|

| | | | | | | |
|------|----|-------|---------------------------|-----|---------------------------|----|
| 49 | 1 | 14.15 | Tom Ford | U15 | Chiltern Harriers | 36 |
| 225 | 2 | 14.30 | Jaques Smith | U15 | Marshall Milton Keynes AC | 35 |
| 55 | 3 | 14.41 | Edward Johnson | U15 | Chiltern Harriers | 34 |
| 921 | 4 | 14.58 | Edward Faulkner | U15 | Wycombe Phoenix | 33 |
| 42 | 5 | 15.05 | James Holdsworth | U15 | Chiltern Harriers | 32 |
| 6 | 6 | 15.09 | Charlie Quantrell | U15 | Chiltern Harriers | 31 |
| 1049 | 7 | 15.10 | Harry Scott | U15 | Bedford and County AC | 30 |
| 57 | 8 | 15.12 | Thomas Reynolds | U15 | Chiltern Harriers | 29 |
| 471 | 9 | 15.14 | Lucas Oliver | U15 | Dacorum AC | 28 |
| 441 | 10 | 15.33 | Adam Healey | U15 | St Albans Striders | 27 |
| 227 | 11 | 15.43 | Morgan Bunn | U15 | Marshall Milton Keynes AC | 26 |
| 810 | 12 | 16.06 | Ernie Jansen Van Rensburg | U15 | Vale of Aylesbury AC | 25 |
| 51 | 13 | 16.08 | Edie O'Brien | U15 | Chiltern Harriers | 24 |
| 967 | 14 | 16.34 | Joel Crook | U15 | Wycombe Phoenix | 23 |
| 814 | 15 | 16.44 | Joseph Storey | U15 | Vale of Aylesbury AC | 22 |
| 983 | 16 | 16.49 | Rory Crichton | U15 | Wycombe Phoenix | 21 |
| 1047 | 17 | 16.52 | Zach Danobrega | U15 | Bedford and County AC | 20 |
| 964 | 18 | 17.02 | Reuben Penney | U15 | Wycombe Phoenix | 19 |
| 479 | 19 | 17.05 | Lewis Daniel | U15 | Dacorum AC | 18 |
| 1043 | 20 | 17.06 | Oliver Coombes | U15 | Bedford and County AC | 17 |
| 243 | 21 | 17.14 | Felix Moorhouse | U15 | Marshall Milton Keynes AC | 16 |
| 989 | 22 | 17.17 | Louis Filer | U15 | Wycombe Phoenix | 15 |
| 669 | 23 | 17.19 | Jude Nutt | U15 | Northampton AC | 14 |
| 222 | 24 | 17.24 | Ethan Paris | U15 | Marshall Milton Keynes AC | 13 |
| 47 | 25 | 17.25 | Dylan Rossi | U15 | Chiltern Harriers | 12 |
| 811 | 26 | 17.34 | Digby Martin | U15 | Vale of Aylesbury AC | 11 |
| 1130 | 27 | 17.35 | Joseph Brown | U15 | Watford Harriers | 10 |
| 971 | 28 | 17.59 | Leo Bray | U15 | Wycombe Phoenix | 9 |
| 890 | 29 | 18.02 | Lucas Garner | U15 | Vale of Aylesbury AC | 8 |
| 30 | 30 | 18.12 | Charlie De Sousa | U15 | Chiltern Harriers | 7 |
| 969 | 31 | 18.17 | Adam Heywood | U15 | Wycombe Phoenix | 6 |
| 89 | 32 | 18.27 | James Malin | U15 | Chiltern Harriers | 5 |
| 622 | 33 | 18.57 | Jamie Thomas | U15 | Northampton AC | 4 |
| 452 | 34 | 19.09 | Jacob Burley | U15 | St Albans Striders | 3 |
| 620 | 35 | 19.16 | Gabriel Melczynski | U15 | Northampton AC | 2 |
| 685 | 36 | 20.28 | Nathan Green | U15 | Leighton Buzzard AC | 1 |

| Number | Div. | Pos. | Time | U13 Boys | Category | Club | Points |
|--------|------|------|------|----------|----------|------|--------|
|--------|------|------|------|----------|----------|------|--------|

| | | | | | | |
|------|----|-------|--------------------|-----|---------------------------|----|
| 433 | 1 | 10.42 | Isaac Gibson-Dunt | U13 | St Albans Striders | 50 |
| 2 | 2 | 10.51 | James Marshall | U13 | Marshall Milton Keynes AC | 49 |
| 954 | 3 | 11.02 | Finn Hayward | U13 | Wycombe Phoenix | 48 |
| 198 | 4 | 11.19 | Daniel Southgate | U13 | Marshall Milton Keynes AC | 47 |
| 798 | 5 | 11.23 | Zachary Honour | U13 | Vale of Aylesbury AC | 46 |
| 434 | 6 | 11.28 | Conor Treloar | U13 | St Albans Striders | 45 |
| 31 | 7 | 11.39 | Logan Gaskell | U13 | Chiltern Harriers | 44 |
| 610 | 8 | 11.41 | Oliver Groves | U13 | Northampton AC | 43 |
| 1032 | 9 | 11.42 | Ethan Gibbs | U13 | Bedford and County AC | 42 |
| 425 | 10 | 11.45 | Guy Russell Jones | U13 | St Albans Striders | 41 |
| 1553 | 11 | 11.46 | Joseph McGrath | U13 | St Albans Striders | 40 |
| 1562 | 12 | 11.48 | Joshua Woodward | U13 | Watford Harriers | 39 |
| 137 | 13 | 11.54 | Toby Reynolds | U13 | Chiltern Harriers | 38 |
| 1042 | 14 | 11.55 | Fraser Williams | U13 | Bedford and County AC | 37 |
| 1050 | 15 | 11.57 | Henry Pyecroft | U13 | Bedford and County AC | 36 |
| 1039 | 16 | 12.00 | Harry Nevzat | U13 | Bedford and County AC | 35 |
| 484 | 17 | 12.08 | Connor Barr | U13 | Dacorum AC | 34 |
| 517 | 18 | 12.11 | Rory Moloney | U13 | Dacorum AC | 33 |
| 22 | 19 | 12.23 | Kit Dixon | U13 | Chiltern Harriers | 32 |
| 1045 | 20 | 12.24 | Oliver Henderson | U13 | Bedford and County AC | 31 |
| 437 | 21 | 12.25 | Zachary Jones | U13 | St Albans Striders | 30 |
| 1544 | 22 | 12.29 | Joe Mercer | U13 | Vale of Aylesbury AC | 29 |
| 21 | 23 | 12.31 | Jacob McCall | U13 | Chiltern Harriers | 28 |
| 1046 | 24 | 12.32 | Harry Henderson | U13 | Bedford and County AC | 27 |
| 387 | 25 | 12.36 | George Hill | U13 | St Albans Striders | 26 |
| 587 | 26 | 12.39 | Josh Ineson | U13 | Leighton Buzzard AC | 25 |
| 793 | 27 | 12.41 | Peter Cheung | U13 | Vale of Aylesbury AC | 24 |
| 20 | 28 | 12.46 | Isaac McCall | U13 | Chiltern Harriers | 23 |
| 1108 | 29 | 12.50 | Leonardo Borrill | U13 | Watford Harriers | 22 |
| 613 | 30 | 12.52 | Leonard Melczynski | U13 | Northampton AC | 21 |
| 136 | 31 | 12.56 | Harrison Lawrence | U13 | Chiltern Harriers | 20 |
| 959 | 32 | 12.59 | Edward Rowe | U13 | Wycombe Phoenix | 19 |
| 1285 | 33 | 13.08 | Luke Jenner | U13 | Redway Runners | 18 |
| 803 | 34 | 13.09 | James Rendell | U13 | Vale of Aylesbury AC | 17 |
| 1126 | 35 | 13.20 | Jake Mussen | U13 | Watford Harriers | 16 |
| 906 | 36 | 13.31 | William Penney | U13 | Wycombe Phoenix | 15 |
| 1104 | 37 | 13.41 | Jacob Renev | U13 | Watford Harriers | 14 |
| 903 | 38 | 13.44 | Sam Feehey | U13 | Wycombe Phoenix | 13 |
| 799 | 39 | 13.50 | George Lloyd | U13 | Vale of Aylesbury AC | 12 |
| 197 | 40 | 14.12 | Afonso Pereira | U13 | Marshall Milton Keynes AC | 11 |
| 28 | 41 | 14.13 | Albert Rushton | U13 | Chiltern Harriers | 10 |
| 1037 | 42 | 14.13 | Thomas Harper | U13 | Bedford and County AC | 9 |
| 797 | 43 | 14.39 | Tom Gaeta | U13 | Vale of Aylesbury AC | 8 |
| 1557 | 44 | 14.47 | James Trainor | U13 | St Albans Striders | 7 |
| 498 | 45 | 14.59 | Daragh Noble | U13 | Dacorum AC | 6 |
| 802 | 46 | 15.16 | Jonny Peel | U13 | Vale of Aylesbury AC | 5 |
| 608 | 47 | 15.34 | Lewis Armon | U13 | Northampton AC | 4 |
| 804 | 48 | 16.03 | Theo Rickard | U13 | Vale of Aylesbury AC | 3 |
| 1055 | 49 | 16.59 | William Bacon | U13 | Bedford and County AC | 2 |
| 699 | 50 | 17.00 | Harley Bray | U13 | Wycombe Phoenix | 1 |

| Number | Div. | Pos. | Time | Senior Women | Category | Club | Points |
|--------|------|------|------|--------------|----------|------|--------|
|--------|------|------|------|--------------|----------|------|--------|

| | | | | | | |
|------|----|-------|--------------------|-----------|---------------------------|-----|
| 1023 | 1 | 23.17 | Rebecca Murray | Senior | Bedford and County AC | 128 |
| 251 | 2 | 24.11 | Lara Bromlow | Veteran35 | Marshall Milton Keynes AC | 127 |
| 514 | 3 | 24.32 | Kate Rennie | Veteran45 | Dacorum AC | 126 |
| 511 | 4 | 25.39 | Claire Hallissey | Veteran35 | Dacorum AC | 125 |
| 929 | 5 | 25.58 | Jenny Roberts | Veteran55 | Wycombe Phoenix | 124 |
| 1421 | 6 | 26.09 | Sarah Needleman | Senior | Tring Running Club | 123 |
| 976 | 7 | 26.23 | Katy Ward | Senior | Wycombe Phoenix | 122 |
| 8 | 8 | 26.59 | Angela King | Senior | Marshall Milton Keynes AC | 121 |
| 1216 | 9 | 26.59 | Tilly Woods | Senior | Headington Road Runners | 120 |
| 362 | 10 | 27.06 | Lily Seach | Senior | St Albans Striders | 119 |
| 925 | 11 | 27.27 | Yolanda Gutteridge | Veteran35 | Wycombe Phoenix | 118 |
| 292 | 12 | 27.32 | Amy Milne | Senior | Marshall Milton Keynes AC | 117 |
| 1344 | 13 | 27.42 | Heather Timmis | Senior | Gade Valley Harriers | 116 |

| U17 Men | Total | 1st | 2nd | 3rd | 4th |
|---------|-------|-----|-----|-----|-----|
|---------|-------|-----|-----|-----|-----|

| | | | | | |
|-----------------------------|-----|----|----|----|----|
| 1 Bedford and County AC | 109 | 31 | 27 | 26 | 25 |
| 2 Northampton AC | 97 | 29 | 28 | 22 | 18 |
| 3 Watford Harriers | 72 | 30 | 21 | 11 | 10 |
| 4 Chiltern Harriers | 68 | 23 | 20 | 16 | 9 |
| 5 St Albans Striders | 22 | 15 | 7 | | |
| 6 Leighton Buzzard AC | 19 | 13 | 5 | 1 | |
| 7 Vale of Aylesbury AC | 17 | 17 | | | |
| 8 Marshall Milton Keynes AC | 16 | 14 | 2 | | |
| 9 Dacorum AC | 12 | 12 | | | |
| 10 Wycombe Phoenix | 7 | 4 | 3 | | |
| 11 Buckingham & Stowe | | | | | |
| 12 Gade Valley Harriers | | | | | |
| 13 Headington Road Runners | | | | | |
| 14 Watford Harriers | | | | | |
| 15 Silson AC | | | | | |
| 16 Tring Running Club | | | | | |

| U15 Boys | Total | 1st | 2nd | 3rd | 4th |
|----------|-------|-----|-----|-----|-----|
|----------|-------|-----|-----|-----|-----|

| | | | | | |
|-----------------------------|-----|----|----|----|----|
| 1 Chiltern Harriers | 133 | 36 | 34 | 32 | 31 |
| 2 Wycombe Phoenix | 96 | 33 | 23 | 21 | 19 |
| 3 Marshall Milton Keynes AC | 90 | 35 | 26 | 16 | 13 |
| 4 Bedford and County AC | 67 | 30 | 20 | 17 | |
| 5 Vale of Aylesbury AC | 66 | 25 | 22 | 11 | 8 |
| 6 Dacorum AC | 46 | 28 | 18 | | |
| 7 St Albans Striders | 30 | 27 | 3 | | |
| 8 Northampton AC | 20 | 14 | 4 | 2 | |
| 9 Watford Harriers | 10 | 10 | | | |
| 10 Leighton Buzzard AC | 1 | 1 | | | |
| 11 Buckingham & Stowe | | | | | |
| 12 Gade Valley Harriers | | | | | |
| 13 Headington Road Runners | | | | | |
| 14 Redway Runners | | | | | |
| 15 Silson AC | | | | | |
| 16 Tring Running Club | | | | | |

| U13 Boys | Total | 1st | 2nd | 3rd | 4th |
|----------|-------|-----|-----|-----|-----|
|----------|-------|-----|-----|-----|-----|

| | | | | | |
|-----------------------------|-----|----|----|----|----|
| 1 St Albans Striders | 176 | 50 | 45 | 41 | 40 |
| 2 Bedford and County AC | 150 | 42 | 37 | 36 | 35 |
| 3 Chiltern Harriers | 142 | 44 | 38 | 32 | 28 |
| 4 Vale of Aylesbury AC | 116 | 46 | 29 | 24 | 17 |
| 5 Marshall Milton Keynes AC | 107 | 49 | 47 | 11 | |
| 6 Watford Harriers | 95 | 48 | 19 | 15 | 13 |
| 7 Dacorum AC | 73 | 34 | 33 | 6 | |
| 8 Northampton AC | 68 | 43 | 21 | 4 | |
| 9 Leighton Buzzard AC | 25 | 25 | | | |
| 10 Redway Runners | 18 | 18 | | | |
| 11 Buckingham & Stowe | | | | | |
| 12 Gade Valley Harriers | | | | | |
| 13 Headington Road Runners | | | | | |
| 14 Silson AC | | | | | |
| 15 Tring Running Club | | | | | |

| Senior Women | Total | 1st | 2nd | 3rd | 4th | 5th | 6th |
|--------------|-------|-----|-----|-----|-----|-----|-----|
|--------------|-------|-----|-----|-----|-----|-----|-----|

| | | | | | | | |
|-----------------------------|-----|-----|-----|-----|-----|-----|-----|
| 1 Wycombe Phoenix | 699 | 124 | 122 | 118 | 114 | 112 | 109 |
| 2 Headington Road Runners | 619 | 120 | 106 | 101 | 99 | 98 | 93 |
| 3 Chiltern Harriers | 597 | 108 | 105 | 104 | 97 | 94 | 91 |
| 4 Marshall Milton Keynes AC | 514 | 127 | 121 | 117 | 76 | 73 | |
| 5 Leighton Road Runners | 498 | 115 | 100 | 92 | 89 | 68 | 34 |
| 6 Gade Valley Harriers | 482 | 116 | 88 | 80 | 69 | 66 | 63 |
| 7 St Albans Striders | 468 | 119 | 103 | 75 | 65 | 61 | 45 |
| 8 Dacorum AC | 462 | 126 | 125 | 85 | 50 | 48 | 28 |
| 9 Silson AC | 433 | 113 | | | | | |

| | | | | | | |
|------|-----|-------|-----------------------|-----------|---------------------------|-----|
| 707 | 14 | 27.43 | Johanna Dear | Senior | Leighton Buzzard AC | 115 |
| 895 | 15 | 27.46 | Anna Mcenery | Senior | Wycombe Phoenix | 111 |
| 1474 | 16 | 27.45 | Helen Heley | Veteran45 | Silson AC | 113 |
| 894 | 17 | 27.49 | Melanie Phair | Senior | Wycombe Phoenix | 112 |
| 1028 | 18 | 28.00 | Emma Smith | Senior | Bedford and County AC | 111 |
| 1483 | 19 | 28.02 | Julie-Ann Hammond | Veteran45 | Silson AC | 110 |
| 940 | 20 | 28.03 | Samantha Usher | Veteran45 | Wycombe Phoenix | 109 |
| 127 | 21 | 28.07 | Jessie Keightley | Senior | Chiltern Harriers | 108 |
| 1025 | 22 | 28.10 | Sue Boshier | Veteran35 | Bedford and County AC | 107 |
| 1213 | 23 | 28.22 | Lucy Ambrose | Veteran35 | Headington Road Runners | 106 |
| 112 | 24 | 28.03 | Charlotte Cooper | Senior | Chiltern Harriers | 104 |
| 113 | 25 | 28.40 | Fiona Kelleher | Senior | Chiltern Harriers | 104 |
| 308 | 26 | 28.44 | Kate Dixon | Veteran45 | St Albans Striders | 103 |
| 897 | 27 | 28.47 | Natasha Taylor | Senior | Wycombe Phoenix | 102 |
| 1217 | 28 | 28.49 | Abigail Mann | Senior | Headington Road Runners | 101 |
| 761 | 29 | 28.54 | Rachel Fawcett | Veteran45 | Leighton Buzzard AC | 100 |
| 1205 | 30 | 28.57 | Rachel Shaw | Veteran45 | Headington Road Runners | 99 |
| 1209 | 31 | 29.00 | Maddie Ding | Veteran35 | Headington Road Runners | 98 |
| 125 | 32 | 29.06 | Orla Williams | U20 | Chiltern Harriers | 97 |
| 946 | 33 | 29.18 | Sarah Hayward | Veteran45 | Wycombe Phoenix | 96 |
| 1137 | 34 | 29.27 | Helen Macaulay | Veteran35 | Watford Harriers | 95 |
| 105 | 35 | 29.29 | Katie Royals | Senior | Chiltern Harriers | 94 |
| 1203 | 36 | 29.37 | Nicola Oldroyd | Senior | Headington Road Runners | 93 |
| 702 | 37 | 29.39 | Liz Peters | Veteran45 | Leighton Buzzard AC | 92 |
| 126 | 38 | 29.52 | Jessica Orr | Senior | Chiltern Harriers | 91 |
| 1208 | 39 | 29.56 | Charlotte Cox | Senior | Headington Road Runners | 90 |
| 708 | 40 | 30.07 | Amy Inchley | Veteran35 | Leighton Buzzard AC | 89 |
| 1327 | 41 | 30.13 | Teresa Reason | Veteran45 | Gade Valley Harriers | 88 |
| 836 | 42 | 30.18 | Sarah Pearce | Veteran35 | Vale of Aylesbury AC | 87 |
| 1375 | 43 | 30.23 | Beverley Hodgson | Veteran35 | Buckingham & Stowe | 86 |
| 513 | 44 | 30.41 | Vickie Coleman | Veteran35 | Dacorum AC | 85 |
| 1371 | 45 | 30.47 | Tanya Cronin | Senior | Buckingham & Stowe | 84 |
| 1505 | 46 | 31.03 | Imogen Lancaster | Senior | Silson AC | 83 |
| 684 | 47 | 31.04 | Linda Thomas | Veteran35 | Northampton AC | 82 |
| 125 | 48 | 31.05 | Jessica Goodwin | Senior | Buckingham & Stowe | 81 |
| 1328 | 49 | 31.18 | Victoria Crawley-Wise | Veteran35 | Gade Valley Harriers | 80 |
| 104 | 50 | 31.24 | Jenny Bizley | Veteran35 | Chiltern Harriers | 79 |
| 1223 | 51 | 31.44 | Sarah Buck | Veteran35 | Redway Runners | 78 |
| 211 | 52 | 32.12 | Abigail Askey | Veteran45 | Chiltern Harriers | 77 |
| 249 | 53 | 32.16 | Debra Brent | Veteran55 | Marshall Milton Keynes AC | 76 |
| 327 | 54 | 32.24 | Mandy Attree | Veteran55 | St Albans Striders | 75 |
| 1200 | 55 | 32.27 | Carliona Scott | Veteran35 | Headington Road Runners | 74 |
| 260 | 56 | 32.28 | Ella Carey | Senior | Marshall Milton Keynes AC | 73 |
| 1202 | 57 | 32.28 | Sarah Evered | Veteran45 | Headington Road Runners | 72 |
| 626 | 58 | 32.31 | Nicola Wood | Veteran35 | Northampton AC | 71 |
| 108 | 59 | 32.51 | Sylvia Moss | Veteran45 | Chiltern Harriers | 70 |
| 1325 | 60 | 32.55 | Kim Morgan | Veteran35 | Gade Valley Harriers | 69 |
| 706 | 61 | 32.57 | Sarah Keane | Veteran45 | Leighton Buzzard AC | 68 |
| 1201 | 62 | 33.00 | Goylette Chami | Veteran35 | Headington Road Runners | 67 |
| 1324 | 63 | 33.04 | Claire McDonnell | Veteran45 | Gade Valley Harriers | 66 |
| 342 | 64 | 33.08 | Luisa Briana | Veteran45 | St Albans Striders | 65 |
| 1219 | 65 | 33.08 | Yvonne Morris | Veteran45 | Headington Road Runners | 64 |
| 1346 | 66 | 33.09 | Ines Trent | Veteran35 | Gade Valley Harriers | 63 |
| 94 | 67 | 33.11 | Claire Mistry | Veteran45 | Chiltern Harriers | 62 |
| 323 | 68 | 33.31 | Ruth Kent | Veteran35 | St Albans Striders | 61 |
| 1366 | 69 | 33.39 | Debbie Morris | Veteran45 | Buckingham & Stowe | 60 |
| 1136 | 70 | 33.42 | Helen Gibbins | Senior | Watford Harriers | 59 |
| 1339 | 71 | 33.47 | Jenny Stubberfield | Senior | Gade Valley Harriers | 58 |
| 1393 | 72 | 33.59 | Kirsty Bishop | Veteran45 | Buckingham & Stowe | 57 |
| 1338 | 73 | 34.03 | Lucy Lower | Veteran35 | Gade Valley Harriers | 56 |
| 1199 | 74 | 34.14 | Clare Humphreys | Veteran35 | Headington Road Runners | 55 |
| 670 | 75 | 34.49 | Alison Wood | Veteran45 | Northampton AC | 54 |
| 843 | 76 | 34.53 | Chloe Pollard | Senior | Vale of Aylesbury AC | 53 |
| 1388 | 77 | 34.57 | Laura Penny | Veteran35 | Buckingham & Stowe | 52 |
| 1198 | 78 | 35.07 | Alison Barry | Veteran55 | Headington Road Runners | 51 |
| 554 | 79 | 35.15 | Sarah Deas | Senior | Dacorum AC | 50 |
| 658 | 80 | 35.15 | Annie Slirn | Senior | Northampton AC | 49 |
| 561 | 81 | 35.22 | Louisa Hopper | Veteran45 | Dacorum AC | 48 |
| 1239 | 82 | 35.25 | Jacqueline Moore | Veteran35 | Redway Runners | 47 |
| 1197 | 83 | 35.28 | Amy Flaxman | Veteran35 | Headington Road Runners | 46 |
| 326 | 84 | 35.28 | Julianne Nightingale | Veteran45 | St Albans Striders | 45 |
| 1502 | 85 | 35.40 | Jayne Cooper | Veteran55 | Silson AC | 44 |
| 1513 | 86 | 35.54 | Melanie Bignell | Veteran55 | Silson AC | 43 |
| 364 | 87 | 36.15 | Beth Hopla | Senior | St Albans Striders | 42 |
| 1340 | 88 | 36.20 | Katie Ellis | Veteran35 | Gade Valley Harriers | 41 |
| 1515 | 89 | 36.29 | Susan Mulligan | Veteran35 | Silson AC | 40 |
| 1244 | 90 | 36.51 | Jane Lee | Veteran45 | Redway Runners | 39 |
| 868 | 91 | 36.33 | Victoria Sheldon | Veteran55 | Vale of Aylesbury AC | 38 |
| 1027 | 92 | 37.17 | Miriam Kempson | Veteran55 | Chiltern Harriers | 37 |
| 122 | 93 | 37.31 | Harriet Lemon | Veteran45 | Chiltern Harriers | 36 |
| 665 | 94 | 38.02 | Tracey Davis | Veteran45 | Northampton AC | 35 |
| 701 | 95 | 38.05 | Alison Bell | Veteran45 | Leighton Buzzard AC | 34 |
| 1333 | 96 | 38.07 | Kitty Cole | Veteran35 | Gade Valley Harriers | 33 |
| 1332 | 97 | 38.08 | Susan Ivin | Veteran35 | Gade Valley Harriers | 32 |
| 656 | 98 | 38.30 | Laura Bennetts | Senior | Northampton AC | 31 |
| 1517 | 99 | 38.35 | Rosemary Heley | Senior | Silson AC | 30 |
| 1207 | 100 | 39.54 | Jackie Duval | Veteran65 | Headington Road Runners | 29 |
| 540 | 101 | 40.05 | Penny Wallduck | Veteran55 | Dacorum AC | 28 |
| 528 | 102 | 40.10 | Carole Pitts | Veteran55 | Dacorum AC | 27 |
| 1027 | 103 | 40.18 | Emma Coombes | Veteran45 | Bedford and County AC | 26 |
| 869 | 104 | 40.19 | Sue Barnes | Veteran65 | Vale of Aylesbury AC | 25 |
| 358 | 105 | 40.20 | Diane Hunt | Veteran55 | St Albans Striders | 24 |
| 1206 | 106 | 40.21 | Christine Marshall | Veteran55 | Headington Road Runners | 23 |
| 1484 | 107 | 40.32 | Fiona Storer | Veteran45 | Silson AC | 22 |
| 666 | 108 | 41.40 | Ruth Fontenla | Veteran45 | Northampton AC | 21 |
| 1416 | 109 | 41.47 | Sue Frewin | Veteran55 | Tring Running Club | 20 |
| 875 | 110 | 42.00 | Heather Fallaize | Veteran65 | Vale of Aylesbury AC | 19 |
| 663 | 111 | 42.06 | Jaclyn Robson | Veteran35 | Northampton AC | 18 |
| 661 | 112 | 42.09 | Adriana Melczynska | Veteran35 | Northampton AC | 17 |
| 709 | 113 | 42.20 | Kate Johnson | Veteran35 | Leighton Buzzard AC | 16 |
| 119 | 114 | 42.37 | Katherine Jessop | Veteran45 | Chiltern Harriers | 15 |
| 114 | 115 | 42.49 | Tamsin Finch | Veteran45 | Chiltern Harriers | 14 |
| 1454 | 116 | 44.18 | Kirsty Barnett | Veteran45 | Tring Running Club | 13 |
| 1486 | 117 | 44.21 | Kim Froggitt | Veteran55 | Silson AC | 12 |
| 531 | 118 | 44.43 | Joanne Tang | Veteran45 | Dacorum AC | 11 |
| 1322 | 119 | 45.30 | Anita Fenoughty | Veteran55 | Gade Valley Harriers | 10 |
| 1229 | 120 | 45.40 | Emma Wright | Veteran35 | Redway Runners | 9 |
| 109 | 121 | 47.07 | Fiona Calder | Veteran35 | Chiltern Harriers | 8 |
| 1326 | 122 | 48.34 | Mary McCuskey | Veteran35 | Gade Valley Harriers | 7 |
| 1468 | 123 | 49.12 | Ros Cranston | Veteran55 | Tring Running Club | 6 |
| 1220 | 124 | 50.11 | Sarah Leach | Veteran55 | Headington Road Runners | 5 |
| 564 | 125 | 52.02 | Kathryn Stansbury | Veteran55 | Dacorum AC | 4 |
| 1535 | 126 | 54.20 | Nicky Saunders | Veteran35 | Redway Runners | 3 |
| 870 | 127 | 54.31 | Pat Card | Veteran65 | Vale of Aylesbury AC | 2 |
| 1240 | 128 | 55.32 | Susannah Quinn | Veteran35 | Redway Runners | 1 |

| | | | | | | | |
|------------------------------|--------------|----------|----------|----------|----------|---|---|
| 14 Redway Runners | 177 | 78 | 47 | 39 | 9 | 3 | 1 |
| 15 Tring Running Club | 162 | 123 | 20 | 13 | 6 | | |
| 16 Watford Harriers | 154 | 95 | 59 | | | | |
| Veteran Women | Total | 1 | 2 | 3 | 4 | | |
| 1 Wycombe Phoenix | 447 | 124 | 118 | 109 | 96 | | |
| 2 Dacorum AC | 384 | 126 | 125 | 85 | 48 | | |
| 3 Headington Road Runners | 377 | 106 | 99 | 98 | 74 | | |
| 4 Leighton Buzzard AC | 349 | 100 | 69 | 68 | | | |
| 5 Silson AC | 310 | 113 | 110 | 44 | 43 | | |
| 6 St Albans Striders | 304 | 103 | 75 | 65 | 61 | | |
| 7 Gade Valley Harriers | 303 | 88 | 80 | 69 | 66 | | |
| 8 Chiltern Harriers | 288 | 79 | 77 | 70 | 62 | | |
| 9 Buckingham & Stowe | 255 | 86 | 60 | 57 | 52 | | |
| 10 Northampton AC | 242 | 82 | 71 | 54 | 35 | | |
| 11 Marshall Milton Keynes AC | 203 | 127 | 76 | | | | |
| 12 Redway Runners | 173 | 78 | 47 | 39 | 9 | | |
| 13 Vale of Aylesbury AC | 169 | 87 | 38 | 25 | 19 | | |
| 14 Bedford and County AC | 133 | 107 | 28 | | | | |
| 15 Watford Harriers | 95 | 95 | | | | | |
| 16 Tring Running Club | 39 | 20 | 13 | 6 | | | |

| U17/U20 Women | Total | 1st | 2nd | 3rd |
|-----------------------------|-------|-----|-----|-----|
| 1 Chiltern Harriers | 86 | 32 | 31 | 23 |
| 2 Dacorum AC | 83 | 33 | 28 | 22 |
| 3 St Albans Striders | 78 | 36 | 30 | 12 |
| 4 Marshall Milton Keynes AC | 77 | 35 | 24 | 18 |
| 5 Wycombe Phoenix | 72 | 29 | 26 | 17 |
| 6 Bedford and County AC | 61 | 34 | 27 | |
| 7 Northampton AC | 39 | 20 | 15 | 4 |
| 8 Watford Harriers | 39 | 25 | 13 | 1 |
| 9 Vale of Aylesbury AC | 18 | 11 | 7 | |
| 10 Redway Runners | 17 | 9 | 8 | |
| 11 Buckingham & Stowe | | | | |
| 12 Gade Valley Harriers | | | | |
| 13 Headington Road Runners | | | | |
| 14 Leighton Buzzard AC | | | | |
| 15 Silson AC | | | | |
| 16 Tring Running Club | | | | |

| | | | | | | |
|---------------------------------------|--------------|---------------|-----------|--------------|----------------|---------------|
| 14 Redway Runners | 1773 | 356 | 508 | 371 | 361 | 177 |
| 15 Northampton AC | 1725 | 321 | 494 | 260 | 328 | 322 |
| 16 Watford Harriers | 1291 | 170 | 302 | 189 | 476 | 154 |
| Veteran Women After 5 fixtures | Total | Keysoe | MK | Luton | Watford | Oxford |
| 1 Wycombe Phoenix | 2455 | 374 | 650 | 474 | 510 | 447 |
| 2 St Albans Striders | 2155 | 422 | 498 | 441 | 490 | 304 |
| 3 Headington Road Runners | 1998 | 358 | 504 | 292 | 467 | 377 |
| 4 Dacorum AC | 1974 | 288 | 389 | 427 | 466 | 384 |
| 5 Gade Valley Harriers | 1963 | 410 | 450 | 350 | 450 | 303 |
| 6 Buckingham & Stowe | 1941 | 320 | 556 | 351 | 459 | 255 |
| 7 Chiltern Harriers | 1928 | 344 | 490 | 344 | 462 | 288 |
| 8 Silson AC | 1806 | 312 | 466 | 323 | 395 | 310 |
| 9 Marshall Milton Keynes AC | 1744 | 504 | 481 | 301 | 255 | 203 |
| 10 Leighton Buzzard AC | 1705 | 349 | 418 | 186 | 403 | 349 |
| 11 Vale of Aylesbury AC | 1541 | 379 | 482 | 231 | 280 | 169 |
| 12 Redway Runners | 1409 | 274 | 372 | 280 | 310 | 173 |
| 13 Northampton AC | 1260 | 220 | 332 | 193 | 273 | 242 |
| 14 Tring Running Club | 1073 | 96 | 426 | 284 | 228 | 39 |
| 15 Bedford and County AC | 819 | 153 | 190 | 171 | 172 | 133 |
| 16 Watford Harriers | 809 | 30 | 215 | 189 | 280 | 95 |

| U17/20 Women After 5 fixtures | Total | Keysoe | MK | Luton | Watford | Oxford |
|-------------------------------|-------|--------|-----|-------|---------|--------|
| 1 Chiltern Harriers | 478 | 112 | 98 | 79 | 103 | 86 |
| 2 Dacorum AC | 451 | 109 | 70 | 85 | 104 | 83 |
| 3 Marshall Milton Keynes AC | 413 | 92 | 85 | 72 | 87 | 77 |
| 4 St Albans Striders | 411 | 78 | 106 | 50 | 99 | 78 |
| 5 Bedford and County AC | 393 | 98 | 87 | 42 | 105 | 61 |
| 6 Northampton AC | 320 | 89 | 76 | 38 | 78 | 39 |
| 7 Wycombe Phoenix | 311 | 69 | 42 | 45 | 83 | 72 |
| 8 Watford Harriers | 212 | 62 | 50 | 15 | 46 | 39 |
| 9 Redway Runners | 82 | 19 | 16 | 20 | 10 | 17 |
| 10 Vale of Aylesbury AC | 79 | 12 | 22 | 18 | 9 | 18 |

| 635 | 33 | 27.46 | Sophie Wood | U20 | Northampton AC | 4 | |
|--------|------|-------|----------------------|-----------|---------------------------|------|--------|
| 237 | 34 | 28.21 | Megan Catford | U17 | Marshall Milton Keynes AC | 3 | |
| 631 | 35 | 28.59 | Millie Sharmah | U17 | Northampton AC | 2 | |
| 1134 | 36 | 29.49 | Abbie Green | U17 | Watford Harriers | 1 | |
| Number | Div. | Pos. | Time | U15 Girls | Category | Club | Points |
| 212 | 1 | 16.06 | Sophia Chapman | U15 | Marshall Milton Keynes AC | 43 | |
| 472 | 2 | 16.24 | Lily Johnson | U15 | Dacorum AC | 42 | |
| 616 | 3 | 16.54 | Imogen Bennetts | U15 | Northampton AC | 41 | |
| 207 | 4 | 17.02 | Katie Webb | U15 | Marshall Milton Keynes AC | 40 | |
| 208 | 5 | 17.10 | Lauren Webb | U15 | Marshall Milton Keynes AC | 39 | |
| 203 | 6 | 17.18 | Olivia Geary | U15 | Marshall Milton Keynes AC | 38 | |
| 204 | 7 | 17.22 | Tabitha Bosley | U15 | Marshall Milton Keynes AC | 37 | |
| 210 | 8 | 17.42 | Orla Enright | U15 | Marshall Milton Keynes AC | 36 | |
| 209 | 9 | 17.48 | Olivia Chilton | U15 | Marshall Milton Keynes AC | 35 | |
| 37 | 10 | 17.51 | Megan Lockwood | U15 | Chiltern Harriers | 34 | |
| 216 | 11 | 18.06 | Sofia Butler | U15 | Marshall Milton Keynes AC | 33 | |
| 36 | 12 | 18.11 | Evelyn Wildman | U15 | Chiltern Harriers | 32 | |
| 34 | 13 | 18.20 | Issy Robinson | U15 | Chiltern Harriers | 31 | |
| 215 | 14 | 18.24 | Libby Freeland | U15 | Marshall Milton Keynes AC | 30 | |
| 213 | 15 | 18.30 | Macy Allen | U15 | Marshall Milton Keynes AC | 29 | |
| 35 | 16 | 18.35 | Katie Allsop | U15 | Chiltern Harriers | 28 | |
| 429 | 17 | 18.56 | Emma Treloar | U15 | St Albans Striders | 27 | |
| 206 | 18 | 19.00 | Ellie Edwards | U15 | Marshall Milton Keynes AC | 26 | |
| 453 | 19 | 19.06 | Annabelle Newman | U15 | St Albans Striders | 25 | |
| 1012 | 20 | 19.08 | Ellie Harper | U15 | Bedford and County AC | 24 | |
| 32 | 21 | 19.26 | Lydia Cross | U15 | Chiltern Harriers | 23 | |
| 415 | 22 | 19.30 | Elizabeth Lawson | U15 | St Albans Striders | 22 | |
| 1013 | 23 | 19.31 | Megan Reynolds | U15 | Bedford and County AC | 21 | |
| 218 | 24 | 19.43 | Harriet Shaw | U15 | Marshall Milton Keynes AC | 20 | |
| 205 | 25 | 19.50 | Isabelle Harris | U15 | Marshall Milton Keynes AC | 19 | |
| 473 | 26 | 20.02 | Catherine Thurgood | U15 | Dacorum AC | 18 | |
| 454 | 27 | 20.05 | Eva Dixon | U15 | St Albans Striders | 17 | |
| 689 | 28 | 20.10 | Cerys Fountain | U15 | Leighton Buzzard AC | 16 | |
| 214 | 29 | 20.18 | Natasha Freeland | U15 | Marshall Milton Keynes AC | 15 | |
| 442 | 30 | 20.35 | Eliza Nightingale | U15 | St Albans Striders | 14 | |
| 481 | 31 | 20.40 | Maya Macgregor | U15 | Dacorum AC | 13 | |
| 619 | 32 | 20.49 | Emma McFadian | U15 | Northampton AC | 12 | |
| 1263 | 33 | 21.03 | Piper Cissell | U15 | Redway Runners | 11 | |
| 848 | 34 | 21.16 | Holly Dennis | U15 | Vale of Aylesbury AC | 10 | |
| 876 | 35 | 21.17 | Eleni Brown | U15 | Vale of Aylesbury AC | 9 | |
| 407 | 36 | 21.20 | Poppy Chorlton | U15 | St Albans Striders | 8 | |
| 675 | 37 | 21.48 | Eve Taylor | U15 | Northampton AC | 7 | |
| 965 | 38 | 22.05 | Jessica Childs | U15 | Wycombe Phoenix | 6 | |
| 219 | 39 | 22.17 | Olivia Whiting | U15 | Marshall Milton Keynes AC | 5 | |
| 217 | 40 | 22.26 | Lexi O'Leary | U15 | Marshall Milton Keynes AC | 4 | |
| 1011 | 41 | 22.45 | Sophie Hing | U15 | Bedford and County AC | 3 | |
| 618 | 42 | 22.58 | Stephanie Longden | U15 | Northampton AC | 2 | |
| 71 | 43 | 23.37 | Mimi Daley | U15 | Chiltern Harriers | 1 | |
| Number | Div. | Pos. | Time | U13 Girls | Category | Club | Points |
| 7 | 1 | 10.55 | Kara Gorman | U13 | Chiltern Harriers | 48 | |
| 16 | 2 | 11.39 | Juliette MacDougall | U13 | Chiltern Harriers | 47 | |
| 1100 | 3 | 11.53 | Elimear McGinley | U13 | Watford Harriers | 46 | |
| 6 | 4 | 12.27 | Nia Clarke | U13 | Chiltern Harriers | 45 | |
| 436 | 5 | 12.33 | Elodie Smith | U13 | St Albans Striders | 44 | |
| 8 | 6 | 12.35 | Maya Davis | U13 | Chiltern Harriers | 43 | |
| 909 | 7 | 12.37 | Zara Tate | U13 | Wycombe Phoenix | 42 | |
| 228 | 8 | 12.48 | Tatenda Chesney | U13 | Marshall Milton Keynes AC | 41 | |
| 12 | 9 | 12.56 | Annie-Rose Quantill | U13 | Chiltern Harriers | 40 | |
| 14 | 10 | 12.59 | Soraya Roughton | U13 | Chiltern Harriers | 39 | |
| 389 | 11 | 13.03 | Phoebe Daniels | U13 | St Albans Striders | 38 | |
| 466 | 12 | 13.06 | Olivia Cannon | U13 | Dacorum AC | 37 | |
| 15 | 13 | 13.16 | Holly Knott | U13 | Chiltern Harriers | 36 | |
| 1093 | 14 | 13.26 | Anya Rochester | U13 | Watford Harriers | 35 | |
| 1101 | 15 | 13.31 | Josie Mansour | U13 | Watford Harriers | 34 | |
| 1128 | 16 | 13.38 | Megan Moore | U13 | Watford Harriers | 33 | |
| 189 | 17 | 13.38 | Nicole Gray | U13 | Marshall Milton Keynes AC | 32 | |
| 9 | 18 | 13.41 | Carys Jones | U13 | Chiltern Harriers | 31 | |
| 498 | 19 | 13.45 | Heidi King | U13 | Dacorum AC | 30 | |
| 186 | 20 | 13.48 | Pippa Blakemore | U13 | Marshall Milton Keynes AC | 29 | |
| 1123 | 21 | 13.56 | Charlotte Swinton | U13 | Watford Harriers | 28 | |
| 187 | 22 | 14.03 | Serena Quan | U13 | Marshall Milton Keynes AC | 27 | |
| 984 | 23 | 14.08 | Harriet Stichbury | U13 | Wycombe Phoenix | 26 | |
| 485 | 24 | 14.33 | Selima Head | U13 | Dacorum AC | 25 | |
| 1261 | 25 | 14.46 | Eleanor Miller | U13 | Redway Runners | 24 | |
| 194 | 26 | 15.00 | Helen Devlin | U13 | Marshall Milton Keynes AC | 23 | |
| 468 | 27 | 15.14 | Imogen Smith | U13 | Dacorum AC | 22 | |
| 190 | 28 | 15.18 | Maisie Sawford | U13 | Marshall Milton Keynes AC | 21 | |
| 1014 | 29 | 15.25 | Martha Jonson arnold | U13 | Bedford and County AC | 20 | |
| 806 | 30 | 15.34 | Annabelle Harrison | U13 | Vale of Aylesbury AC | 19 | |
| 809 | 31 | 15.38 | Tilly Valind | U13 | Vale of Aylesbury AC | 18 | |
| 171 | 32 | 15.41 | Lily Slinn | U13 | Marshall Milton Keynes AC | 17 | |
| 604 | 33 | 15.45 | Grace Fontenla | U13 | Northampton AC | 16 | |
| 1003 | 34 | 15.55 | Molly Blenkinsopp | U13 | Bedford and County AC | 15 | |
| 684 | 35 | 15.57 | Amy Green | U13 | Leighton Buzzard AC | 14 | |
| 956 | 36 | 15.58 | Kristen Winter | U13 | Wycombe Phoenix | 13 | |
| 1264 | 37 | 16.03 | Emily Evans | U13 | Redway Runners | 12 | |
| 1549 | 38 | 16.26 | Isabella Lamborn | U13 | Vale of Aylesbury AC | 11 | |
| 1283 | 39 | 16.41 | Emily Aylett | U13 | Redway Runners | 10 | |
| 1550 | 40 | 16.49 | Madeleine Richards | U13 | Vale of Aylesbury AC | 9 | |
| 1260 | 41 | 17.05 | Elsa Wasdell | U13 | Redway Runners | 8 | |
| 1270 | 42 | 17.16 | Eleanor Geaney | U13 | Redway Runners | 7 | |
| 188 | 43 | 17.28 | Lily Wood | U13 | Marshall Milton Keynes AC | 6 | |
| 678 | 44 | 18.00 | Emily Amson | U13 | Northampton AC | 5 | |
| 1280 | 45 | 18.40 | Jessica Chapman | U13 | Redway Runners | 4 | |
| 1268 | 46 | 18.40 | Alexa Gooch | U13 | Redway Runners | 3 | |
| 170 | 47 | 19.37 | Naomi Rotich | U13 | Marshall Milton Keynes AC | 2 | |
| 1272 | 48 | 25.33 | Zara Onifade | U13 | Redway Runners | 1 | |

| U15 Girls | Total | 1st | 2nd | 3rd | 4th |
|-----------------------------|-------|-----|-----|-----|-----|
| 1 Marshall Milton Keynes AC | 160 | 43 | 40 | 39 | 38 |
| 2 Chiltern Harriers | 125 | 34 | 32 | 31 | 28 |
| 3 St Albans Striders | 91 | 27 | 25 | 22 | 17 |
| 4 Dacorum AC | 73 | 42 | 18 | 13 | |
| 5 Northampton AC | 62 | 41 | 12 | 7 | 2 |
| 6 Bedford and County AC | 48 | 24 | 21 | 3 | |
| 7 Vale of Aylesbury AC | 19 | 10 | 9 | | |
| 8 Leighton Buzzard AC | 16 | 16 | | | |
| 9 Redway Runners | 11 | 11 | | | |
| 10 Wycombe Phoenix | 6 | 6 | | | |
| 11 Buckingham & Stowe | | | | | |
| 12 Gade Valley Harriers | | | | | |
| 13 Headington Road Runners | | | | | |
| 14 Silson AC | | | | | |
| 15 Tring Running Club | | | | | |
| 16 Watford Harriers | | | | | |

| U15 Girls After 5 fixtures | Total | KeysoeMK | Luton | Watford | Oxford | |
|-----------------------------|-------|----------|-------|---------|--------|-----|
| 1 Marshall Milton Keynes AC | 941 | 231 | 193 | 160 | 197 | 160 |
| 2 Chiltern Harriers | 662 | 194 | 147 | 57 | 139 | 125 |
| 3 Northampton AC | 516 | 129 | 99 | 105 | 121 | 62 |
| 4 St Albans Striders | 506 | 144 | 79 | 97 | 95 | 91 |
| 5 Dacorum AC | 478 | 111 | 114 | 99 | 81 | 73 |
| 6 Bedford and County AC | 445 | 128 | 105 | 72 | 92 | 48 |
| 7 Watford Harriers | 252 | 71 | 57 | 67 | 57 | |
| 8 Vale of Aylesbury AC | 207 | 55 | 49 | 50 | 34 | 19 |
| 9 Leighton Buzzard AC | 81 | 31 | 18 | 16 | 16 | |
| 10 Wycombe Phoenix | 81 | 42 | 14 | 7 | 12 | 6 |
| 11 Redway Runners | 70 | 20 | 16 | 11 | 12 | 11 |
| 12 Buckingham & Stowe | | | | | | |
| 13 Gade Valley Harriers | | | | | | |
| 14 Headington Road Runners | | | | | | |
| 15 Silson AC | | | | | | |
| 16 Tring Running Club | | | | | | |

| U13 Girls | Total | 1st | 2nd | 3rd | 4th |
|-----------------------------|-------|-----|-----|-----|-----|
| 1 Chiltern Harriers | 183 | 48 | 47 | 45 | 43 |
| 2 Watford Harriers | 148 | 46 | 35 | 34 | 33 |
| 3 Marshall Milton Keynes AC | 129 | 41 | 32 | 29 | 27 |
| 4 Dacorum AC | 114 | 37 | 30 | 25 | 22 |
| 5 St Albans Striders | 82 | 44 | 38 | | |
| 6 Wycombe Phoenix | 81 | 42 | 26 | 13 | |
| 7 Vale of Aylesbury AC | 57 | 19 | 18 | 11 | 9 |
| 8 Redway Runners | 54 | 24 | 12 | 10 | 8 |
| 9 Bedford and County AC | 35 | 20 | 15 | | |
| 10 Northampton AC | 21 | 16 | 5 | | |
| 11 Leighton Buzzard AC | 14 | 14 | | | |
| 12 Buckingham & Stowe | | | | | |
| 13 Gade Valley Harriers | | | | | |
| 14 Headington Road Runners | | | | | |
| 15 Silson AC | | | | | |
| 16 Tring Running Club | | | | | |

| U13 Girls After 5 fixtures | Total | KeysoeMK | Luton | Watford | Oxford | |
|-----------------------------|-------|----------|-------|---------|--------|-----|
| 1 Chiltern Harriers | 963 | 207 | 208 | 153 | 212 | 183 |
| 2 Watford Harriers | 783 | 173 | 150 | 122 | 160 | 148 |
| 3 Marshall Milton Keynes AC | 704 | 142 | 159 | 121 | 153 | 129 |
| 4 St Albans Striders | 703 | 126 | 184 | 131 | 180 | 82 |
| 5 Vale of Aylesbury AC | 489 | 92 | 143 | 92 | 105 | 57 |
| 6 Dacorum AC | 407 | 64 | 114 | 12 | 103 | 114 |
| 7 Wycombe Phoenix | 338 | 77 | 55 | 41 | 84 | 81 |
| 8 Bedford and County AC | 331 | 124 | 86 | 21 | 65 | 35 |
| 9 Redway Runners | 240 | 53 | 44 | 44 | 45 | 54 |
| 10 Leighton Buzzard AC | 77 | 14 | 17 | 15 | 17 | 14 |
| 11 Northampton AC | 74 | 14 | 24 | 1 | 14 | 21 |
| 12 Buckingham & Stowe | | | | | | |
| 13 Gade Valley Harriers | | | | | | |
| 14 Headington Road Runners | | | | | | |
| 15 Silson AC | | | | | | |
| 16 Tring Running Club | | | | | | |